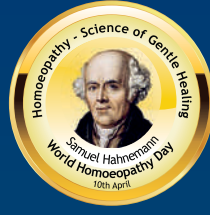




Ministry of Ayush
Government of India



WORLD HOMOEOPATHY DAY

10th April 2026

Theme: Homoeopathy for Sustainable Health

10th 11th April 2026
Vigyan Bhawan, New Delhi

दीर्घकालिक स्वास्थ्य के लिए होम्योपैथी



Souvenir

Organised by:





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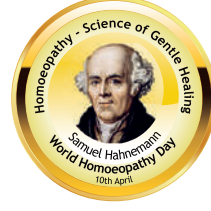
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Ministry of Ayush
Government of India



WORLD HOMOEOPATHY DAY

10th April 2026

Theme: Homoeopathy for Sustainable Health

विषय: दीर्घकालिक स्वास्थ्य के लिए होम्योपैथी

10th - 11th April 2026

Vigyan Bhawan, New Delhi

Two Days | One Vision | Infinite Possibilities

Souvenir

Organised by:



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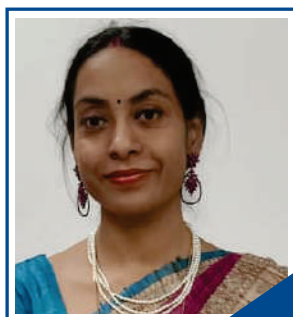
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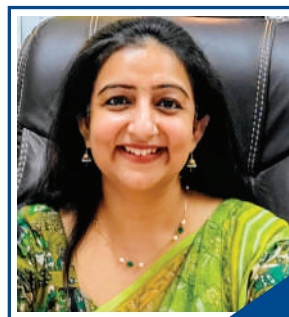


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As we celebrate World Homoeopathy Day (WHD) 2026, we stand at a pivotal crossroads where traditional wisdom meets modern research, reaffirming Homoeopathy's vital role in the global shift toward holistic and sustainable wellness.

While we honour the enduring legacy of Dr. Samuel Hahnemann, the founder of Homoeopathy, this convention transcends mere celebration. It stands as a prestigious confluence of intellectual and strategic leadership, dedicated to charting a scientific and progressive course for the global homoeopathic fraternity. Under the overarching one vision with infinite possibilities, the convention is designed to redefine the role of Homoeopathy within a more inclusive, evidence-based global healthcare framework.

Central Council for Research in Homoeopathy has established World Homoeopathy Day (WHD) as a prestigious annual convention since 2016, further strengthened from 2022 through collaboration with the National Commission for Homoeopathy and the National Institute of Homoeopathy.

World Homoeopathy Day (WHD) 2026, centred on the theme "*Homoeopathy for Sustainable Health*," and hosted at Vigyan Bhawan, reflects a forward-looking vision for global healthcare. The concept underscores the unique strengths of Homoeopathy as a system that is biologically gentle, environmentally responsible,

and economically sustainable. Amid rising healthcare challenges, including antimicrobial resistance and increasing disease burden, Homoeopathy offers a holistic and integrative approach to both chronic and infectious conditions. The event will serve as a dynamic platform for scientific exchange, policy dialogue, and interdisciplinary collaboration, aiming to strengthen evidence-based integration into public health systems. With a focus on ethical practice, ecological balance, and global relevance, this initiative aspires to position Homoeopathy as a vital contributor to a resilient, inclusive, and sustainable healthcare future.

The presence of senior officials, distinguished Padma Awardees, and Scientist Chairs at this convention further validates the scientific potential of the homoeopathic system. The discussions planned for these two days seek to bridge the gap between traditional wisdom and contemporary medical requirements, addressing critical areas such as research regulatory reforms, curriculum development, and the expansion of pharmacovigilance to ensure patient safety and public health impact.

The WHD 2026 summit serves as a strategic platform for capacity building and knowledge sharing. By bringing the entire homoeopathic fraternity onto a single platform, the event aims to create a unified impact that resonates with policymakers and the public alike, positioning Homoeopathy as a safe, cost-effective, and holistic first line of treatment for a healthier nation.

The roadmap for CCRH is increasingly research-oriented, focusing on validating the concepts and principles of Homoeopathy through rigorous scientific inquiry and interdisciplinary collaboration. By partnering with elite institutions such as the IITs, AIIMS, and ICMR-NIRT, the Council continues to generate high-quality evidence across clinical, fundamental, and applied research. These collaborations act as a catalyst for innovation, ensuring that Homoeopathy remains relevant and evidence-based in the contemporary healthcare landscape.

The technical sessions in this year's convention are designed to explore new scientific dimensions and address multifaceted health challenges. Detailed deliberations will cover emerging paradigms in Agro-Homoeopathy, Veterinary Homoeopathy, highlights

of the homoeopathic drugs, such as *Cassia fistula* and *Persea americana*, alongside regulatory aspects of drug standardization and pre-clinical research. Furthermore, the symposium addresses the rising prevalence of lifestyle diseases and the spread of zoonotic conditions, exploring how homoeopathic interventions can strengthen public health systems and manage drug resistance through targeted treatment. This focus on “One Health” ensures that the benefits of the system extend across human, animal, and environmental welfare.

Special emphasis is placed on clinical leadership and translational research, moving from evidence to real-world impact. The convention showcases homoeopathic paediatric perspectives, emphasizing ethics and effective care for the younger generation. Sessions led by domain experts offer insights into modernizing Homoeopathy by bridging the gap between practice and research, ensuring that the body’s innate healing mechanisms are leveraged to mitigate complex global health crises.

This year’s souvenir of WHD 2026 features an array of these research outcomes, alongside motivational messages from visionaries within the Ministry of Ayush, the National Commission for Homoeopathy (NCH), and the National Institute of Homoeopathy (NIH). It serves as a memoir for WHD 2026, showcasing newly released publications and documentaries that disseminate the pioneering research on a global scale from three major stakeholders of Homoeopathy including CCRH, NCH & NIH. A dedicated section for students further highlights the Council’s commitment to nurturing a new generation of practitioners who are

prepared to explore the ‘powerhouse’ of possibilities within the homoeopathic system.

As the convention progresses, it provides a vital opportunity to reflect on past achievements while looking ahead to a future grounded in tradition and propelled by scientific progress. The collective journey of the homoeopathic community continues to be inspired by a shared vision of providing compassionate, individualized care that addresses the underlying causes of disease rather than merely managing symptoms.

The support of the organizing team, and the dedicated editorial team has been instrumental in the creation of this keepsake. The contributions of sponsors and the event management team have ensured that this platform remains a vibrant space for dialogue and discovery. This souvenir stands as a testament to the untiring efforts involved in preserving and promoting the legacy of Homoeopathy with renewed dedication and scientific integrity.

May the insights gain during these two days provide a clear roadmap for the emergence of Homoeopathy as a leading force in global healthcare. Let this gathering inspire a continued commitment to growth, collaboration, and a shared vision for a healthier, more sustainable future for all.



Dr. Subhash Kaushik
Director General, CCRH

The background features a vertical gradient from a dark teal at the top to a lighter teal at the bottom. On the right side, there are several thin, white, curved lines that sweep across the page, creating a sense of movement and depth. The text is centered horizontally and vertically.

Messages From Visionaries

राज्य मंत्री (स्वतंत्र प्रभार)
आयुष मंत्रालय और
राज्य मंत्री
स्वास्थ्य एवं परिवार कल्याण मंत्रालय
भारत सरकार



प्रतापराव जाधव
PRATAPRAO JADHAV

Minister of State
(Independent Charge) of
Ministry of Ayush and
Minister of State in
Ministry of Health and Family Welfare
Government of India



संदेश

मुझे हार्दिक प्रसन्नता है कि विश्व होम्योपैथी दिवस-2026 का यह भव्य आयोजन आयुष मंत्रालय के तत्वावधान में केंद्रीय होम्योपैथी अनुसंधान परिषद, राष्ट्रीय होम्योपैथी आयोग तथा राष्ट्रीय होम्योपैथी संस्थान के सहयोग से 10 एवं 11 अप्रैल 2026 को विज्ञान भवन, नई दिल्ली में आयोजित किया जा रहा है।

आयुष मंत्रालय, "सर्वे भवन्तु सुखिनः, सर्वे सन्तु निरामयाः" के मूल मंत्र को आत्मसात करते हुए, राष्ट्रीय आयुष मिशन के माध्यम से देश के प्रत्येक नागरिक तक सुलभ, किफायती एवं गुणवत्तापूर्ण आयुष स्वास्थ्य सेवाएँ पहुँचाने के लिए निरंतर प्रयासरत है। हमारे आदरणीय प्रधानमंत्री श्री नरेन्द्र मोदी जी के गतिशील और उर्जस्वी नेतृत्व में स्वतंत्र आयुष मंत्रालय के गठन और राष्ट्रीय स्वास्थ्य मिशन एवं आयुष्मान भारत जैसी प्रमुख पहलों के माध्यम से होम्योपैथी सहित आयुष पद्धतियों को जन-जन तक पहुँचाने का कार्य बहुत मजबूती से किया जा रहा है।

यह सम्मेलन होम्योपैथी शोध, शिक्षा एवं नैदानिक अभ्यास के क्षेत्र में नवाचार, संवाद और सहयोग को प्रोत्साहित करेगा। यहाँ प्रस्तुत शोध निष्कर्ष, नैदानिक अनुभव एवं विचार-विमर्श निःसंदेह होम्योपैथी के वैज्ञानिक आधार को और अधिक सुदृढ़ करने में सहायक सिद्ध होंगे तथा भविष्य की दिशा निर्धारित करेंगे। मुझे पूर्ण विश्वास है कि यह सम्मेलन होम्योपैथी के समग्र विकास, सुदृढ़ीकरण तथा वैश्विक स्तर पर इसके प्रभावी प्रसार की दिशा में एक महत्वपूर्ण मील का पत्थर सिद्ध होगा।

मैं समारोह में उपस्थित होम्योपैथिक समुदाय के सभी सदस्यों को हार्दिक बधाई देता हूँ तथा इस अवसर पर प्रकाशित होने वाली इस स्मारिका के लिए अपनी शुभकामनाएँ प्रेषित करता हूँ। मैं सभी प्रतिभागियों से अपेक्षा करता हूँ कि वे इस सम्मेलन में प्राप्त ज्ञान एवं अनुभवों को अपने-अपने कार्यक्षेत्र में प्रभावी रूप से लागू करेंगे तथा देश की स्वास्थ्य सेवा प्रणाली को सुदृढ़ बनाने में सक्रिय योगदान देंगे। मेरी मंगलकामना है कि होम्योपैथी की गूँज भारत ही नहीं, अपितु पूरे विश्व में सुस्थापित हो।

हार्दिक शुभकामनाओं सहित,

(प्रतापराव जाधव)

07 अप्रैल, 2026
नई दिल्ली

आहार और नींद श्रेष्ठ औषधियां हैं

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सचिव
Vaidya Rajesh Kotecha
Secretary



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MESSAGE

It gives me immense pleasure to extend my warm greetings on the occasion of World Homoeopathy Day, being organized on the 10th and 11th April 2026 at Vigyan Bhawan, New Delhi, on the theme, "Homoeopathy for Sustainable Health."

The scientific sessions planned during this event offer valuable learning opportunities. Participants will gain insights into evidence-based Homoeopathy, advancements in research methodologies, integration with national health programmes, and innovations in clinical practice. Such academic exchanges will not only enrich professional knowledge but also reinforce the role of Homoeopathy in addressing emerging health challenges, especially in the domain of preventive and promotive healthcare. I encourage all stakeholders to actively engage in these deliberations and contribute meaningfully towards shaping the future of Homoeopathy.

This gathering also provides a unique platform for networking and collaboration, enabling experts, practitioners, researchers, and policymakers to share experiences, exchange ideas, and foster partnerships for the future growth of Homoeopathy at both national and global levels.

I am confident that the deliberations and outcomes of this event will contribute significantly to the advancement and wider acceptance of Homoeopathy.

I wish the event great success.

(Rajesh Kotecha)

07th April, 2026

सुश्री अलरमेलमंगई डी, आई.ए.एस.
संयुक्त सचिव
Ms. Alarmelmangai D, IAS
Joint Secretary



भारत सरकार
आयुष मंत्रालय
Government of India
Ministry of Ayush

MESSAGE

I am pleased to extend my warm greetings on the occasion of World Homoeopathy Day-2026, being organised on 10th-11th April, 2026 at Vigyan Bhawan, New Delhi, on the theme, "Homoeopathy for sustainable health".

World Homoeopathy Day serves as an important platform to reflect upon the progress of Homoeopathy and to reaffirm our commitment towards advancing it as a scientifically robust and evidence-based system of medicine. The future growth and wider acceptance of Homoeopathy depend significantly on rigorous research, adherence to scientific protocols, and generation of credible clinical evidence.

The Ministry of Ayush has been consistently working towards strengthening the research ecosystem through its autonomous bodies. The Central Council for Research in Homoeopathy (CCRH) continues to play a pivotal role in advancing clinical research and drug standardisation, while the National Commission for Homoeopathy (NCH) is ensuring high standards in medical education and practice. The National Institute of Homoeopathy (NIH), as a premier academic institution, is contributing significantly towards capacity building and academic excellence in the field.

Focused efforts are being made to promote high-quality clinical studies, enhance data-driven decision-making, and encourage publications in peer-reviewed journals. Integration of Homoeopathy into public health programmes, particularly in addressing non-communicable diseases, remains a key priority. At the same time, fostering national and international collaborations is essential for expanding the global footprint of Homoeopathy.

This event provides a structured and meaningful platform for scientific deliberations, exchange of ideas, and critical evaluation of ongoing research. I urge all the participants to actively engage with a sense of purpose, discipline, and scientific responsibility so as to contribute towards building a credible, outcome-oriented, and globally accepted research framework.

I am confident that the deliberations during this programme will further strengthen the scientific foundation of Homoeopathy and pave the way for its greater integration into mainstream healthcare.

I extend my best wishes for the success of the event.

(Alarmelmangai D)

08th April, 2026
New Delhi

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Dated: 6th April, 2026

MESSAGE

It gives me immense pride and joy to extend my warmest greetings for World Homoeopathy Day 2026, being celebrated on the 10th and 11th of April at Vigyan Bhawan, New Delhi. This is a truly proud and inspiring moment for me personally and for the entire Homoeopathic fraternity as we honour the 271st birth anniversary of the father of Homoeopathy, Dr. Samuel Hahnemann.

People are increasingly recognising its gentle, holistic, and effective methods of healing, addressing both acute and chronic conditions with a depth that few systems of medicine can match.

Growing emphasis on evidence-based research, clinical studies, and case documentation is steadily strengthening its scientific standing. The integration of modern diagnostic tools has sharpened case analysis, while digital technologies for case management through tele-consultation platforms and repertorization methods are expanding access and efficiency. Emerging nanoscience research is offering compelling new perspectives on the action of potentised medicines, bridging traditional principles with contemporary science. Improved standards in education, training, and quality control are further building its credibility and acceptance worldwide.

As the world modernises, the intrinsic value of Homoeopathy, particularly the dynamic power derived from potentization, grows ever more evident through clinical outcomes and patient experiences. This acceptance reflects both its enduring relevance and its immense future potential towards healing the humanity. Yet, the road ahead calls for a renewed focus on integrating Homoeopathy into mainstream public health systems, especially in combating Non-Communicable Diseases like mental health challenges and lifestyle disorders that are not only defining the health crisis of our times, but challenges that Homoeopathy is well prepared to address. Strengthening research infrastructure, expanding community-level outreach, and fostering global collaboration must be our guiding priorities as we shape the future of this great system.

World Homoeopathy Day offers an invaluable platform for students, practitioners, and researchers to collaborate, exchange knowledge, and collectively advance Homoeopathy's impact on a global scale. I extend my best wishes for the grand success of this event. May Homoeopathy continue to flourish by High Tech/High Touch principle that symbolizes the need for balance between our physical and spiritual reality. In the era of Artificial Intelligence let us carry the healing legacy forward for generations to come possessing the precision of watch maker, the vision of eagle and profound soulfulness.

(Dr. Preetha Kizhakkutil)



डॉ. तारकेश्वर जैन, अध्यक्ष
Dr. Tarkeshwar Jain, Chairperson

राष्ट्रीय होम्योपैथी आयोग National Commission for Homoeopathy

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MESSAGE

It gives me immense pleasure to extend my warm greetings on the occasion of World Homoeopathy Day 2026 and to contribute this message for the souvenir being released by the Central Council for Research in Homoeopathy (CCRH). This day commemorates the birth anniversary of Dr. Samuel Hahnemann, the visionary founder of homoeopathy, whose pioneering work laid the foundation for a gentle, safe, and holistic system of healing.

Homoeopathy, guided by the principle "*Similia Similibus Curentur*"—let like be cured by like—continues to serve humanity by focusing on individualized care and the body's inherent ability to heal itself. Over the years, it has grown into a globally respected system of medicine, offering effective and affordable healthcare solutions.

This souvenir reflects our collective commitment to advancing the science and art of homoeopathy. It brings together knowledge, experiences, and research contributions from dedicated practitioners, scholars, and enthusiasts who continue to strengthen this noble system.

On this significant occasion, let us reaffirm our dedication to promoting homoeopathy with integrity, scientific spirit, and compassion. May this celebration inspire continued innovation, collaboration, and service to humanity.

I extend my heartfelt congratulations to all those involved in organizing this event and contributing to this souvenir. May homoeopathy continue to flourish and benefit generations to come.


(Dr. Tarkeshwar Jain)

डॉ. तारकेश्वर जैन / DR. TARKESHWAR JAIN
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MESSAGE

It is a matter of great pride and privilege to extend my heartfelt greetings on the occasion of World Homoeopathy Day 2026, being commemorated at Vigyan Bhawan, New Delhi.

Homoeopathy, propounded by Dr. Samuel Hahnemann, has transcended geographical boundaries to emerge as a vital pillar of global healthcare. Rooted in the principle of "*Similia Similibus Curentur*", it resonates profoundly with India's timeless ethos of "**Vasudhaiva Kutumbakam**"—the world as one family—promoting a system of healing that is holistic, humane, and inclusive.

Under the visionary guidance of the Ministry of Ayush, Homoeopathy in India has witnessed remarkable growth in education, research, and public health outreach. The National Institute of Homoeopathy continues to play a pivotal role in shaping competent professionals and advancing evidence-based practice, aligning with the national aspiration of building a **Viksit Bharat**.

This Souvenir stands as a reflection of collective intellectual endeavour—bringing together scientific insights, clinical experiences, and innovative perspectives. It not only documents our progress but also inspires a forward-looking approach towards integrative and sustainable healthcare systems.

On this auspicious occasion, let us reaffirm our commitment to strengthening Homoeopathy as a globally relevant system of medicine and contribute meaningfully to the health and well-being of humanity. *India is not merely preserving Homoeopathy; it is poised to lead the world in shaping its future.*

I extend my sincere best wishes for the resounding success of this landmark event.

Pralay Sharma

Dr. Pralay Sharma
(Director)

National Institute of Homoeopathy



होम्योपैथी नैतिकता एवं पंजीकरण बोर्ड Board of Ethics and Registration for Homoeopathy

जवाहर लाल नेहरू भारतीय चिकित्सा एवं होम्योपैथी अनुसंधान भवन
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डॉ. हरचरन जीत कौर, अध्यक्ष
Dr. Harcharan Jeet Kaur, President



MESSAGE

World Homoeopathy Day, 2026

It gives me immense pleasure to extend my warm greetings to all practitioners, students, and researchers of homoeopathy on the occasion of World Homoeopathy Day, 10th April 2026. This day commemorates the 271st birth anniversary of Dr. Samuel Hannehman, the founder of Homoeopathy, whose visionary principles continue to guide a holistic and patient centered approach to healing. Homeopathy with its emphasis on individualization and gentle, effective treatment, remains a vital pillar of integrative healthcare across the globe.

As we celebrate this occasion it is important to re-affirm our commitment to advancing the science and practice of Homoeopathy through education, research and ethical clinical practices. The growing acceptance of Homeopathy reflects its relevance in addressing modern health challenges while staying rooted in its fundamental philosophy. We embrace one vision, a healthier world through gentle and holistic healing. This celebration opens the door to infinite opportunities for learning, innovation and expanding the reach of Homoeopathy to every corner of the world.

I commend the efforts of all professionals and institutions dedicated to strengthening this noble system of medicine. Let us continue to work together to promote awareness, quality standards and expand the reach of homeopathy for the benefit of humanity.

I extend my best wishes for the success of this souvenir and hope it serves as a source of inspiration and knowledge for all.

HAPPY WORLD HOMOEOPATHY DAY

Dr. Harcharan Jeet Kaur
President, BERH, NCH

हरचरन जीत कौर / DR. HARCHARAN JEET KAUR
अध्यक्ष, होम्योपैथी नैतिकता एवं पंजीकरण बोर्ड
President, Board of Ethics & Registration for Homoeopathy
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नई दिल्ली / New Delhi



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Message



Dear All,

On the auspicious occasion of **World Homoeopathy Day**, we pay our heartfelt tribute to the visionary founder of Homoeopathy, **Dr. Samuel Hahnemann**, whose principles of "**Similia Similibus Curentur**" continue to guide and inspire the medical fraternity across the globe. Homoeopathy with its gentle, holistic and patient-centric approach has stood the test of time by providing safe, effective and affordable healthcare. It not only treats the disease but also addresses the individual as a whole - mind, body and spirit-thus promoting true healing.

This day serves as a reminder of our responsibility as practitioners, teachers and stakeholders to uphold the noble values of this science, to continue advancing research, and to ensure quality education and ethical practice in Homoeopathy.

Let us reaffirm our commitment to carry forward the rich legacy of Dr. Hahnemann and contribute towards a healthier society through the art and science of homoeopathy.

Wishing everyone a meaningful and inspiring World Homoeopathy Day.

Dr. Mangesh R. Jatkar
President, MARBH



होम्योपैथी शिक्षा बोर्ड Homoeopathy Education Board

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प्रो. (डॉ.) रजत चट्टोपाध्याय, अध्यक्ष
Prof. (Dr.) Rajat Chattopadhyay, President



MESSAGE

On the occasion of World Homoeopathy Day 2026, I take this opportunity to celebrate the time-tested principles of homoeopathy, invented by Dr. Christian Friedrich Samuel Hahnemann, that has been providing natural, holistic healing for centuries. Homoeopathy's philosophy of treating the person as a whole, rather than just addressing symptoms, continues to inspire trust and hope in millions across the world.

As we honor the birth anniversary of Dr. S. Hahnemann, we express our gratitude to the dedicated homoeopathic practitioners, researchers and all others who have contributed to the growth and recognition of this gentle form of medicine. May the healing power of homoeopathy continue to promote wellness, balance, and vitality in lives worldwide.

Let us stand together in appreciation of this remarkable system of medicine that unites nature with science, bringing forth a healthier future for all.

Homoeopathy has served the ailing mankind gently and its popularity has been observed among the masses. As a science, Homoeopathy has maintained its integrity with respect to its principles and stood the test of the time. This institute stands by the path of Homoeopathy by creating knowledge and use of existing knowledge in an advanced way.

May this souvenir serve as a reminder of the countless memories made, the knowledge gained, and the dreams that continue to unfold. We stand united, proud of what we've achieved and excited for the future we will continue to build together.

I convey my heartfelt wishes for this event to become a huge success in achieving this goal and encourage the Homoeopathic fraternity at large.

(Prof. (Dr.) Rajat Chattopadhyay)



राष्ट्रीय होम्योपैथी आयोग National Commission for Homoeopathy

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शुभ संदेश

आरोग्यं परमं भाग्यं, स्वास्थ्यं सर्वार्थ साधनमः

(निरोगी होना सबसे बड़ा सोभाग्य है, स्वास्थ्य से ही सभी कार्यों की सिद्धि संभव है)

इस भारतीय मूल मंत्र के साथ, आज होम्योपैथी एक प्राकृतिक, सुरक्षित, सरल, समग्र, चिकित्सा प्रणाली होने से, विश्व के लगभग 100 राष्ट्रों तक अपनी पहुँच बनाते हुए मानव स्वास्थ्य कल्याण सहित अनेक रोगों की रोकथाम में महत्वपूर्ण भूमिका सिद्ध कर रही हैं।

आज जहाँ विश्व युद्ध के मुहाने पर खड़ा है, वहाँ होम्योपैथी चिकित्सा की मानव स्वास्थ्य में महत्वता इसलिए भी बढ़ जाती है क्योंकि प्रथम विश्व युद्ध के काल में होम्योपैथी चिकित्सा का बहुतायत में उपयोग हुआ था। आर्थिक कठिनाई के समय में भी होम्योपैथी सबसे सस्ती चिकित्सा प्रणाली होने से आज भी पीड़ित मानव की पहली पसंद हैं।

होम्योपैथी चिकित्सा पद्धति की शिक्षा एवं अनुसंधान के सबसे उन्नत एवं व्यापक, शासकीय एवं अशासकीय क्षेत्र में, अधोसंरचना तथा विधिक विनियामक मान्यता होने से आज भारत होम्योपैथी के विश्वगुरु के रूप में स्वीकार्य हैं।

विश्व होम्योपैथी दिवस, 'वैशाख माह के कृष्ण पक्ष की अष्टमी विक्रम संवत् २०८३ (10/04/26) के अवसर पर आयोजित दो दिवसीय महाकुंभ में प्रतिभागी विद्वान एवं अनुसंधानकर्ता, चिकित्सक, समग्र चर्चा उपरान्त होम्योपैथी चिकित्सा की भारतीय परिपेक्ष्य में असीमित संभावनाओं को वैज्ञानिक सिद्धांतों पर अभिलिखित कर सम्मानित करेंगे।

सेवा की प्रतिबद्धता एवं राष्ट्र के आखिरी व्यक्ति तक पहुंचाने के **अन्तोदय संकल्प** के साथ होम्योपैथी चिकित्सा पद्धति वर्ष 2047 तक भारत के विकास की आधारशिला में मील का पत्थर साबित होगी। यह आयोजन हम सबको इस संकल्पना के प्रति अपनी प्रतिबद्धता और अपने राष्ट्र की उत्तरोत्तर प्रगति में साधक व सहायक बनने की प्रेरणा देता है।

इस बहुउद्देशीय कार्यक्रम की सफलता एवं स्मारिका प्रकाशन के लिए सभी बंधू -भगिनी को शुभकामनाएं और राष्ट्रीय होम्योपैथी आयोग की ओर से **स्वस्थ नागरिक, स्वस्थ राष्ट्र-विकसित भारत** के लिए होम्योपैथी चिकित्सा शिक्षा एवं अनुसंधान के संकल्प का पुनः आह्वान करता हूँ।

संजय गुप्ता
सचिव



MESSAGE

On World Homoeopathy Day 2026, first of all, let me convey my best wishes to the doctors and practitioners of Homoeopathic medicine, who have chosen this gentle science of wholistic healing as their profession and following the principles of practice as taught by the Founder of Homoeopathy, Master Hahnemann and whose birthday on 10th April, the same is celebrated every year.

I am happy to note that this year Ministry of Ayush and subordinate organizations, CCRH, NCH and NIH have decided to change the format to focus more on interactive sessions where the stalwarts and policymakers unite to discuss advances and future roadmap of Homoeopathy.

Recently in the past, WHO initiated the process of developing the Global traditional medicine strategy 2025–2034, with a vision of universal access to safe, effective and people-centred traditional, complementary and integrative medicine (TCIM) for the health and well-being of all. The aims of the strategy are to address existing challenges across multiple domains, integrate safe and effective complementary medicines as appropriate into health systems and advance the contribution of TCIM to the highest attainable standard of health.

Homoeopathy has much to offer in these objectives not only as standalone but also as integrated management with other systems being very safe, cost effective and the same has been proved effective many research studies especially on Covid 19 and other health disorders.

I hope with the new format of interactions with experts; implementable solutions will be put forward to address the challenges which Homoeopathic system is facing as on today and pave the way for global acceptance as first line of choice for day-to-day illnesses and to reduce the morbidity, effectively and economically, in the general population.

I wish the celebration of WHD 2026 a grand success.

Dr. Anil Khurana

Former Chairperson, NCH and Former Director General, CCRH

Dr. Raj Kumar Manchanda

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Message

I am delighted that World Homoeopathic Day 2026 will be celebrated with a Scientific Convention on April 10–11 at Vigyan Bhawan, New Delhi. This day honours Dr. Samuel Hahnemann, the distinguished German physician whose discovery of the *similia principle* laid the foundation of Homoeopathy. His pioneering work transformed late 18th-century medicine, which was burdened by harsh practices such as bloodletting, purging etc. By advocating humane experimentation and safe doses, he challenged crude methods that caused severe side effects and long-term harm. Today, Homoeopathy—originating as a European tradition—has firmly established itself as an integral part of Traditional and Complementary Medicine, embraced in nearly 100 countries across all continents.

The adoption of the *Global Strategy on Traditional Medicine 2025–2034* by the World Health Organization has opened unprecedented opportunities for the advancement of traditional and complimentary systems, including Homoeopathy. Scientific deliberations at such conventions are vital in shaping its growth and global recognition.

The Liga Medicorum Homoeopathica Internationalis (LMHI) stands as a steadfast beacon of unity, progress, and global collaboration. With its distinguished legacy, LMHI continues to champion modernization while safeguarding the noble interests of Homoeopathy globally. On behalf of LMHI, I extend heartfelt greetings to the Homoeopathic community and warmly invite practitioners, institutions, and aspiring scholars to actively engage, contribute, and flourish within this worldwide fellowship. Together, let us strengthen our collective vision and advance the cause of Homoeopathy. Discover more and join us at www.lmhi.org.

Congratulations to the organizers, experts, and delegates. May this convention enrich our understanding of Homoeopathy and its legacy.

Warm regards,

(RAJ KUMAR MANCHANDA)

Date: 3rd April 2026

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Bureau of Indian Standards, Government of India
Chief Medical Officer (H) Senior Administrative Grade
Nehru Homoeopathic medical College & Hospital, Delhi, India

Formerly:

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Central Council for Research in Homoeopathy
Ministry of AYUSH, Govt. of India (2012-2019)
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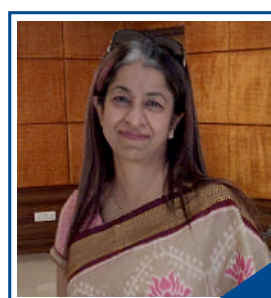
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159. Sh. Sanjay Lodhwal, OA
160. Sh. Prashant Kaushik OA
161. Mr. Rohit, OA
162. Ms. Bindu Shaji, DEO
163. Sh. Rohit Dahiya, DEO
164. Ms. Monika, MTS
165. Sh. Ompal Rana, MTS
166. Sh. Manish, MTS
167. Sh. Vijay Kumar, MTS
168. Ms. Jaswanti, MTS
169. Sh. Lalit, MTS
170. Ms. Jitendri, MTS
171. Ms. Harpreet Kaur, MTS
172. Sh. Laxmi, MTS
173. Sh. Mithlesh, MTS
174. Sh. Sunny, MTS
175. Sh. Ravi, MTS
176. Sh. Sunil Kumar, MTS
177. Sh. Nitin Kumar, MTS
178. Sh. Hemraj Sharma, Retd. Ass. Pharmacist

Organizing Committee from NCH

1. Dr. Tarkeshwar Jain, Chairperson
2. Dr. Harcharanjeet Kaur, President-BERH
3. Dr. Rajat Chattopadhyay, President-HEB
4. Dr. Mangesh R. Jatkar, President-MARBH
5. Dr. Sanjay Gupta, Secretary
6. Dr. Senthilkumar Jegadesan, Member-BERH
7. Dr. Anand Kumar Chaturvedi, Member-MARBH
8. Rajender Kumar, Section Officer
9. Sh. Surendra Kumar Gupta, Consultant (Admn)
10. Sh. Pale Ram, Consultant (Account)
11. Sh. Shive Ratan Sharma, Sr. Consultant (Legal)
12. Sh. Ankit Gupta, Consultant (Legal)
13. Dr. Poonam Goyal Agrawal, Consultant Hom.
14. Dr. Neha Verma, Consultant Hom.
15. Dr. Divya Bhardwaj, Consultant Hom.
16. Dr. Vibha Mevada Sharma, Consultant Hom.
17. Savita Gautam, Consultant Hom.
18. Nidhi Bhatt, Consultant Hom.
19. Dr. Pooja Saxena, Sr. Const. Hom.
20. Dr. Monika Devgan, Sr. Const. Hom.
21. Dr. Varsha Sharma, Sr. Const. Hom.
22. Ravinder Singh Rawat, Consultant (Admn 2)
23. Sachin Singh Rawat, IT Consultant
24. Prashant Tyagi, IT Consultant
25. Dr. Mukta Garg, Consultant Hom.
26. Dr. Shivender Kumar, Consultant Hom.
27. Dr. Abhishek Dalmia, Consultant (Exam)
28. Sh. Ravindra Singh Bisht, Assistant Consultant
29. Sh. Deepanshu Sachdeva, Assistant Consultant
30. Sh. Sandeep Thakur, Assistant Consultant
31. Sarthak Gulati, Stenographer
32. Sonica Rani, Stenographer
33. Deepak Baghel, Stenographer
34. Kavita Mehra, Stenographer
35. Sushil Chauhan, Stenographer
36. Himani, Stenographer
37. Abhishek, OA
38. Savita Devi, OA
39. Monu, OA
40. Neha, OA
41. Narender Kumar A/c, OA
42. Sapna, OA
43. Jagbir Singh, OA
44. Jyoti, OA
45. Bobby, OA
46. Sushil Kumar, OA
47. Tanuja, OA
48. Vinod Kumar, OA
49. Deepa Malik, OA
50. Priyanka d/o Shri Raj, OA
51. Nitin, OA
52. Aman Kumar, OA
53. Shubham, OA
54. Dinesh Kumar, OA
55. Deepak Jangid, OA
56. Nisha Chawla, OA
57. Nikhil Tanwar, MTS
58. Karan Singh, MTS
59. Aakash Chola, MTS
60. Jyoti, MTS
61. Babita, MTS
62. Ram Chander, MTS
63. Nagender Prasad, MTS
64. Vikas Babu, MTS
65. Narender Kumar Nainawat, MTS
66. Sunny Kumar, MTS
67. Ankit Pal, Project Lead (e-Office)
68. Surendra Kumar, Project Manager (e-Office)

Organizing Committee from NIH

1. Dr. Pralay Sharma, Director, NIH.
2. Mr. Yogesh Kadian, Joint Director, NIH Delhi
3. Mr. Dhirender Khatri, Administrative Officer, NIH Delhi
4. Dr. Raja Manoharan, Professor, NIH.
5. Dr. Shishir Kumar Singh, Professor, NIH
6. Dr. Jitendra Kumar, Associate Professor, NIH Delhi,
7. Mr. Raja Bhattacharya, Physiotherapist, NIH
8. Ms. Mitul Chatterjee, Senior Nursing Officer, NIH
9. Mr. Koushik Kumar Mondal, Accounts Officer I/C, NIH
10. Mr. Ramaprasad Chatterjee, Pharmacist

THEME WHD 2026

Homoeopathy for Sustainable Health

The global healthcare landscape is undergoing a profound transformation, steadily advancing toward a future defined by proactive, sustainable, and holistic wellness. The theme for World Homoeopathy Day 2026, "*Homoeopathy for Sustainable Health*," stands as a visionary roadmap for the future of global healthcare. This prestigious convention, organized by the Central Council for Research in Homoeopathy in collaboration with the National Commission for Homoeopathy and the National Institute of Homoeopathy, emphasizes a healthcare paradigm that meets present needs while safeguarding a healthy legacy for future generations. Within this framework, sustainability in health encompasses clinical excellence, economic viability, and ecological harmony through Homoeopathy.

At the core of sustainable health lies the foundational principle of '*Similia Similibus Curentur*', which recognizes and stimulates the body's innate healing capacity. Homoeopathic treatment offers a naturally aligned therapeutic approach, utilizing substances in highly refined doses that ensure minimal environmental impact. By promoting gentle, long-lasting recovery, the system nurtures true vitality rather than temporary relief. This philosophy reflects a broader responsibility towards individual well-being and environmental stewardship resonating strongly with the principles of the "One Health" framework, which acknowledges the interconnectedness of human, animal, and environmental health.

Homoeopathy is guided by a robust and forward-looking scientific agenda. Central Council for Research in Homoeopathy continues to play a pivotal role in strengthening the evidence base through diverse research initiatives, including fundamental and collaborative research, drug proving, clinical research, and clinical verification. The National Commission for Homoeopathy and the National Institute of Homoeopathy are committed to advancing academic excellence through quality education, capacity building, and the promotion of research, thereby strengthening the foundation of "Homoeopathy for sustainable health." Through strategic interdisciplinary collaborations, with leading scientific and academic institutions, Homoeopathy is steadily evolving as an evidence-informed and research-driven system of medicine. This commitment to scientific rigor is crucial for nurturing the next generation of practitioners who will lead with clinical excellence, innovation, and global relevance.

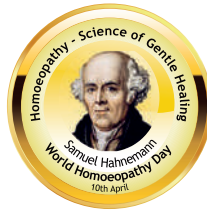
Homoeopathy serves as a strong pillar within the national healthcare framework, offering a cost-effective, safe, and widely accessible system of medicine. Its integration into primary healthcare helps reduce the burden on conventional medical systems while providing sustainable solutions for chronic diseases, lifestyle disorders, and emerging health challenges. By enhancing natural resilience and supporting preventive care, Homoeopathy contributes significantly to the long-term sustainability of healthcare resources.

"The theme '*Homoeopathy for Sustainable Health*' aligns closely with the United Nations Sustainable Development Goals, particularly SDG 3 (Good Health and Well-being), SDG 12 (Responsible Consumption and Production), and SDG 13 (Climate Action). Through its holistic, cost-effective, and eco-friendly approach, Homoeopathy contributes to a resilient healthcare system that promotes well-being while ensuring environmental sustainability and responsible resource utilization."

This theme is a commitment to building a resilient, balanced, and thriving world. It envisions a future where healthcare is compassionate, individualized, and harmoniously aligned with the laws of nature. As deliberations unfold during this two-day convention at Vigyan Bhawan, the collective goal is to align professional excellence with the principles of sustainability. This vision ensures that Homoeopathy continues to emerge as a leading force in global healthcare, delivering safe, effective, and holistic healing for all.



Program Schedule



WORLD HOMOEOPATHY DAY 2026

Theme: Homoeopathy for Sustainable Health

10th - 11th April 2026

Vigyan Bhawan, New Delhi

Two Days | One Vision | Infinite Possibilities

Day- 1 | 10th April 2026 | PROGRAM SCHEDULE

Time 8:30 AM – 9:30 AM

REGISTRATION & TEA

Time 10:00 AM – 11:30 AM

INAUGURATION

PLENARY HALL
(Webcast: Seminar Hall – 1, 5 & 6)

Time 11:30 AM – 1:00 PM

SESSION – I

SENSITISATION ABOUT THE NCH SESSION RELATED TO ETHICS & CONDUCT IN PROFESSIONAL PRACTICE

Consideration of issues related to National Commission for Homoeopathy
(Professional conduct, Etiquette, and Code of Ethics)
Regulation, 2022 and its application in practice

Chairperson, NCH

Time 1:00 PM – 3:00 PM

LUNCH



Time 3:00 PM – 4:00 PM

SESSION – II

Hall 1 (Seating 51)	Hall 2 & 3 (Seating 151)	Hall 4 (Seating 171)	Hall 5 (Seating 263)	Hall 6 (Seating 378)
<p>Homoeopathic paediatric perspectives: Evidence, Ethics and Effective care</p> <p>Convenor: Dr. Divya Taneja RO(H)/S-3, CCRH</p> <p>Co-Convenor: Dr. Renu Bala, RO(H)/S-2, CCRH</p> <p>Panelists</p> <ol style="list-style-type: none"> 1. Dr. Rajesh Kumar, Executive Director, Society for Promotion of Youth and Masses 2. Dr. Ameeta Peters, Principal, Aarihant Homoeopathic Medical College, Gandhinagar 3. Dr. Priya Kapoor, Senior Homoeopathic Consultant, Max Super Specialty Hospital, and Tertiary Care Centre, Vaishali 4. Dr. Suman Mohan, Assistant Professor, Department of Food & Nutrition, and Food Technology, BNC, University of Delhi <p>Rapporteurs: Dr. Candy Benny SRF (H), CCRH Sonu, Kumar, (IT), CCRH</p>	<p>New Homoeopathic Drugs (Cassia fistula & Persea americana): Indian Perspective and their Clinical Utility</p> <p>Convenor: Dr. Pritha Mehra, RO(H)/S-4, CCRH</p> <p>Co-Convenor: Dr. Amulya Ratna Sahoo, RO (H)/S-4, CCRH</p> <p>Panelists</p> <ol style="list-style-type: none"> 1. Dr. SK Tiwari, Former Principal, Father Muller Homoeopathic Medical College & Hospital, Mangalore 2. Dr. SK Bhattacharya, Former Director, National Institute of Homoeopathy, Kolkata 3. Dr. Leena Dighe, Director, Dr. V. H. Dave Homoeopathic Medical College & Hospital, Anand 4. Dr. Neeraj Gupta, Principal, Nehru Homoeopathic Medical College & Hospital, New Delhi 5. Dr. Pravas Kumar Pal, Professor and HOD, Department of Pharmacy, JIMS Homoeopathic Medical College & Hospital, Hyderabad <p>Rapporteurs: Dr. Priyanka Ghosh, RA (H), Dr. Akshay Gautam, SRF (H), CCRH</p>	<p>Understanding Homoeopathy: A Practitioner's Perspective</p> <p>Convenor: Dr. Renu Mittal, RO(H)/S-4, CCRH</p> <p>Co-Convenor: Dr. Pankhuri Mishra RO(H)/S-1, CCRH</p> <p>Panelists</p> <ol style="list-style-type: none"> 1. Dr. LK Nanda, Honorary Physician to Honourable President of India 2. Dr. Hari Singh, former Senior Scientist, CCRH 3. Dr. Brijender Singh, Senior Homoeopathic Consultant, Delhi 4. Dr. Yogeshwari Gupta, Principal, Swasthya Kalyan Homoeopathic Medical College and Hospital, Jaipur <p>Rapporteurs: Dr. Shweta Singh, RA(H), CCRH Dr. Itti Mishra, SRF, CCRH</p>	<p>Clinical leadership of NIH, From evidence to impact</p> <p>Convenor: Prof. (Dr.) Lokanath Behera, HoD, Dept. of Case Taking and Repertory, NIH, Kolkata</p> <p>Chairperson: Prof. (Dr.) Subhas Singh, HoD, Dept. of Organon of Medicine, NIH, Kolkata</p> <p>Speakers:</p> <ol style="list-style-type: none"> 1. Prof. (Dr.) Avijit Shee Burman, HoD, Dept of Forensic medicine & Toxicology, NIH, Kolkata <p>Topic: A Healing Beyond the Conventional: Homoeopathy in Endometriotic Cyst with Hydronephrosis: An Evidence Based Case Report</p> <ol style="list-style-type: none"> 2. Prof. (Dr.) Gautam Pal, HoD, Dept. of Practice of Medicine, NIH Kolkata <p>Topic: Scope of Homoeopathy in autoimmune disorders: Case Reports.</p> <ol style="list-style-type: none"> 3. Dr. Lalith Singh, Deputy Medical Superintendent & Cancer OPD I/C, NIH Kolkata <p>Topic: Scope of Homoeopathy in Cancer- Case report.</p> <ol style="list-style-type: none"> 4. Dr. Ramakrishna Ghosh, Assistant Professor, HoD, Dept of Surgery, NIH, Kolkata. <p>Topic: Effectiveness of Individualised Homoeopathic Medicine to Cure a Case of Brain Tumour: A Case Report</p> <ol style="list-style-type: none"> 5. Prof. (Dr.) Shishir Kumar Singh, HoD, Incharge Dept of Paediatrics, NIH, Kolkata <p>Topic: Scope, Limitations and Ethics in Homoeopathic Paediatrics</p> <p>Rapporteur: Dr. Sanjib Sahoo, Assistant Professor, Dept of FMT, NIH, Kolkata</p>	<p>Strengthening the National Register of Homoeopathy: Vision, Process & Roadmap</p> <p>Convenor: Dr. Sanjay Gupta, Secretary –NCH</p> <p>Co-Convenor: Dr. Monika Kathuria, Sr. Const. (Homoeopathy)-NCH</p> <p>Session Chaired by: Dr. Tarkeshwar Jain (Chairperson - NCH)</p> <p>Speaker: Dr. Harcharanjeet Kaur (President-BERH)</p> <p>Topic: Strengthening the National Register of Homoeopathy: Vision, Process & Roadmap</p>



Time 4:00 PM – 5:00 PM

SESSION – III

Hall 1 (Seating 51)	Hall 2 & 3 (Seating 151)	Hall 4 (Seating 171)	Hall 5 (Seating 263)	Hall 6 (Seating 378)
<p>Agro-Homoeopathy: Emerging Paradigms in Agricultural Research</p> <p>Convenor: Dr. Bharti Wadhwa, RO(H)/S-3, CCRH</p> <p>Co-Convenor: Dr. Karanpreet Nahar, RO(H)/S-1, CCRH</p> <p>Panelists</p> <ol style="list-style-type: none"> 1. Dr. Renu Pandey, Head & Principal Scientist, Division of Plant Physiology, ICAR-Indian Agricultural Research Institute 2. Dr. Vijay Paul, Principal Scientist, Division of Plant Physiology, ICAR-IARI 3. Dr. Ruchi Bansal, Senior Scientist, Division of Plant Physiology, ICAR-IARI 4. Dr. Vaibhav Jain, Founder Director, VJ Agro Homoeopathy Solution pvt. ltd. 5. Dr. Varsha Ghate, Astd. Professor, Bharati Vidyapeeth Homoeopathic Medical College <p>Rapporteurs: Dr. Shweta Singh, RA(H), CCRH Dr. Sakshi Chaudhary, SRF(H), CCRH</p>	<p>Homoeopathy in communicable and non-communicable diseases: Scope, Evidence, and Challenges</p> <p>Convenor: Dr. Varanasi Roja, RO(H)/S-4, CCRH</p> <p>Co-Convenor: Dr. Khushboo Garg, RO(H)/S-1, CCRH</p> <p>Panelists</p> <ol style="list-style-type: none"> 1. Dr. Praveen Oberai, Former Deputy Director General, CCRH 2. Dr. Sukhbir Kaur, Professor, Department of Zoology, Panjab University 3. Prof. (Dr.) Shailendra Saxena, Vice Dean and distinguished Professor & Head at King George's Medical University (KGMU) 4. Dr. Prashant Tamboli, Director, Dr. M. L. Dhawale Memorial Trust Hospital, Research & Medical Informatics 5. Dr. P. Kalaiselvi, Professor and Head of the Department of Medical Biochemistry, University of Madras 6. Dr. K.P. Nandakumar, Homoeopathic clinician & researcher, Amrita Homoeo Medical Centre in Palakkad <p>Rapporteurs: Dr. Ruchika Bhalla, RA (H), CCRH Dr. Lovepreet Kaur, RA (H), CCRH</p>	<p>Integrative Care with Homoeopathy</p> <p>Convenor: Dr. Harleen Kaur, RO(H)/ S-2, CCRH</p> <p>Co-Convenor: Dr. Deepthi Gilla, RO(H)/ S-2, CCRH</p> <p>Panelists</p> <ol style="list-style-type: none"> 1. Dr. Bindu John, Medical Officer, Govt. Homoeo Dispensary, Govt. of Kerala 2. Dr. Jaswant Patil, Pulmonologist & Homoeopath, Mumbai 3. Dr. Rambha Pandey, Professor, Dept. of Radiation Oncology, AIIMS, New Delhi 4. Dr. Jegadish Baskaran, Senior Anaesthetist, Apollo Hospital, Chennai. 5. Dr. C. Ramasubramanian, Chairman, M.S. Chellamuthu Trust, Madurai 6. Dr. Vikas Dhikav, Scientist E (Medical) & Associate Professor, AcSIR (Institute of National Importance), Centre for Evidence for Guidelines, Deptt. Of Health Research, MoH & FW, Govt. of India. 7. Dr. Man Mohan Mehndiratta, Head, Dept of Neurology, B. L. Kapur hospital <p>Rapporteurs: Dr. Shalini Rao, RA(H), CCRH Dr. Tania Chatterjee, RA(H), CCRH</p>	<p>Clinical leadership of NIH, From evidence to impact</p> <p>Convenor: Dr. Swapan Paul, Associate Professor, Homeopathic Materia Medica, NIH, Kolkata.</p> <p>Chairperson: Prof. (Dr) Prasanta Rath, HoD, Dept. of Community Medicine, NIH, Kolkata</p> <p>Speakers:</p> <ol style="list-style-type: none"> 1. Dr. Syed Afsar Ali, Associate Professor, Dept of Organon of Medicine, NIH, Kolkata <p>Topic: Management of a chronic case of Buerger's disease through Homoeopathy: A case report</p> <ol style="list-style-type: none"> 2. Dr. Jitendra Kumar, Associate Professor, Dept. of Case Taking and Repertory, NIH, Delhi <p>Topic: From Hair Loss to Regrowth: Individualised Homoeopathic Care in an Adolescent with Alopecia Areata</p> <ol style="list-style-type: none"> 3. Dr. Priyanka Kaushik, Resident Medical Officer, NIH, Delhi <p>Topic: Silencing the Restless Mind: A Homoeopathic Case Study in Generalized Anxiety Disorder</p> <ol style="list-style-type: none"> 4. Dr. Shruti Jain Vij, Assistant Professor, Dept. of Materia Medica NIH, Delhi <p>Topic: Restoring Emotional Balance: Homoeopathic Management of Bereavement with Ignatia amara</p> <p>Rapporteur: Dr. Rajib Purkait, Assistant Professor, Dept. of Homoeopathic Pharmacy, NIH, Delhi</p>	<p>Clinical Excellence in Homoeopathy With Holistic Approach For Wellness</p> <p>Convenor: Dr. Varsha Sharma, Sr Consultant (Homoeopathy) (H), NCH</p> <p>Session Chair: Dr. Anil Khurana, Former Chairman, NCH</p> <p>Co-chair: Dr. Anand Kumar Chaturvedi, Member MARBH</p> <p>Speakers:</p> <ol style="list-style-type: none"> 1. Dr. Subhas Singh, Former Director, National Institute of Homoeopathy, Kolkata, Former Member NCH <p>Topic: Applied Organon in day-to-day practice</p> <ol style="list-style-type: none"> 2. Dr. Ashok Sharma Chief Medical Officer (SAG), Government of Delhi <p>Topic: Homoeopathic approach to Mental Disorders</p> <ol style="list-style-type: none"> 3. Dr. Juhi Gupta, Associate Professor Dept. of Human Physiology & Biochemistry Govt. Homoeopathic Medical College & Hospital, Bhopal <p>Topic: Integrating Philosophical concept of wellness with current Homoeopathic practice</p> <ol style="list-style-type: none"> 4. Dr. S. Praveen, Prof. & HoD, PG Department of Psychiatry, MNR Homoeopathic Medical College, Sangareddy, Hyderabad. <p>Topic: Homoeopathic Approach to Rare diseases</p> <p>Rapporteur: Dr. Neha Verma, Consultant (Hom), NCH</p>

Time 5:00 PM – 6:00 PM

TEA & CULTURAL PROGRAM

PLENARY HALL

Day- 2 | 11th April 2026 | PROGRAM SCHEDULE

Time 10:00 AM – 11:00 AM

SESSION – IV

Hall 1 (Seating 51)	Hall 2 & 3 (Seating 151)	Hall 4 (Seating 171)	Hall 5 (Seating 263)	Hall 6 (Seating 378)
<p>Homoeopathy in Public Health: Strengthening Systems, Expanding Access, Transforming Community Care</p> <p>Convenor: Dr. Anupriya, RO(H)/S-2, CCRH</p> <p>Co-Convenor: Dr. Swati Pandey, RO(H)/S-2, CCRH</p> <p>Panelists:</p> <ol style="list-style-type: none"> 1. Dr. Navin Pawaskar, Director, JIMS Healthcare, Telangana 2. Dr. Krushna Chandra Sahoo, Scientist D, DHR, ICMR, New Delhi 3. Dr. Anoop M. Nigwekar, Hon. Secretary and Director of Project and Administration, Dr. M.L. Dhawale Memorial Trust, Professor, Department of Repertory 4. Dr. Rajendra Singh Rajput, Principal, State Ghazipur Homeopathic Medical College & Hospital 5. Dr. Paayal Bose, Program Associate, PATH, Ex-consultant, NHSRC, MoHFW <p>Rapporteurs:</p> <ol style="list-style-type: none"> 1. Dr. Satarupa Sadhukhan, RA(H), CCRH 2. Dr. Sana Shahid, SRF(H), CCRH 	<p>Regulatory Aspects of Drug Standardization and Pre-clinical Research in Homoeopathy</p> <p>Convenor: Dr. Digvijay Verma RO(Ph)/ S-1</p> <p>Co-Convenor: Dr. GV Narasimha Kumar, RO(Ph)/S-2, CCRH</p> <p>Panelists:</p> <ol style="list-style-type: none"> 1. Dr. Raman Mohan Singh, Director of the Pharmacopoeia Commission for Indian Medicine & Homoeopathy 2. Dr. SR Chinta, Joint Adviser in the Ministry of Ayush 3. Dr. Abdul Qayum, Director (Technical) and Deputy Chief Executive Officer (Dy. CEO) of the National Medicinal Plants Board (NMPB), Ministry of Ayush, Government of India 4. Dr. A.N. Shukla, Additional Director/ Scientist E in the Ministry of Environment, Forest and Climate Change. 5. Dr. Rachna Paliwal, Deputy Advisor (Homoeopathy), Ministry of Ayush 6. Dr. Vijay Pal Singh, Principal Technical Officer at the CSIR-Institute of Genomics and Integrative Biology (CSIR-IGIB) and Associate Professor at AcSIR <p>Rapporteurs:</p> <p>Dr. Chittaranjan Kundu, RO(H)/ S-2, CCRH</p> <p>Mrs. Megha, RA (Chem.), CCRH</p> <p>Ms. Priyanka, JRF (Botany), CCRH</p>	<p>Modernizing Homoeopathy: Bridging Traditional Principles and Scientific Innovation in Emerging Health Issues and Drug Resistance</p> <p>Convenor: Dr. Ritika Hassija Narula, RO(H) /S-2, CCRH</p> <p>Co-Convenor: Dr. Binit Dwivedi, RO(Chemistry)/S-4, CCRH</p> <p>Panelists:</p> <ol style="list-style-type: none"> 1. Prof. Ajoy Kumar Ray, Director, JIS Institute of Advanced Studies & Research, JIS University, Kolkata 2. Dr. Ramesh Bhonde, Emeritus Scientist, Dr. D.Y. Patil Vidyapeeth (DPU), Pimpri Pune 3. Prof. (Dr.) Alok Chandra Bharti, Professor and Chair, Molecular Oncology Laboratory, Dept. of Zoology, University of Delhi (North Campus) 4. Prof. Rakesh Kumar Sharma, Department of Chemistry, University of Delhi, North Campus 5. Dr. V. N. Azger Dusthacker, Scientist-E and ICMR International fellow, Deptt. of Bacteriology, ICMR-NIRT, Chennai 6. Prof. Dhiraj Devidas Bhatia, Associate Professor, Department of Biological Sciences & Engineering, IIT Gandhinagar 7. Dr. Chandra Sekhar Tiwari, Associate Professor, Deptt. of Metallurgical & Materials Engineering, IIT, Kharagpur 8. Dr. Ashwini Chauhan, Associate Professor, Dept. of Microbiology, University of Delhi, South Campus <p>Rapporteurs:</p> <ol style="list-style-type: none"> 1. Dr. Anamika, RA (Biotech), CCRH 2. Dr. Archana Nagar, SRF(H), CCRH 	<p>Clinical leadership of NIH, From evidence to impact</p> <p>Convenor: Dr. Syed Afsar Ali, Associate Professor, Dept of Organon of Medicine, NIH, Kolkata</p> <p>Chairperson: Prof (Dr) Ompriya Mishra, HoD, Dept of Obstetrics and Gynaecology NIH, Kolkata</p> <p>Speakers:</p> <ol style="list-style-type: none"> 1. Dr. K. K. Rathibha, Assistant Professor, Dept. of Case Taking and Repertory, NIH, Delhi <p>Topic: Homoeopathic management of Bronchial Asthma: A case series</p> <ol style="list-style-type: none"> 2. Dr. Grace Thokchom, Assistant Professor, Dept. of Psychiatry, NIH, Delhi <p>Topic: From Trauma to Resilience: The Role of Homoeopathy in Managing Post Traumatic Stress Disorder - A case report-</p> <ol style="list-style-type: none"> 3. Dr. Rajib Purkait, Assistant Professor, Dept. of Homoeopathic Pharmacy, NIH, Delhi <p>Topic: Homoeopathy in integrative management of reduced left ventricular ejection fraction: An evidence-based case report</p> <ol style="list-style-type: none"> 4. Dr. Vignesh Kumar S, Assistant Professor, Dept. of Paediatrics, NIH, Delhi <p>Topic: Unresolved injectable Drug induced lipoatrophy associated with pediatric vulvovaginitis successfully managed with homoeopathic medicine <i>Mercurius solubilis</i>: An Evidence Based Case Report</p> <p>Rapporteur: Dr. Reshma P, Resident Medical Officer, NIH, Delhi</p>	<p>Regulating Ethics and conduct in Homoeopathic Practice- Professional Accountability and patients' expectations</p> <p>Convenor: Dr. Sanjay Gupta, Secretary –NCH</p> <p>Co-Convenor: Dr. Monika Kathuria, Sr. Consultant (Homoeopathy), NCH</p> <p>Panelists:</p> <ol style="list-style-type: none"> 1. Dr. Tarkeshwar Jain (Chairman-NCH) 2. Dr. Anil Khurana (Former Chairman - NCH) 3. Dr. Pinakin. N. Trivedi (Former President BERH) 4. Dr. Harcharanjeet Kaur (President-BERH) 5. Dr. Mangesh Jatkar (President -MARBH) 6. Dr. Rajat Chattopadhyay (President – HEB) 7. Dr. (Mrs) Preetha Kizhakkuttil, Advisor (Hom) 8. Dr. Hitesh Purohit (Part time member NCH) 9. Dr. Gautam Ash (Part time member NCH) 10. Dr. Pralay Sharma Director NIH



Time 11:00 AM – 12:00 PM

SESSION – V

Hall 1 (Seating 51)	Hall 2 & 3 (Seating 151)	Hall 4 (Seating 171)	Hall 5 (Seating 263)	Hall 6 (Seating 378)
<p>Strengthening Pharmacovigilance in Homoeopathy: Ensuring patient Safety and Public Health Impact</p> <p>Convener: Dr. Suniti Chugh RO(H)/S-3, CCRH</p> <p>Co-Convener: Dr. Shweta Gautam, RO (H) S-1, CCRH</p> <p>Panelists</p> <ol style="list-style-type: none"> 1. Dr. Anil Khurana, Former Chairperson, NCH; Former DG, CCRH 2. Dr. Jai Prakash, Senior Principal Scientific Officer at Indian Pharmacopoeia Commission, Ghaziabad 3. Dr. Anoop Kumar, Assistant Professor Department of Pharmacology, DIPSAR DPSRU Govt of NCT of Delhi. 4. Dr. Ashutosh Bhardwaj, Registrar, State Council of Homoeopathic System of Medicine, Himachal Pradesh <p>Rapporteurs: Dr. Sweksha Yadav, SRF(H), CCRH Dr. Silpa K., SRF(H), CCRH</p>	<p>Homoeopathy in One Health Framework</p> <p>Convener: Dr. Suhana P. Azis, RO(H)/S-2, CCRH</p> <p>Co-convener: Harpreet Kaur, RO(H)/S-1, CCRH</p> <p>Panelist</p> <ol style="list-style-type: none"> 1. Dr. Sangeeta A. Duggal, CMO (SAG), CGHS, Government of India 2. Dr. Sreekanth G, Associate Professor, MAHE-MIV, Manipal 3. Dr. Sreevals Menon, Managing Trustee, Global Homoeopathy Foundation(GHF) 4. Dr. Chithra K S, Medical Officer (Homoeopathy), Department of Homoeopathy, Government of Kerala 5. Dr. Deepak Rathore, Research Scientist DBT-THSTI <p>Rapporteur: Dr. Meenu Gupta, SRF (H), CCRH Dr. Sunaina Shankar, SRF(H), CCRH</p>	<p>Homoeopathy within the Global Traditional Medicine Strategy: Opportunities & Challenges</p> <p>Convener: Dr. Deepti Singh, RO(H)/S-2, CCRH</p> <p>Co-convener: Dr. Shashi Giri, RO(H)/S-1, CCRH</p> <p>Panelist</p> <ol style="list-style-type: none"> 1. Mrs. Monalisa Dash, Joint Secy- IC, Ministry of Ayush 2. Dr. Pradeep Dua, Technical Officer, WHO 3. Dr. Raj K. Manchanda, Chairperson, Homoeopathic Sectional Committee, Bureau Of Indian Standards 4. Dr. Pawan Kumar Godatwar, Technical Officer, WHO-SEARO <p>Rapporteurs: Dr. Deepika Kumari, SRF(H), CCRH Dr. Stuti Rastogi (H), CCRH</p>	<p>NIH translational research show case.</p> <p>Convener: Dr. Jitendra Kumar, Associate Professor, Dept. of Case Taking and Repertory, NIH, Delhi</p> <p>Chairpersons: Dr. Pralay Sharma, Director, National Institute of Homoeopathy</p> <p>Prof. (Dr.) Avijit Shee Burman, HoD, Dept of Forensic medicine & Toxicology, NIH, Kolkata</p> <p>Speakers:</p> <ol style="list-style-type: none"> 1. Prof. (Dr) Raja Manoharan, HoD, Dept. of Homoeopathic Pharmacy, NIH, Kolkata 2. Prof. (Dr) Kumaravel V, HoD, Dept, of Pathology & Micro Biology NIH, Kolkata 3. Dr. Swapan Paul, Associate Professor, Dept. of Materia Medica NIH, Kolkata 4. Dr. Laxmi Mahto, Assistant Professor, Dept. of Pathology & Microbiology, NIH, Kolkata <p>Topic: Anticancer activity of Homoeopathic preparation of <i>Sanguinaria canadensis</i> on human colorectal cancer cell-an in vitro study.</p> <p>Topic: Evidence based on Homoeopathy medicine through preclinical evaluation.</p> <p>Topic: Homoeopathy from Benchside to Bedside- A Translational Research in Dyslipidemia</p> <p>Topic: Antimicrobial Resistance: Need for Integrative Approaches including Homoeopathy</p> <p>Rapporteur: Dr. K K Rathibha, Assistant Professor, Dept. of Case Taking and Repertory, NIH, Delhi</p>	<p>Scientific Explorations with Evidence Based Homoeopathy in Practice</p> <p>Convener: Dr. Abhishek Dalmia, Consultant (Exam), NCH</p> <p>Session Chair: Dr. Janardhanan K Nair, former President, MARBH</p> <p>Speakers:</p> <ol style="list-style-type: none"> 1. Dr. Vijaykrishna. V. MD (Hom) (PhD). Professor and PG guide, GHMC and H, Bengaluru 2. Dr. Manoj Patel, Professor, Dr. MLD Trust, Palghar 3. Dr. K.M.Dhawale, Trustee, Dr. M.L. Dhawale Memorial Trust <p>Topic: Effects Of Individualized Homoeopathic Medicaments in Psoriasis: A Single Blind, Simple Randomized, Placebo Controlled Study</p> <p>Topic: Unexplored field of Homoeopathy in Public Health</p> <p>Topic: To explore scope of Homoeopathy in Psychiatry in Indian Perspective</p> <p>Rapporteur: Dr. Vibha Mewada Sharma, Consultant (Hom), NCH</p>



Time 12:00 PM – 1:00 PM

SESSION – VI

Hall 1 (Seating 51)	Hall 2 & 3 (Seating 151)	Hall 4 (Seating 171)	Hall 5 (Seating 263)	Hall 6 (Seating 378)
<p>Roadmap for Central Council for Research in Homoeopathy</p> <p>Convener: Dr. Chetna Deep Lamba, RO(H)/S-4, CCRH</p> <p>Co-convener: Dr. P Hima Bindu, RO(H)/ S-4, CCRH</p> <p>Chairperson: Ms. Alarmelmangai D., IAS, Joint Secretary, Ministry of Ayush</p> <p>Session Leads: Dr. Subhash Kaushik, Director General, CCRH Dr. Sunil S Ramteke, Deputy Director General, CCRH</p> <p>Panelist: 1. Dr. V. K. Gupta, President of Honour of the Indian Institute of Homeopathic Physicians, India 2. Dr. M. P. Arya, Senior Consulting Homoeopath, Pune 3. Dr. S. P. Singh, Former Advisor, Ministry of Health and Family Welfare, Gol 4. Dr. J. D. Daryani, former Principal & Medical Superintendent of Dr. MPK Homoeopathic Medical College, Jaipur, and former Dean of Homoeopathy at Rajasthan University and Rajasthan Ayurved University 5. Dr. Anoop M. Nigwekar (Member of Governing Body, CCRH) 6. Prof. Chandradeep Tandon (Member of Governing Body, CCRH) 7. Dr. Pravin Kumar B. Chouhan (Member of Governing Body, CCRH) 8. Dr. Maneesha V. Solanki, Principal, P.G. Director, and Medical Superintendent at Dhondumama Sathe Homoeopathic Medical College & Hospital, Pune 9. Dr. Swapna Satish Thorat (Member of Governing Body, CCRH) 10. Dr. T.K. Hrideek (Member of Governing Body, CCRH) 11. Dr. Narendra Gangwar (Member of Governing Body, CCRH) 12. Dr. B. L. Sherwal (Member of Governing Body, CCRH)</p> <p>Rapporteurs-Dr. Sunmeet Kaur, (RA), CCRH Dr. Heena Siddiqui, SRF (H), CCRH</p>	<p>Veterinary Homoeopathy: Integrating Clinical Expertise and Scientific Evidence</p> <p>Convener: Dr. K C Muraleedharan AD(H), CCRH</p> <p>Co- Convener: Dr. Shaji Kumar R.T AD(H), CCRH</p> <p>Panelists: 1. Dr. Surjit Singh Makker Professor, Bihar Animal Sciences University 2. Dr. Sanjeet Kumar, Chief Veterinary Officer, Govt. of NCT of Delhi 3. Dr. Gautam Unny, Director, Amrita Pet Clinic, Delhi 4. Dr. Kanchan Walwadkar, Assistant Professor, Nanaji Deshmukh Veterinary -Science University</p> <p>Rapporteurs: Dr. Yashika, SRF(H), CCRH Dr. Deepika, SRF (H), CCRH</p>	<p>Harmonizing healthcare: Bridging research and Practice</p> <p>Convener: Dr. Manas Sarangi, RO(H)/S-3, CCRH</p> <p>Co-Convener: Dr. Neha Kalra, RO(H)/S-1, CCRH</p> <p>Panelists: 1. Dr. Vaijayanti Nagarkar, CGHS, Pune, MOHFW 2. Dr. Dhananjay Shukla, Professor, Nehru Homoeopathic Medical College & Hospital, N Delhi 3. Dr. BS Johri, Private Practitioner, N Delhi 4. Dr. Jitesh Sharma, Private Practitioner, Odisha</p> <p>Rapporteur: Dr. Tanya Rai, SRF (H), CCRH Dr. Torsa Das, SRF (H), CCRH</p>	<p>Clinical leadership of NIH, From evidence to impact</p> <p>Convener: Prof. (Dr.) Shishir Kumar Singh, HoD, Dept of Physiology & Biochemistry, NIH Kolkata</p> <p>Chairperson: Prof. (Dr.) Gautam Pal, HoD, Dept. of Practice of Medicine, NIH Kolkata</p> <p>Speakers: 1. Dr. Sanjib Sahoo, Assistant Professor, Dept of FMT, NIH, Kolkata Topic: Individualized Homoeopathic approach to autoimmune skin disorders- a study of 2 cases 2. Dr. Prabhat Tiwari, Assistant Professor, Dept. of Homoeopathic Pharmacy, NIH Kolkata Topic: Adulteration in Homoeopathic Drugs 3. Dr. Ankita Bhakat, Assistant Professor, Dept. of Homoeopathic Pharmacy, NIH, Delhi Topic: Unveiling the role of Homoeopathy in Infertility - A case series. 4. Dr. Nabanita Debnath, Assistant Professor, Dept. of Practice of Medicine, NIH, Delhi Topic: Homoeopathic Management of Acne Vulgaris in Teenagers: A Case Series.</p> <p>Rapporteur: Dr. Ajith Kumar K., Assistant Professor, Dept. of Practice of Medicine, NIH, Delhi</p>	<p>Clinical Excellence and Paradigm shift in Homoeopathic practice</p> <p>Convener: Dr. Pooja Saxena, Sr. Consultant (Hom)-NCH</p> <p>Session Chair: Dr. Pinakin N Trivedi (Former President, BERH)</p> <p>Speakers: 1. Dr. Niranjan Mohanty Eminent Homoeopath Topic: Effects Of Individualized Homoeopathic Medicaments in Psoriasis: A Single Blind, Simple Randomized, Placebo Controlled Study 2. Dr. Bipin Jethani, Professor, Organon of Medicine, Nehru Homoeopathy Medical College, New Delhi Topic: Holistic Approach to Autoimmune disorders 3. Dr. Rajat Chattopadhyay – (President - HEB) Homeopathic Practice in Changing Paradigm</p> <p>Rapporteur: Dr. Nidhi Bhatt, Consultant, NCH</p>



Time 1:00 PM – 2:00 PM

VALEDICTORY CEREMONY

Time 2:00 PM – 3:00 PM

LUNCH

About The



Sessions
Chairperson
Panelists
Speakers

Day 1 | 10th April 2026 | Hall No. 1

SESSION I

**Sensitisation about the NCH Session related to Ethics &
Conduct in Professional Practice**

Consideration of issues related to National Commission for
Homoeopathy

(Professional conduct, Etiquette, and Code of Ethics)
Regulation, 2022 and its application in practice

Chairperson, NCH

Day 1 | 10th April 2026 | Hall 1

SESSION II

**Homoeopathic Paediatric Perspectives:
Evidence, Ethics and Effective Care**

Convenor: Dr. Divya Taneja RO(H)/S-3, CCRH

Co-convenor: Dr. Renu Bala, RO(H)/S-2, CCRH

Panelists:

- Dr. Rajesh Kumar, Executive Director, Society for Promotion of Youth and Masses
- Dr. Ameeta Peters, Principal, Aarihant Homoeopathic Medical College, Gandhinagar
- Dr. Priya Kapoor, Senior Homoeopathic Consultant, Max Super Specialty Hospital, and Tertiary Care Centre, Vaishali
- Dr. Suman Mohan, Assistant Professor, Department of Food & Nutrition, and Food Technology, BNC, University of Delhi

Rapporteurs:

Dr. Candy Benny, SRF(H), CCRH

Dr. Sonu Kumar, SRF(IT), CCRH



Homoeopathic Paediatric Perspectives: Evidence, Ethics and Effective Care

This session aims to delineate the intricate interplay between robust empirical evidence, and the implementation of efficacious care strategies for paediatric care in Homoeopathy with special reference to the ethical challenges for care and research. Critical focus will be placed on optimizing participant safety management, particularly in addressing homoeopathic aspects of care, and mitigating risks inherent in paediatric settings. Emphasis will also be given to the evolving landscape of paediatric critical care, examining the transition from aggressive medical interventions to a more wholistic approach of aimed at wellness, disease prevention, health promotion, early diagnosis and provision of safe treatment in standalone and integrated care settings. Furthermore, the discussion will extend to navigating complex ethical dilemmas of consent and assent to safeguard vulnerable patients, in care and research, evaluating children's autonomy while carefully mitigating risks of undue influence.

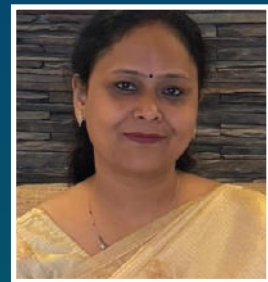
The key take away for session participants will be facilitating a more nuanced understanding of treatment options and their potential consequences, whilst at the same time, an enhancement of the communication process with children and parents on risks and benefits of treatment, and special considerations for participation of children in research.

CONVENOR



Dr. Divya Taneja
RO(H)/S-3, CCRH

CO-CONVENOR



Dr. Renu Bala
RO(H)/S-2, CCRH



Dr. Rajesh Kumar

Executive Director, Society for Promotion of Youth and Masses

Dr. Rajesh Kumar is the Executive Director of SPYM (Society for Promotion of Youth and Masses), a leading national NGO that has been working in the field of substance use prevention and treatment for over 42 years.

A respected expert in the field, Dr. Kumar serves on numerous high-level committees of the Government of India, state governments, and international bodies such as the United Nations, contributing to policy and program development on substance use prevention, treatment, and rehabilitation.

In recognition of his outstanding contributions, Dr. Rajesh Kumar has received several prestigious national honors, including awards presented by the President and Prime Minister of India.



Dr. Ameeta Vandana Peters

Principal, Aarihant Homoeopathic Medical College & RI, Gandhinagar

Dr. Amita Vandana Peters is a distinguished Principal at Aarihant Homoeopathic Medical College & RI, a constituent college of Swarnim Startup & Innovation University in Gandhinagar, Gujarat, India. With a teaching career and clinical experience spanning over 34 years, she specializes in Homoeopathic Materia Medica and is known as a “teacher of teachers.” Dr. Peters has nurtured students to become not only proficient in Homoeopathy but also responsible citizens. Under her leadership, Aarihant Homoeopathic Institute has become a postgraduate institution. Her current vision involves interdisciplinary startups, and she has guided students in launching successful startups.



Dr. Priya Kapoor

Senior Homoeopathic Consultant, Max Super Specialty Hospital, and Tertiary Care Centre, Vaishali

Dr. Priya Kapoor is a graduate of Nehru Homeopathic Medical College, Delhi, and a postgraduate from DKMM Homoeopathic Medical College, Aurangabad. She began her career as an associate consultant with Dr. Jugal Kishore, training under him for seven years and gaining expertise in homeopathic case-taking, psychosomatic approaches, and clinical diagnosis. Her interest in integrative medicine led her to Max Super Speciality Hospital, Vaishali, where she has over 17 years of experience managing complex OPD and IPD cases, including autoimmune disorders, Drug-resistant infections, cirrhosis, infertility, and HIV, with improved outcomes through complementary Homoeopathy. She co-founded the Integrated Wellness Clinic, offering holistic care and leading online public sessions during the COVID-19 pandemic, while managing positive cases and researching post-COVID recovery strategies. A contributor to key publications, she is committed to reducing antibiotic resistance through integrative medicine.



Dr. Suman Mohan

Assistant Professor, Department of Food & Nutrition, and Food Technology, BNC, University of Delhi

Dr. Suman Mohan is a Senior Homoeopathic Consultant and an accomplished integrated medical health professional and also an academician, currently serving as an Assistant Professor in the Food and Nutrition Department at BNC, University of Delhi. She holds a BHMS from NHMC from University of Delhi and an MD (AM), along with advanced qualifications including MSc in Diet and Nutrition and Msc. in Counselling and Family Therapy. She has earned multiple postgraduate diplomas in preventive and promotive healthcare, child nutrition, yoga and meditation, clinical acupuncture, TCM, and diabetic education. She has published research papers in Scopus-indexed journals and received awards in medical healthcare. Currently pursuing a PhD in Integrated Healthcare, she is committed to promoting holistic health and wellness through education, research, and patient-centered care.

Day 1 | 10th April 2026 | Hall 2 & 3

SESSION II

New Homoeopathic Drugs (*Cassia Fistula* & *Persea Americana*): Indian Perspective and Their Clinical Utility

Convenor: Dr. Pritha Mehra, RO(H)/S-4, CCRH

Co-convenor: Dr. Amulya Ratna Sahoo, RO (H)/S-4, CCRH

Panelists:

- Dr. SK Tiwari, Former Principal, Father Muller Homoeopathic Medical College & Hospital, Mangalore
- Dr. SK Bhattacharya, Former Director, National Institute of Homoeopathy, Kolkata
- Dr. Leena Dighe, Director, Dr. V. H. Dave Homoeopathic Medical College & Hospital, Anand
- Dr. Neeraj Gupta, Principal, Nehru Homoeopathic Medical College & Hospital, New Delhi
- Pravas Kumar Pal, Professor and HOD, Department of Pharmacy, JIMS Homoeopathic Medical College & Hospital, Hyderabad

Rapporteurs:

Dr. Priyanka Ghosh, RA (H), CCRH

Dr. Akshay Gautam, SRF (H), CCRH



New Homoeopathic Drugs (*Cassia Fistula* & *Persea Americana*): Indian Perspective and Their Clinical Utility

Homoeopathy continues to evolve through systematic exploration and validation of new medicinal substances. *Cassia fistula* (Amaltas) and *Persea americana* are two such plant sources with well-documented uses in traditional systems of medicine, yet their homoeopathic potential remained underexplored. With the increasing demand for safer, holistic treatment options, it becomes imperative to investigate new remedies through rigorous research in Homoeopathic Pathogenetic Trials (HPTs) and Clinical Verification studies. The inclusion of new Drugs in Homoeopathy may provide additional therapeutic options, especially in new disease syndromes and conditions where existing remedies show limited efficacy.

The session will focus on the symptoms elicited during the HPTs of these remedies, with a comparative analysis against existing literature, which is primarily from the Western world. It will further encompass a comprehensive and focused discourse with the panellists on pharmacological background, pharmacodynamics, pharmacokinetics, Drug proving, and clinical utility of these Drugs, thereby offering deeper insights into their therapeutic potential.

The session will highlight the need for evidence-based Drug proving, encourage exploration of new remedies and provide a thorough understanding of the therapeutic utility of these Drugs. Participants will gain a concise understanding of the homoeopathic potential of *Cassia fistula* and *Persea americana*, their clinical applicability, and the importance of integrating newly proved medicines into practice.

CONVENOR



Dr. Pritha Mehra
RO (H)/S-4, CCRH

CO-CONVENOR



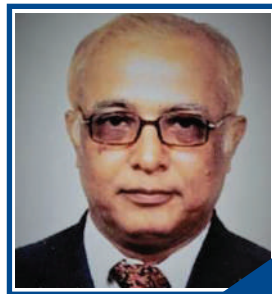
Dr. Amulya Ratna Sahoo
RO (H)/S-4, CCRH



Dr. SK Tiwari

Former Principal, Father Muller Homoeopathic Medical College & Hospital, Mangalore

Dr. S. K. Tiwari is the Former Principal, Father Muller Homoeopathic Medical College & Hospital, Mangalore; Former Director, National Institute of Homoeopathy, Kolkata; Former Dean of Education, Dr. Neilson Homoeopathic Medical Education and Research, Winnipeg, Canada and Former Chairman, Board of Studies (PG), Rajiv Gandhi University of Health Sciences, Karnataka. He was also the Chairman of the Special Committee of Homoeopathic Pathogenetic Trial (Drug proving), Central Council for Research in Homoeopathy. A distinguished academician and clinician, he has guided PhD and MD scholars, reflecting his continued influence in advancing scientific standards in Homoeopathy. He is an accomplished author; his books are widely read by students and professionals. His contributions in teaching and medicine have been recognized through multiple national awards, including the Best Homoeopathic Teacher Award 2019 by the Homoeopathic Medical Association of India.



Dr. S. K. Bhattacharyya

Former Director, NIH

Dr. S. K. Bhattacharyya is a former Professor & HOD, Dept. of Materia Medica and Former Director of National Institute of Homoeopathy, Kolkata. He has made substantial contributions to education, research, and public health. Serving as a PhD and MD guide at premier institutions, including the University of Health Sciences, West Bengal, he has mentored numerous scholars. He has actively presented research papers at national and international conferences, including the International League Conference in Mexico, and delivered invited lectures in the United States. He was one of the members of the Special Committee of Homoeopathic Pathogenetic Trial (Drug proving), the Central Council for Research in Homoeopathy (CCRH) and worked as an Expert Committee Member for the compilation of various books at CCRH. An accomplished author, he has also served in key advisory and expert roles for government bodies, including the National Institute of Homoeopathy and the Homoeopathic Pharmacopoeia Committee.



Dr. Leena Dighe

Dr. V. H. Dave Homoeopathic Medical College & Hospital, Anand

An eminent homoeopathic physician, educator, and administrator, she currently serves as Director and she has previously held distinguished positions as Professor, Principal, and Medical Superintendent at Dr. V. H. Dave Homoeopathic Medical College & Hospital, Anand. With over 34 years of teaching, 35 years of professional, and 15 years of administrative experience, she has made significant contributions to homoeopathic education, particularly in Materia Medica and therapeutics. She has served as Dean and Chairman of the Board of Studies at Sardar Patel University and guided postgraduate and Ph.D. scholars across multiple universities. A dedicated researcher and Principal Investigator, she has led several projects in collaboration with CCRH and contributed to Drug proving studies. She has actively participated in national and international conferences, including LMHI, and has published and presented numerous research papers. Her work reflects a strong commitment to advancing homoeopathic science, education, and clinical practice.



Dr. Neeraj Gupta

Principal, Nehru Homoeopathic Medical College & Hospital, New Delhi

Dr. Neeraj Gupta is presently serving as Principal and Head of the Department of Organon of Medicine at Nehru Homoeopathic Medical College & Hospital, New Delhi. He has previously held key leadership positions at Dr. B. R. Sur Homoeopathic Medical College & Hospital and has contributed extensively to academic administration, research, and institutional development. With more than 36 years of professional experience, including teaching, he has collaborated on several clinical and experimental studies and is an experienced postgraduate guide and researcher. He has presented numerous papers at national and international conferences and has an extensive list of publications in reputed journals. He is a recipient of several prestigious awards, including the Lifetime Achievement Award by the Board of Homoeopathic System of Medicine, Delhi. He has also served as a resource person, reviewer, media expert, and Panelist speaker of All India Radio, actively promoting Homoeopathy through academic forums and public outreach platforms.



Dr. Pravas Kumar Pal

Professor and HOD, Department of Pharmacy, JIMS Homoeopathic Medical College & Hospital, Hyderabad

Dr. Pravas Kumar Pal is a Professor and Head of the Department of Homoeopathic Pharmacy at JIMS Homoeopathic Medical College & Hospital, Hyderabad, and also the Medical Superintendent of its integrated 80-bedded hospital. With over three decades of teaching and 35 years of clinical experience, he has played a pivotal role in shaping undergraduate and postgraduate education, guiding numerous PG scholars and contributing significantly to academic excellence. His expertise extends to research leadership, as having coordinated multiple national and international collaborative studies with CCRH and global institutions. He has actively contributed to the Drug proving program, clinical research, and public health initiatives, including large-scale prophylactic interventions. A prolific speaker, organizer, and author, he has delivered lectures, published widely, and served on key academic and ethics committees. His diverse experience reflects a strong commitment to advancing homoeopathic education, research, and patient care.

Day 1 | 10th April 2026 | Hall 4

SESSION II

Understanding Homoeopathy: A Practitioner's Perspective

Convenor: Dr. Renu Mittal, RO(H)/S-4, CCRH

Co-convenor: Dr. Pankhuri Mishra, RO(H)/S-1, CCRH

Panelists:

- Dr. LK Nanda, Honorary Physician to Honourable President of India
- Dr. Hari Singh, Former Senior Scientist, CCRH
- Dr. Brijender Singh, Senior Homoeopathic Consultant, Delhi
- Dr. Yogeshwari Gupta, Principal, Swasthya Kalyan Homoeopathic Medical College and Hospital, Jaipur

Rapporteurs:

Dr. Shweta Singh, RA(H), CCRH

Dr. Itti Mishra, SRF(H), CCRH



Understanding Homoeopathy: A Practitioner's Perspective

The theme highlights the pivotal role of clinicians in shaping the foundation and future direction of homoeopathic research. In Homoeopathy, the practitioner is not merely a prescriber but an observer, analyst, and interpreter of individual patient responses. Their day-to-day clinical experiences, case documentation, and therapeutic outcomes serve as the primary source of evidence generation. The outcomes observed by practitioners in real-world settings provide valuable insights that help in identifying therapeutic trends, validating homoeopathic principles, and formulating research hypotheses.

This session aims to emphasize the significance of practitioners' perspectives in bridging the gap between clinical practice and research. By integrating clinical experiences, including well-documented case reports and case series, with systematic research methodologies, a strong and credible evidence base can be developed. The inputs of practitioners are therefore indispensable in refining methodologies and strengthening the scientific framework of Homoeopathy.

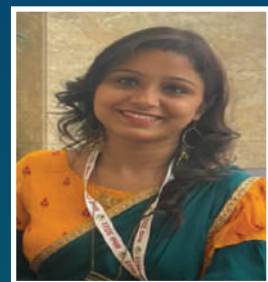
Through this session, it is envisaged to foster a deeper understanding of how clinical practice contributes to research development and to encourage active participation of practitioners in the research continuum.

CONVENOR



Dr. Renu Mittal
RO (H)/S-4, CCRH

CO-CONVENOR



Dr. Pankhuri Mishra
RO (H)/S-1, CCRH



Dr. Prof. Laxmikanta Nanda

Honorary Physician to Hon'ble President of India

Prof. Laxmikanta Nanda is Honorary Physician (Homoeopathy) to the Hon'ble President of India. He is a highly respected homoeopathic physician, academician, and researcher with over 50 years of professional experience. He is a pioneer in Homoeopathic Materia medica, did his MD (Hom.) from Utkal University and PhD from JRN Rajasthan Vidyapeeth (Deemed to-be-university) Udaipur. He is a recipient of the Best Teacher National Award from CCRH. He previously served as Principal-cum-Superintendent of Dr. Abhina Chandra Homoeopathic Medical College & Hospital, Bhubaneswar. Prof. Nanda has also held key positions in CCRH including Chairman of the Special Committee on Clinical Research (2019–2025) and earlier as a member of its Scientific Advisory Committee (2006–2019). Known for his clinical precision, compassionate patient care, and deep-rooted commitment to advancing Homoeopathy, Dr. Nanda stands as a role model for the homeopathic community in India and beyond. His calm demeanour, ethical integrity, and relentless pursuit of knowledge have earned him both professional recognition and the trust of countless patients. An active scholar, he has authored 101 research publications along with four books.



Dr. Hari Singh

Former Scientist, CCRH

Dr. Hari Singh is an experienced homoeopathic practitioner with a strong foundation in research and clinical care. He served as a scientist at the Central Council for Research in Homoeopathy for nearly three decades (1980–2008), contributing to the advancement of evidence-based Homoeopathy. Following his distinguished research career, Dr. Singh transitioned into full-time clinical practice, where he has built a reputation for patient-centred, effective homoeopathic treatment. With a background in both scientific research and hands-on clinical work, he brings a balanced, evidence-informed approach to patient care. He has been actively practicing at his clinic in Gurugram, continuing to serve patients with dedication and compassion. His long professional journey reflects a deep commitment to healing, clinical excellence, and the practical application of homoeopathic principles in everyday healthcare.



Dr. Brijender Singh
Senior Consultant, Delhi

Dr. Brijender Singh is a senior consultant and experienced homoeopathic practitioner with 48 years of clinical expertise. He holds multiple national and international qualifications, including master's in Homoeopathy (MD (Med.), DHMS). He has also earned prestigious national & international Awards and fellowships and is author of various books on Homoeopathy. He is currently serving as the Managing Director of Dr. Natural (India) successfully running chain of centres in Delhi & NCR and Executive Director at the Canadian Medical Centre. He has served as an Ex-Board Member of the Board of Homoeopathic System of Medicine, Government of Delhi. He treats a wide range of chronic and lifestyle disorders through individualized homoeopathic approaches. He is associated with international homoeopathic institutions and has been honoured with the Laureate Award at the 42nd World Congress, recognizing his contribution to the field of alternative medicine. He continues to promote scientific and ethical homoeopathic practice globally.



Prof. (Dr.) Yogeshwari Gupta
Principal, Swasthya Kalyan Homoeopathic Medical College and Hospital, Jaipur

Dr. Yogeshwari Gupta is an eminent homoeopathic physician currently serving as Professor, Medical Superintendent, and Principal at Swasthya Kalyan Homoeopathic Medical College & Research Centre, Jaipur. With an illustrious career spanning over 29 years, she has established herself as a highly respected and trusted name in Homoeopathy. She has authored five books and is Editor in Chief of 'Journal of Classical Homoeopathy'; 'Know Homoeopathy Journal' & Member, Editorial Board in various Homoeopathic Journals. She has 96 articles published in various national and international journals. She has been at various platforms as panellist, spokesperson, resource person by Ministry of Ayush, Govt. of India, Rajasthan Govt. and various organizations. She is Member of Drug proving Committee and Research Advisory Committee in Central Research Institute, Jaipur; Advanced Research Committee in Homoeopathy University, Jaipur; Board of Studies in Sriganganagar, Tanita University; Ethics committee Rajasthan Hospital Ltd. She has been awarded by various renowned national and international organizations in various fields.

Day 1 | 10th April 2026 | Hall 5

SESSION II

Clinical Leadership of NIH, From Evidence to Impact

Chairperson: Prof. (Dr.) Subhas Singh, Department of Organon of Medicine, NIH

Convenor: Prof. (Dr.) Lokanath Behera, Department of Repertory, NIH

Speakers:

- Prof. (Dr.) Avijit Shee Burman, Dept of Forensic medicine & Toxicology, NIH
- Prof. (Dr.) Gautam Pal, HoD, Dept. of Practice of Medicine, NIH
- Dr. Lalith Singh, Deputy Medical Superintendent & Cancer OPD I/C, NIH
- Dr. Ramakrishna Ghosh, Assistant Professor, HoD, Dept. of Surgery, NIH
- Prof. (Dr.) Shishir Kumar Singh, HoD /IC Dept of Paediatrics, NIH

Rapporteurs:

Dr. Sanjib Sahoo, Assistant Professor, Dept of FMT, NIH



Clinical Leadership of NIH, From Evidence to Impact

Prof. (Dr.) Subhas Singh is a distinguished homoeopathic physician, academician, and researcher with over 25 years of experience in teaching and clinical practice. He currently serves as Head of Department and Professor of Organon of Medicine and Homoeopathic Philosophy at the National Institute of Homoeopathy (NIH), Kolkata, and is the Chief Editor of the National Homoeo Recorder. He is a former Director of NIH and has held key editorial and regulatory positions in national and international homoeopathic bodies. Holding a Ph.D., M.D. (Hom.), and B.H.M.S., he has been engaged in undergraduate and postgraduate teaching since 1997. He has authored books, published over 60 research papers, delivered 200+ lectures, and led clinical research in chronic diseases. Overall, he is a distinguished figure in Homoeopathy with extensive contributions in education, research, publications, and institutional leadership.

CHAIRPERSON



Dr. Subhas Singh

*HoD and Professor of Organon
of Medicine and Homoeopathic
Philosophy, NIH*

CONVENOR



Prof. (Dr.) Lokanath Behera

HoD of Repertory, NIH



Prof. (Dr.) Avijit Shee Burman

Dept. of Forensic medicine & Toxicology, NIH

Prof.(Dr.) Avijit Shee Burman is the Professor & HoD of Dept. of Forensic Medicine & Toxicology at National Institute of Homoeopathy, Kolkata, with 29 years of teaching experience. He had been acting as Examiner, Paper setter, Moderator, Scrutinizer, Validator and Head Examiner in FMT under The West Bengal University of Health Sciences. He is also a PG Examiner-cum-Guide for Post Graduate students and as a Paper Setter and Moderator in different All India recruitment examinations as also as an External Examiner of different Universities across the country. He is serving as the Chief Vigilance Officer of NIH since more than 4 years and had shouldered administrative responsibilities like Joint Director, CPIO also. He had remained as Resource Person in various seminars and webinars including WHD programmes in 2024 & 2025. He has number of scientific publications too including in PubMed.

A Healing Beyond the Conventional: Homoeopathy in Endometriotic Cyst with Hydronephrosis: An Evidence Based Case Report

ABSTRACT

Endometriosis is a common benign gynaecological condition affecting about 10% of women of reproductive age, where functional endometrial tissue grows outside the uterus. It leads to symptoms like pelvic pain, painful menstruation, heavy bleeding, painful intercourse, and infertility. The exact cause is unclear but may involve hormonal and genetic factors. Conventional treatment includes pain relief (NSAIDs), hormonal therapies (oral contraceptives, GnRH), and surgical options. Homoeopathy approaches treatment holistically based on the principle of "like cures like."

Case presentation: The present case shows how a single homoeopathic remedy can act in a case of surgical disease along with a co morbidity like hydronephrosis in the most gentle and non-invasive manner. This is a case of 25-year-old female patient suffering from heavy menstrual bleeding and pain during menses with recurrence of a right ovarian endometriotic cyst with marked adhesions and hydronephrosis in right kidney even after surgical removal of the endometriotic cyst and adhesiolysis. Based on the totality of symptoms, individualized homoeopathic medicine *Lycopodium* in 50 millesimal potencies followed by *Sulphur* was prescribed and the patient has recovered without further recurrence. The MONARCH tool assessment yielded a score of +8, strongly suggesting a causal link between the observed therapeutic outcomes and the homoeopathic intervention. The homoeopathic remedies administered were found to contribute effectively to the patient's recovery.

Conclusion: Homoeopathic remedy effectively treats recurrent endometriotic cyst with hydronephrosis. This individualized approach ensures no further recurrence, promoting sustained holistic healing without invasive intervention.



Prof. (Dr.) Gautam Pal

Professor & HoD, Dept. of Practice of Medicine, NIH

Dr. Gautam Pal, Professor and H.O.D. of Practice of Medicine, National Institute of Homoeopathy (NIH), Kolkata is the alumnus of NIH in both undergraduate and postgraduate curriculum and an ex-faculty of Nehru Homoeopathic Medical College & Hospital, Govt. of NCT of Delhi. In his 26 years of professional experience apart from his more than 22 years of teaching, Dr. Pal presented many papers in national and international podiums, published many articles in peer reviewed and UGC affiliated journals. His experience as Associate Editor and Editor of Bulletin of the National Institute of Homoeopathy has helped him to author a book, named as The Logic of Interrogation: A physician's detective sensibilities. He has interest in research and acted as Co-project Guide of Vitiligo project under Dilli Anusandhan Parishad. Dr. Pal has been awarded with the W.H.O. Fellowship (in-country) and with Allen's Homoeo Excellence National Award – 2014, for most promising teacher, conferred by National Homoeopathic Forum of India. With many administrative experiences, Dr. Pal acted as the first Nodal Officer for tele-Homoeopathy in NIH, Joint Director I/c, Public Grievance Officer, Hostel I/c, etc. He is the life member of LMHI and act as paper setter, examiner and adjudicator of different universities. He acted as an expert and co-ordinator for some state Public Service Commissions.

Scope of Homoeopathy in autoimmune disorders: Case Reports

ABSTRACT

Are auto-immune disorders curable? Can Homoeopathy manage these diseases in a better way? These frequently asked questions present themselves everyday with the patients. "Autoimmune diseases (ADs) are complex, multifactorial disorders arising from a combination of hereditary predisposition, environmental triggers, and immune dysregulation. Their tendency to cluster within families and present as multiple comorbidities indicates a significant overlap in genetic susceptibility, underscoring the fundamental role of inherited biological factors in the breakdown of self-tolerance and subsequent immune-mediated damage to host tissues". These genetic susceptibilities are expressions of the fundamental cause, here Psora. Through the 'totality of symptoms' similarities, Homoeopathy explores beyond the parts and touches the core of every human giving importance to cause-effect phenomenon.

Here, three cases, namely Lichen Planus Hypertrophicus, Hashimoto's Thyroiditis and Grave's disease are mentioned where the individualised homoeopathic medicines have been able to reduce symptoms along with the relevant antibodies. These signify the effectiveness of the homoeopathic treatment.



Dr. Lalith Singh

Deputy Medical Superintendent & Cancer OPD I/C, NIH

Dr. Lalith Singh is the Deputy Medical Superintendent at National Institute of Homoeopathy, Kolkata with 16 years of clinical experience at NIH Kolkata. He also Cancer OPD I/C at NIH, Kolkata with more than 9 years of experience in treating cancer patients. He also imparts clinical training to the interns and PGTs at NIH Hospital. He is also serving as the Nodal Officer for Swachh Bharat Abhiyan, Ayushman Bharat Digital Mission, National Disaster Management at NIH Kolkata. He had remained as Resource Person in various CME, seminars and conferences including Resource person “3rd International Conference on Integrative Oncology” organized by Cancer Care Foundation and IAS OFFICER TRAINEES of 2025 batch for the Winter Study Tour 19.03.2026. He has number of publications in Peer Review Journal including IJRH, Homoeopathic Links etc.

Scope of Homoeopathy in Cancer- Case Reports

ABSTRACT

Introduction: Lung adenocarcinoma is the most common lung cancer in India, mainly affecting those ≥ 65 years. India also bears ~10% of the global gall bladder cancer burden, with peak incidence at 50–60 and 70–80 years.

Case Summary: A male aged 58 years came to the cancer OPD of NIH on 24/08/2021 complaining of cough, red itchy eruptions all over the body, weight loss, and dyspepsia. It was a known case of Infiltrating Mucinous Adenocarcinoma of the Lung. Another male patient aged 65 years came to NIH Cancer OPD on 16/07/2019 complaining of pain in right upper abdomen, weight loss for few months, abnormal Liver function test, and Radiological investigations (MRCP, CT scan, etc) suggestive of Gall Bladder Cancer with metastasis. Patient was advised for CT guided biopsy by doctors of private hospital, but patient did not go for biopsy because of his belief that biopsy may worsen malignancy. Patient came to NIH for homoeopathic treatment to avoid biopsy and Surgery.

Method: A constitutional Drug Carbo Animalis, was administered in 50 millesimal potencies followed by Sulphur in Adenocarcinoma of the Lung. Whereas Carcinosis in LM potency was prescribed in the radiologically and clinically diagnosed case of Gall Bladder cancer.

Result: The mass disappeared within two years of treatment in Adenocarcinoma of the Lung. The patient has been under treatment for more than four years and doing well without recurrence. In the case of Gall Bladder cancer with Metastasis homoeopathic treatment has resulted in significant clinical, radiological, biochemical and pathological improvement with complete disappearance of the SOL within one year of treatment.

Conclusion: Homoeopathy has strong potential to treat Cancer. It may be used as a primary therapy or as an adjuvant therapy or as an integrated method in the treatment of Cancer.



Dr. Ramakrishna Ghosh

Assistant Professor, HoD, Dept of Surgery, NIH

Dr. Ramakrishna Ghosh is an Assistant Professor and Head of the Department of Surgery, demonstrating strong academic leadership and commitment to curriculum development and enhancement. A highly accomplished and dedicated Homoeopathy professional with over a decade of extensive experience in teaching, research, and clinical practice. Possesses a strong academic background with specialized expertise in Repertory and Organon of Medicine. Known for delivering exceptional educational guidance and actively contributing to postgraduate training and evaluation across various universities in India. Demonstrated commitment to research and academic excellence through numerous publications in reputed journals.

Effectiveness of Individualised Homoeopathic Medicine to Cure a Case of Brain Tumour: A Case Report

ABSTRACT

Brain tumours are abnormal intracranial growths, either primary or metastatic, comprising about 2% of global cancers, with 18–20 cases per 100,000 annually and around 80,000–85,000 new cases each year in India. Metastatic tumours are more common than primary ones, with gliomas and meningiomas being the most frequent. The WHO 2021 classification combines histological and molecular features to categorise CNS tumours. Schwannoma is a benign tumour arising from Schwann cells, accounting for about 8% of intracranial tumours. Standard treatment includes surgery, radiosurgery, or observation, while the role of Homoeopathy in such conditions remains limited and underexplored.

Case Presentation: A female patient with a known schwannoma presented with occipital headache and a sense of head heaviness for one year, aggravated by emotions, anger, night-watching, and sun exposure, and relieved by sleep, pressure, and rainy weather. Constitutional features included short-term memory loss, burning in palms, soles, and vertex (worse in afternoons and summer), marked thirst with frequent small sips, and preference for salty, warm foods. Mentally, she was mild, suppressed anger, felt better with consolation, and preferred solitude. Based on the totality, Medorrhinum 1M was prescribed on 03/05/2024. Over eight months, follow-ups showed steady improvement in symptoms, supported by imaging.

Conclusion: This case suggests the potential role of individualized homoeopathic treatment in managing schwannoma and adds to emerging evidence in neoplastic conditions.



Prof. (Dr.) Shishir Kumar Singh

HoD I/C Dept of Paediatrics, NIH

Prof. (Dr.) Shishir Kumar Singh is Professor and HoD of Physiology and HoD (I/C) of Paediatrics at the National Institute of Homoeopathy, Kolkata, with over 23 years of professional and nearly 16 years of teaching experience. He is actively involved in research, serving on institutional committees, reviewing journals, and guiding postgraduate and undergraduate students. He has held key leadership roles, contributed to curriculum development, and serves as an examiner and paper setter for various universities and national level examinations.

Scope, Limitations and Ethics in Homoeopathic Paediatrics : A Comprehensive Review

ABSTRACT

Background: Homoeopathic paediatrics is increasingly recognized as a safe, non-toxic, and effective therapeutic modality for managing a wide spectrum of acute and chronic childhood conditions. By focusing on immune modulation and individualized care, it offers a holistic alternative or complement to conventional medicine, particularly in reducing antibiotic dependency.

Scope of Practice: Homoeopathy in paediatrics covers neonatal to adolescent care. It is used for acute conditions (e.g., influenza, bronchitis, otitis media, gastroenteritis), chronic and developmental disorders (e.g., atopic dermatitis, asthma, behavioural issues), and infant concerns such as colic and sleep disturbances.

Preventive Health: Longitudinal studies indicate that Homoeopathy, when used alongside conventional medicine as a safety backdrop, can result in fewer sick days and respiratory episodes during the first 24 months of life, proving both clinically viable and cost-effective.

Limitations and Challenges: Despite its potential, Homoeopathy faces notable hurdles, including limited large-scale, rigorous research, and methodological constraints that restrict evidence-based conclusions. Safety concerns exist with improper dilutions, alcohol-based preparations in children, and rare adverse effects from unregulated products. Clinically, delays in essential conventional treatment pose risks, especially in emergencies. Public skepticism about the mechanism of high dilutions and occasional practitioner opposition to vaccinations further challenge its broader acceptance.

Ethical Considerations: Ethical practice is the cornerstone of professional integrity in homoeopathic paediatrics. Practitioners must prioritize patient welfare above all, ensuring transparent communication regarding treatment limitations. Upholding patient autonomy through informed consent and maintaining strict confidentiality are essential to fostering trust and ensuring the safe integration of Homoeopathy within the broader healthcare ecosystem.

Conclusion: Homoeopathy offers a promising, cost-effective primary care modality for the paediatric population. However, its future integration depends on addressing research limitations, ensuring rigorous regulatory compliance, and adhering to a strict ethical code that prioritizes the child's safety and well-being.

Day 1 | 10th April 2026 | Hall 6

SESSION II

**Strengthening The National Register of
Homoeopathy: Vision, Process & Roadmap**

Chairperson: Dr. Tarkeshwar Jain, Chairperson, NCH

Convenor: Dr. Sanjay Gupta, Secretary, NCH
Dr. Monika Kathuria, Sr. Const. (Homoeopathy), NCH

Speaker: Dr. Harcharanjeet Kaur, President, BERH



Strengthening The National Register of Homoeopathy: Vision, Process & Roadmap

This session emphasises the vital role of The National Register of Homoeopathy (NRH) as a critical pillar for ensuring the credibility, accountability, and professional integrity of homoeopathic practitioners across India. Strengthening NRH is not merely an administrative exercise anymore it is a strategic reform that can transform Homoeopathy into a more transparent, trusted and future-ready healthcare system. A strong NRH will ensure: One Nation – One Register, Uniform standards of registration and practice, Transparency and public trust, Better workforce planning for government and healthcare delivery, Digital verification and prevention of fake practice. Ultimately, Aim of Board of Ethics and registration for Homoeopathy is that NRH should become a national professional identity platform for every homoeopathic doctor.

CONVENOR



Dr. Sanjay Gupta
Secretary, NCH

CONVENOR



Dr. Monika Kathuria
Sr. Const. (Homoeopathy), NCH



Dr. Tarkeshwar Jain

Chairperson, NCH

Dr. Tarkeshwar Jain is a distinguished Homoeopathic physician and a respected leader in the Homoeopathic fraternity. With decades of experience in clinical practice, academic contribution and professional service, he has played a pivotal role in strengthening the foundations of Homoeopathy through his commitment to quality education, earlier as the President of Homoeopathic Education Board. He is currently appointed as Chairperson, National commission for Homoeopathy where he is committed to bring excellence in education, ethical conduct and professional development in the field of Homoeopathy.



Dr. Harcharanjeet Kaur

President, BERH

Dr. Harcharan Jeet Kaur is a highly experienced Homoeopathic doctor with several years of academic and clinical expertise. She holds PhD in Homoeo. and MD (Hom.) in Repertory and has contributed extensively to undergraduate and postgraduate teaching. She was actively involved in research and ethical committees guiding postgraduate students. Presently as the President of BERH, she is committed to play the role in promoting professional standards, encouraging ethical practice and fostering academic and clinical development within the Homoeopathic fraternity.

Day 1 | 10th April 2026 | Hall 1

SESSION III

**Agro-Homoeopathy: Emerging Paradigms
in Agricultural Research**

Convenor: Dr. Bharti Wadhwa, RO(H)/S-3, CCRH

Co-convenor: Dr. Karanpreet Nahar, RO(H)/S-1, CCRH

Panelists:

- Dr. Renu Pandey, Head & Principal scientist, Division of Plant Physiology, ICAR-IARI
- Dr. Vijay Paul, Principal Scientist, Division of Plant Physiology, ICAR- IARI
- Dr. Ruchi Bansal, Senior Scientist, Division of Plant Physiology, ICAR- IARI
- Dr. Vaibhav Jain, Founder Director, VJ AgroHomoeopathy Solution pvt. ltd.
- Dr. Varsha Ghate, Assistant Professor, Bharati Vidyapeeth Homoeopathic Medical College

Rapporteurs:

Dr. Shweta Singh, RA(H), CCRH

Dr. Sakshi Chaudhary, SRF(H), CCRH



Agro-Homoeopathy: Emerging Paradigms in Agricultural Research

Background- “Integrating Agro-Homoeopathy into Modern Agroecosystem: Evidence- Based Research, Translational Pathways to field Application, and Standardization Challenges”

The theme highlights the importance of Agro-Homoeopathy as a scientifically testable and potentially integrable component of modern agriculture focusing on its ability to deliver reliable, reproducible, and scalable outcomes in real-world farming systems. The Panel discussion was aimed at exploring three key dimensions:

Evidence-Based Research:

A critical evaluation of the existing scientific knowledge in Agro-Homoeopathy including laboratory studies, field trials, and institutional research with particular attention to research design, reproducibility of results, statistical robustness, and the credibility of findings. The panel will critically evaluate the current body of evidence and identify the key areas where substantial knowledge gaps persist

Translational Pathways from Lab to Field to Farm:

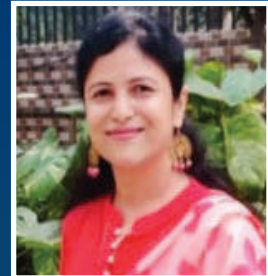
One of the most critical challenges in Agro-Homoeopathy is the successful translation of laboratory findings into real-world agricultural settings. this segment will examine whether Agrohomoepathic interventions that have shown promise under controlled conditions can be successfully and consistently applied across varied crop types, soil conditions, and different environments, and what mechanisms are needed to bridge the gap between controlled experiments and large-scale field application.

Standardization Challenges:

The development of uniform, scientifically validated protocols for Agro-Homoeopathy covering dosage, potency, preparation, and application methods is perhaps the single most important step towards its mainstream acceptance. What collaborative steps should the scientific community, regulatory bodies, and institutions like Central Council for Research in Homoeopathy (CCRH) take to move in this direction?

Overall Goal of the Panel The panel discussion aims to advance evidence-based research in Agro-Homoeopathy by consolidating existing knowledge, identifying critical research gaps, addressing challenges related to standardization, and formulating strategic approaches to guide the development of future standard treatment guidelines in the field.

CONVENOR



Dr. Bharti Wadhwa
RO(H)/S-3, CCRH

CO-CONVENOR



Dr. Karanpreet Nahar
RO(H)/S- 1 CCRH



Dr. Renu Pandey

Head & Principal scientist, Division of Plant Physiology, ICAR-IARI, New Delhi

Dr. Renu Pandey is a distinguished Plant Physiologist at the Division of Plant Physiology, IARI, where she serves as Head of Division and Coordinator, School of Basic Sciences. With over 22 years of experience, her research focuses on mineral nutrition (especially phosphorus), nutrient stress tolerance, biofortification, and nutrient use efficiency under climate change. She completed her Ph.D. from IARI and has held international research positions in the USA and UK.

Dr. Pandey has published around 150 research papers and book chapters and has led multiple nationally and internationally funded projects with agencies such as DBT, DST, CSIR, IFDC, and CIMMYT. She is actively associated with leading journals as Editor/Reviewer and has served as a project reviewer for global funding bodies including NSF (USA). She has been a member of SCFR at CCRH since 2015, actively contributing to review and monitoring of Agro-Homoeopathy research projects.



Dr. Vijay Paul

Principal Scientist at Division of Plant Physiology, ICAR-IARI, New Delhi

Dr. Vijay Paul has more than 30 years of research experience including his earlier services at ICAR-Central Plantation Research Institute (CPCRI), Kasaragod, Kerala and ICAR-Central Potato Research Institute (CPRI)-Campus, Modipuram, UP.

His expertise spans tissue culture in chickpea, crop physiology, post-harvest management, heat stress in wheat, phenotyping, bio-stimulants, nano-urea, and AgroHomoeopathy. He holds 1 patent and has published more than 100 research papers, along with technical articles, manuals, and book chapters, and has guided several postgraduate and doctoral students. He has received 20 different awards/honours including the Fellow of Indian Society for Plant Physiology (ISPP). He compiled 1st Directory of Plant Physiologists in India (2004) and 1st Directory of Fellows of ISPP (2004).

His work in collaboration with the Central Council for Research in Homoeopathy demonstrated positive results in the field of Agro-Homoeopathy with improved seedling vigour in basmati rice using homeopathic preparations.



Dr. Ruchi Bansal

Senior Scientist, ICAR-IARI New Delhi

Dr. Ruchi Bansal is a Senior Scientist at the ICAR-Indian Agricultural Research Institute and a well-recognized plant physiologist specializing in crop stress biology and nutrient-use efficiency. She earned her MSc from GB Pant University of Agriculture & Technology, Pantnagar, Ph.D. from Banaras Hindu University and completed advanced research at The University of Western Australia as an Endeavour Research Fellow, strengthening her global scientific engagement.

A recipient of prestigious fellowships and awards, including recognition from the Indian Society for Plant Physiology and Government of Australia, she has led multiple national and international projects funded by agencies such as DBT, SERB, and the Bill and Melinda Gates Foundation. With extensive high-impact research publications and leadership in competitively funded national (Department of Biotechnology, ANRF-SERB, CCRH, CHT) and international projects (Bill & Melinda Gates Foundation, ICARDA), her research work in collaboration with CCRH demonstrated positive results in Mung Bean with AgroHomoeopathy.



Dr. Vaibhav Jain

Agro-homoeopath - Founder Director of VJ AgroHomoeopathy Solution pvt. ltd., Agro-Homoeopathy Researcher, Sustainable Agriculture Advocate, Indore, Madhya Pradesh

Dr. Vaibhav is a passionate homeopathic doctor and advocates sustainable, chemical-free agriculture through agroHomoeopathy. With a background in genetic engineering (MSc Biotechnology), he transitioned to Homoeopathy, driven by his deep interest in plant health. Over the past nine years, he has conducted extensive research and experiments, demonstrating the benefits of agroHomoeopathy in improving soil fertility, crop quality, and plant resilience. As the Founder Director of VJ AgroHomoeopathy Solution pvt. ltd. and co-founder of Asha Homeopathic Academy and Clinic, he leads initiatives such as an eco-friendly weed control project at Varanasi International Airport and collaborates with farmers across cities to explore homeopathic treatments for sustainable farming. Through his Instagram platform (agroHomoeopathy), he educates and inspires farmers, gardeners, and enthusiasts about natural agricultural methods. Dr. Vaibhav envisions a future where agroHomoeopathy enhances crop nutrition and promotes a more sustainable, holistic approach to farming.



Dr. Varsha Umesh Ghate

*Assistant Professor, Dept. of Homoeopathic Pharmacy, Bharati Vidyapeeth (Deemed to Be university),
Homoeopathic Medical College, Pune, Maharashtra.*

Dr. Varsha Umesh Ghate is a dedicated academician and researcher specializing in Homoeopathic Pharmacy, with a strong focus on innovation and pharmaceutical advancement. She holds three patents (including one international) and a registered copyright, and has published extensively in Scopus, UGC, and peer-reviewed journals, along with three Scopus-indexed book chapters. An active mentor to UG and PG students, her guidance has led to several accolades, including STSH awards and best dissertation and poster recognitions. She has designed an Agro-Homoeopathy Certificate Course and serves as an active reviewer of Homoeopathic Links. With eight international presentations and participation in numerous academic forums, Dr. Ghate remains committed to integrating research and innovation in Homoeopathy, striving for continuous professional growth and impactful contributions to the field. Her contributions in Agro-Homoeopathy include advancing standardized cultivation practices, phytochemical and antioxidant profiling, and evidence-based validation, contributing significantly to its scientific and practical advancement.

Day 1 | 10th April 2026 | Hall 2 & 3

SESSION III

Homoeopathy in Communicable and Non-Communicable Diseases: Scope, Evidence, and Challenges

Convenor: Dr. Varanasi Roja, RO(H)/S-4, CCRH

Co-convenor: Dr. Khushboo Garg, RO(H)/S-1, CCRH

Panelists:

- Dr. Praveen Oberai, Former Deputy Director General, CCRH
- Dr. Sukhbir Kaur, Professor, Department of Zoology, Panjab University
- Dr. Shailendra K. Saxena, Vice Dean and distinguished Professor & Head at King George's Medical University (KGMU), Lucknow, India
- Dr. Prashant Tamboli, Director, Dr. M. L. Dhawale Memorial Trust Hospital, Research & Medical Informatics
- Dr. P. Kalaiselvi, Professor and Head of the Department of Medical Biochemistry, University of Madras
- Dr. K.P. Nandakumar, Homoeopathic clinician & researcher, Amrita Homoeo Medical Centre in Palakkad

Rapporteurs:

Dr. Ruchika Bhalla, RA (H), CCRH

Dr. Lovepreet Kaur, RA (H), CCRH



Homoeopathy in Communicable and Non-Communicable Diseases: Scope, Evidence, and Challenges

This session serves as a vital platform for interdisciplinary dialogue to examine the role of Homoeopathy in communicable and non-communicable diseases, with a focus on scope, evidence, and current challenges.

Non-communicable diseases (NCDs) including diabetes, cardiovascular diseases, and autoimmune disorders account for a substantial proportion of global mortality and are frequently associated with multimorbidity, increasing the complexity of care. Concurrently, recurrent epidemics, emerging infections, and the growing challenge of antimicrobial resistance (AMR) continue to limit the effectiveness of existing therapeutic strategies. The COVID-19 pandemic further highlighted gaps in preparedness and the need for safe, scalable, and integrative healthcare approaches.

In this complex healthcare landscape, Homoeopathy has navigated its way from anecdotal evidence to research-based, robust scientific validation. Its application spans both communicable and non-communicable diseases, as well as public health initiatives and preventive strategies. Concurrently, pre-clinical research has explored the possible immune-modulatory mechanisms of action, adding to the evidence base.

However, as research continues to evolve, several pertinent questions arise that must be addressed to identify clear pathways for the scientific validation and integration of Homoeopathy into the modern healthcare ecosystem.

- What is the scope and role of Homoeopathy in both communicable and non-communicable diseases as well as in preventive care and public health strategies
- What is the current state of scientific evidence supporting homoeopathic interventions, including clinical trials, in vitro and in vivo studies, and research on nosodes and epidemic-specific remedies, and how can traditional principles be reconciled with modern methodologies to strengthen reproducibility and credibility?
- What are the key challenges in integrating Homoeopathy with conventional healthcare, including issues of antimicrobial resistance, ethical considerations in clinical trials, and standardization of treatment protocols.
- And lastly, what are the future prospects for Homoeopathy in new Drug development, adjunctive therapies, and integrative care models, and how can tools such as digital health, clinical informatics, and interdisciplinary collaboration be leveraged to generate robust evidence and support responsible integration into modern healthcare systems.

By bringing together experts from diverse disciplines, this session will address key issues such as the scientific validation of existing preventive and therapeutic homoeopathic interventions, as well as their potential role within integrative healthcare models. The panel will also provide insights into ethical considerations in both preclinical and clinical research related to communicable and non-communicable diseases. Overall, the discussion aims to bridge the plausibility gap by aligning traditional homoeopathic principles with advances in biochemistry, molecular biology, and clinical informatics, thereby fostering a more evidence-informed, collaborative, and patient-centred approach to addressing complex public health challenges.

CONVENOR



Dr. Varanasi Roja
RO(H)/S-4, CCRH

CO-CONVENOR



Dr. Khushboo Garg
RO(H)/S-1, CCRH



Dr. Praveen Oberai

Former Deputy Director General, CCRH

B.H.M.S, M.D., Post Graduate Diploma in Bioethics from IGNOU, and Diploma in Health Promotion from National Institute of Health & Family Welfare (Distance Learning).

Former Deputy Director General, Central Council for Research in Homoeopathy (CCRH), India; Member Special Committee of Clinical Research of CCRH and Member Central Ethics Committee of CCRH. She is a member of the advisory board of the reputed Journal 'Homoeopathy'. She has contributed her services to CCRH for more than 34 years and has more than 50 papers published in National and International journals of repute to her credit. She had been actively involved in the suggestions /approvals of studies as a member of the Clinical Research and Ethical committees of CCRH. She has presented many studies at national and international seminars and trained the newcomers at CCRH. She was also the nodal officer for the public health program of the Ministry of Health and Family Welfare: Integration of Homoeopathy/Yoga in the National Programme for prevention and control of Cancer, Cardiovascular diseases, Diabetes, and Stroke.



Dr. Sukhbir Kaur

Professor, Department of Zoology, Panjab University

Dr. Sukhbir Kaur is currently working as a Professor in the Department of Zoology at Panjab University, Chandigarh. She was nominated by the Vice President of India to the Governing body of Panjab University. She is also a member of the Court of Central Tribal University of Andhra Pradesh, Vizianagaram (2024-2026). Prof. Sukhbir also held the prestigious position of the President of the Indian Society for Parasitology.

She had been on the sizeable number of various national committees ECR, NPDP (Life sciences) and EMEQ of SERB-DST from 2015-2023. She has mentored more than 70 post-graduate, doctoral (PhD) and post-doctoral students. She is recipient of a large number of extramural research grants such as ICMR, UGC, DST-SERB-EMR, CCRH.

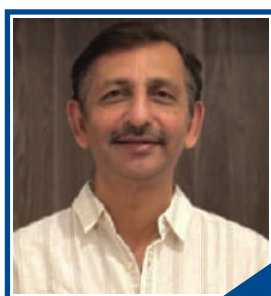
Her core area of research is Parasite Immunology and Therapeutics. To her credit, she has published over 130 research papers in the top speciality journals. She has done extensive research on the protective efficacy of first- and second-generation leishmanial vaccines and some novel synthetic TLR agonists as adjuvants. She has been instrumental in preparation of nosodes for malaria and leishmaniasis under collaborative projects with Central Council for Research in Homoeopathy, Ministry of Ayush, Govt.



Dr. Shailendra K. Saxena

Vice Dean and distinguished Professor & Head at King George's Medical University (KGMU), Lucknow, India

Professor Dr. Shailendra K. Saxena is a globally recognized biomedical scientist and Vice Dean & Distinguished Professor at King George's Medical University (KGMU), Lucknow. His work focuses on molecular mechanisms of host defense in viral infections, including JEV, HIV, and emerging pathogens, using advanced cell and stem cell technologies. He gained global prominence during the COVID-19 pandemic through a comprehensive early book and pioneering analysis of the Omicron variant, contributing to global policy and vaccination strategies. A highly cited researcher, he has received major honors such as the Dr. JC Bose National Award and is a Fellow of leading international scientific societies. Recognized among the world's top scientists, he continues to advance translational research and global health.



Dr. Prashant Tamboli

Director, Dr. M. L. Dhawale Memorial Trust Hospital, Research & Medical Informatics, Dr. M. L. Dhawale Memorial Trust

Dr. Prashant Tamboli, MD (Hom) is a senior academician, clinician, and researcher with over 25 years of experience in homoeopathic practice, medical education, and clinical research. He has been actively involved in consulting homoeopathic practice since 1998, with special expertise in lifestyle disorders, diabetes mellitus, thyroid disorders, PCOD, dermatological, respiratory, musculoskeletal, and pediatric neuro-endocrine and behavioural disorders.

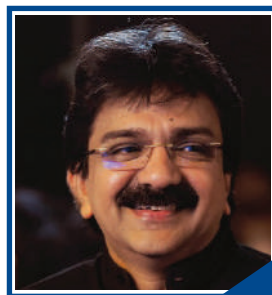
He currently serves as Director, Research & Medical Informatics and Director, Training at the Dr. M. L. Dhawale Memorial Organizations, and as Associate Professor, Department of Repertory at Dr. M. L. Dhawale Memorial Homoeopathic Institute. He is also a recognized PG and PhD Guide at Maharashtra University of Health Sciences. Dr. Tamboli has led and contributed to numerous extramural and institutional research projects supported by the Department of Ayush, covering areas such as diabetes, anaemia in tribal populations, scabies, public health, COPD, obesity, malnutrition, vitiligo, and plant-based agroHomoeopathy applications. A distinguished research methodology educator, he has served as resource faculty and workshop convener in more than 75 research methodology and biostatistics workshops.



Dr. P. Kalaiselvi

Professor and Head of the Department of Medical Biochemistry, University of Madras

Dr. P. Kalaiselvi is a distinguished academician and researcher currently serving as the Director of the Dr. ALM Post Graduate Institute of Basic Medical Sciences (IBMS) and Professor in the Department of Medical Biochemistry at the University of Madras. With over 30 years of teaching experience, she has guided 19 Ph.D. scholars and currently mentors eight more. An expert in urolithiasis, aging, and neuroprotection, Dr. Kalaiselvi has led 15 major research projects funded by prestigious agencies like ICMR, DST, and UGC. She has published over 64 research papers, earning international recognition including the Tamil Nadu Young Women Scientist Award and the 2023 Best Women Scientist Award. A fellow of the Indian Association of Biomedical Scientists (FABMS), her leadership extends to significant administrative roles, including Campus Director and Warden. Her career seamlessly integrates high-impact biochemical research with transformative institutional governance.



Dr. K. P. Nandakumar

Homoeopathic clinician & researcher, Amrita Homoeo Medical Centre in Palakkad

Dr. K. P. Nandakumar is an eminent practitioner and teacher. A faculty at 30+ international and national conferences, he is an acclaimed clinician, researcher, and educator. He has served as faculty for the Government of Kerala's training programme for Medical Officers.

Awards: Gold Medal, Best Scientific Paper – London Conference 2015 (Brain Tumours) | Dr. N. K. Jayaraman Award, IHK – 2017 | Vaidya Sreshta Puraskaram 2019 | Sastharam Puraskaram 2019 | Prem Nazir Karma Thejus Puraskaram 2022.

Major Conferences: Colombo, Dubai, London (2010), Bangkok, Singapore, European Homoeopathic Congress (2013–2019), New Delhi (2016), Canadian Conference (2023), World Women's Conference, Toronto (2023), World Cancer Conference, London (2023), CCRH South Zone (2023).

Day 1 | 10th April 2026 | Hall 4

SESSION III

Integrative Care With Homoeopathy

Convenor: Dr. Harleen Kaur, RO(H)/ S-2, CCRH

Co-convenor: Dr. Deepthi Gilla, RO(H)/ S-2, CCRH

Panelists:

- Dr. Bindu John, Chief Medical Officer, Government Homoeo Dispensary, Govt. of Kerala
- Dr. Jaswant Patil, Pulmonologist & Homoeopath, Mumbai
- Dr. Rambha Pandey, Professor in the Department of Radiation Oncology at All India Institute of Medical Sciences, New Delhi
- Dr. Jegadish Baskaran, Senior Anaesthetist, Apollo Hospital, Chennai
- Dr. C. Ramasubramanian, Chairman, M.S. Chellamuthu Trust, Madurai
- Dr. Vikas Dhikav, Scientist E (Medical) & Assoc. Prof. AcSIR (Institute of National Importance, Centre for evidence for guidelines, Department of Health Research, MoH&FW, Govt. of India)
- Dr. Man Mohan Mehndiratta, Head, Dept of Neurology, B. L. Kapur hospital

Rapporteurs:

Dr. Shalini Rao, RA(H), CCRH

Dr. Tania Chatterjee, RA(H), CCRH



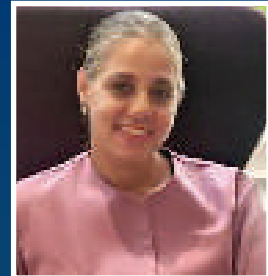
Integrative Care with Homoeopathy

The evolving landscape of healthcare increasingly recognizes the value of integrative approaches that combine the strengths of diverse medical systems to achieve optimal patient outcomes. Integrative Care with Homoeopathy represents a patient-centered model that seeks to harmonize conventional medical practices with the principles of Homoeopathy, emphasizing individualized treatment, holistic healing, and improved quality of life.

When integrated judiciously with modern diagnostics and conventional therapeutics, it has the potential to enhance therapeutic effectiveness, reduce treatment-related adverse effects, and support overall well-being. In an era that calls for comprehensive and sustainable healthcare solutions, such collaborative models hold significant promise. By fostering synergy among healthcare providers, integrative care promotes a multidisciplinary framework grounded in evidence, safety, and patient preferences.

The session will, thus, provide a platform for clinicians, researchers, and policymakers to exchange insights, share evidence, and discuss best practices. The deliberations aim to contribute toward advancing a more inclusive, effective, and patient-centric healthcare paradigm.

CONVENOR



Dr. Harleen Kaur
RO(H)/S-2, CCRH

CO-CONVENOR



Dr. Deepthi Gilla
RO(H)/S-2, CCRH



Dr. Bindu John

Chief Medical Officer, Government Homoeo Dispensary, Govt. of Kerala

Dr. Bindu John Pulparampil, MD (Homoeopathy), is a distinguished Medical Officer at the Government Homoeo Dispensary, Chirayinkeezhu, Thiruvananthapuram, and serves as State Co-ordinator for the Palliative Project, Department of Homoeopathy, Government of Kerala. A gold medalist and university topper in BHMS (2000), she pursued her MD in Homoeopathic Philosophy and received advanced training under Prof. George Vithoukas in Greece, along with specialized training in Integrative Oncology (Switzerland) and Palliative Care at MD Anderson Cancer Center, USA. With over 26 years of clinical experience, she has delivered 30+ international and 100+ national presentations, contributing significantly to research and evidence-based homoeopathic practice, particularly in palliative care and oncology.



Dr. Jaswant Patil

Pulmonologist & Homoeopath, Mumbai

Dr. Jaswant Patil, an allopath-turned-homoeopath, has over 30 years of clinical experience and has treated more than 100,000 patients using Classical Homoeopathy. A former Lecturer at K.E.M. Hospital, Mumbai, and Mentor at Hahnemann College of Homoeopathy, UK, he is the Founder and Chief Visionary of the Deep Ganga Group.

He is known for managing chronic and complex conditions through a holistic approach, emphasizing the role of the mind and restoring overall balance for sustained health outcomes.



Dr. Rambha Pandey

Professor in the Department of Radiation Oncology at All India Institute of Medical Sciences, New Delhi

Dr. Rambha Pandey is a Professor in the Department of Radiation Oncology at All India Institute of Medical Sciences, New Delhi. She completed her MBBS from Rajendra Medical College and earned her MD in Radiation Oncology from the Cancer Institute (WIA), Chennai. She further received specialized training as an IMRT Fellow at the National Cancer Institute and completed her senior residency at the Institute of Medical Sciences. Dr. Pandey joined AIIMS in 2014 and rose through the academic ranks to become Professor in 2024. Her clinical and research interests include lung cancer, bone and soft-tissue sarcomas, and genitourinary malignancies, with expertise in advanced radiotherapy techniques such as IMRT, IGRT, SBRT, and brachytherapy. An active member of the Association of Radiation Oncologists of India and the Indian College of Radiation Oncology, she is deeply involved in clinical research, postgraduate teaching, and advancing cancer care through multidisciplinary collaboration.



Dr. Jegadish Baskaran

Senior Anaesthetist, Apollo Hospital, Chennai

Dr. Baskaran Jegadish is a Consultant in Anaesthesia and Pain Management at Apollo Hospitals, Chennai, and Director of Turiya Palliative Care since 2013. An alumnus of Stanley Medical College, he holds DA, FRCA (London), and DEAA (Zurich), and has been on the GMC Specialist Register (UK) since 1999. With over two decades of experience across India and the UK, including Consultant roles in leading NHS hospitals, he has significant expertise in pain management, day-care anaesthesia, and palliative care. He is a recipient of the Best Outgoing Student Award (DA) and has presented his work at international forums such as LMHI and the World Pain Conference (UK). With multiple publications in reputed journals, he is actively involved in innovative clinical research, including randomized controlled trials on integrative approaches in oncology and addiction medicine in collaboration with CCRH.



Dr. C. Ramasubramanian

Nodal Officer, Police Well-being Programme Tamil Nadu

Dr. C. Ramasubramanian, widely known as Dr. C.R.S., is a distinguished psychiatrist and a pioneering leader in mental health with over four decades of service. As Regional Vice President of WAPR (South-East Asia), Founder of the M.S. Chellamuthu Trust and Research Foundation, and Senior Consultant Psychiatrist at Ahana Hospitals, Madurai, he has significantly advanced community psychiatry, psychosocial rehabilitation, and de-addiction care in India. Under his leadership, the Trust has grown into a major centre for mental health services, education, and research.

He has played a key role in strengthening public mental health systems, including scaling the District Mental Health Programme across Tamil Nadu and leading the Police Well-being Programme, benefiting lakhs of personnel and their families. A member of the Fifth Police Commission and Central University of Tamil Nadu, and a recipient of numerous prestigious awards, Dr. C.R.S. continues to shape policy and practice through his commitment to accessible and compassionate mental healthcare.



Dr. (Hon. Prof.) Vikas Dhikav

*Deputy Director General / Scientist-E (Medical), & Assoc. Prof., AcSIR,
Centre for Evidence – based Guidelines, Deptt. of Health Research, MoH & FW, Govt. of India*

Dr. Dhikav, an alumnus of PGIMS, Rohtak; AIIMS, New Delhi and PGIMER, New Delhi has over 100 research papers and 12 books to his credit. His book, Clinical Neuropsychopharmacology, has been recognized by Book Authority (USA) as one of the best books of all time in its field. He is also a regular guest on The Good Morning Show on Delhi Doordarshan, India's national broadcaster. His impactful work on COVID-19 sero-surveys, dementia, stroke, ADHD diagnosis and yoga has earned national and international recognition. He is the key scientist who established Centre for Evidence Based Guidelines in India, Research to Action Division in Ministry of Health, mental health research unit in Rajasthan, and created Medical Shodhganga. His findings on silicosis have been incorporated as a part of state Policy in Rajasthan. A recipient of Best Medical Author Award (2018), he serves on editorial boards of leading neurology journals.



Prof (Dr.) Man Mohan Mehndiratta

Head, Dept of Neurology, B. L. Kapur hospital

Dr. Man Mohan Mehndiratta an accomplished leader in the field of clinical neurology, this distinguished physician holds an impressive academic foundation with an M.D., DNB, and D.M. (Neurology) from GIPMER, complemented by prestigious fellowships including FAAN, FANA, FRCP, and FWSO. Currently serving as the Principal-Director and Senior Consultant at the Centre for Neurosciences, Dr. B.L. Kapur Hospital (Max Health Care Group), they previously held high-profile roles as Director-Professor at GIPMER and HOD at Janakpuri Superspeciality Hospital. A prolific researcher, they have authored 783 publications with over 155,000 citations, including 210 PubMed-indexed papers in elite journals like The Lancet and Stroke. Their leadership extends to past presidencies of the Indian Stroke Association and the Asia Pacific Stroke Organization. Beyond clinical practice, they are the Editor-in-Chief of the International Journal of Epilepsy, author of the acclaimed book *Puzzling Cases in Stroke*, and a contributor of three Cochrane Reviews, significantly advancing global neurological education and standards

Day 1 | 10th April 2026 | Hall 5

SESSION III

Clinical Leadership of NIH, From Evidence to Impact

Chairperson: Dr. Prasanta Rath, Professor & H.O.D. Community Medicine, NIH

Convenor: Dr. Swapan Paul, Associate Professor, Homeopathic Materia Medica, NIH

Speakers:

- Dr. Syed Afsar Ali, Associate Professor, Dept. of Organon of Medicine, NIH
- Dr. Jitendra Kumar, Associate Professor, NIH
- Dr. Priyanka Kaushik, RMO, NIH
- Dr. Shruti Jain Vij., Assistant Professor, NIH

Rapporteurs:

Dr. Rajib Purkait, Assistant professor, Homoeopathic Pharmacy, NIH



Clinical Leadership of NIH, From Evidence to Impact

Dr. Prasanta Rath, M.D. (Hom.), PhD, is Professor & Head of Community Medicine at National Institute of Homoeopathy, under the Ministry of Ayush. With 26+ years of professional and 21+ years of teaching experience, he is a senior academic in homoeopathic public health. He holds BHMS, MD (Hom.), and a PhD, along with PG diplomas in Health & Family Welfare Management, Applied Epidemiology, and Hospital Management from NIHFW, New Delhi. Dr. Rath is Chairman of the Expert Committee (Community Medicine), National Commission for Homoeopathy, and an active contributor to academic and administrative bodies. He has presented at national and international forums and authored multiple peer-reviewed publications, with key interests in Research Methodology and Biostatistics.

CHAIRPERSON



Dr. Prasanta Rath

*Professor & H.O.D. Community
Medicine, NIH*

CONVENOR



Dr. Swapan Paul

*Associate Professor, Dept. of
Homoeopathic Materia Medica
NIH*



Dr. Syed Afsar Ali

Associate Professor, Department of Organon of Medicine, NIH

Dr. Syed Afsar Ali is an expert academician and clinician in the field of Homoeopathy and healthcare management. He has served as a Senior Research Fellow at the Central Council for Research in Homoeopathy for 2 years and Homoeopathic Medical Officer, Government of West Bengal, for two years. He has made significant contributions as Editor of Journal of the National Institute of Homoeopathy, i.e., "Journal of Homoeopathy" and Bulletin of the National Institute of Homoeopathy. Publication and literary work: Books include co-authorship of four books and several Monographs published by CCRH, Govt. of India, as well as published by B.Jain Publishers. He has also published more than thirty articles in different journals across the country. In addition, he has served as Examiner & Paper Setter for BHMS and MD courses and acts as a P.G. Guide and Research Guide for postgraduate-level (MD) students under WBUHS.

Management of a chronic case of Buerger's disease through Homoeopathy: A case report

ABSTRACT

Background: Thromboangiitis obliterans (Buerger's disease) is a non-atherosclerotic inflammatory disease of unknown etiology characterized by thrombosis and recanalization of the affected vessels, which has a strong association with tobacco. It usually affects small and medium-sized arteries and veins in the distal upper and lower extremities. The onset of disease occurs between 40 and 45 years of age, and men are most commonly affected. The prevalence of the disease among all the patients with peripheral arterial disease varies from as low as 0.5%-5.6% in Western Europe to as high as 45%-63% in India.

Case Summary: The present case study was on a patient who approached the OPD with chief complaints of pain and ulceration in digits and lateral malleolus of the left foot along with associated complaints of decreased sensation over both toes. The essential investigation such as ultrasound Doppler was done and diagnosed as a case of peripheral vascular disease (Buerger's disease).

Treatment and outcome: Based on case taking, repertorization and after final reference from materia medica, Lachesis was prescribed in LM potency. Patient showed significant improvement in the ulceration, and other associated symptoms.

Conclusion: It shows that Homoeopathy is effective for the management of thromboangiitis obliterans disease.



Dr. Jitendra Kumar

Associate Professor, Department of Case Taking & Repertory, NIH

Dr. Jitendra Kumar is an Associate Professor in the Department of Case Taking & Repertory at the National Institute of Homoeopathy, Delhi, an autonomous institute under the Ministry of Ayush, Government of India. He completed his B.H.M.S. and M.D. (Hom.) from the National Institute of Homoeopathy, Kolkata, under the University of Calcutta and the West Bengal University of Health Sciences, respectively. He has over a decade of academic, clinical, and administrative experience in homoeopathic education and healthcare. He served as an Assistant Professor from 2014 to 2024 and is presently holding the post of Associate Professor and additional administrative responsibility. Dr. Kumar has published several research articles and presented scientific posters in academic forums. He is also actively involved as an examiner for undergraduate and postgraduate examinations in various health sciences universities across India. His key areas of expertise include case taking, repertory, postgraduate teaching, research guidance, and academic administration.

From Hair Loss to Regrowth: Individualized Homoeopathic Care in an Adolescent with Alopecia Areata

ABSTRACT

Background: Alopecia areata is a chronic, autoimmune disorder characterised by non-scarring hair loss, commonly affecting children and adolescents. It presents as well-defined patches of hair loss on the scalp or other body parts and may significantly impact psychological well-being. Evidence supporting individualised homoeopathic management in such conditions is still evolving.

Case presentation: A 14-year-old adolescent presented with multiple patchy hair loss over the scalp for five years. The condition was associated with itching, white, scaly dandruff & the gradual enlargement of bald patches. Based on a detailed individualised case analysis considering mental symptoms, physical generals and other characteristic features, *Tuberculinum* 1M one dose was prescribed.

Result: Progressive improvement was observed during follow-ups, with cessation of new patch formation and gradual regrowth of hair over existing patches. The patient showed marked clinical improvement over a period of 09 months with single dose of medicine. Additionally, improvement in general well-being and a reduction in episodes of sneezing.

Conclusion: This case highlights the effectiveness of individualised homoeopathic treatment in alopecia areata in adolescents. Selection of remedy based on totality of symptoms may lead to significant clinical improvement and sustained recovery.



Dr. Shruti Jain Vij

Assistant Professor in the Department of Materia Medica, NIH

Dr. Shruti Jain Vij, working as an Assistant Professor in the Department of Materia Medica at National Institute of Homoeopathy, Delhi, is a dedicated and emerging professional with over six years of experience in teaching, clinical practice, and research. She completed her BHMS from Nehru Homoeopathic Medical College, Delhi, and MD (Hom.) in Materia Medica from National Institute of Homoeopathy, Kolkata. Demonstrating a strong commitment to evidence-based Homoeopathy, she has actively contributed to strengthening the scientific foundation of Homoeopathy through consistent scholarly work. She has authored five research papers in reputed peer-reviewed journals and two books on clinical verification, reflecting her dedication to advancing homoeopathic knowledge. She was awarded First Prize in a Quiz Competition during the Antimicrobial Resistance Awareness Workshop organized by CCRH. With a passion for continuous learning, she actively participates in academic forums, seminars, workshops, and conferences. Her professional journey is guided by a pursuit of excellence in patient care, teaching, and research, with a vision to contribute to the global recognition of Homoeopathy.

Restoring Emotional Balance: Homoeopathic Management of Bereavement with *Ignatia amara*

ABSTRACT

Bereavement is a profound emotional stressor capable of triggering a spectrum of psychological and somatic disturbances that significantly impair an individual's quality of life. Homoeopathy, with its holistic and individualized approach, provides a unique therapeutic avenue for managing grief-induced conditions by addressing both mental and physical symptomatology. A case of a patient is discussed who developed marked emotional and psychosomatic symptoms following the death of their mother. The patient exhibited characteristic features, including silent, suppressed grief, marked mood variability, insomnia, jerking of limbs during sleep, and troublesome dreams. A comprehensive homoeopathic case-taking was conducted with special emphasis on the mental and emotional state. Based on the totality of symptoms, *Ignatia amara* was prescribed in 1M potency. Follow-up over a defined period demonstrated notable improvement, including enhanced emotional stability, reduction in somatic complaints, normalization of sleep patterns, and gradual reintegration into daily activities. No adverse effects were observed during the course of treatment. This case highlights the significance of individualized remedy selection and the central role of mental-emotional symptoms in homoeopathic prescribing. It further illustrates the effectiveness of *Ignatia amara* in restoring emotional balance and supporting recovery in patients experiencing bereavement-related disorders.



Dr. Priyanka Kaushik
RMO, NIH

She is a dedicated and emerging professional with over 3 years of multifaceted experience in teaching, clinical practice, and research. She has completed her BHMS from Nehru Homoeopathic Medical College, Delhi, and MD (Hom.) in Case taking and Repertory from the National Institute of Homoeopathy, Kolkata.

Demonstrating a strong commitment to evidence-based Homoeopathy, Dr. Priyanka has been consistently engaged in scholarly endeavours aimed at reinforcing the scientific foundation of the discipline. She has one research paper, reflecting her sustained commitment to advancing and disseminating homoeopathic knowledge. She is also the recipient of the, Professional certification in First Aid from St. John's Ambulance, Good Clinical Practice certification Workshop, underscoring her academic merit and subject proficiency.

With a passion for continuous learning, she actively participates in academic forums, seminars, workshops, and conferences. Her work is guided by a pursuit of excellence in patient care, teaching, and research, with a focused vision to contribute meaningfully to the progressive evolution and global recognition of Homoeopathy.

Silencing the Restless Mind: A Homoeopathic Case Study in Generalized Anxiety Disorder

ABSTRACT

Generalized Anxiety Disorder (GAD) is a chronic psychiatric condition characterized by excessive, persistent, and uncontrollable worry that interferes with daily functioning. Derived from the Latin term "anxietas," meaning distress or uneasiness, anxiety in GAD extends beyond normal reactions to stress and becomes pervasive and debilitating. The disorder commonly presents with psychological symptoms such as constant worry, irritability, poor concentration, and fear of impending harm, along with physical manifestations like restlessness, muscle tension, sleep disturbances, and autonomic overactivity. Epidemiological data indicate a significant global and Indian prevalence, with higher risk among females, individuals with low income, and those exposed to prolonged stress or trauma.

The etiology of GAD is multifactorial, involving genetic predisposition, personality traits, environmental stressors, and associated medical conditions. It is frequently comorbid with depression and other anxiety disorders, complicating diagnosis and management. Treatment includes pharmacological approaches such as SSRIs and SNRIs, alongside psychological therapies like cognitive behavioral therapy and relaxation techniques. Complementary systems, including Homoeopathy, emphasize individualized treatment based on symptom totality. Despite available therapies, underdiagnosis and social stigma remain major barriers to care. Therefore, enhancing clinical awareness and promoting research are essential for improving outcomes and quality of life in individuals with GAD.

Conclusion: GAD is not merely a condition of worry but a disorder that deeply affects every aspect of an individual's life. Timely diagnosis, and compassionate care, and a holistic treatment approach can significantly improve outcomes. As a health care professional, it is our sole responsibility to reduce stigma and enhance awareness and strive for better research.

Day 1 | 10th April 2026 | Hall 6

SESSION III

Clinical Excellence In Homoeopathy with A Holistic Approach For Wellness

Session Chair: Dr. Anil Khurana, Former Chairman, NCH

Co-chair: Dr. Anand Kumar Chaturvedi, Member MARBH

Convenor: Dr. Varsha Sharma, Sr. Consultant (Homoeopathy), NCH

Speakers:

- Dr. Subhas Singh, Professor & H.O.D, Department of Organon of Medicine, NIH
- Dr. Ashok Sharma, Senior Medical Officer, Delhi Govt.
- Dr. Juhi Gupta, Associate Professor, Dept. of Human Physiology & Biochemistry, Govt. Homoeopathic Medical College & Hospital, Bhopal
- Dr. S. Praveen, Prof. & HoD, PG Department of Psychiatry, MNR, Homoeopathic Medical College, Sangareddy, Hyderabad

Rapporteur:

Dr. Neha Verma, Consultant, (H), NCH

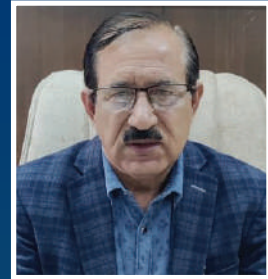


Clinical Excellence In Homoeopathy with A Holistic Approach For Wellness

An Eminent figure in the field of research in Homoeopathy, during his tenure as Chairman of NCH, played a pivotal role in guiding key reforms and initiatives aimed at improving the quality of Homoeopathic education, enhancing transparency in regulation, and ensuring better governance for the advancement of the Homoeopathic system. His contributions have significantly shaped the regulatory framework and professional outlook of Homoeopathy at the national level.

Dr. Anand Kumar Chaturvedi, born on 15 June 1962, is a distinguished professional in the field of Homoeopathy with extensive academic and administrative experience. He completed his BHMS from State Mohan Homoeopathic Medical College, Lucknow, and pursued his MD (Hom) from DKMM Homoeopathic Medical College, Aurangabad, Maharashtra. Over the years, he has held several prestigious positions, including Ex-Principal of Government Homoeopathic Medical College, Uttar Pradesh, and Mahatma Gandhi Homoeopathic Medical College, Jabalpur, as well as Anushree Homoeopathic Medical College, Jabalpur. He also served as Ex-Dean at Bhim Rao Ambedkar University, Agra, and Ex-Chairman of the Board of Studies in Homoeopathy at Rani Durgavati University, Jabalpur. Dr. Chaturvedi has contributed significantly to academic development as an Assistant Professor at Lal Bahadur Shastri Homoeopathic Medical College, Bhopal. He has also held key administrative roles such as Director of the Directorate of Homoeopathy, Uttar Pradesh, Registrar of the Homoeopathy Medicine Board, Lucknow, and Secretary of the General Homoeopathic Medical Association of India. Currently, he is serving as a Member (since January 2024) and President incharge (since July 2025) of the Medical Assessment and Rating Board for Homoeopathy under the National Commission for Homoeopathy.

SESSION CHAIR



Dr. Anil Khurana
Former Chairman, NCH

CO-CHAIR



Dr. Anand Kumar Chaturvedi
*Medical assessment and rating board
for Homoeopathy, NCH*

CONVENOR



Dr. Varsha Sharma
Sr. Consultant (Homoeopathy), NCH



Dr. Subhas Singh

Professor & H.O.D, Department of Organon of Medicine, NIH

Prof. (Dr.) Subhas Singh is a distinguished homoeopathic physician, academician, and researcher with over 25 years of experience in teaching and clinical practice. He currently serves as Head of Department and Professor of Organon of Medicine and Homoeopathic Philosophy at the National Institute of Homoeopathy (NIH), Kolkata, and is the Chief Editor of the National Homoeo Recorder. He is a former Director of NIH and has held key editorial and regulatory positions in national and international homoeopathic bodies. Holding a Ph.D., M.D. (Hom.), and B.H.M.S., he has been engaged in undergraduate and postgraduate teaching since 1997. He has authored books, published over 60 research papers, delivered 200+ lectures, and led clinical research in chronic diseases. Overall, he is a distinguished figure in Homoeopathy with extensive contributions in education, research, publications, and institutional leadership.

Application of the Organon of Medicine in Clinical Practice

ABSTRACT

Essence of this session lies in the fact that the Organon of Medicine by Samuel Hahnemann remains the foundational text of Homoeopathy, offering timeless principles that guide rational and effective clinical practice. In the present era of evolving medical challenges, the application of Organon-based philosophy assumes even greater significance in ensuring individualized, holistic, and evidence-informed patient care. This presentation highlights the practical relevance of key aphorisms in day-to-day clinical settings, emphasizing case-taking, totality of symptoms, individualization, and judicious remedy selection. It also explores the integration of classical principles with modern diagnostic tools without compromising the core philosophy of Homoeopathy. Special focus will be given to the dynamic understanding of susceptibility, miasmatic background, and the role of minimum dose in achieving a gentle and permanent cure. Through clinical insights and illustrative experiences, the session aims to reaffirm that the Organon is not merely a theoretical doctrine but a living guide for contemporary practice. This discourse aspires to inspire practitioners and students alike to deepen their understanding and application of the Organon, thereby enhancing the quality, consistency, and scientific orientation of Homoeopathic treatment.



Dr. Ashok Sharma

Senior Medical Officer, Delhi Govt

Dr. Ashok Sharma, M.D. (Hom), CMO (SAG), is a highly experienced homoeopathic physician with over 40 years of clinical practice under the Directorate of Ayush, Government of Delhi. He was honoured with the All India Hakim Ajmal Khan Award (2004) for excellence in Homoeopathy. He specializes in managing psychological and psychiatric disorders such as autism, schizophrenia, depression, anxiety, and behavioural issues, along with chronic conditions like IBS, coeliac disease, and headaches. He served at IHBAS, New Delhi, handling complex cases through an integrative approach with CBT and counselling. He also led COVID-19 management at GTB Hospital, contributed to school health programs, and actively engaged in academic presentations and public awareness initiatives.

Homoeopathic approach to Mental Disorders

ABSTRACT

The prevalence of Mental disorders has become immense in the upcoming scenario of modern life as the conflicts and frustrations are the most dominating stressors. The availability of psychological and psychiatric workers is very low in ratio to the population which needs the psychological and psychiatric care as there is no vaccination possible for mental disorders. The presentation gives a highlighting view of how the science of Homoeopathy is competent enough in solo and in integration to the conventional line of treatment. The various mental disorders, how they have been managed in acute manias/depression etc., are highlighted with the help of cases diagnosed according to DSM V at IHBAS, Delhi.

Major takeaways from the session will be Understanding- Phenomenology that is understanding the phenomena of mental disorders can enhance the treatment skills of Homoeopath. How to cultivate the art of precise insightful and knowledgeable questioning which shall be the key to history taking. The detailed study of the mental disorders mentioned in DSM V essential to understand and manage various types of mental disorders as they are hard nuts to crack. Various Rubrics mentioned in the section of mind needs to be perceived in different meanings and metaphors for their applicability in mental disorders. Most importantly, Homoeopathic medicines can bring forth the desired relief in mental disorders comparatively earlier than the prevalent antidepressant, antipsychotics and antianxiolytics.



Dr. Juhi Gupta

*Associate Professor, Dept. of Human Physiology & Biochemistry,
Govt. Homoeopathic Medical College & Hospital, Bhopal*

Dr. Juhi Gupta is an accomplished academician, researcher, and clinician in Homoeopathy, currently serving as Associate Professor and Head of the Department of Human Physiology at Government Homoeopathic Medical College & Hospital, Bhopal. With qualifications including BHMS, MD (Hom.), and PhD, she also holds diplomas in software and nutrition. She has been actively involved in teaching since 2001 and holds key administrative roles, including in-charge of Research and Yoga departments and Nodal Officer of the Homoeopathy Wellness Center.

Dr. Gupta has an extensive research portfolio, with numerous national and international publications and presentations. She has served as Principal Investigator and Site Investigator in multiple studies, including COVID-19, psoriasis, obesity, and diabetic foot ulcers, in collaboration with reputed institutions like CCRH and AIIMS. She is also a reviewer for scientific journals and a postgraduate guide.

Her contributions extend to governance and policy, serving on various national committees, academic councils, and advisory boards under the Ministry of Ayush. A recipient of numerous national and international awards, she is widely recognized for excellence in teaching, research, and healthcare services.

Integrating Philosophical Concept of Wellness with Current Homoeopathic Practice

ABSTRACT

This session highlights the concept of “Wellness”, as explained and demonstrated by Dr. Hahnemann and many stalwarts of Homoeopathy, is being successfully practiced at the “Homoeopathy Wellness Center” of Government Homoeopathic Medical College Bhopal since 2017 . We have successfully treated a vast number of cases of neuromuscular complaints, diseases of joints, metabolic diseases and skin ailments using Homoeopathy in local and oral mode in combination with zero medicine approach of Naturopathy. This is an integration that has strengthened both the specialties and created a unique example of Ayush holism. The beneficiary count is over one lakh till date. The mission is to replicate the model in all Homoeopathy setups – including clinics, polyclinics, wellness centers and hospitals for enhanced performance and sustained results. In true terms this will be a real tribute to our master who has philosophically emphasized the use of therapies with various energy laden radiations, water, massage, mesmerism and has kept the doors open for further expansion.



Dr. S. Praveen

*Prof. & HoD, PG Department of Psychiatry, MNR
Homoeopathic Medical College, Sangareddy, Hyderabad*

Prof. Dr. S. Praveen Kumar is a distinguished Homoeopathy expert with over 45 years of professional experience and 41 years in teaching. He holds qualifications including D.H.M.S, M.B.S(H), M.D. (Hom), and a Ph.D. from MUHS, Nashik. He retired as Principal and Head of the Department of Medicine at JSPS Government Homoeopathic Medical College, Hyderabad, and currently serves as Professor and HOD of the PG Department of Psychiatry at MNR Homoeopathic Medical College, Sangareddy. He is also Trustee and Secretary General of the Global Homoeopathy Foundation, Chairman and Editor of the National Journal of Homoeopathy, and a member of the Expert Committee of the National Commission of Homoeopathy. He has received prestigious awards, guided research scholars, contributed extensively to literature, and conducted significant research in HIV and MDR-TB.

Rare Diseases and their Homoeopathic Management

ABSTRACT

Rare diseases are medical conditions that affect a very small percentage of the population. Many are genetic, chronic, progressive and may involve multiple organs. Examples include Duchenne Muscular Dystrophy, Gaucher disease, Cystic Fibrosis, Huntington's disease, Spinal Muscular Atrophy, Fabry disease, ALS and several rare autoimmune or metabolic disorders. They have a fewer treatment options due to less funding and attention. Few of the rare diseases which will be discussed in the session are Mednik syndrome, Cerebrotendinous Xanthomatosis (CTX), Multicentric Osteolytic Nodulosis Arthropathy(MONA), Gorham's disease, SMA syndrome, Congenital Dry Gangrene of Infants, Lissencephaly spectrum, Braf-RASopathy, Hypogammaglobulinemia, Pigmented Villonodular Synovitis (PVNS), Eagles syndrome along with their homoeopathic management. Homoeopathy can offer Symptom Relief, improve quality of life and can offer individualized case management.

Day 2 | 11th April 2026 | Hall 1

SESSION IV

Homoeopathy in Public Health: Strengthening Systems, Expanding Access, Transforming Community Care

Convenor: Dr. Anupriya, RO(H)/S-2, CCRH

Co-convenor: Dr. Swati Pandey, RO(H)/S-1, CCRH

Panelists:

- Dr. Navin Pawaskar, Director, JIMS Healthcare
- Dr. Krushna Chandra Sahoo, Scientist D, Health Technology Assessment India (HTAI), Indian Council of Medical Research (ICMR), Department of Health Research, Ministry of Health & Family Welfare, Government of India
- Dr. Anoop M. Nigwekar, Hon. Secretary and Director of Project and Administration, Dr. M. L. Dhawale Memorial Trust, and Professor in the Department of Repertory
- Prof. Dr. Rajendra Singh Rajput, Dean, Principal, and Professor & Head of the Department of Community Medicine & Psychology at Government Ghazipur Homoeopathic Medical College & Hospital, Uttar Pradesh, under the Ministry of Ayush
- Dr. Paayal Bose, Program Associate, PATH

Rapporteurs:

Dr. Satarupa Sadhukhan RA, (H), CCRH

Dr. Sana Shahid, SRF (H), CCRH



Homoeopathy In Public Health: Strengthening Systems, Expanding Access, Transforming Community Care

Homoeopathy has an important and evolving role in advancing Universal Health Coverage (UHC), particularly in enhancing the accessibility, affordability, and responsiveness of healthcare services for underserved populations. This session brings together a diverse group of experts representing clinical practice, research, public health policy, program implementation, and academic leadership and is intended to offer a multidisciplinary perspective on the role of Homoeopathy within the broader public health ecosystem.

The session shall explore how Homoeopathy can be meaningfully integrated into public health systems to improve access, equity, and quality of care. The discussion will focus on strengthening health systems, aligning homoeopathic services with national health priorities, and enhancing their role in primary healthcare delivery, within community-oriented and preventive care settings.

The deliberation seeks to contribute towards a more inclusive and responsive public health system, where Homoeopathy plays a well-defined and evidence-informed role in advancing community health and well-being.

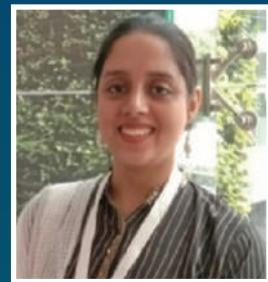
CONVENOR



Dr. Anupriya

RO(H)/S-2, CCRH

CO-CONVENOR



Dr. Swati Pandey

RO(H)/S-1, CCRH



Navin Pawaskar

Director, JIMS Healthcare

Dr. Navin Pawaskar is a seasoned healthcare consultant and homoeopathic physician with over 25 years of experience spanning clinical practice, medical education, and healthcare leadership. He serves as Director of JIMS Healthcare and has held key leadership positions in hospitals and academic institutions. His expertise integrates clinical care with administration, research, and strategic healthcare management. He specializes in healthcare finance and public health disaster management. He has played a key role in developing and implementing an Integrative Holistic Care Model for patient care and academic settings. He has served as an expert consultant for COVID task force GOM, CCRH PMJAY program, CCRH Ethics Committee, Bureau of Indian Standards, National Commission for Homoeopathy- Medical Assessment & Rating Board and Homeopathic Education Board. His contributions have been recognized through several prestigious awards for excellence in healthcare, public health service, and Homoeopathy.



Dr. Krushna Chandra Sahoo

*Scientist D, Health Technology Assessment India (HTAI), Indian Council of Medical Research (ICMR),
Department of Health Research, Ministry of Health & Family Welfare, Government of India*

Dr. Krushna Chandra Sahoo is presently working as Scientist D, Health Technology Assessment India (HTAI), Indian Council of Medical Research (ICMR), Department of Health Research, Ministry of Health & Family Welfare, Government of India. He completed his PhD in Medical Sciences (2008-2012) at Karolinska Institute, Stockholm, Sweden. He is trained in qualitative, quantitative, and mixed-method research. He has worked in the field of socio-behavioural health, with a focus on healthcare equity, evidence-based policy and practice. He is the Bernard Lown Scholar in the Cardiovascular Health Program at Harvard T.H. Chan School of Public Health, Boston, USA. He also completed the Implementation Sciences course at Harvard T.H. Chan School of Public Health. He completed the Executive Education Course on “Leading Systemic Innovation in Healthcare” at Imperial College, London, in November 2025. With more than 150 research publications in international journals, Dr. Sahoo is serving as an editor for the journals -BMC Public Health & Frontiers in Public Health.



Dr. Anoop M. Nigwekar

Hon. Secretary and Director of Project and Administration, Dr. M. L. Dhawale Memorial Trust

Dr. Anoop M. Nigwekar is a distinguished homoeopathic physician, academician, and healthcare administrator with over three decades of experience in clinical practice, education, research, and quality management. He serves as Hon. Secretary and Director of Project and Administration, ML Dr. M. L. Dhawale Memorial Trust, and as Professor in the Department of Repertory and has played a pivotal role in curriculum development and competency-based training under the National Commission for Homoeopathy (NCH). He leads the Departments of Dermatology and Geriatrics at Dhawale Trust Hospital, Palghar, delivering patient-centred care. A member of the Governing Body of the Central Council for Research in Homoeopathy (CCRH), he is also a recognized PhD guide and has published over 20 research papers. He has directed large-scale projects, including a statewide survey in West Bengal on the effectiveness of Homoeopathy. Dr. Nigwekar has significantly contributed to healthcare quality standards, including NABH Homoeopathy accreditation, and is actively involved in national quality and assessment programs. He continues to influence homoeopathic education, research, and healthcare delivery through his leadership and multidisciplinary expertise.



Prof. Dr. Rajendra Singh Rajput

Dean, Principal, and Professor & Head of the Department of Community Medicine & Psychology at Government Ghazipur Homoeopathic Medical College & Hospital, Uttar Pradesh, Ministry of Ayush

Prof. Dr. Rajendra Singh Rajput is a distinguished academician and public health expert with over three decades of experience in preventive and promotive healthcare. He currently serves as Dean, Principal, and Professor & Head of the Department of Community Medicine & Psychology at Government Ghazipur Homoeopathic Medical College & Hospital, Uttar Pradesh, under the Ministry of Ayush. He also serves as the Chairman, Regional Scientific Advisory Committee, CCRH. He has contributed extensively to consultancy, training, IEC development, and curriculum design for universities, government agencies, and international organizations. Known for his innovative psychosocial interventions in community health, he has authored 10 books and numerous research papers, articles, and policy documents. Prof. Rajput has held key academic and advisory roles at national level institutions and has guided postgraduate and doctoral scholars across disciplines. He has received several prestigious national and international awards, reflecting his leadership in holistic healthcare, medical education, and youth empowerment initiatives.



Dr. Paayal Bose

Program Associate, PATH

Dr. Paayal Bose is presently working as a Program Associate, PATH. She holds an MPH from Tata Institute of Social Sciences and BHMS from the National Institute of Homoeopathy. She is a public health professional with expertise in health systems strengthening, primary healthcare delivery, and family health programme implementation. She has also worked with other national-level institutions like NHSRC, MoHFW. She brings strong experience in health systems research and programme implementation, with a focus on improving primary healthcare access, service delivery efficiency, and policy-relevant public health intervention.

Day 2 | 11th April 2026 | Hall 2 & 3

SESSION IV

Regulatory Aspects of Drug Standardization and Pre-Clinical Research in Homoeopathy

Convenor: Dr. Digvijay Verma, RO(Ph)/S-1, CCRH

Co-convenor: Dr. G V Narasimha Kumar, RO(Ph)/ S-2, CCRH

Panelists:

- Dr. Raman Mohan Singh, Director, Pharmacopoeia Commission for Indian Medicine & Homoeopathy
- Dr. SR Chinta, Joint Advisor, Ministry of Ayush
- Dr. Abdul Qayum, Director (Technical) and Deputy Chief Executive Officer (Dy. CEO) of the National Medicinal Plants Board (NMPB), Ministry of Ayush, Government of India
- Dr. A.N. Shukla, Additional Director/ Scientist-E, Ministry of Environment, Forest and Climate Change
- Dr. Rachna Paliwal, Deputy Advisor (Homoeopathy), Ministry of Ayush
- Dr. Vijay Pal Singh, Principal Technical Officer at the CSIR-Institute of Genomics and Integrative Biology (CSIR-IGIB) and Associate Professor, AcSIR

Rapporteurs:

Dr. Chitranan Kundu, RO(H)/ S-2, CCRH

Mrs. Megha, RA (Chem.), CCRH

Ms. Priyanka, JRF (Botany), CCRH



Regulatory Aspects of Drug Standardization and Pre-Clinical Research in Homoeopathy

Regulatory aspects of Drug standardization in Homoeopathy are essential to ensure that medicines are safe, pure, effective, and of consistent quality, thereby enhancing their scientific reliability and global acceptance. The process begins with proper authentication of raw materials derived from plant, animal, or mineral sources using established botanical, zoological, and mineral classification systems, preventing substitution and adulteration (e.g., accurate identification of *Arnica montana*). Organoleptic evaluation—assessing color, odor, taste, and texture—along with pharmacognostic studies involving microscopic examination of cellular structures, confirms identity and purity.

Physicochemical analysis determines parameters such as pH, moisture content, ash value, and extractive values, often supported by advanced techniques like chromatography and spectroscopy to ensure reproducibility. Rigorous purity testing detects contaminants including heavy metals, pesticide residues, and microbial load, safeguarding patient health. All processes comply with pharmacopeial standards and guidelines from authorities like the World Health Organization and the Pharmacopoeia Commission for Indian Medicine & Homoeopathy. In India, the Ministry of Ayush regulates licensing, quality control, and compliance under the Drugs and Cosmetics Act, 1940. Documentation, validation of processes and analytical methods, and continuous quality control—from raw Drug collection and mother tincture preparation to potentization and final product—ensure batch-to-batch uniformity, traceability, and accountability, strengthening credibility and acceptance in modern healthcare.

Pre-clinical research evaluates raw Drugs before potentization to ensure safety, efficacy, and reproducibility. Pharmacognostic, physicochemical, toxicological, and microbiological studies establish the scientific basis for standardized preparation and safe use. Toxicity assessments—acute, sub-acute, and chronic—identify potential hazards, while microbiological testing ensures sterility. Pre-clinical studies follow Good Laboratory Practices (GLP), proper documentation, validated experimental methods, and ethical standards, including humane animal use and ethical committee approvals. Collectively, regulatory measures and pre-clinical research provide a robust framework for the safety, quality, and scientific credibility of homoeopathic medicines, supporting their integration into modern healthcare systems.

CONVENOR



Dr. Digvijay Verma
RO(Ph)/S-1, CCRH

CO-CONVENOR



GV Narasimha Kumar
RO(Ph)/S-2, CCRH



Dr. Raman Mohan Singh

Director, Pharmacopoeia Commission for Indian Medicine & Homoeopathy

Dr. Raman Mohan Singh is the Director of the Pharmacopoeia Commission for Indian Medicine & Homoeopathy (PCIM&H) since November 2022. Previously, he served as Director of the Central Drugs Testing Laboratory, Mumbai, Director In-charge of the National Tobacco Testing Laboratory, and Deputy Assistant Director General at GMSD under DGHS, Ministry of Health & Family Welfare. He also worked for 15 years at the Indian Pharmacopoeia Commission, contributing to pharmacopoeial standard development and analytical research. Dr. Singh holds an M.Sc. in Organic Chemistry and a Ph.D. in Bio-inorganic Chemistry, has published over 120 papers, and actively contributes to initiatives such as One Herb One Standard, the International Herbal Pharmacopoeia (WHO), and the National One Health Mission.



Dr. Srinivas Rao Chinta

Joint Advisor, Ministry of Ayush

Dr. Srinivas Rao Chinta is a Joint Advisor in the Ministry of Ayush, Government of India. He holds a Bachelor's degree in Homoeopathic Medicine and Surgery (1996) and an M.D. (Homoeopathy) in Repertory (2007) from NTR University of Health Sciences, completed at JSPS Homoeopathy Medical College, Hyderabad. He has over a decade of clinical experience, practicing privately in Hyderabad from 1996 to 2007, before joining the Ministry of Ayush.

Since 2007, Dr. Chinta has served in various key positions, including Research Officer, Assistant Advisor, Deputy Advisor, and currently as CMO (NFSG)/Joint Advisor. He has contributed to policy formulation, regulatory reforms, and administration in Homoeopathy education and practice, including amendments to the Drugs and Cosmetics Rules, 1945. He played a significant role in the implementation of the NCISM Act, 2020 and NCH Act, 2020. Internationally, he has served as a WHO Temporary Advisor and participated in inter-regional training workshops on traditional medicine in Macao, China, contributing to global collaboration in Homoeopathy and traditional medicine.



Dr. Abdul Qayum

*Director (Technical) & Deputy Chief Executive Officer (DyCEO), National Medicinal Plants Board (NMPB),
Ministry of Ayush, Government of India*

Dr. Abdul Qayum, IFS, is the Director (Technical) and Deputy Chief Executive Officer of the National Medicinal Plants Board (NMPB), Ministry of Ayush, Government of India. An IFS officer of the AGMUT cadre, 2013 batch, he holds a B.Tech in Civil Engineering from IIT Kanpur and a Ph.D. in Bioinformatics from JNU, New Delhi, specializing in geo-spatial mapping of medicinal plants. Dr. Qayum has served in multiple senior roles, including Assistant Inspector General of Forests (MoEFCC), Special Secretary (Dept. of Water Resources, Chandigarh), Deputy Conservator of Forests, Deputy Chief Wildlife Warden, Additional Director of Science & Technology and Renewable Energy, and Divisional Forest Officer in Arunachal Pradesh and Andaman & Nicobar Islands. He has published 34 research articles with over 400 citations and authored 2 books. He has received the National e-Governance Award for the 'Forest Fire Prediction System – eForestFire' (2020), recognition as one of India's noted officers, and a State Award for Public Service from Arunachal Pradesh. His current focus includes medicinal plants, environment, climate change, forest management, and renewable energy.



Dr. Achuta Nand Shukla

Scientist-E, Ministry of Environment, Forest and Climate Change (MoEFCC), Government of India, New Delhi

Dr. Achuta Nand Shukla, Ph.D. is a Scientist-E at the Ministry of Environment, Forest and Climate Change (MoEFCC), Government of India, specializing in higher plant taxonomy and the biodiversity science-policy interface. He serves as India's National Focal Point for Access and Benefit Sharing (ABS) under the Nagoya Protocol and for the Intergovernmental Science-Policy Platform on Biodiversity and Ecosystem Services (IPBES), and represents the Asia-Pacific region on the Informal Advisory Committee to the ABS Clearing-House. Dr. Shukla has been a core member of India's negotiation team at the Convention on Biological Diversity (CBD), contributing to the Kunming-Montreal Global Biodiversity Framework (2022), COP-16, and SBSTTA meetings. Nationally, he co-authored India's updated National Biodiversity Strategy and Action Plan (NBSAP 2024–2030). With over 20 years of experience, he has worked at the Botanical Survey of India and provides strategic oversight for international biodiversity projects on conservation, ABS, biodiversity finance, and One Health. He has authored multiple books, 70+ research papers, and received awards including the Swarna Jayanti Puraskar, Pushpangadan ABS Award, and Ashoka Award.



Dr. Rachna Paliwal

Deputy Advisor (Homoeopathy), Ministry of Ayush

Dr. Rachna Paliwal is a Homoeopathy postgraduate from the National Institute of Homoeopathy, Kolkata, and has been serving in the Ministry of Ayush since 2016, handling technical and regulatory matters related to Ayush Drugs and industry. She is the notified Central Assistant Drug Controller for Homoeopathy Drugs in India and previously worked for three years at the Central Drugs Standard Control Organization (CDSCO) under the Drugs Controller General of India, gaining extensive expertise in regulatory oversight, compliance, and quality assurance. Dr. Paliwal has played a key role in policy formulation, regulatory reforms, and amendments to the Drugs and Cosmetics Act, 1940 and Rules, 1945, focusing on Drug quality control. She has contributed significantly to the Pharmacovigilance Programme for ASU&H Drugs and the strengthening of national quality control initiatives. She is a member of the Special Committee on Drug Standardization (CCRH) and the Technical Committee of the Homoeopathy Sectional Committee (BIS), dedicated to enhancing safety, regulatory clarity, and sustainable growth in the Homoeopathy Drug sector.



Dr. Vijay Pal Singh

Associate Professor, AcSIR

Dr. Vijay Pal Singh is a Principal Technical Officer at the CSIR-Institute of Genomics and Integrative Biology (CSIR-IGIB) and Associate Professor at AcSIR. He previously served as Joint Director at the Food Safety and Standards Authority of India (FSSAI) and as a WHO-SEAR consultant. He holds a Graduate degree in Veterinary Medicine, a Postgraduate degree in Dairy Husbandry and Milk Processing, and a Doctorate in Biotechnology. Dr. Singh specializes in Lab Animal Science, Risk Assessment and Communication, Antimicrobial Resistance, Food Safety, Biosafety, Biosecurity, and Microbiological Food Safety. He is President of the Laboratory Animal Scientist Association (LASA) of India and Regional Secretary of the International Society of Applied Ethology (ISAE). He also serves as auditor for BIS (ISO 22000), NABL (ISO 17025), and OECD GLP, and is a member of multiple national and international expert committees including WHO, OIE, JECFA, Indian Pharmacopeia Commission, AAALAC International, and UFAW India. With over 20 years of experience, he has conducted international courses, published 50 research articles, two books, and five book chapters, and contributed extensively to research, policy, and education in laboratory animal welfare and food safety.

Day 2 | 11th April 2026 | Hall 4

SESSION IV

Modernizing Homoeopathy: Bridging Traditional Principles and Scientific Innovation in Emerging Health Issues and Drug Resistance

Convenor: Dr. Ritika Hassija Narula, RO(H) /S-2, CCRH

Co-convenor: Dr. Binit Dwivedi, RO(Chem)/S- 4, CCRH

Panelists:

- Prof. Ajoy Kumar Ray, Director, JIS Institute of Advanced Studies & Research, JIS University, Kolkata
- Dr. Ramesh Bhonde, Emeritus Scientist, Dr. D.Y. Patil Vidyapeeth (DPU), Pimpri Pune
- Prof. Rakesh Sharma, Department of Chemistry, University of Delhi (North Campus), Delhi
- Dr. V.N. Azger Dusthacker, Scientist-E and ICMR International fellow, Deptt. of Bacteriology, ICMR-National Institute for Research in Tuberculosis
- Prof. (Dr.) Alok Chandra Bharti Professor and Chair, Molecular Oncology Laboratory, Department of Zoology, University of Delhi (North Campus), Delhi
- Prof. Dhiraj Bhatia, Associate Professor, Department of Biological Sciences & Engineering, IIT, Gandhinagar
- Dr. Chander Shekhar Tiwari, Associate Professor, Deptt. of Metallurgical & Materials Engineering, IIT, Kharagpur
- Dr. Ashwini Chauhan, Associate Professor, Deptt. of Microbiology, University of Delhi, (South Campus), Delhi

Rapporteurs:

Dr. Anamika Kumari Anuja, RA (Biotech), CCRH

Dr. Archana Nagar, SRF(H), CCRH



Modernizing Homoeopathy: Bridging Traditional Principles and Scientific Innovation in Emerging Health Issues and Drug Resistance

This session seeks to explore the integration of foundational homoeopathic philosophy with emerging scientific advancements to address contemporary health challenges, notably antimicrobial resistance (AMR), cancer, and neurodegenerative diseases. It will present insights into the mechanisms of action of homoeopathic medicines derived from preclinical and in vitro investigations, extending to advanced models such as 3D organoid systems. In parallel, the role of Homoeopathy in addressing AMR will be critically examined, particularly its potential to reduce unnecessary antibiotic usage and contribute to sustainable and integrative treatment strategies.

The session will also highlight the need for systematic investigation of homoeopathic medicines prepared from diverse sources, with special emphasis on imponderabilia such as X-ray, electricity, and magnetism, where standardization remains an evolving scientific domain. Emphasis will be placed on employing advanced analytical techniques, including FTIR, spectroscopy, and high-resolution microscopy (AFM, SEM, TEM), to decode structural and physicochemical transformations induced during potentization.

A key focus will be on nanodomain research, examining the presence, characteristics, and functional relevance of nanoparticles, thereby providing a measurable scientific interface to traditional homoeopathic concepts.

Overall, the session will offer a comprehensive perspective on how the integration of nanoscience, molecular analytics, and evidence-based research can enhance the scientific credibility of Homoeopathy and expand its role in addressing pressing global health challenges.

CONVENOR



Dr. Ritika Hassija Narula
RO(H)/S-2, CCRH

CO-CONVENOR



Dr. Binit Dwivedi
RO(Chem)/S-4, CCRH



Prof. Ajoy Kumar Ray

Director, JIS Institute of Advanced Studies & Research, JIS University, Kolkata

Ajoy Kumar Ray is a distinguished academician and recipient of the Padma Shri, currently serving as Director of JIS Institute of Advanced Studies & Research, JIS University. He is a former Professor and Head of the School of Medical Science and Technology at IIT Kharagpur and also served as Director of Indian Institute of Engineering Science and Technology, where he earlier held the position of Vice Chancellor.

Prof. Ray completed his B.E. from Bengal Engineering College, Shibpur, and M.Tech and Ph.D. from IIT Kharagpur, joining the institute as faculty in 1980. Over his career, he has led more than 20 research projects funded by agencies such as Defence Research and Development Organisation and Department of Science and Technology. He has also collaborated internationally, co-inventing multiple U.S. patents with Intel Corporation and Texas Instruments.

With over 160 research publications and five books to his credit, his work spans medical imaging, cancer detection, and biomedical instrumentation. He has also contributed extensively to academic governance and national committees on higher technical education.



Dr. Ramesh Bhonde

Emeritus Scientist, Dr. D.Y. Patil Vidyapeeth (DPU), Pimpri Pune

Dr. Ramesh Bhonde is an Emeritus Scientist and former Director (Research) at Dr. D. Y. Patil Vidyapeeth (DPU), Pune, with over four decades of expertise in pancreatic regeneration, diabetes research, and stem cell biology. He played a pivotal role in establishing the Regenerative Medicine Laboratory at DPU in 2018 and previously served as Professor and Dean at the School of Regenerative Medicine, Bengaluru. He superannuated as Scientist 'F' from the National Centre for Cell Science, Pune, and held leadership roles at Stempeutics Research in India and Malaysia. Dr. Bhonde has published over 300 Scopus-indexed papers, with an h-index of 60, and has mentored 25 Ph.D. scholars. His research spans mesenchymal stem cells, tissue engineering, and innovative in vitro islet generation. Notably, his work exploring stem cells as platforms for evaluating Ayurveda Rasayana and homoeopathic preparations has contributed to evidence-based integrative research. He is a recipient of the Golden Bridge Award and Bharat Gaurav Rashtriya Puraskar.



Prof. Rakesh Sharma

Department of Chemistry, University of Delhi

Prof. Rakesh Kumar Sharma is a Professor in the Department of Chemistry at the University of Delhi, specializing in the synthesis, characterization, and applications of metal, ceramic, polymeric, and magnetic nanoparticles. He completed his B.Sc. from Ramjas College, University of Delhi, followed by an M.Sc. from Jamia Millia Islamia, and earned his M.Phil. and Ph.D. from the University of Delhi. He was also a Raman Postdoctoral Fellow at the Department of Medicine at the University at Buffalo (SUNY), USA. He began his academic career as a DST-funded Junior and Senior Research Fellow and later served as a Lecturer at Ramjas College before joining the University of Delhi in 2007, where he progressed to the position of Professor. His interdisciplinary research spans nanomedicine, smart materials, and biomedical applications. Prof. Sharma has supervised 11 Ph.D. scholars, with several more currently pursuing research under his guidance. He has published over 50 research papers in reputed national and international journals and has delivered numerous invited lectures. He has also organized international conferences on nanomedicine and smart materials, contributing significantly to translational and applied research, including emerging studies on homoeopathic nanomaterials.



Dr. V.N. Azger Dusthacker

*Scientist-E and ICMR International fellow, Deptt. of Bacteriology,
ICMR-National Institute for Research in Tuberculosis*

Dr. V. N. Azger Dusthacker is a Scientist 'E' and ICMR International Fellow at the National Institute for Research in Tuberculosis (ICMR-NIRT), Chennai. He specializes in mycobacteriology, Drug discovery, and mycobacteriophage-based diagnostic and therapeutic interventions. He holds a B.Sc. in Medical Laboratory Technology from JIPMER, an M.Sc. in Clinical Microbiology (Distinction), and a Ph.D. from the University of Madras. His research focuses on novel Drug targets, molecular diagnostics, resuscitation mechanisms of Mycobacterium tuberculosis, and microfluidic technologies for rapid TB detection. He has received prestigious fellowships, including training at Albert Einstein College of Medicine, New York, and an ICMR International Fellowship at Loughborough University, UK. Dr. Dusthacker is the recipient of the Dr. C. Srinivasa Rao Award for excellence in tuberculosis research. With 64 publications, an h-index of 22, and five patents (one granted), he leads multiple ongoing studies as Principal Investigator and Co-investigator, contributing significantly to TB diagnostics and therapeutics.



Prof. (Dr.) Alok Chandra Bharti

Professor and Chair, Molecular Oncology Laboratory, Department of Zoology, University of Delhi (North Campus)

Prof. Bharti is actively engaged in investigating transcriptional regulation of carcinogenesis for last 28 years. Major areas of his research include development of anti-cancer, and anti-HPV therapeutics with an emphasis on Homoeopathy, Circulating tumor cells, single cell genomics, HPV diagnostics, Stem cell biology, Telomerase biology. He is currently involved in development of new and cost-effective diagnostics for the control and management of HPV infection-associated cancers. He also served as advisor to WHO and coordinated WHO's HPV Regional Reference Laboratory for Southeast Asia. Dr. Bharti is a recipient of INSA Medal for Young Scientist (2009) and ICMR's and INSA's International Senior Research Fellowships for Senior Scientists (2012; 2018).



Prof. Dhiraj Bhatia

Associate Professor, Department of Biological Sciences & Engineering, IIT, Gandhinagar

Prof. Dhiraj Bhatia is an Associate Professor in Biological Sciences and Engineering at IIT Gandhinagar and a member of INYAS-INSA. His research focuses on DNA nanotechnology, programmable biomaterials, and translational biomedical applications, with special emphasis on cellular programming, tissue engineering, Drug delivery, and AI-enabled healthcare. He earned his B.Sc. and M.Sc. from the University of Pune and his Ph.D. from TIFR, followed by postdoctoral fellowships at the Curie Institute, Paris, including an HFSP fellowship. Since joining IIT Gandhinagar in 2018, he has advanced from Assistant Professor to Associate Professor and now leads a highly productive research group working on DNA nanocages, hydrogels, biomaterials, and nanomedicine. He has published extensively in leading journals such as Nature Nanotechnology, Nature Communications, and Angewandte Chemie, reflecting major contributions to structural DNA nanotechnology and biomedical innovation. He also serves as Program Director for ANRF-PAIR Gujarat and scientific advisor to Q-Nano-Sol.



Dr. Chander Shekhar Tiwari

Associate Professor, Deptt. of Metallurgical & Materials Engineering, IIT, Kharagpur

Dr. Chander Shekhar Tiwari is an Associate Professor in the Department of Metallurgical and Materials Engineering at the Indian Institute of Technology Kharagpur and a former Research Scientist at Rice University. He completed his B.Tech from National Institute of Technology Durgapur and earned his PhD from Indian Institute of Science Bangalore in 2014. His research focuses on sustainable materials, 2D materials, additive manufacturing, and technologies utilizing agricultural, food, and electronic waste, with applications in energy and healthcare. A highly cited researcher, he has authored over 500 international publications, holds more than 20 patents, and has achieved over 17,000 citations with an h-index of 67, along with three technology transfers. Dr. Tiwari has received several prestigious honors, including the INSA Young Scientist Award, Ramanujan Fellowship, and the MRSI Medal, recognizing his significant contributions to materials science and engineering.



Dr. Ashwini Chauhan

Associate Professor, Deptt. of Microbiology, University of Delhi, South Campus

Dr. Ashwini Chauhan is an Associate Professor of Microbiology at the University of Delhi South Campus with over 25 years of international research experience. He has worked at leading global institutions including Institut Pasteur, University of Texas Health Science Center, and the University of Rochester Medical Center. An expert in biofilm biology and infectious microbiology, his research focuses on microbial virulence, persister cells, and anti-biofilm strategies. His work spans antimicrobial resistance (AMR), bacteriophage therapy, alternatives to antibiotics, vaccines, and biomedical device-associated infections. He is particularly engaged in developing innovative approaches such as antifouling coatings and diagnostics for biofilms, along with studying host-biofilm interactions. Dr. Chauhan has published extensively in high-impact journals such as *Nature Protocols* and *mBio*. His multidisciplinary research integrates microbiology, immunology, and biotechnology, contributing significantly to combating infectious diseases and advancing global health solutions.

Day 2 | 11th April 2026 | Hall 5

SESSION IV

Clinical Leadership of NIH, from Evidence to Impact

Chairperson: Dr. Ompriya Mishra, Professor, Dept of Obstetrics and Gynaecology, NIH

Convenor: Dr. Syed Afsar Ali, Associate Professor, Organon of Medicine, NIH

Speakers:

- Dr. K. K. Rathibha, Assistant Professor, NIH
- Dr. Grace Thokchom, Assistant Professor, NIH
- Dr. Rajib Purkait, Assistant Professor, NIH
- Dr. Vignesh Kumar S, Assistant Professor, NIH

Rapporteur:

Dr. Reshma P, RMO, NIH Narela Hospital section, NIH



Clinical Leadership of NIH, from Evidence to Impact

Prof. (Dr.) Ompriya Mishra is a distinguished academician and administrator currently serving as the Professor and Head of the Department of Obstetrics & Gynecology at the National Institute of Homoeopathy (NIH), Kolkata. With an extensive educational background, Dr. Mishra holds a BHMS from Utkal University and an M.D. in Homoeopathy from the University of Calcutta (NIH). Furthering her commitment to clinical research and academia, she is currently a PhD Scholar at Parul University.

Prof. (Dr.) Ompriya Mishra is a distinguished academician and administrator currently serving as the Professor and Head of the Department of Obstetrics & Gynecology at the National Institute of Homoeopathy (NIH), Kolkata. With over 22 years of teaching experience, she has held pivotal leadership roles, including Director In-charge and Joint Director In-charge of NIH.

An alumna of Utkal University and the University of Calcutta, Dr. Mishra is currently a PhD Scholar at Parul University. Her expertise is widely recognized through her roles as a PG Guide, examiner, and moderator for various prestigious universities, as well as her service on interview boards for the UPPSC and CCRH. A prolific researcher, she has published extensively in peer-reviewed journals and presented at numerous international platforms, reflecting her unwavering commitment to advancing homoeopathic education and evidence-based clinical practice.

CHAIRPERSON



Prof. (Dr.) Ompriya Mishra
*Professor & HOD, Department of
Obstetrics & Gynecology NIH*

CONVENOR



Dr. Syed Afsar Ali
*Associate Professor, Organon
of Medicine, NIH*



Dr. K K. Rathibha

Assistant Professor, Department of Case Taking and Repertory, National Institute of Homoeopathy, Delhi

Dr. K. K. Rathibha, B.H.M.S., M.D. (Hom.), is a homoeopathic physician and academician currently serving as Assistant Professor in the Department of Case Taking and Repertory at the National Institute of Homoeopathy. She completed her M.D. in Homoeopathy (Case Taking and Repertory) from the Government Homoeopathic Medical College, Kozhikode during 2015–2018. Her postgraduate dissertation focused on “A Clinical Study on the Utility of Repertorium Homoeopathicum Syntheticum in the Management of Nasal Polyposis.” She obtained her B.H.M.S. degree from the same institution.

She worked as a PG Medical Officer in the Allergy and Asthma Special Clinic at Government District Homoeo Hospital, Malappuram under the National Ayush Mission from July 2019 to March 2025. She is also a First Division M.A. Psychology graduate from Indira Gandhi National Open University and has received the second prize for scientific paper presentation from the Kerala Government Homoeopathic Medical Officers Association.

ABSTRACT

Background: Bronchial asthma is a chronic inflammatory disorder of the airways characterized by recurrent episodes of wheezing, breathlessness, chest tightness, and cough. It represents a significant global health burden, affecting approximately 300 million individuals worldwide, with projections indicating a substantial increase in prevalence. Despite advances in conventional therapy, many patients continue to experience recurrent symptoms and medication dependence, highlighting the need for complementary approaches.

Objective: To evaluate the effectiveness of individualized homoeopathic treatment in the management of bronchial asthma through a case series.

Materials and Methods: This case series includes 10 patients aged above 20 years. Both male and female patients were included. The duration of follow-up ranged from 6 to 24 months, with periodic assessments conducted every 2 weeks to 1 month. Evaluation was based on clinical symptom scoring according to the National Heart, Lung, and Blood Institute (NHLBI) asthma severity classification, along with spirometry (FEV₁) and laboratory parameters such as absolute eosinophil count. Individualized homoeopathic remedies were prescribed based on totality of symptoms.

Results: All 10 cases demonstrated a marked reduction in symptom severity scores following treatment. Baseline scores ranging from 5 to 12 showed significant improvement, with post-treatment scores reduced to between 1 and 4. Several patients were able to reduce or discontinue conventional medications, including corticosteroids, antihistamines, and inhalers. Improvement was observed not only in respiratory symptoms but also in overall quality of life.

Conclusion: This case series suggests that individualized homoeopathic treatment may serve as a beneficial complementary approach in the management of bronchial asthma, contributing to symptom reduction and decreased dependency on conventional medications. However, given the small sample size, further large-scale, controlled studies are required to validate these findings.



Dr. Grace Thokchom

Assistant Professor, Department of Homoeopathic Psychiatry, National Institute of Homoeopathy, Narela

Dr. Grace Thokchom is an Assistant Professor in the Department of Homoeopathic Psychiatry at the National Institute of Homoeopathy, Narela, Delhi since October 2025. She completed her MD (Homoeopathy) in Psychiatry from Father Muller Homoeopathic Medical College, Mangalore, and her BHMS from Alvas Homoeopathic Medical College, Mangalore. She also received specialized training at NIMHANS, Bangalore, in Child and Adolescent Psychiatry, Addiction Medicine, and Adult Psychiatry.

Dr. Grace Thokchom has achieved multiple subject-wise ranks under RGUHS, and honoured with the Dr. PV Acharya Governor Award for Academic Excellence (2019). She secured 2nd Rank in MD (Hom) Psychiatry in 2025. Her professional work includes patient assessment, diagnosis, and compassionate management of diverse mental health conditions, along with teaching and mentoring students in homoeopathic psychiatry. She has authored five research papers in peer-reviewed journals, reflecting her commitment to advancing evidence-based practice.

From Trauma To Resilience: The Role of Homoeopathy in Managing Post Traumatic Stress Disorder – A Case Report

ABSTRACT

Background: Post Traumatic Stress Disorder (PTSD) arises as a delayed or protracted response to a stressful event or situation of an exceptionally threatening or catastrophic nature, which is likely to cause pervasive distress in almost anyone. Typical symptoms include episodes of repeated reliving of the trauma in intrusive memories or dreams, sense of numbness, emotional blunting, detachment from other people, unresponsiveness to surrounding and autonomic hyperarousal with hypervigilance. The onset follows the trauma with a latency period which may range from a week to months. Homoeopathy treatment helps to alleviate symptoms and improve mental health outcomes.

Purpose: This case explains the importance of knowledge in Organon of Medicine and Homoeopathic Materia Medica for the effective management of Post Traumatic Stress Disorder with Homoeopathy. Hence, this methodology can be applied for the effective management of Post Traumatic Stress Disorder.

Method: A detailed case taking was done and totality of the symptoms was erected and according to the Organon of Medicine and Homoeopathic Materia Medica, Ignatia 1M was prescribed and given as per the demand of the case. The Clinician Administered PTSD Scale (CAPS-5) was applied at the baseline and each subsequent follow ups to assessed the symptoms changes.

Results: With Ignatia 1M the patient got alleviate from her complaints with reduction in the CAPS- 5 score which helped in healing the wound of trauma to resilience.

Conclusion: Homoeopathy has potential benefits in treating psychiatric disorder like PTSD. With proper understanding and application of the principles of Homoeopathy, Post Traumatic Stress Disorders can be managed effectively and help to heal the invisible wounds of trauma.

Key Words: Homoeopathy. Mental health. Post traumatic stress disorder, Ignatia 1M, CAPS-5



Dr. Rajib Purkait

Assistant Professor, Department of Homoeopathic Pharmacy, National Institute of Homoeopathy, Delhi

Dr. Rajib Purkait is a dedicated and dynamic professional with over six years of experience in teaching, research, and clinical practice, focused on advancing innovative and evidence-based approaches in Homoeopathy. He completed his BHMS from Mahesh Bhattacharyya Homoeopathic Medical College & Hospital, Howrah, securing 1st rank in his college and 3rd rank in the West Bengal University of Health Sciences in 2013, for which he was awarded a Gold Medal. He pursued his MD (Homoeopathy) in Homoeopathic Pharmacy from the National Institute of Homoeopathy, Kolkata. He serves as an Ethics Committee Member in a reputed Homoeopathic Medical College in West Bengal. He serves as reviewer and has authored 23 publications in different peer-reviewed indexed journals. His work reflects a strong commitment to evidence-based Homoeopathy, with an academic and research contributions aimed at strengthening its scientific credibility and to foster the global advancement of Homoeopathy.

Homoeopathy in Integrative Management of Reduced Left Ventricular Ejection Fraction: An Evidence-Based Case Report

ABSTRACT

Background: Left ventricular ejection fraction (LVEF) is the central measure of left ventricular systolic function. It is one of the most useful tools to evaluate cardiac diseases. Heart failure with a reduced ejection fraction affects more than 50% of individuals. This subject is inadequately documented in Homoeopathy. This case study intends to create evidence-based documentation and generate the hypothesis that Homoeopathy can treat these potentially fatal illnesses.

Case Summary: A 33-year-old female presented with complaints of palpitation, dyspnoea on least exertion and pain in both upper and lower limbs with associated numbness extending downwards for three months. She had a low pulse rate of 44–46 beats/min. As per echocardiography report, she had severely reduced LVEF (25%). Following the principles of Homoeopathy, *Kalmia latifolia* was prescribed in 50-millesimal potency. The patient was advised to continue her conventional medication schedule. The subjective evaluation was done using Outcome Related to Impact on Daily Living (ORIDL) scale, which improved gradually. Her pulse rate also increased to 74 beats/min with a regular sinus rhythm. Echocardiography reports are presented as objective evidence, where 50% enhancement of LVEF was recorded. Modified Naranjo Criteria for Homoeopathy (MONARCH) established (score +8) the likelihood of improvement between the given intervention and the clinical outcome of the patient.

Conclusion: Here, in addition to conventional medicine, *Kalmia latifolia* in 50-millesimal potency from 0/1 to 0/12 was found to be useful and efficiently managed to show results within six months. Further documentation of this integrated approach is warranted in the future.

Keywords: 50-millesimal potency, Homoeopathy, *Kalmia latifolia*, Left ventricular ejection fraction (LVEF)



Dr. Vignesh Kumar S

Assistant Professor, Department of Paediatrics, National Institute of Homoeopathy, Delhi

Dr. Vignesh Kumar S, serving as Assistant Professor, Department of Paediatrics, National Institute of Homoeopathy, Delhi, under the Ministry of Ayush, Government of India since September 2025. One of the NTET qualified beginner in academic journey, with clinical practice experience of six years. Completed UG from Dr. Hahnemann Homoeopathy Medical College, Rasipuram affiliated by The TN Dr. MGR Medical University, Chennai. Secured university topper in Human Anatomy in 2015. Pursued his Doctorate in Medicine in Paediatrics from National Institute of Homoeopathy, Kolkata in 2022-2025. Worked as Junior Research Fellow Regional Research Institute, Siliguri. He has published various articles in different Peer- reviewed Journals.

Unresolved injectable Drug induced lipoatrophy associated with pediatric vulvovaginitis successfully managed with homoeopathic medicine *Mercurius solubilis*: a case report

ABSTRACT

Introduction: Post injection lipoatrophy a rare, acquired disorder of sub-cutaneous fat, characterized by circumscribed deprivation of sub-cutaneous adipose tissue. Most of cases regress spontaneous, unresolved cases need therapeutical intervention. Prepubertal vaginal discharge in girls occurs often without any underlying disease, it may indicate vulvovaginitis if the discharge is offensive and cause itching.

Case summary: Here a 4-year-old girl suffered from unresolved lipoatrophy in left buttock (1.5 inch*0.4 inch) following injection along with prepubertal vaginal discharge. Advised for grafting by allopathic physician consulted for Homoeopathic treatment. *Mercurius solubilis*, found to be her individualized medicine. Prescribed in 200CH and followed-up. "Outcome related to the impact on Daily living" scale used for assessing the changes in main symptoms and well-being, the score improved to (+4). Objective evidenced of improvement assessed by photograph taken in each visit. For Possible causal attribution between the Outcome and treatment Modified Naranjo Criteria for Homoeopathy was used. MONARCH score (+9) indicated definite casual attribution towards homoeopathic intervention.

Conclusion: Within 4 months of treatment, the lesion completely resolved. This case report corroborates the role of individualized homoeopathic medicine in the treatment of local diseases.

Day 2 | 11th April 2026 | Hall 6

SESSION IV

Regulating Ethics and Conduct in Homoeopathic Practice- Professional Accountability and Patient's Expectations

Convenor: Dr. Sanjay Gupta, Secretary, NCH

Co-Convenor: Dr. Monika Kathuria, Sr. Consultant (Homoeopathy), NCH

Panelists:

- Dr. Tarkeshwar Jain, Chairperson, NCH
- Dr. Anil Kumar Khurana, Former Chairman, NCH
- Dr. Pinakin K Trivedi, Former President, BERH
- Dr. Harcharan Jeet Kaur, President, BERH
- Dr. Mangesh. R. Jatkar, President, BERH
- Dr. Rajat Chattopadhyay, President, HEB
- Dr. (Mrs) Preetha Kizhakkutil, Advisor, Homoeopathy, Ministry of Ayush
- Dr. Hitesh Purohit, Member, NCH
- Dr. Gautam Ash, Member, NCH
- Dr. Pralay Sharma, Director, NIH



Regulating Ethics and Conduct in Homoeopathic Practice- Professional Accountability and Patient's Expectations

This panel discussion is an effort to reaffirm our commitment to ethical excellence and responsible healing!!!! Safeguarding ethics in homoeopathic practice should not merely be viewed as a regulatory obligation, but as an intrinsic responsibility of every practitioner. This interactive session is thoughtfully designed to provide clarity, build confidence and offer practical guidance on these critical aspects of practice. The practitioners will Gain- Clear insights into ethical dilemmas and misconduct-related queries in clinical practice, Guidance on addressing concerns related to patient care, confidentiality, advertising limits and professional boundaries. Since there is plethora of (mid) information available on digital Platform it creates doubts and misconceptions within fraternity about do's and don't of practicing in private sector in ethical and regulated way. Sometimes physicians are unaware of their rights and duties both. This session is an eye opener and may demystify queries about ethical Practice.

Why It Matters – Even for Established Practitioners. This specially curated session goes beyond a traditional lecture—it is an engaging dialogue. Through real-world scenarios and open discussions, participants will gain practical clarity on everyday dilemmas which will safeguard them from getting into any regulatory and legal hassle. The session aims to bridge the gap between theoretical guidelines and real-life challenges faced in clinics, hospitals and community settings. This panel of experts of current and former NCH policy-makers, academicians and administrators are the think tank who will resolve the ambiguity surrounding the topic of ethics and conduct in Homoeopathic practice.

CONVENOR



Dr. Sanjay Gupta
Secretary, NCH

CO-CONVENOR



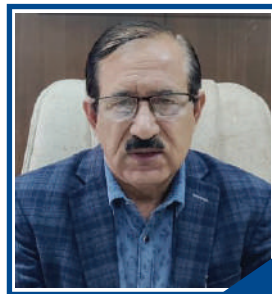
Dr. Monika Kathuria
Sr. Consultant (Homoeopathy), NCH



Dr. Tarkeshwar Jain

Chairperson, NCH

This session emphasises the vital role of The National Register of Homoeopathy (NRH) as a critical pillar for ensuring the credibility, accountability, and professional integrity of homoeopathic practitioners across India. Strengthening NRH is not merely an administrative exercise anymore it is a strategic reform that can transform Homoeopathy into a more transparent, trusted and future-ready healthcare system. A strong NRH will ensure: One Nation – One Register, Uniform standards of registration and practice, Transparency and public trust, Better workforce planning for government and healthcare delivery, Digital verification and prevention of fake practice Ultimately, Aim of Board of Ethics and registration for Homoeopathy is that NRH should become a national professional identity platform for every homoeopathic doctor.



Dr. Anil Khurana

Former Chairman, NCH

An Eminent figure in the field of research in Homoeopathy, during his tenure as Chairman of NCH, he played a pivotal role in guiding key reforms and initiatives aimed at improving the quality of Homoeopathic education, enhancing transparency in regulation and ensuring better governance for the advancement of the Homoeopathic system. His contributions have significantly shaped the regulatory framework and professional outlook of Homoeopathy at the national level.



Dr. Pinakin. N. Trivedi
Former President, BERH

As the President of BERH, Dr. Pinakin Trivedi had been playing an instrumental role in guiding BERH with vision and dedication, encouraging ethical practice, professional integrity and continuous academic growth among Homoeopathic practitioners. Keeping with pace with the NCH regulatory timelines he successfully launched the online portal for the NRH registration in 2023. Dr. Trivedi is admired for his experience, clarity and proactive approach in fostering unity and progress within the profession.



Dr. Harcharanjeet Kaur
President, BERH

As the President of BERH, she is committed to play the role in promoting professional standards, encouraging ethical practice and fostering academic and clinical development within the Homoeopathic fraternity. She is a Ph.D (Homoeopathy), M.D. (Homoeopathy) in Repertory, Former Professor & HOD in the department of Repertory and PG in-charge/ PG coordinator Pt. Jawaharlal Nehru State Homoeopathic Medical College, Kanpur, U.P. and Bakson Homoeopathic Medical College & Hospital, Greater Noida, U.P.



Dr. Mangesh. R. Jatkar

President, MARBH

As Former, Chairperson (I/c) National Commission for Homoeopathy, Former Member Homoeopathy Education Board. Former Principal, Professor and HOD, Department of Materia Medica, Dapoli Homoeopathic Medical College, Former Chairman Clinical. Board of Studies and Academic Council Member, Maharashtra University of Health Science, Nasik. In his current role as President of the Medical Assessment and Rating Board for Homoeopathy (MARBH) he plays a crucial leadership role in ensuring quality, transparency, and standardization in Homoeopathic medical education across India.



Prof. (Dr.) Rajat Chattopadhyay

President, Homoeopathy Education Board

Prof. (Dr.) Rajat Chattopadhyay is a senior academician, administrator, and researcher in Homoeopathy with nearly 30 years of professional experience. He has served as the Principal and Administrator of The Calcutta Homoeopathic Medical College & Hospital, the oldest homoeopathic institution in Asia. He was also the Head of the Department of Practice of Medicine at Mahesh Bhattacharya Homoeopathic Medical College & Hospital under the Government of West Bengal, and Former Officer-in-Charge of Homoeopathy at WBUHS.

An accomplished academic, he has worked as a Head Examiner, Moderator, and Adjudicator at undergraduate, postgraduate, and Ph.D. levels across various universities. He is the author of three books and has numerous publications in peer-reviewed journals. Dr. Chattopadhyay has presented scientific papers at both National and International forums and has served as Principal Investigator for a DST-funded research project. He has also contributed as a Resource Person for the Ministry of Ayush in various academic seminars, reflecting his dedication to advancing Homoeopathic education and research.



Dr. Preetha Kizhakkutil

Advisor, Homoeopathy, Ministry of Ayush

She is a distinguished Homoeopathic physician with over 33 years of clinical and administrative experience. A 2001 UPSC Homoeopathy batch topper, she currently serves as Advisor, Homoeopathy, Ministry of Ayush, Government of India (effective September 2025), drawing on her tenure as Senior Chief Medical Officer (SAG) under the Central Government Health Scheme across Pune and Bengaluru. Her academic credentials include a WHO Fellowship in the Role of Ayush in Non-Communicable Diseases, a Post-Graduate Diploma in Medico-Legal Ethics (National Law School, Bengaluru), and a Post-Graduate Diploma in Health & Hospital Management (IGNOU). She has several seminar presentations and journal publications. As Advisor, she is committed to advancing Homoeopathy through evidence-based policy, stronger education, research, and pharmaceutical standards. Her vision includes integrating AI and digital technologies, expanding Ayush medical tourism, and establishing Institutes of National Importance, Centres of Excellence, and national Drug testing laboratories, positioning Homoeopathy at the heart of India's integrative healthcare future.



Dr. Hitesh G. Purohit

Member, National Commission for Homoeopathy (NCH)

He is a visionary leader in the field of homoeopathic education, with over 30 years of experience blending academics, clinical practice, and institutional growth. Currently, he is the Director of educational services and principal at Smt. Malini Kishore Sanghvi Homoeopathic Medical College in Karjan, Gujarat. Holding a postgraduate degree in Materia Medica and an MBA in Educational Management, Dr. Purohit combines deep knowledge with strong leadership skills. His extensive experience includes 32 years of teaching and 35 years of clinical practice. Beyond his college role, he contributes nationally as a part-time member of the National Commission for Homoeopathy, helping shape policy and educational standards across India. He has played key leadership roles at Shri Govind Guru University, influencing higher education reforms such as NEP 2020, and supports the advancement of homoeopathic and paramedical studies. A dedicated mentor, Dr. Purohit, guides UG, PG, and PhD students and serves as an examiner for several universities. His academic contributions include over 100 presentations worldwide, a notable book on *Carcinosin*, and more than 10 research articles.



Dr. Gautam Ash

Member, National Commission for Homoeopathy (NCH)

Prof. (Dr.) Gautam Ash is a senior homoeopathic academician and administrator with extensive experience in teaching, clinical practice, and institutional leadership. He has served as Professor (SAG) & Head, Department of Anatomy, National Institute of Homoeopathy (NIH), Kolkata, and has held key academic roles across leading institutions in India.

He has contributed to postgraduate education, curriculum development, and examination systems, and has actively participated as a speaker and expert in numerous national and international seminars and CMEs.



Dr. Pralay Sharma

Director, National Institute of Homoeopathy (NIH), Kolkata

Dr. Pralay Sharma is a distinguished homeopathic physician and the current Director of the National Institute of Homoeopathy (NIH), Kolkata. With nearly 30 years of experience, he has transitioned from a Medical Officer in 1997 to leading the

His vision is to establish the institute as a global leader through digital transformation and expanded clinical research.

Day 2 | 11th April 2026 | Hall 1

SESSION V

**Strengthening Pharmacovigilance in Homoeopathy:
Ensuring Patient Safety and Public Health Impact**

Convenor: Dr. Suniti Chugh RO(H)/S-3, CCRH

Co-convenor: Dr. Shweta Gautam, RO / (H) S-1, CCRH

Panelists:

- Dr. Anil Khurana, Former Chairperson, NCH, Former DG, CCRH
- Dr. Jai Prakash, Senior Principal Scientific Officer at Indian Pharmacopoeia Commission, Ghaziabad
- Dr. Anoop Kumar, Assistant Professor, Department of Pharmacology, DIPSAR DPSRU Govt of NCT of Delhi
- Dr. Ashutosh Bhardwaj, Registrar, State Council of Homoeopathic system of medicine, Himachal Pradesh

Rapporteurs:

Dr. Sweksha Yadav, SRF(H), CCRH

Dr. Silpa K., SRF(H), CCRH



Strengthening Pharmacovigilance in Homoeopathy: Ensuring Patient Safety and Public Health Impact

Pharmacovigilance is a critical component of any healthcare system, ensuring the safe, effective, and rational use of medicines. In the context of Homoeopathy which is widely practiced and increasingly integrated into public health systems, the need to strengthen pharmacovigilance assumes particular importance. This session seeks to emphasize the systematic monitoring, reporting, and evaluation of adverse events associated with homoeopathic medicines, thereby enhancing patient safety and fostering public trust. The session will examine existing frameworks, key challenges, and emerging opportunities in homoeopathic pharmacovigilance. Issues such as underreporting, limited awareness among practitioners, and gaps in standardized reporting mechanisms will be discussed. Special emphasis will be placed on capacity building, stakeholder sensitization, and the integration of pharmacovigilance practices into routine clinical care and research activities. Discussions will also highlight the pivotal role of institutions, regulatory authorities, and healthcare professionals in developing a responsive and robust pharmacovigilance ecosystem. Strengthening collaboration and encouraging proactive reporting practices will be central to these deliberations. By promoting a culture of vigilance, transparency, and accountability, this session aims to enhance the safety profile of homoeopathic medicines and reinforce their credibility within the broader healthcare landscape. The session is expected to generate actionable insights and strategic directions for advancing pharmacovigilance practices in the Homoeopathy sector.

CONVENOR

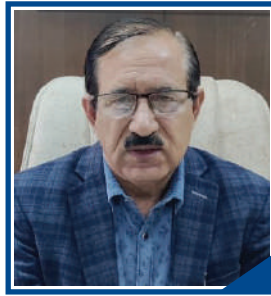


Dr. Suniti Chugh
RO(H)/S-3, CCRH

CO-CONVENOR



Dr. Shweta Gautam
RO(H)/S-1, CCRH



Dr. Anil Khurana

Former Chairman, National Commission for Homoeopathy, Ministry of Ayush, Government of India and Former Director General, Central Council for Research in Homoeopathy

Dr. Anil Khurana, M.D. (Homoeopathy), is a distinguished expert in homoeopathic research and administration. He served as Chairman of the National Commission for Homoeopathy (NCH), the apex regulatory body for education, practice, and research, and as Director General of the Central Council for Research in Homoeopathy (CCRH), India's premier research organization in the field. Beginning his career as a Research Assistant in 1987, he has over 34 years of experience in CCRH. Dr. Khurana has undertaken Post-Doctoral Fellowship in HIV-AIDS from University of California, Los Angeles, US in 2002. In 2011 he was a recipient of WHO Fellowship on HIV/AIDS and Home Care. He has also acquired qualification of Bioethicist from ICMR-IGNOU (joint course). He has authored over 120 research papers and contributed to more than 50 CCRH publications. Under his leadership, CCRH conducted extensive COVID-19 research. He has received multiple honors, including Lifetime Achievement Awards, recognizing his significant contributions to Homoeopathy and was also awarded for his significant service in Alternative Systems of Medicine by Organizing Committee of International Conference on Multidisciplinary Healthcare AIIMS -2014.



Dr. Jai Prakash

Senior Principal Scientific Officer, Indian Pharmacopoeia Commission, Ghaziabad

Dr. Jai Prakash is currently serving as a Senior Principal Scientific Officer and Officer-in-Charge of the Pharmacovigilance Programme of India (PvPI) at the Indian Pharmacopoeia Commission, Ministry of Health and Family Welfare, Ghaziabad. With approximately 25 years of experience, he has contributed extensively to teaching, research, pharmacopoeial and formulary science, and pharmacovigilance. He has guided numerous postgraduate students, reflecting his strong academic involvement.

Dr. Prakash has received several prestigious awards, including a Certificate of Merit in M. Pharm, the Servier Young Investigators' Award presented at the International Congress on Frontiers in Pharmacology and Therapeutics (1999), and the Ms Geeta Mittal Medal at AIIMS, New Delhi, for excellence in oncology research. He is a life member of the Indian Pharmacological Society and holds key roles in regulatory and expert committees, including NPPA, DTAB Sub-Committee, and CDSCO. His scholarly contributions include over 40 research papers and 16 book chapters.



Dr. Ashutosh Bhardwaj

Registrar, State Council of Homoeopathic system of medicine, Himachal Pradesh

Dr. Ashutosh Bhardwaj is a senior Homoeopathic physician, public health administrator, and regulatory expert with 28 years of experience in the Department of Ayush, Government of Himachal Pradesh. He currently serves as Senior Homoeopathic Medical Officer, Drug Inspector (Homoeo), and Registrar of the State Council for Homoeopathic System of Medicine, overseeing practitioner registration, ethics, institutional governance, and Drug regulation.

A graduate of Nehru Homoeopathic Medical College, Delhi, he also holds a PG Diploma in Medical Law and Ethics from the National Law School University of India, Bengaluru. He has contributed significantly to strengthening regulatory systems, implementing the Ayushman Bharat Digital Mission, and ensuring Drug quality compliance.

Dr. Bhardwaj is associated with CCRH's Regional Research Institute, Shimla, serving on key scientific and ethics committees. He has also contributed to national policy, education, and regulatory frameworks, including the 2022 Homoeopathy regulations, advancing integration of Homoeopathy in public healthcare.



Dr. Anoop Kumar

Assistant Professor, Department of Pharmacology, DIPsAR DPSRU, Govt. of NCT of Delhi

Dr. Anoop Kumar is an Assistant Professor in the Department of Pharmacology at Delhi Institute of Pharmaceutical Education and Research (DIPSAR), under Delhi Pharmaceutical Sciences & Research University (DPSRU), Govt. of NCT of Delhi. He has been recognized among the top 2% of scientists globally (Stanford list). Previously, he served at NIPER Raebareli and ISF College of Pharmacy, Moga, Punjab and worked as a Research Scientist at Sun Pharma and THSTI, Faridabad. He is a recipient of prestigious fellowships including GATE, UGC-BSR, and DST INSPIRE.

Dr. Kumar has published over 120 research/review articles, 30 book chapters, and 5 books, and serves on editorial boards of international journals. He has held key administrative roles, including Member Secretary of IAEC and currently of a CDSCO-approved Human Ethics Committee, and Treasurer of ISPOR India Chapter. His research focuses on Drug repurposing, meta-analysis, network pharmacology, pharmacoeconomics, pharmacovigilance signal analysis, and animal experimental studies.

Day 2 | 11th April 2026 | Hall 2 & 3

SESSION V

Homoeopathy in One Health Framework

Convenor: Dr. Suhana P. Azis, RO(H)/S-2, CCRH

Co-convenor: Dr. Harpreet Kaur, RO(H)/S-1, CCRH

Panelists:

- Dr. Sangeeta Duggal, CMO (SAG), CGHS, Government of India
- Dr. Sreekanth Gopinathan Pillai, Associate Professor, MAHE-MIV, Manipal
- Dr. Sreevals Gopinath Menon, Managing Trustee, Global Homoeopathy Foundation (GHF)
- Dr. Chithra K S, Medical Officer, Department of Homoeopathy, Government of Kerala
- Dr. Deepak Rathore, Research Scientist, DBT-THSTI

Rapporteurs:

Dr. Meenu Gupta, SRF (H), CCRH

Dr. Sunaina Shankar, SRF(H), CCRH



Homoeopathy in One Health Framework

This session will explore the relevance and scope of Homoeopathy within the One Health framework, an integrated approach endorsed by the World Health Organization that recognizes the close interconnection between human, animal, and environmental health. The discussion aims to highlight how Homoeopathy, as a holistic and individualized system of medicine, can contribute to sustainable and integrative healthcare solutions.

The session will explore the application of Homoeopathy in promoting health, preventing disease, and supporting recovery in human populations. It will highlight its potential as a complementary approach that may help reduce reliance on conventional pharmacological treatments in certain conditions.

Discussions will focus on how Homoeopathy can contribute to overall well-being by supporting the body's natural healing processes, enhancing immunity, and encouraging a more balanced and integrative approach to healthcare.

The session will also showcase ongoing research, policy initiatives, and institutional efforts led by organizations such as the Ministry of Ayush and the Central Council for Research in Homoeopathy. By fostering interdisciplinary dialogue and evidence-based perspectives, the session seeks to identify pathways for integrating Homoeopathy into the One Health framework, contributing to sustainable healthcare systems.

CONVENOR



Dr. Suhana P. Azis
RO(H)/S-2, CCRH

CO-CONVENOR



Dr. Harpreet Kaur
RO(H)/S-1, CCRH



Dr. Sangeeta Duggal

CMO (SAG), CGHS, Government of India

Dr. Sangeeta A. Duggal is a distinguished homoeopathic physician and public health administrator with over 37 years of experience. She currently serves as Senior Chief Medical Officer (SAG) in the Central Government Health Scheme (CGHS), where she has played a key role in strengthening Homoeopathy within India's healthcare system. Over the years, she has held several important positions, including Advisor (Homoeopathy) in the Ministry of Ayush, and has contributed to major regulatory and advisory bodies such as the National Commission for Homoeopathy.

An alumna of Nehru Homoeopathic Medical College, she completed her MD in Repertory from Bakson Homoeopathic Medical College. She began her career in research at the Regional Research Institute and later served in NDMC before rising through CGHS to leadership roles, including Joint Director (Ayush). Known for her clinical expertise and administrative acumen, she has significantly contributed to policy implementation, medical education, and public health initiatives in Homoeopathy across India.



Dr. Sreekanth Gopinathan Pillai

Associate Professor, MAHE-MIV, Manipal

Dr. Sreekanth Gopinathan Pillai is currently serving as Associate Professor at the Manipal Institute of Virology (MIV), Manipal Academy of Higher Education, India. He obtained his PhD in Biochemistry (Medical Molecular Virology) from Mahidol University, Thailand. With over 15 years of experience in translational virology and immunology, his research focuses on understanding viral immunopathogenesis and developing evidence-based therapeutic strategies for infectious diseases. He has authored more than 25 research publications in reputed international journals, including *Nature Medicine*, *Frontiers in Cellular and Infection Microbiology*, and *Antiviral Research*. He currently serves as Associate Editor for *Frontiers in Cellular and Infection Microbiology* and *Frontiers in Virology*, and as Review Editor for *Frontiers in Immunology*. Dr. Sreekanth has been actively involved in interdisciplinary research integrating modern virology with traditional systems of medicine, including Homoeopathy. He has led and contributed to clinical studies evaluating homoeopathic interventions such as *Arsenicum album* in the management of COVID-19. He is also a member of the Institutional Ethics Committee and Co-chair of the Scientific Advisory Board under the Department of Homoeopathy, Government of Kerala. His current research focuses on emerging and re-emerging viral infections, including dengue, Kyasanur Forest Disease, Nipah, Epstein-Barr virus, and Rabies, with an emphasis on integrative and translational approaches. His work aims to bridge modern biomedical science with traditional therapeutic systems to develop holistic strategies for managing viral diseases of public health importance.



Dr. Sreevals Menon

Managing Trustee, Global Homoeopathy Foundation (GHF)

Dr. Sreevals Gopinath Menon, MD, is Founder & Managing Trustee of the Global Homoeopathy Foundation (GHF), an international NGO advancing Homoeopathy. He is an international faculty and speaker in lifestyle medicine, allergy, and research methodology in Homoeopathy. He previously served on the Scientific Advisory Committee of the Central Council for Research in Homoeopathy (HRID) and as Principal Assessor and at Technical Committee on NABH. He is Founder & Chief Consultant of RM Homoeopathy and AIHMS Homoeopathy, leading multi-specialty homoeopathic healthcare chains. He has advised the Ministry of Indigenous Medicine, Sri Lanka, and served as Chief Faculty at Hahnemann Institute, Sri Lanka. Dr. Menon has led global GHF delegations and represented the Indian Homoeopathy sector in C20 (G20), contributing policy submissions. He actively collaborates with SAARC, ASEAN, BRICS, and WHO-linked stakeholders to advance regulation, integration, and international recognition of Homoeopathy.



Dr. Chithra K S

Medical Officer, Department of Homoeopathy, Government of Kerala

Dr. Chithra K S is a qualified medical professional serving as a Medical Officer (Homoeopathy) in the Department of Homoeopathy, Government of Kerala. She holds a BHMS degree, an MD in Homoeopathic Materia Medica, and an MSc in Counseling and Family Therapy. With her experience in clinical practice since 2017, she contributes actively to public healthcare. She is involved in research through the HEART project of the Government of Kerala and plays a significant role in the Institutional Ethics Committee of the Department of Homoeopathy as Member Secretary. She is trained in GCP, ICMR guidelines, and NDCT rules, and she is committed to ethical research, quality patient care, and the advancement of Homoeopathy.



Dr. Deepak Rathore

Research Scientist, DBT-THSTI

Dr. Deepak Kumar Rathore currently working as Senior Research Scientist at the Centre for Immunobiology & Immunotherapy and Immunology Core Laboratory, BRIC–Translational Health Science and Technology Institute (THSTI), Faridabad, India. He completed his PhD in Biochemistry from Jiwaji University Gwalior and pursued postdoctoral research at the National Institute of Immunology. With over 15 years of experience in human immunology, he has developed strong expertise in advanced flow cytometry and immunological research. Dr. Rathore has published more than 25 research articles in reputed international journals, including Science Advances, The Lancet Infectious Diseases, Frontiers in Immunology, PLoS ONE etc. He has been serving as Treasurer of the Indian Immunology Society and has actively contributed to organizing national and international conferences, workshops and training programs in immunology. Dr. Rathore also worked on Immunological responses of *Arsenicum album* 30C to combat COVID-19: A double-blind, randomized, placebo controlled-clinical trial. His current research is focused on the Indo-European Consortium for Next Generation Influenza Vaccine Innovation (INCENTIVE), aiming to develop a universal influenza vaccine through advanced analysis of preclinical and clinical trial samples.

Day 2 | 11th April 2026 | Hall 4

SESSION V

**Homoeopathy Within The Global Traditional Medicine
Strategy: Opportunities & Challenges**

Convenor: Dr. Deepti Singh, RO(H)/S-2, CCRH

Co-convenor: Dr. Shashi Giri, RO(H)/S-1, CCRH

Panelists:

- Ms. Monalisa Dash, Joint Secy- IC, Ministry of Ayush
- Dr. Pradeep Kumar Dua, Technical Officer, Traditional Medicine Norms, Standards, and Integration (TSI) Unit, WHO Global Traditional Medicine Centre (TMC), Health Systems, Access, and Data (HSD) Division, WHO
- Dr. Raj K. Manchanda, Chairperson, Homoeopathic Sectional Committee at the Bureau of Indian Standards
- Dr. Pawan Kumar, Technical Officer, Traditional Medicine in the Department of UHC/ Health Systems and Life Course, WHO Regional Office for South-East Asia

Rapporteurs:

Dr. Deepika Kumari, SRF(H), CCRH

Dr. Stuti Rastogi, SRF(H), CCRH



Homoeopathy Within The Global Traditional Medicine Strategy: Opportunities & Challenges

In India, Homoeopathy under the aegis of the Ministry of Ayush has a longstanding expertise and an established institutional framework. Owing to these strengths, India occupies a very strategic position to potentially lead global discussions on implementing the Traditional Medicine strategy in Homoeopathy.

The Traditional Medicine Strategy 2025-2034 articulates guiding principles and four objectives: strengthen evidence, ensure safety and regulation, integrate TCIM into health systems, and optimise its cross-sectoral value. The proposed session aims to highlight opportunities to advance Homoeopathy within the framework of the Global Traditional Medicine Strategy, while critically examining key challenges in evidence generation, regulation, integration, and innovation.

The invited experts will share their respective perspectives on the coordinated actions required from the Member States, stakeholders, Ministry and the WHO to achieve the strategy's vision and goal with respect to Homoeopathy. The session will further facilitate deliberations on developing a strategic roadmap to strengthen the evidence base in Homoeopathy and explore the application of digital technologies and health innovations to enhance research capacity, service delivery, and health outcomes.

CONVENOR

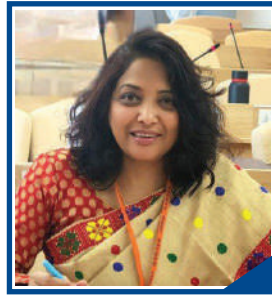


Dr. Deepti Singh
RO(H)/S-2, CCRH

CO-CONVENOR



Dr. Shashi Giri
RO(H)/S-1, CCRH



Ms. Monalisa Dash

Joint Secy- IC, Ministry of Ayush

Ms. Monalisa Dash is an Indian Forest Service (IFoS) officer from the Sikkim cadre, heads the International Cooperation (IC) division of Ministry of Ayush, Government of India as Joint Secretary, facilitating health partnerships with countries like the United States and Germany and represents India at major forums, such as the WHO Global Summit on Traditional Medicine. She has built a two-decade career that bridges environmental conservation with high-level administrative leadership. Her work focuses on building an evidence-based future for traditional medicine through scientific innovation, global policy alignment, and the digital transformation of ancient knowledge. Ms. Dash has held several high-impact positions across the Government of India. She previously served as Joint Secretary in the Ministry of Development of North Eastern Region (MoDNER) and as a Director in the Ministry of Home Affairs (MHA). In July 2025, she achieved a historic milestone by being elected as the Secretary General of the first-ever all-women National Executive Body of the IFS Association.



Dr. Pradeep Kumar Dua

Technical Officer, Traditional Medicine Norms, Standards, and Integration (TSI) Unit, WHO Global Traditional Medicine Centre (TMC), Health Systems, Access, and Data (HSD) Division, WHO

Dr. Pradeep Dua is the Technical Officer, Traditional Medicine Norms, Standards, and Systems Integration (TSI) Unit, Global Traditional Medicine Centre (GTMC), Health Systems, Access, Data (HSD) Division, World Health Organization (WHO). Prior to joining WHO, he served as Joint Director at the Bureau of Indian Standards in New Delhi, where he contributed significantly to standards development and regulatory frameworks. Dr. Dua has represented the Government of India in numerous bilateral and multilateral meetings across countries, including Thailand, Russia, Switzerland, Singapore, Uzbekistan, Nepal, Sweden, and South Korea. He has also actively participated in prominent international forums, including BIMSTEC and BRICS. An accomplished academic, Dr. Dua has authored a chapter in an ICMR publication on Bioethics and has several research papers published in peer-reviewed, indexed journals.



Dr. Raj K. Manchanda

Chairperson, Homoeopathic Sectional Committee, Bureau of Indian Standards

Dr. Raj K. Manchanda is the Chairperson of the Homoeopathic Sectional Committee at the Bureau of Indian Standards and serves as Secretary for Information & Communication at the Liga Medicorum Homoeopathica Internationalis (LMHI), Germany, a not-for-profit organization established in 1925. He brings over four decades of distinguished experience as a clinician, researcher, teacher, and administrator, with significant contributions to policy development and public health administration. Dr. Manchanda is the former Director General of the Central Council for Research in Homoeopathy and has also served as Director, Department of Ayush, Government of Delhi. He has actively participated in interdisciplinary discussions on policy matters related to the WHO Traditional Medicine Strategy at various national and international platforms.



Dr. Pawan Kumar

*Technical Officer, Traditional Medicine, Department of UHC/Health Systems and Life Course,
WHO Regional Office for South-East Asia (SEARO)*

Dr. Pawan Kumar is the Technical Officer for Traditional Medicine in the Department of UHC/Health Systems and Life Course at the WHO Regional Office for South-East Asia (SEARO), bringing over 24 years of research experience in the field. He has completed a WHO Diploma course in STD/AIDS from Bangrak Hospital, Bangkok, Thailand. He has also served as Chairman of the Advisory Committee for policy against COVID-19 at the National Institute of Ayurveda.

As an expert member representing the Government of India, he has been part of multiple delegations to South Africa. He has presented numerous papers at national and international conferences and has several publications in reputed journals. His contributions have been recognized through several prestigious awards, including the Madava Ratna Award by the International Academy of Ayurveda in 2012, the "Purushottam Shastri Nanal-Charaka" Award by the Khadivale Vaidya Research Foundation, Pune in 2013, the Bhishak Bhushan Award at Ayurveda Parva, Ayurveda Mahasammelan, Nagpur, and the Ayush Award of CCRAS in 2017.

Day 2 | 11th April 2026 | Hall 5

SESSION V

NIH Translational Research Show Case

Chairpersons: Dr. Pralay Sharma, Director, NIH
Prof. (Dr.) Avijit Shee Burman, Professor & HoD of Dept., Forensic
Medicine & Toxicology, NIH

Convenor: Dr. Jitendra Kumar, Associate Professor, Dept. of Case Taking &
Repertory, NIH

Speakers:

- Dr. Raja Manoharan, Professor, Dept. of Homoeopathic Pharmacy, NIH
- Dr. Kumaravel V, Professor and Head of Pathology and Microbiology, NIH
- Dr. Swapan Paul, Associate Professor, Homeopathic Materia Medica, NIH
- Dr. Laxmi Mahto, Assistant Professor, Dept. of Pathology & Microbiology, NIH

Rapporteurs:

Dr. K. K. Rathibha, Assistant Professor, Case Taking and Repertory, NIH



NIH Translational Research Show Case

Dr. Pralay Sharma is a distinguished homoeopathic physician and the current Director of the National Institute of Homoeopathy (NIH), Kolkata. With nearly 30 years of experience, he has transitioned from a Medical Officer in 1997 to leading the His vision is to establish the institute as a global leader through digital transformation and expanded clinical research.

Prof.(Dr.) Avijit Shee Burman is the Professor & HoD of Dept.of Forensic Medicine & Toxicology at National Institute of Homoeopathy, Kolkata, with 29 years' of teaching experience. He had been acting as Examiner, Paper setter, Moderator, Scrutinizer, Validator and Head Examiner in FMT under The West Bengal University of Health Sciences.

He is also a PG Examiner-cum-Guide for Post Graduate students in the subject of Case Taking & Repertory. He is also acting as Paper Setter and Moderator in different All India recruitment examinations as also as an External Examiner of different Universities across the country.

He is serving as the Chief Vigilance Officer of NIH since more than 4 years and had shouldered administrative responsibilities like Joint Director, CPIO also.

He had remained as Resource Person in various seminars and webinars including WHD programmes in 2024 & 2025. He has number of scientific publications too including in PubMed.

CHAIRPERSONS



Dr. Pralay Sharma
Director, NIH



Prof. (Dr.) Avijit Shee Burman
*Professor & HoD of Dept. of Forensic
Medicine & Toxicology, NIH*

CONVENOR



Dr. Jitendra Kumar
*Associate Professor,
Department of Case Taking &
Repertory, NIH*



Dr. Raja Manoharan

Professor, Dept. of Homoeopathic Pharmacy, National Institute of Homoeopathy, Kolkata

Dr. Raja Manoharan, Professor, Dept. of Homoeopathic Pharmacy, National Institute of Homoeopathy (NIH), Kolkata, completed his undergraduate and postgraduate in Vinayaka Mission's Homoeopathic Medical College & Hospital, Tamil Nadu. He consistently upholds excellence in both academic and clinical domains while providing exemplary administrative leadership. He has 22 years of professional experience and 16 years of teaching experience, and has presented many papers in national seminars and published more than 20 articles in national and peer-reviewed journals. He has conducted 04 (Four) Covid-19 projects as a Principal Investigator and Co-investigator. Currently conducting 03 Collaborative research project as a Co-investigator.

As a part of administrative leadership, Dr. Manoharan is acting as the Herbal Garden in Charge and Ayush grid Nodal officer at NIH, Kolkata. He is one of the members of the Homoeopathy section Committee in Bureau of Indian Standards. He has conducted 04 (Four) Covid-19 projects as a Principal Investigator and Co-investigator. Currently conducting 03 research project as a Co-investigator. Presently, he is pursuing a PhD (Homoeopathy) in Homoeopathy at West Bengal University of Health Sciences, to further enhance his research and academic domain.

Anticancer activity of Homoeopathic preparation of *Sanguinaria canadensis* on human colorectal cancer cell-an in vitro study.

ABSTRACT

Background: Colorectal cancer (CRC), which affects the colon and rectum, is one of the most common malignancies Worldwide. Homoeopathy complements painful, costly CRC treatments like chemotherapy surgery, and radiation to improve survivors' quality of life. The objective of the study was to characterize the *Sanguinaria canadensis* mother tincture via LC-MS analysis and evaluate cytotoxicity mechanisms of *Sanguinaria canadensis* mother tincture (SC MT), SC 6C, and SC 30C potencies on HT-29 CRC cells.

Methods: HT-29 cells were obtained from the National Centre for Cell Science (NCCS) in Pune. *Sanguinaria canadensis* mother tincture, along with its 6C and 30C potencies, were sourced from a GMP-certified company. The cells were sub-cultured in DMEM every 48 hours, and a cell scraper was used to detach them for experiments. After incubating the cells for 24 to 72 hours under controlled conditions, cell lysate was prepared according to the protocol. The in-vitro study aimed to evaluate the efficacy of homoeopathic interventions using pre-defined parameters, including the cell viability assay (MTT assay), Phospho P53, Caspase 7, BCL-XL, Cyclin D1, SOD assay, Annexin V FITC and PI assay, and apoptotic cell count.

Result: Detailed LC-MS analysis revealed a rich phytochemical profile dominated by alkaloids such as Sanguinarine and Berberine, known for their antimicrobial, anti-inflammatory, and cytotoxic effects. The biological activity of the mother tincture and its dilutions were assessed through various assays, showing that the mother tincture exhibited cytotoxic effects in a concentration dependent manner. In contrast, the SC 6C dilution significantly reducing cell viability through mechanisms involving reactive oxygen species (ROS). The SC 30C dilution showed no significant biological impact.

Conclusion: This study showed significant anti-cancer effects of homoeopathic preparation of *Sanguinaria canadensis* on the colorectal carcinoma cell line.

Keywords: *Sanguinaria canadensis*, Colorectal carcinoma, anti-cancer property, in-vitro study, Homoeopathy.



Dr. Kumaravel V

Professor and Head of Pathology and Microbiology, National Institute of Homoeopathy, Kolkata

Dr. Kumaravel V, Professor and Head of Pathology and Microbiology at the National Institute of Homoeopathy, Kolkata, holds an MD in Homoeopathy (Materia Medica) and an MSc in Microbiology. With over 23 years of experience, he has served as Lecturer, Reader, and Associate Professor. His expertise includes pathology, microbiology, and homoeopathic Drug research. His research interests are anti-inflammatory, anti-microbial activity, phytochemical analysis, and in vitro, cell line and in silico studies of homoeopathic medicines. His project on “Understanding the mechanistic pathways of Homoeopathy medicine Cinchona (3C, 6C & 12C) through in vitro study for their potential application as anti-viral Drug to fight against COVID-19” was accepted by the Ministry of Ayush during COVID-19. He authored over 25 papers in esteemed journals. Dr. Kumaravel is a NABH Assessor and held key roles at NIH, including AO cum DDO, Educational Officer, and Acting President, Student Council. He is active in national academic and research initiatives.

Evidence bas on Homoeopathy medicines through preclinical evaluation

ABSTRACT

The preclinical evaluation of homoeopathic medicines involves assessing their safety, efficacy, and biological activity through controlled laboratory studies prior to clinical trials. This evaluation typically encompasses in vitro assays, animal models, and toxicological testing to determine pharmacological effects, mechanisms of action, and therapeutic potential. Key objectives include demonstrating biological activity despite high dilution, ensuring safety and non-toxicity, elucidating underlying mechanisms, and providing data to guide clinical research design. Rigorous preclinical evidence is essential to support the scientific basis and clinical application of homoeopathic treatments. Overall, preclinical evaluation provides foundational evidence supporting the rationale for homoeopathic treatment, although challenges remain in standardizing methodologies and interpreting results due to the unique principles of Homoeopathy. Rigorous, reproducible preclinical data are essential to advance Homoeopathy within evidence-based medicine frameworks. Hence, scientific validation supports the symptomatology of homoeopathic medicines and integrating preclinical and clinical research studies reveals the complete story behind disease, paving the way for truly transformative healthcare.



Dr. Swapan Paul

Associate Professor, Dept. of Homoeopathic Materia Medica, National Institute of Homoeopathy, Kolkata

Dr. Swapan Paul is a distinguished Associate Professor in the Department of Homoeopathic Materia Medica at the National Institute of Homoeopathy (NIH), Kolkata, and an alumnus of the University of Calcutta. With 25 years of professional and 18 years of teaching experience, he has built a career marked by clinical excellence and administrative leadership. Currently a PhD scholar at Parul University, his background includes service as a Government Medical Officer in West Bengal and as a faculty member at JNHMCH, Vadodara.

As the Academic In-Charge (PG) at NIH, Dr. Paul expertly coordinates educational policies, seminars, and CMEs. His national leadership is evidenced by his role coordinating Pharmacovigilance for the Ministry of Ayush and his membership on the Special Committee for Literary Research (CCRH) and the NCH PG Syllabus Committee. An Assistant Editor for the Journal of Homoeopathy, he is a prolific researcher and mentor who has received the Allen's Homoeo Excellence National Award (2018) and the LMHI Outstanding Poster Award (2021).

Homoeopathy from Bench-side to Bedside- A Translational Research in Dyslipidaemia

ABSTRACT

Introduction: Preclinical research investigates the potential therapeutic effects of a homoeopathic medicine, often in in-vitro and animal models, to find evidence for its effectiveness in a specific clinical condition. Preclinical studies in Homoeopathy also helps to establish a safety and pharmacological profile before human trials, providing an evidence base for how a medicine might work. The study on in-vitro (cell-based) and in-vivo (animal) models are required to assess a Drug's safety, effectiveness, and mechanism of action. Preclinical studies generate scientific, evidence-based data on the pharmacological effects of various dilutions and mother tinctures. This helps to move beyond clinical observations and provides a scientific footing for homoeopathic practices. Through modern molecular techniques and rigorous experimentation in living systems (animal models, cell lines, etc.), researchers can trace out and understand the possible mechanism of action of highly diluted homoeopathic medicines. This study will establish bridging between preclinical and clinical studies through evidences from homoeopathic Materia Medica and research work available in some database.

Experiment: An in-vitro evaluation was done with *Guatteria gaumeri* in mother tincture and in 30c potency to know its effectiveness on intracellular lipid content and LDL levels in human HepG2 cells and to know its comparative effectiveness in altering serum LDL levels in patients of dyslipidemia through randomised controlled trial.

Conclusion: Bench to bedside in homoeopathic research emphasizes integrating basic laboratory findings with clinical practice. Moving from experimental evidence to bedside application and back again strengthens the evidence base of Homoeopathy, refines Repertorial and Materia Medica knowledge, and demonstrates safe, reproducible benefits for patients within a rigorous scientific and ethical framework. Through this experiment an alteration in LDL level was observed in both preclinical and clinical stages and a causal relationship was established between the homoeopathic intervention (*Guatteria* mother tincture and 30C) and clinical outcome using MONARCH criteria.



Dr. Laxmi Mahto

Assistant Professor, Department of Pathology and Microbiology, National Institute of Homoeopathy, Kolkata

Dr. Laxmi Mahto is an Assistant Professor in the Department of Pathology and Microbiology at the National Institute of Homoeopathy, Kolkata. She holds a BHMS and MD (Homoeopathy) with specialization in Practice of Medicine. With a strong academic and research orientation, she has experience in teaching, clinical practice, and regulatory consultancy. She has served as Consultant and Senior Technical Consultant (Homoeopathy) at the National Commission for Homoeopathy and as Assistant Professor in Forensic Medicine and Toxicology at SHMC, Solan. Her research focuses on evidence-based evaluation of homoeopathic medicines and integrative approaches in healthcare. She is committed to advancing scientific validation of Homoeopathy through preclinical and interdisciplinary research.

Antimicrobial resistance: Need for integrative approaches including Homoeopathy

ABSTRACT

Introduction: Antimicrobial resistance (AMR) poses a significant global health threat, undermining the efficacy of conventional antibiotics and leading to increased morbidity, mortality, and health care costs. According to the WHO, AMR is one of the top 10 global health threats. Without effective antimicrobials, the patient may succumb to life-threatening complications from minor infections, major health problems such as maternal and neonatal mortality may also increase, and even surgical procedures may become riskier. The critical need for alternative therapeutic strategies is underscored by antimicrobial resistance (AMR) arising from various bacteria, viruses, fungi, and parasites, with particular emphasis on fungi. The emergence of antifungal-resistant strains of *Candida albicans* further highlights this need.

Objective: This study aimed to examine the antifungal activity of homoeopathic medicines against *Candida albicans* using microdilution assays, biofilm inhibition, and trypan blue exclusion assays.

Methods: Broth microdilution, trypan blue exclusion, and biofilm formation assays were used to verify the antifungal properties of six homoeopathic medicines: *Mercurius solubilis* (6C, 12C, 30C, 200C), *Kreosotum* (6C, 12C, 30C, 200C), *Curcuma longa* (200C), *Sepia officinalis* (6C, 12C, 30C, 200C), *Mezereum* (6C, 30C), and *Myristica sebifera* (12C, 30C, 200C).

Results: Compared to the negative control and control, *Kreosotum* 12C (0.024 ± 0.007) had the most significant effect in microdilution and demonstrated the highest inhibition in the biofilm experiment (74.46%), whereas *sepia officinalis* 30C demonstrated a substantial value in the trypan blue exclusion assay (89.41%).

Conclusion: This study concluded that six homoeopathic medicines have antifungal activity against *Candida albicans*. This preclinical result may be validated through clinical trials to prove the efficacy of Homoeopathy as an evidence-based treatment.

Day 2 | 11th April 2026 | Hall 6

SESSION V

**Scientific Explorations with Evidence Based
Homoeopathy in Practice**

Chairperson: Dr. Janardanan K Nair, former President, MARBH

Convenor: Dr. Abhishek Dalmia, Consultant (Exam) NCH

Speakers:

- Dr. Vijaykrishna. V. , Professor and PG guide, GHMC and H, Bengaluru
- Dr. Manoj K. Patel, Professor, Dr. M.L.D. Trust, Palghar
- Dr. K. M. Dhawle, Trustee, Dr. M. L. Dhawale Memorial Trust

Rapporteur:

Dr. Vibha Mewada Sharma, Consultant (Hom), NCH



Scientific Explorations with Evidence Based Homoeopathy in Practice

Janardanan K Nair is a prominent leader in homoeopathic research and administration, formerly serving as the President of the Medical Assessment and Rating Board for Homoeopathy (MARBH) under the National Commission for Homoeopathy. His distinguished career includes significant tenures at the Central Council for Research in Homoeopathy (CCRH), where he rose through the ranks from Research Assistant to Assistant Director in Charge. Notably, he served as the Principal of the National Homoeopathy Research Institute in Mental Health (NHRIMH), Kottayam.

As a seasoned investigator, Dr. Nair has spearheaded numerous research projects covering diverse conditions such as behavioral disorders, epilepsy, schizophrenia, and various chronic systemic diseases. Currently a Senior Consultant at Mar Sleeva Medicity, his extensive contributions to clinical and fundamental research are widely published and archived on the Ayush Research Portal. His legacy is defined by a career-long dedication to institutional leadership and the advancement of evidence-based homoeopathic medicine.

CHAIRPERSON

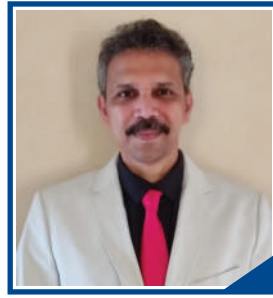


Dr. Janardanan K Nair
Former President, MARBH

CONVENOR



Dr. Abhishek Dalmia
Consultant (Exam) NCH



Dr. Vijaykrishna. V.

Professor and PG guide, GHMC and H, Bengaluru

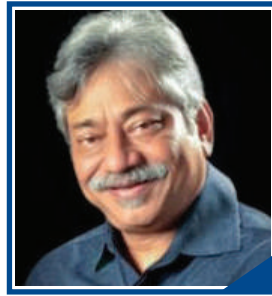
Dr. Vijaykrishna V is a highly experienced Professor and PG Guide in the Department of Homoeopathic Materia Medica at Government Homoeopathic Medical College & Hospital, Bangalore. With 26 years of teaching and 27 years of clinical practice, he is currently pursuing a PhD from Parul University, Baroda.

His significant academic and administrative contributions include participating in educational methodology courses and actively contributing to question bank preparation, continuous assessment model workshops, and curriculum redesigning for both UG and PG programs at RGUHS. He also serves as a regular question paper setter and examiner for several universities and is a Nodal Officer/Coordinator for ROTP Programmes for the Government of Karnataka. Notably, he acted as a subject expert for the CBDC syllabus for Homoeopathic Materia Medica (BHMS) and is a member of the expert committee for the practice of medicine with essentials of pharmacology, NCH, New Delhi. His excellence in teaching was recognized with the Homoeo Acharya Award in 2022.

Clinical Outcomes in Primary Hypothyroidism: A Comparative Look at TSH Values Pre and Post Homoeopathic Therapy

This session highlights that Homoeopathic therapy may play a supportive role in the management of primary hypothyroidism. The observed improvements in the study conducted on Clinical Outcomes in Primary Hypothyroidism: A Comparative Look at TSH Values Pre and Post Homoeopathic Therapy emphasizes the potential of individualized treatment in modulating endocrine function and improving quality of life. However, variability in response underscores the need for careful case selection and long-term monitoring. This retrospective study was conducted at Nishika Homoeo Clinic, Bengaluru. Medical records of patients diagnosed with primary hypothyroidism were reviewed. Inclusion criteria consisted of patients with documented elevated TSH levels and those who underwent individualized homoeopathic treatment for a defined follow-up period. Data collected included baseline TSH values, follow-up TSH levels, symptom profile, and duration of treatment.

Major take away from this session will be that Homoeopathic treatment has demonstrated promising outcomes in reducing TSH levels and improving symptomatology in patients with primary hypothyroidism. Further prospective, controlled studies with larger sample sizes are recommended to validate these findings and establish stronger clinical evidence.



Dr. Manoj K. Patel

Professor, Dr. MLD Trust, Palghar

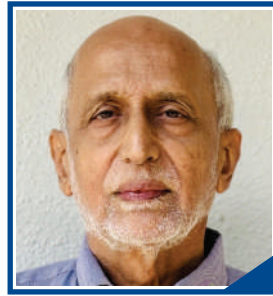
Dr. Manoj K. Patel, MD (Hom), is a distinguished academician, clinician, and public health leader with over forty years of expertise in Homoeopathy, specializing in psychiatry and community health across Maharashtra, Gujarat, and Karnataka. As the Director of Community Health Services at the Dr. M.L.Dhawale Memorial Trust, he oversees critical rural outreach and administrative initiatives.

An esteemed educator, Dr. Patel serves as Professor Emeritus and Head of Psychiatry, having mentored numerous practitioners through national teacher training and research methodology workshops. His commitment to academic excellence is reflected in his authorship of “Perceiving the Mind in Homeopathic Practice” and over 75 workshops and webinars focused on mental health and clinical philosophy. Recognized for his humanitarian impact, he has been honored as Best Teacher and Best Homeopathic Doctor for his dedicated service to underserved communities. His career represents a profound integration of clinical rigor, academic mentorship, and a steadfast commitment to public health.

Unexplored field of Homoeopathy in Public Health

This session specifies the role of Homoeopathy in Public health systems, which are increasingly challenged by malnutrition, adolescent anaemia, maternal stress, mental health disorders, chronic diseases and geriatric health concerns, particularly in rural and resource-constrained settings. Many of these conditions are influenced by complex interactions among biological susceptibility, emotional stress, lifestyle factors, and socio-economic determinants. Homoeopathy, with its individualized, holistic, safe, and low-cost therapeutic approach, offers an underutilized opportunity to strengthen person-centered public health care, particularly in conditions requiring long-term follow-up and improved treatment adherence.

Major take away from this session is to understand the DOER Model: This presentation proposes an innovative DOER (Delivery of Organised Evidence-based Response) model that places Homoeopathy at the centre of a cost-effective and scalable community-based care system integrating patient care, education, and research. The model introduces Ayush Swasthya Karyakarta (ASK), a trained multipurpose worker (minimum 12th pass), working in coordination with ASHA workers to support last-mile delivery of individualized Homoeopathic care. Priority population groups include antenatal mothers, malnourished children, adolescents with anaemia, individuals experiencing mental health challenges and senior citizens with chronic illnesses. Background and benefits of the model will be outlined in brief for understanding of the audience.



Dr. Kumar M. Dhawale

Trustee, Dr. M.L. Dhawale Memorial Trust

Dr. Kumar M. Dhawale is a highly distinguished psychiatrist, homoeopathic clinician, and academic leader with over 40 years of specialized practice. Holding an MD in Psychological Medicine and fellowships from London and Mumbai, his expertise is further bolstered by advanced qualifications in management and health science education technology. He served as the Principal of the Dr. M. L. Dhawale Memorial Homoeopathic Trust for fifteen years and continues to influence the field as a PhD guide and resource person for research methodology.

Dr. Dhawale has held pivotal national roles, including serving on the Board of Governors for the CCH and the Scientific Advisory Board for the CCRH. As a dedicated researcher, he has led significant Ministry of Ayush-funded projects focusing on learning disabilities and scholastic difficulties in children. Currently, he chairs the Editorial Board of the Journal of Integrated Standardized Homoeopathy, maintaining a steadfast commitment to elevating clinical standards and evidence-based research in the homoeopathic profession.

Scope of Homoeopathy in Psychiatry in The Indian Context

This session outlines the Mental Health Scenario in the Indian Context in brief with current statistics of mental health disorders. The proportional contribution of mental disorders to the total disease burden in India has nearly doubled from 2.5% in 1990 to 4.7% in 2017. The National Mental Health Survey estimated the weighted current prevalence of common mental disorders (CMDs) which include depression, anxiety, and related conditions at 5.1%, translating to approximately 70 million Indian adults. Substance use, affective, and anxiety disorders were found to account for the bulk of the psychiatric burden, with common mental disorders making up roughly 95% of current prevalence. There is a Treatment Gap in Mental Health in India with Shortage of Mental Health Professionals. The availability of mental health professionals, including psychiatrists, psychologists, and psychiatric nurses is insufficient to meet the growing demand for mental healthcare in India. The shortage is particularly prominent in rural areas. Inadequate Infrastructure and Resources, Lack of Awareness and Stigma and Insufficient Integration into Primary Healthcare are the challenges in treating these disorders

The presentation will focus on the following features:

1. The strong foundational principles laid down by Master Hahnemann of 'One Health' inclusive of Mental and Physical Health as indivisible
2. The Mental Health Act 2017 giving Ayush disciplines an equal say in the management of Mental illnesses
3. The strong record of the efficacy of Homoeopathy in the management of a variety of Mental illnesses and the existence of Postgraduation in Homoeopathic Psychiatry in the country including a National Institute dedicated to Mental Health
4. The availability of Homoeopathic colleges all over the country which can take up the burden of the treatment of Common Mental Diseases.

Day 2 | 11th April 2026 | Hall 1

SESSION VI

Roadmap for Central Council for Research in Homoeopathy

Chairperson: Ms. Alarmelmangai D., IAS, Joint Secretary, Ministry of Ayush

Session Leads: Dr. Subhash Kaushik, Director General, CCRH

Dr. Sunil S. Ramteke, Deputy Director General, CCRH

Convenor: Dr. Chetna Deep Lamba, RO (H)/S-4, CCRH

Co-convenor: Dr. P. Hima Bindu, RO (H)/S-4, CCRH

Panelists:

- Dr. V. K. Gupta, Former Chairman, SAB, CCRH
- Dr. Mahendra Pal Arya, Member Governing body, CCRH
- Dr. S. P. Singh, Former Chairman, SCDS, CCRH
- Dr. J. D. Daryani, Former Chairman, SCDP, CCRH
- Dr. Anoop M. Nigwekar, Member Governing body, CCRH
- Dr. Chandradeep Tandon, Member Governing body, CCRH
- Dr. Pravin Kumar B. Chouhan, Member Governing body, CCRH
- Dr. Maneesha V. Solanki, Chairperson, SCLR, CCRH
- Dr. Swapna Satish Thorat, Member Governing body, CCRH
- Dr. T.K.Hrideek, Member Governing body, CCRH
- Dr. Narendra Gangwar, Member Governing body, CCRH
- Dr. B. L. Sherwal, Member Governing body, CCRH

Rapporteurs:

Dr. Sunmeet Kaur, RA(H), CCRH

Dr. Heena Siddiqui, SRF(H), CCRH



Roadmap for Central Council for Research in Homoeopathy

This panel discussion aims to delineate strategic priorities and actionable pathways for strengthening research in Homoeopathy in alignment with contemporary scientific standards. The session will focus on identifying existing gaps and proposing practical solutions to enhance the quality, credibility, and global acceptance of homoeopathic research. Key areas to be delineated include:

- Identifying and prioritizing research areas where Homoeopathy has a well-established role in management, with the aim of strengthening scientific evidence.
- Focus on strengthening research through Drug standardization, Drug proving, clinical research, clinical verification, fundamental research, and literary research.
- Promoting interdisciplinary collaboration between Homoeopathy and conventional medicine for integrative healthcare models.
- Leveraging digital technologies and AI for data collection, analysis, and outcome tracking.
- Improving publication quality and global acceptance.
- Linking education with research by enhancing capacity building, including training in research methodology, biostatistics, and scientific writing.

The discussion will bring together experts, researchers, and policymakers to develop a consensus-driven roadmap to guide future research initiatives under the aegis of the Central Council for Research in Homoeopathy.

CONVENOR



Dr. Chetna Deep Lamba
RO (H)/S-4, CCRH

CO-CONVENOR



Dr. P. Hima Bindu
RO (H)/S-4, CCRH



SESSION LEADS



Dr. Subhash Kaushik

Director General, CCRH

Dr. Subhash Kaushik is the Director General of Central Council for Research in Homoeopathy since 16th February 2022. He is responsible for the policy, planning and execution of research and administrative functions of the Council. CCRH is undertaking a number of clinical research studies and collaborations with homoeopathic medical colleges and institutes of repute.

Starting his career as a Junior Research Fellow in the Council, he has 29 years of research and clinical experience. He has actively worked on developing, designing, implementing and publishing research studies in clinical research and clinical verification. He has actively worked on COVID-19 treatment and prevention studies, respiratory and dermatological clinical research studies and has treated lakhs of cases in his OPD at Homoeopathic Treatment Centre, Safdarjung Hospital, OPD of Dr. D.P. Rastogi Central Research Institute for Homoeopathy (DDPRCRIH) and CGHS Wellness centre, Supreme Court of India

He was the Hospital in-charge of DDPRCRIH Noida. Prior to this he was also the OPD and IPD In-charge at the hospital and Hindi Liaison Officer at the institute. He has also been the Chief Public Information Officer, Nodal Public Grievance Officer, Chairman – Central Purchase Committee, member of selection committee for different technical, administrative and paramedial posts, other than being Hindi Sampark Adhikari at CCRH headquarters.

He has more than 70 publications in research journals and books to his credit, has organized and participated in more than 200 training programs, seminars and conferences and has been an active speaker on radio & television on Homoeopathy. Under his leadership CCRH is conducting an all time highest number of research projects in various domains. He has signed more than 200 MoU with various organizations of repute for research development and cooperation.

Other than his PhD in Homoeopathy he is also a graduate in biology and post-graduate in business administration. He was the recipient of WHO Fellowship for the year 2016-17 on “Statistical Methods for Epidemiological and Clinical Research” at the Liverpool School of Tropical Medicine, UK.



Dr. Sunil S Ramteke

Deputy Director General, CCRH

Dr. Sunil S. Ramteke, MD (Hom), started his professional career as a teacher of Homoeopathic subjects at Antarbharti Homoeopathic Medical College & Hospital, Nagpur, Maharashtra. He is presently working as the Deputy Director General in the Central Council for Research in Homoeopathy. He joined the Council in 1994 and has 32 years of vast clinical and research experience. During this enormous service period, he worked as Officer In-charge, CRU (T), Bharmour; CVU (H), Vrindavan; RRI (H), Shimla; DACRRI (H), Kolkata; and DDPRCRI (H), Noida.

He was nominated for the WHO fellowship in Health System Research by the Ministry of Health and Family Welfare, Govt. of India. He worked as a member of the Board of Studies at Kumaun University, Uttarakhand. He also worked as Chairman of the Institutional Biosafety Committee, member secretary of the Institutional Ethical Committee, member secretary of the Institutional Advisory Committee, and member secretary of the Scientific Advisory Committee at various institutes of CCRH. He was Chief Vigilance Officer of CCRH and Morarji Desai National Institute of Yoga; the Member Secretary of the Central Ethics Committee of CCRH; Chairman of the Institutional Animal Ethics Committee, DDPRCRI (H), Noida and a member of many research committees in the Council. He has a contributory role in maintaining the order of the activities of the Headquarters of CCRH as Head of the office.

Apart from his administrative roles, he has immensely contributed to research and the core areas of his interest are clinical research, clinical verification and public health research. He has undertaken studies in skin disorders, helminthiasis, arthritis, respiratory infections, oral disorders, chronic sinusitis, chronic rhinosinusitis, acute rhinitis in children, acute tracheobronchitis in children, adeno-tonsillar hypertrophy, acute otitis media; patient reported outcome study, Vithoukas compass study, rheumatic trouble, chronic non-specific low back pain, uterine fibroid etc. and also worked in antenatal care and paediatric clinic. Apart from this, he also conducted many health camps and participated in various camps, Arogya fair, health melas & exhibitions.

He has numerous research publications to his credit and has presented research papers at various national and international conferences. He serves as a great inspiration for staff to follow the work of the Council diligently and efficiently.



CHAIRPERSON



Ms. Alarmelmangai D.

Joint Secretary, Ministry of Ayush

Ms. Alarmelmangai D., IAS (2004 Batch, Chhattisgarh Cadre), is an accomplished civil servant with over two decades of distinguished experience in governance, public administration, and policy leadership. She is currently serving as Joint Secretary, Ministry of Ayush, Government of India, contributing to the advancement of India's traditional systems of medicine.

Over the course of her career, she has held several key leadership positions in the Government of Chhattisgarh, including in the Finance, Urban Administration & Development, Higher Education, and Labour Departments. She has made significant contributions to policy formulation, fiscal management, institutional strengthening, and the implementation of large-scale developmental initiatives.

She played a pivotal role in driving urban transformation and sanitation reforms, leading Chhattisgarh to receive the President's Award for the Cleanest State in India for three consecutive years under the Swachh Bharat Mission. Her work reflects a strong commitment to inclusive and sustainable development, with a special focus on underserved and marginalized communities.

A recipient of multiple national recognitions, she is widely regarded for her visionary leadership, administrative acumen, and innovative approach to governance.



Dr. V. K. Gupta

Former SAB chairman, CCRH

Dr. (Prof.) V. K. Gupta, Padma Shri awardee and former Honorary Physician to the President of India, is a distinguished academician, researcher, and internationally acclaimed homoeopathic physician with over 55 years of experience. He serves as President of Honor, Indian Institute of Physicians; Chairman, Homoeopathic Pharmacopoeia Sub-Committee; and holds key academic roles at Homoeopathy University, Jaipur and the University of Delhi. He has also chaired the Scientific Advisory Board of CCRH, Government of India. He is credited with the discovery of the Drug *Vinca rosea* and has been an invited speaker at numerous international forums across Australia, Norway, Malaysia, and South Africa. As Principal of Nehru Homoeopathic Medical College & Hospital, Delhi, he led its historic affiliation with the University of Delhi in 1992—the first of its kind—and pioneered compulsory undergraduate research in Homoeopathy in 1985.



Dr. Mahendra Pal Arya

Member Governing body, CCRH

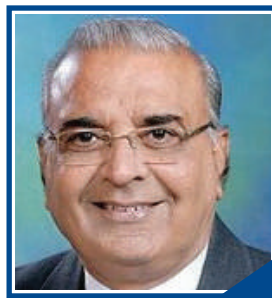
Dr. Mahendra Pal Arya (b. 20 July 1938, Gwalior) is a distinguished homoeopathic physician, academician, and researcher with decades of contribution to education, research, and administration in Homoeopathy. An M.D. (Hom.) in Repertory, he is currently a Senior Consulting Homoeopath in Pune. He serves as Member, Governing Council of CCRH; Member, Academic Council, Homoeopathy University, Jaipur; Professor Emeritus at M.P.K. Homoeopathic Medical College, Jaipur; and is on the Editorial Panel of the Indian Journal of Research in Homoeopathy. Dr. Arya has guided postgraduate education as Visiting Professor, examiner, and research mentor across leading universities in India. He has held several key positions, including Secretary, Central Council of Homoeopathy; Assistant Director at CCRIMH, Government of India; Principal of reputed homoeopathic colleges in Mumbai and Pune; and Senior Research Officer at Central Research Institute, Kolkata. He has also contributed extensively through national committees, academic bodies, and policy initiatives, playing a vital role in advancing homoeopathic education, research, and standards in India.



Dr. S. P. Singh

Former Chairman, SCDS, CCRH

Dr. Surendra Prasad Singh is a highly accomplished and respected professional in the field of Homoeopathy, with over five decades of extensive experience in research, education, and policy making. Holding qualifications such as B.Sc., DHMS, BHMS, and an MD in Homoeopathy, he has played a significant role in shaping the development and advancement of homoeopathic medicine in India. Throughout his distinguished career, he has held several prestigious positions, including Advisor to the Ministry of Ayush, Chairman of key national committees, and Director of the Central Council for Research in Homoeopathy. A WHO Fellow, Dr. Singh has also actively contributed to international conferences across multiple countries. His contributions include the development of over 1000 monographs for homoeopathic pharmacopoeia, reflecting his deep commitment to research and academic excellence. Recognized with notable awards such as the Dr. Yaduvir Singh National Award and the Life Achievement Award, he continues to contribute to the field as a leader and advisor in prominent institutions.



Dr. J. D. Daryani

Former Chairman, SCDP, CCRH

Dr. J. D. Daryani is a renowned homoeopath with 50 years of experience in clinical practice and academics. He has served as Principal and Medical Superintendent, Professor & HOD (Repertory) at Dr. M.P.K. Homoeo Medical College, Jaipur, and as Dean of the Faculty of Homoeopathy at Rajasthan University and Rajasthan Ayurved University, Jodhpur. He has held key positions including Chairman of the Special Committee for Drug Proving (CCRH) and member of academic and advisory councils under Ayush and Homoeopathy University, Jaipur. Dr. Daryani has received numerous prestigious awards, including the Dr. D. P. Rastogi Memorial Award, Dr. B. K. Bose National Homoeopathic Teacher's Award, and Lifetime Achievement Award at the 22nd All India Homoeopathic Congress. He has presented scientific papers at national and international conferences in the USA, Belgium, Dubai, France, Germany, Malaysia, Russia, and Singapore.



Dr. Anoop M. Nigwekar
Member Governing body, CCRH

Dr. Anoop M. Nigwekar is a distinguished homoeopathic academician, clinician, researcher, and administrator with over three decades of experience. Holding MD (Hom) and MBA qualifications, he has effectively integrated medical expertise with management and quality systems. He serves as Professor of Repertory at Dr. M. L. Dhawale Memorial Homoeopathic Institute and plays a key role in curriculum development and training under the National Commission for Homoeopathy, currently serving as Chairman of the Expert Committee for Repertory & Case Taking. A practicing physician for over 30 years, he leads the Departments of Dermatology and Geriatrics at Dhawale Trust Hospital, Palghar. He is a Governing Body Member of CCRH, PhD guide at MUHS, and has published 20+ research papers while guiding major research projects. He has contributed significantly to healthcare quality standards, including NABH Homoeopathy standards, and holds important roles in accreditation and quality initiatives. Dr. Nigwekar also holds key administrative positions and has received multiple recognitions for excellence in healthcare quality, continuing to advance Homoeopathy through education, research, and clinical practice.



Dr. Chandradeep Tandon
Member Governing body, CCRH

Dr. Chandradeep Tandon is a distinguished researcher in molecular biology and integrative medicine, specializing in kidney stone pathogenesis, proteomics, and plant-based Drug development. His work focuses on molecular mechanisms of urolithiasis and metabolic pathways of medicinal plants. He has completed 9 major government-funded research projects (DBT, ICMR, DST, CCRH), including a Centre of Excellence, and recently secured a major Ayush grant on integrative omics-based treatment of urolithiasis. With ~100 research publications, 4 patents, and guidance of 12 PhD scholars, he has made significant academic contributions. He serves on national bodies including ICMR task forces and expert committees, and is Associate Editor of BMC Complementary Medicine and Therapies. A recipient of multiple awards, including the Distinguished Alumnus Award (Panjab University) and national research honors, Dr. Tandon continues to advance interdisciplinary research in healthcare and medicinal sciences.



Dr. Pravin kumar B. Chouhan

Member Governing body, CCRH

Dr. Pravin kumar B. Chouhan is a dedicated homoeopathic physician, academician, and social worker with over 30 years of experience in teaching and clinical practice. An M.D. in Homoeopathy, he has served as Professor and Head of Surgery at Shri Janata Homoeo Medical College and has been associated with multiple universities as an examiner. He runs Shree Homoeo Clinic & Infertility Care Centre in Akola, Maharashtra, and has contributed extensively to patient care and medical education. Actively involved in social and community service, he has organized health camps, awareness programs, and rural outreach initiatives, and is associated with several national organizations. A recipient of various awards and recognitions, including honors from Ayush and national bodies, he has also participated in numerous academic programs, seminars, and training initiatives, contributing to the advancement of Homoeopathy and public health.



Dr. Maneesha V. Solanki

Chairperson, SCLR, CCRH

Prof. (Dr.) Maneesha V. Solanki, MD (Homoeopathy), is a distinguished homoeopathic physician, academician, and administrator with over four decades of service. She has served as Principal of D. S. Homoeopathic Medical College, Pune, Medical Superintendent of N. M. Ranade Memorial Homoeopathic Hospital, and Professor of Practice of Medicine. Presently she serves as a Chairperson of the Special Committee on Literary Research, CCRH. An accomplished teacher and researcher, she is the author of two books, a recipient of the Best Teacher Award (MUHS, Nashik), and has over 25 publications. She has also contributed as a journal reviewer, Ph.D. assessor, and resource person for the Government of India academic programs. She has held key national roles in NCH, contributed to curriculum development and supported international academic collaborations. She currently serves as Consultant Homoeopath in Pune and remains committed to advancing Homoeopathy, education, and social service.



Dr. Swapna Satish Thorat
Member Governing body, CCRH

Dr. Swapna Satish Thorat is a distinguished homoeopathic physician, academician, and researcher with over 21 years of teaching and 24 years of clinical experience. She currently serves as Head of the Department of Forensic Medicine and Toxicology at Smt. K. B. Abad Homoeopathic Medical College, Shri R. P. Chordiya Hospital, and Dev-Vijay PG Institute of Homoeopathy and Research Center, Nashik. An accomplished scholar, she holds an MD (Hom), MA in Clinical Psychology (2nd Rank), and is a Ph.D. scholar. Dr. Thorat has contributed extensively to medical research with publications on diverse health topics including anemia, mental health, endocrine disorders, and pediatric care. She has been appointed (2025–2028) as a Non-Official Member of the Governing Body and Executive Committee of the Central Council for Research in Homoeopathy (Ministry of Ayush), and is also associated with the National Homoeopathy Research Institute in Mental Health, Kerala, and MUHS Nashik. A dedicated educator and leader, she has served in multiple academic and institutional roles, including examiner, trainer, and coordinator, while actively delivering lectures on mental health, student well-being, and women's health. She also contributes to academic publishing as Managing Editor of KBA's Mission and Editorial Member of Edwin Group of Journals.



Dr. T.K. Hrideek
Member Governing body, CCRH

Dr. T. K. Hrideek is Chief Executive Officer of the State Medicinal Plants Board (Kerala), on deputation from the Kerala Forest Research Institute (KFRI), where he headed the Forest Genetics and Tree Breeding Department. He also holds the additional charge of Oushadhi, Kerala's state-owned Ayurvedic medicine manufacturer, under whose leadership it achieved a record turnover of ₹222 crore and major modernization. A plant geneticist and tree breeder, he has extensive experience with tropical species and has established seed orchards, plantations, and propagation facilities. At SMPB, he significantly expanded medicinal plant cultivation, supporting Ayurveda, biodiversity, and rural livelihoods. He has published widely on tree improvement, invasive species, and endangered plants, and has given presentations in India and abroad. Presently serving as a Member, Governing Body, Central Council for Research in Homoeopathy (Ministry of Ayush).



Dr. Narendra Gangwar

Member Governing body, CCRH

Dr. Narendra Gangwar is currently practicing in Bareilly at the Dr. Narendra Gangwar Homeopathic Cure Clinic and Research Centre. He completed his BHMS from Sendhwa Homeopathic Medical College, Madhya Pradesh, and obtained his MSW from the Rohilkhand University Campus in Bareilly. He also practiced in Chandigarh alongside Dr. J.B.D. Castro. Currently, he serves as a member of both the Governing Body and the Executive Committee of the Central Council for Research in Homoeopathy. Additionally, he is a member of the Governing Body and the Standing Finance Committee of the National Homeopathic Research Institute for Mental Health.



Dr. B. L. Sherwal

Member Governing body, CCRH

Dr. B. L. Sherwal is a distinguished medical professional with over 34 years of clinical, academic, and administrative experience, former Medical Superintendent at VMMC & Safdarjung Hospital, New Delhi. He has held key leadership positions, including Director & MS at ABVIMS & Dr. RML Hospital, Director of RGSSH, CNBC, DSCI, and RIMS Ranchi, along with roles in medical education and national-level administration. A clinical microbiologist by training, he has made significant contributions to healthcare development, establishing advanced medical facilities and strengthening laboratory and patient care systems. During COVID-19, he led major expansions in hospital capacity, introduced critical care services, and pioneered post-COVID care initiatives. Dr. Sherwal has published 50+ research papers, contributed to medical textbooks, and played a key role in medical education reforms, including online NEET counseling. His work has earned multiple national awards for excellence in healthcare and COVID-19 management. He continues to contribute actively to healthcare leadership, research, and policy development in India.

Day 2 | 11th April 2026 | Hall 2 & 3

SESSION VI

**Veterinary Homoeopathy: Integrating Clinical Expertise
and Scientific Evidence**

Convenor: Dr. K. C. Muraleedharan, AD(H), CCRH

Co-convenor: Dr. Shaji Kumar RT, AD(H), CCRH

Panelists:

- Dr. Surjit Singh Makker, Professor of Practice, Bihar Animal Sciences University
- Dr. Sanjeet Kumar, Chief Veterinary Officer, Govt. of NCT of Delhi
- Dr. Gautam Unny, Director, Amrita Pet Clinic, New Delhi
- Dr. Kanchan Walwadkar, Senior Assistant Professor, NDVSU

Rapporteurs:

Dr. Yashika Arora Malhotra, SRF(H), CCRH

Dr. Deepika Singh, SRF(H), CCRH



Veterinary Homoeopathy: Integrating Clinical Expertise and Scientific Evidence

To strengthen evidence-based veterinary practice through systematic discussion and analysis of veterinary clinical case experiences in Homoeopathy, the deliberations shall focus specifically on the evolving role of veterinary Homoeopathy as a significant contributor to both research and clinical practice. The session shall also discuss safe and holistic therapeutic options for animals, including companion animals, livestock, and wildlife.

The panel will bring together experts from veterinary science and Homoeopathy to share their clinical experiences and research insights in managing acute and chronic conditions in animals. Discussions will focus on methodological prescribing, integration with conventional veterinary practices, and outcomes observed in field-based and institutional settings. Special focus will be given to showcasing positive clinical outcomes and management of difficult cases in livestock with homoeopathic treatment.

CONVENOR



Dr. K. C. Muraleedharan
AD (H), CCRH

CO-CONVENOR



Dr. Shaji Kumar RT
AD(H), CCRH



Dr. Surjit Singh Makker

Professor of Practice, Bihar Animal Sciences University

Dr. Surjit Singh Makker is a distinguished veterinarian, former Joint Director (Animal Husbandry), Punjab, and currently Professor of Practice at Bihar Animal Sciences University, Patna, with additional academic association at Guru Angad Dev Veterinary and Animal Sciences University, Ludhiana. An internationally acclaimed veterinary homoeopathic physician, consultant, and independent researcher, he is recognized for integrating holistic veterinary medicine with modern technologies, including artificial intelligence, digital health, and imaging.

With qualifications including BVSc & AH, MSc (IT), MCA, and M.F.Hom., he has contributed extensively through global clinical practice, teaching, and innovation. His research publications in international journals have significantly advanced the evidence-based integration of Homoeopathy with AI and machine learning in veterinary medicine.

He has presented over 28 research papers at international forums and is the author of *The Practical Handbook of Veterinary Homoeopathy*. In recognition of his outstanding contributions, he has been honored with the prestigious "Rashtriya Gaurav Award."



Dr. Sanjeet Kumar

Chief Veterinary Officer, Govt. of NCT of Delhi

Dr. Sanjeet Kumar is currently serving as Chief Veterinary Officer in the Department of Animal Husbandry, Government of NCT of Delhi, with over 28 years of professional experience. He has held several key positions, including Assistant Commissioner (Trade) in the Department of Animal Husbandry, Dairying and Fisheries, Government of India (2015–16), and In-charge of the Disease Diagnostic Laboratory, Palam, New Delhi (2012–14).

Earlier, he served as a Veterinary Officer in the Department of Animal Husbandry, Government of Rajasthan, from 1997 to 2008, gaining extensive field and clinical experience. Since 2007, he has been actively practicing Veterinary Homoeopathy in collaboration with homoeopathic practitioners, contributing to integrative animal healthcare approaches.

His professional journey reflects a strong commitment to animal health services, disease diagnostics, and public veterinary administration, as well as a sustained interest in promoting integrative and holistic veterinary practices.



Dr. Gautam Unny

Director, Amrita Pet Clinic, New Delhi

Dr. Gautam Unny is a highly experienced veterinarian based in Delhi, with over 30 years of clinical practice. He is the Founder and Director of Amrita Pet Care Clinic and a graduate of Madras Veterinary College. He specializes in small-animal care and provides advanced services, including soft-tissue surgery, dentistry, physiotherapy, and diagnostic imaging such as X-rays, ECGs, and ultrasound. A pioneer in integrative veterinary medicine, Dr. Unny has successfully combined allopathic and homoeopathic approaches, particularly in the management of chronic diseases in companion animals. He is also a prolific author, having written five books, including *Pet Care Made Easy*, *Tales of Wagging Tails*, *Manual on Dog Care*, *Manual on Dog Training*, and *Dogs Beyond Clinical Practice*. Beyond clinical practice, he is a strong advocate for animal welfare, actively promoting pet adoption—especially of indigenous breeds—and educating pet owners on responsible pet parenting. His work reflects a deep commitment to compassionate, comprehensive, and ethical veterinary care.



Dr. Kanchan Walwadkar

Senior Assistant Professor, NDVSU

Dr. Kanchan Walwadkar is a Senior Assistant Professor in the Department of Veterinary Medicine at the College of Veterinary Science and Animal Husbandry, Rewa, Nanaji Deshmukh Veterinary Science University, Madhya Pradesh. She completed her BVSc & AH with merit scholarship in 1997 and earned her MVSc and PhD with honors in 2005 and 2012, respectively. With over 20 years of research and 14 years of teaching experience, she is actively engaged in veterinary education, clinical practice, and research, with a focus on integrative approaches including Homoeopathy, bacteriophage therapy, and herbal medicine. She has guided 9 postgraduate students as a 'major advisor' and 7 as a 'minor advisor'. Her academic contributions include 30 research and review publications, 25 popular articles, 9 book chapters, one book, and multiple training manuals. She has received a special award from the Collector of Rewa for her work in treating tigers and wildlife and holds life memberships in several national scientific societies.

Day 2 | 11th April 2026 | Hall 4

SESSION VI

Harmonizing Healthcare: Bridging Research and Practice

Convenor: Dr. Manas Ranjan Sarangi, RO(H)/ S-3, CCRH

Co-convenor: Dr. Neha Kalra, RO(H)/ S-1, CCRH

Panelists:

- Dr. Vaijayanti Nagarkar, Chief Medical Officer (SAG), CGHS, Pune, MOHFW
- Dr. Dhananjay Shukla, Professor, Dept. of Surgery, Nehru Homoeopathic Medical College & Hospital, New Delhi
- Dr. B.S. Johri, Private Practitioner, New Delhi
- Dr. Jitesh Sharma, Director, JDS Multi-Super Specialty Homoeopathic Hospital & Research Centre, Jharsuguda, Odisha

Rapporteurs:

Dr. Tanya Rai, SRF(H), CCRH

Dr. Torsa Das, SRF(H), CCRH



Harmonizing Healthcare: Bridging Research and Practice

On the occasion of World Homoeopathy Day, the theme “Harmonizing healthcare: Bridging research and practice” highlights the urgent need to create a meaningful connection between scientific research and everyday clinical application in Homoeopathy. As a system of medicine founded by Samuel Hahnemann, Homoeopathy has long emphasized individualized and holistic care, yet in today’s evolving healthcare landscape, it must also align with modern standards of evidence and accountability. Research plays a crucial role in validating homoeopathic principles, developing new insights, and strengthening its scientific credibility, while clinical practice provides real-world experiences that enrich and guide further investigation. By fostering collaboration between researchers, practitioners, and academic institutions, we can ensure that knowledge flows both ways—transforming observations into evidence and evidence into effective treatment. The integration of technology, data collection, and systematic studies further enhances this process, enabling better documentation and analysis of outcomes. Such harmony not only improves the quality and consistency of patient care but also builds public confidence and acceptance of Homoeopathy globally. On this significant day, let us renew our commitment to advancing Homoeopathy through a balanced approach where tradition meets innovation, and where research and practice work hand in hand to promote a more holistic, patient-centered, and sustainable healthcare system.

CONVENOR



Dr. Manas Ranjan Sarangi
RO(H)S-3, CCRH

CO-CONVENOR



Dr. Neha Kalra
RO(H)S-1, CCRH



Dr. Vaijayanti Nagarkar

Chief Medical Officer (SAG), CGHS, Pune, MOHFW

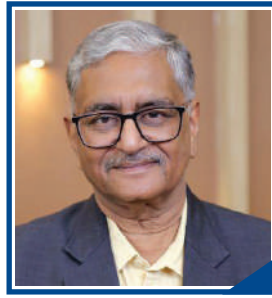
Dr. (Mrs.) Vaijayanti Nagarkar, Chief Medical Officer (SAG), In-charge, Homoeopathic Unit 2, Pune, under Ministry of Health & Family Welfare – Department of Ayush. She stands as an embodiment of medical excellence, leadership, and compassionate service over 39 years. Her journey began as an Associate Professor at Bharati Vidyapeeth's Homoeopathic Medical College, she has served as Ex-Secretary of the CGHS Doctors' Association, Pune, and Chairman of the Sexual Harassment Committee at CGHS Pune. She is an eminent speaker, panelist, and chief guest, who graced numerous prestigious platforms. She has presented impactful papers on different International and national level Conference. She also is the Chairman of the selection committee of Central Council of Homoeopathy, Ministry of Ayush to select Homoeopathic Medical and Research officers, at Belapur. She was Co-Chairman of 27th IIHP National Conference and represented as a cultural and vocational ambassador of India in various prestigious international programme. Dr. Nagarkar has owned multiple awards for leadership and social initiatives and she conducted training workshops in soft skills, like communication, leadership, team building lifestyle management, mind power, work life balance and many more, for senior officers of CDAO (Central Defence Accounts) under Ministry of Defence Govt of India. With her unwavering dedication to medicine, passion for lifelong learning, and inspirational presence, She Nagarkar continues to touch lives healing, educating, and empowering communities wherever she goes.



Dr. Dhananjay Kumar Shukla

Professor, Dept. of Surgery, Nehru Homoeopathic Medical College & Hospital, New Delhi

Dr. Dhananjay Kumar Shukla, Professor, Dept of Surgery, Nehru Homoeopathic Medical College & Hospital, New Delhi, possesses over 23 years of professional experience, including 20 years in teaching in the subject of Surgery, Faculty for Research Methodology & Biostatistics and an expert in integrative healthcare, homoeopathic therapeutics, and clinical research practice. He holds an M.D. (Hom.) In Practice of Medicine and MBA degree in Health Care Administration from the University of Delhi. His core areas of expertise lie in medical education and training of undergraduate and postgraduate students, clinical patient care, and institutional administration. His research contributions include participation as Site Investigator and Research Coordinator in multicentric clinical studies and has authored publications in peer-reviewed journals on post-COVID management and clinical case studies. He also serves as an examiner and paper setter for various universities. His academic expertise, research experience, and contribution to evidence-based homoeopathic practice, has created a remarkable achievement in field of Homoeopathy. Dr. Dhananjay Kumar Shukla is well-suited to contribute meaningfully to the deliberations on bridging research and clinical practice.



Dr. B. S. Johri

Private Practitioner, New Delhi

Dr. B. S. Johri is a compassionate homoeopathic physician known for his holistic approach to healing art, possesses over 46 years of professional experience. He is an international speaker, and contributor to various prestigious national and global conferences. He is the author of *Healing Through Wisdom* and *बीमारी को कहें न*, guiding people toward inner harmony. He is a mentor and educator, who established “Learning Together” initiative, guiding young homoeopathic clinician through collaborative clinical learning. He works extensively to promote preventive healthcare through “Garbh Sanskar” initiatives and created the short film “Alarm” on Autism to spread awareness. He conducts the Asha Ki Kiran- free camp for genetic disorders, that had brought meaningful improvements in quality of life more than 1400 children, reflecting his commitment to social service. With vast clinical experience, he continues to inspire healthier and more meaningful living.



Dr. Jitesh Sharma

Director, JDS Multi-Super Specialty Homoeopathic Hospital & Research Centre, Jharsuguda, Odisha

Dr. Jitesh Sharma is an (MD in Homoeopathic Materia Medica) clinician, educator, and international speaker with over a decade of rich clinical experience in classical Homoeopathy. Dr. Jitesh had completed extensive real time training under stalwarts like George Vithoukias, Dr. Rajan Sankaran, and many more. He has presented numerous papers and delivered lectures as speaker in several prestigious international and national conferences arranged by prestigious organisations. He has published many articles in several peer reviewed journals. Dr. Sharma has been awarded for “Excellency in Homoeopathy” in 2022 by Hpathy.com, which is world’s biggest Homoeopathy online portal, and awarded “Ayush Gaurav Sammaan” at Ayush Conclave on Tribal Health. Dr. Jitesh has also been awarded for organizing Homoeopathic Diabetic Camp project on World Diabetes Day. He is the founder of a multi-specialty homoeopathic hospital in Odisha. Dr. Sharma is an award-winning Homoeopath, who has presented his work at prestigious global platforms including LMHI, Ayush, and international integrative medicine conferences. His passion lies in simplifying Homoeopathy that bridges classical philosophy with practical clinical success.

Day 2 | 11th April 2026 | Hall 5

SESSION VI

Clinical Leadership of NIH, from Evidence to Impact

Chairperson: Prof. (Dr.) Gautam Pal, HoD, Dept. of Practice of Medicine, NIH

Convenor: Dr. Shishir kumar singh, Professor, Dept of Physiology & Biochemistry, NIH

Speakers:

- Dr. Sanjib Sahoo, Assistant Professor, Dept. of Forensic Medicine and Toxicology, NIH
- Dr. Prabhat Tiwari, Assistant Professor, Dept. of Homoeopathic Pharmacy, NIH
- Dr. Ankita Bhakat, Assistant Professor, Department of Homoeopathic Pharmacy, NIH
- Dr. Nabanita Debnath, Assistant Professor, Department of Practice of Medicine, NIH

Rapporteur: Dr. Ajith Kumar K., Assistant Professor, Practice of Medicine, NIH



Clinical Leadership of NIH, from Evidence to Impact

Dr. Gautam Pal, Professor and H.O.D. of Practice of Medicine, National Institute of Homoeopathy (NIH), Kolkata is the alumnus of NIH in both undergraduate and postgraduate curriculum and an ex-faculty of Nehru Homoeopathic Medical College & Hospital, Govt. of NCT of Delhi. In his 26 years of professional experience apart from his more than 22 years of teaching, Dr. Pal presented many papers in national and international podiums, published many articles in peer-reviewed and UGC affiliated journals. His experience as Associate Editor and Editor of Bulletin of the National Institute of Homoeopathy has helped him to author a book, named as The Logic of Interrogation: A physician's detective sensibilities. He has interest in research and acted as Co-project Guide of Vitiligo project under Dilli Anusandhan Parishad. Dr. Pal has been awarded with the W.H.O. Fellowship (in-country) and with Allen's Homoeo Excellence National Award – 2014, for most promising teacher, conferred by National Homoeopathic Forum of India. With many administrative experiences, Dr. Pal acted as the first Nodal Officer for tele-Homoeopathy in NIH, Joint Director I/c, Public Grievance Officer, Hostel I/c, etc. He is the life member of LMHI and act as paper setter, examiner and adjudicator of different universities. He acted as an expert and co-ordinator for some state Public Service Commissions.

CHAIRPERSON



Prof. (Dr.) Gautam Pal
*HoD, Dept. of Practice of
Medicine, NIH*

CONVENOR



Prof. (Dr.) Shishir Kumar Singh
*Professor, Dept of Physiology &
Biochemistry, NIH*



Dr. Sanjib Sahoo

Assistant Professor, Dept. of Forensic Medicine and Toxicology, National Institute of Homoeopathy, Kolkata

Dr. Sanjib Sahoo is an accomplished medical academic and specialist in Forensic Medicine and Toxicology, currently serving as an Assistant Professor at the National Institute of Homoeopathy (NIH), Kolkata. An alumnus of the same prestigious institution, he holds both a Bachelor of Homoeopathic Medicine and Surgery and an MD in Materia Medica. His academic foundation was established at Ramakrishna Mission Vidyabhaban, Midnapore, instilling a disciplined and detail-oriented approach to his professional pursuits.

With a career defined by a synergy of teaching, patient care, and scientific inquiry, Dr. Sahoo is deeply committed to advancing medical education and forensic investigations. He is an active contributor to the scholarly community, with eleven publications in various peer-reviewed journals. His work reflects a dedication to academic excellence and the rigorous application of forensic principles within the homoeopathic framework, making him a vital asset to both his department and the broader research landscape in Kolkata.

Individualized Homoeopathy in the Treatment of Autoimmune skin disorders- A study of two cases

ABSTRACT

Introduction: Epidermolysis Bullosa (EB) and Erythrodermic Psoriasis are genetically predisposed, potential autoimmune multisystemic disorders. Beyond the physical dimension of the disorder, it has a profound effect on the emotional and psychological faculty of the patient which can result in poor self-esteem, stigmatisation, and a stressful mental state affecting social-functioning and interpersonal relationships. Homoeopathy being a holistic science having a bio-psycho-social approach can manage cases of autoimmune skin disorders effectively.

Case studies: A 42 years-old male attended the National Institute of Homoeopathy Outpatient Department with complaints of generalised erythematous skin lesions with profuse scaling and inflammatory features. After a thorough evaluation of the case, *Merc. sol* was prescribed in centesimal potencies at different time points. There was a steady clinical improvement in the case and a reduction in the psoriasis area and severity index score. After 10 months of observation following the disappearance of symptoms, there was absolutely no recurrence of psoriatic skin lesions.

A 2 months old female child attended NIH Paediatric OPD with severe bullous skin lesions mostly over trunk and extremities. It was a diagnosed case of Epidermolysis Bullosa. Based on the totality of symptoms *Cantharis* was prescribed in 50 millesimal potencies. After 6 months of treatment the skin lesions stopped appearing.

Conclusion: These case reports show favourable outcomes with individualised homoeopathic treatment. However, a conclusive judgement regarding the efficacy of homoeopathic medications in treating autoimmune skin disorders cannot be made based on these case reports. Further clinical trial with sound methodology is suggested.



Dr. Prabhat Tiwari

Assistant Professor, Department of Homoeopathic Pharmacy, National Institute of Homoeopathy (NIH), Kolkata

Dr. Prabhat Tiwari is a meticulous and patient-focused Assistant Professor in the Department of Homoeopathic Pharmacy at the National Institute of Homoeopathy (NIH), Kolkata. An alumnus of the prestigious Nehru Homoeopathic Medical College (University of Delhi) and NIH (WBUHS), he holds an M.D. (Hom.) in Homoeopathic Pharmacy. His professional background is distinguished by his tenure as a Research Officer and Scientist-1 at the Clinical Research Unit for Homoeopathy in Puducherry under the CCRH.

Dr. Tiwari is deeply committed to academic excellence, employing strategic pedagogical approaches to support learner success in higher education. His contributions to the field include specialized research publications on homoeopathic potencies and cell line studies in journals such as Vital Informer and the Journal of Homoeopathy. Multilingual in English, Hindi, and Bengali, Dr. Tiwari combines clinical research expertise with administrative proficiency to advance organizational objectives.

Adulteration in Homoeopathic Drugs

ABSTRACT

Adulteration in homoeopathic drugs is an emerging concern that compromises the safety, efficacy, and credibility of homoeopathic therapeutics. Homoeopathic medicines are derived from natural sources such as plants, minerals, and animal products, and their preparation involves highly specific processes including potentization and dilution. Adulteration may occur intentionally, for economic gain, or unintentionally due to misidentification of raw materials, contamination during processing, or poor-quality control practices. Common forms include substitution with inferior or incorrect substances, contamination with chemicals, and improper labelling.

Such practices can lead to reduced therapeutic effectiveness and potential health risks, undermining patient trust and regulatory standards. Detection of adulteration in homoeopathic drugs is challenging due to their highly diluted nature, but modern analytical techniques such as chromatography, spectroscopy, and DNA barcoding are increasingly being employed to ensure authenticity and purity. Strengthening regulatory frameworks, implementing stringent quality control measures, and promoting good manufacturing practices (GMP) are essential to address this issue.

This paper highlights the causes, types, detection methods, and preventive strategies for adulteration in homoeopathic drugs, emphasizing the need for improved standardization and global regulatory harmonization to safeguard public health.

Conclusion: Adulteration in homeopathic drugs, though often overlooked due to the perception of “ultra-dilution,” is a critical issue that compromises patient safety, reliability and therapeutic efficacy. Also, it undermines the core principles of Homoeopathy- purity, minimal dosing and natural healing. The effectiveness of homoeopathic remedies depends heavily on the quality and authenticity of raw materials and preparation methods.



Dr. Ankita Bhakat

Assistant Professor, Department of Homoeopathic Pharmacy, National Institute of Homoeopathy

Dr. Ankita Bhakat, B.H.M.S., M.D. (Hom.), is a Homoeopathic physician and academician currently serving as Assistant Professor in the Department of Homoeopathic Pharmacy at the National Institute of Homoeopathy. She completed her B.H.M.S. (2018) and M.D. (Hom.) (2025) from the National Institute of Homoeopathy under The West Bengal University of Health Sciences. Her postgraduate dissertation focused on the characterization and molecular mechanisms of *Sanguinaria canadensis* mother tincture and its dilutions on colorectal cancer through an in-vitro study.

She completed her internship and house job at the National Institute of Homoeopathy, Kolkata, and worked as a Homoeopathic consultant from 2019 to 2021. She has submitted several research articles in reputed homoeopathic journals and actively participated in seminars, workshops, and training programs in pharmacology, pharmacognosy, industrial pharmacy, and research methodology at institutions including National Institute of Pharmaceutical Education and Research. Her academic interests include Homoeopathic Pharmacy, Drug standardization, and experimental pharmacology.

Unveiling the role of Homoeopathy in Infertility-A case series

ABSTRACT

Background: Infertility is a major global health concern affecting couples of reproductive ages and is frequently associated with gynaecological conditions such as endometriosis, uterine fibroids, and polycystic ovarian changes. Conventional management often involves invasive and costly interventions, creating a need for safe and holistic alternatives.

Case Presentation: This case series describes three cases of primary infertility managed with individualized Homoeopathy. Case 1 presented with endometriosis and reduced ovarian reserve and was prescribed *Carcinosin*. Case 2, diagnosed with uterine fibroids and ovarian endometriotic cyst, was managed with *Carcinosin*, followed by *Scirrhinum* and *Conium*. Case 3, associated with polycystic ovarian changes and ovarian cyst, was treated with *Calcarea iodatum*. In all cases, remedy selection was based on totality of symptoms using repertorial analysis.

Conclusion: The case series suggests that individualized homoeopathic management may offer a safe, non-invasive, and cost-effective approach in infertility associated with gynaecological disorders. Further well-designed studies are required to substantiate these findings.

Keywords: Case series, Endometriosis, Homoeopathy, Individualized treatment, Infertility, Ovarian reserve, Polycystic ovarian syndrome, Uterine fibroid.



Dr. Nabanita Debnath

Assistant Professor, Department of Practice of Medicine, National Institute of Homoeopathy, Delhi

Dr. Nabanita Debnath is a dedicated and dynamic academician with experience in teaching, clinical practice, and research. She completed her B.H.M.S (2019) and M.D. (Hom.) in Practice of Medicine (2024) from the National Institute of Homoeopathy, Kolkata, under The West Bengal University of Health Sciences.

Demonstrating a strong inclination toward evidence-based Homoeopathy, She has been actively engaged in clinical research and scholarly activities. She has authored multiple research publications in reputed peer-reviewed journals and presented her work at national seminars, contributing to the scientific advancement of homoeopathic medicine.

With a commitment to continuous learning, she actively participates in academic discussions, seminars, and research initiatives. Her work reflects a dedication to excellence in patient care, teaching, and innovation, with a vision to contribute meaningfully to the growth and global recognition of Homoeopathy.

Homoeopathic Management of Acne Vulgaris in Teenagers: A Case Series

ABSTRACT

Background: Acne vulgaris is a chronic inflammatory skin disorder commonly affecting adolescents and significantly impacting their psychological well-being and quality of life. Conventional treatments, though effective, may have side effects and limitations, necessitating exploration of alternative approaches such as Homoeopathy.

Methods: A case series of three teenage patients with acne vulgaris was conducted following HOM-CASE guidelines. Individualized homeopathic medicines were prescribed based on totality of symptoms. Disease severity and quality of life were assessed using the Global Acne Grading System (GAGS) and Teenager's Quality of Life (T-QoL) scale. The Modified Naranjo Criteria for Homoeopathy (MONARCH) was applied to evaluate causal attribution.

Results: All three cases showed significant clinical improvement within 2 months of treatment. There was marked reduction in acne lesions along with decreased GAGS and T-QoL scores, indicating improvement in both disease severity and quality of life. MONARCH assessment supported a positive causal relationship between homeopathic intervention and observed outcomes.

Conclusion: Individualised homeopathic treatment demonstrated effective and safe management of acne vulgaris in adolescents. These findings highlight its potential as an alternative therapeutic approach and support the need for further large-scale studies.

Keywords: Acne vulgaris; GAGS; T-QoL; MONARCH; Homoeopathy; case series.

Day 2 | 11th April 2026 | Hall 6

SESSION VI

**Clinical Excellence and Paradigm shift
in Homoeopathic practice**

Session Chair: Dr. Pinakin N. Trivedi, Former I/C Chairman, NCH

Convenor: Dr. Pooja Saxena, Sr. Consultant (Hom), NCH

Speakers:

- Dr. Niranjana Mohanty, Director, International Study & Research Centre on Homoeopathy Bhubaneswar, Odisha
- Dr. Bipin Jethani, Professor, Organon of Medicine, NHMC, New Delhi
- Dr. Rajat Chattopadhyay, President, HEB

Rapporteurs:

Dr. Nidhi Bhatt, Consultant, NCH



Clinical Excellence and Paradigm shift in Homoeopathic practice

Dr. Pinakin N. Trivedi was Former I/C Chairmen, National Commission for Homoeopathy, also the Former President of Board of Ethics and Registration for Homoeopathy, National Commission for Homoeopathy. Dr. Trivedi started his journey as a Medical Officer, Lecturer, Reader, Professor, Principal & Director at Smt. A.J. Savla Homoeopathic Medical College, Mehsana, for 36 years, also was first Principal of the only Govt. Homoeopathic Medical College of Gujarat.

He was Chairman (BOS), Dean (Faculty of Medicine), Syndicate Member at HNGU, Patan for 22 years.

At Central Council of Homoeopathy, He worked as the Chairman (PG Education Committee), member in Excellence in Education committee & Education committee for 18 years, along with 12 years in Gujarat Council of Homoeopathy.

His experience includes UG – PG – Ph. D Examiner and Guide in many Universities within & outside Gujarat State for more than 30 years.

He has clinical experience of 36 long years and was also an active member of the COVID-19 advisory team in Govt of Gujarat. He was Ex Vice president, State HMAI, Life member, NEC member HMAI.

SESSION CHAIR



Dr. Pinakin N. Trivedi
Former I/C Chairman, NCH

CONVENOR



Dr. Pooja Saxena
Sr. Consultant (Hom), NCH



Prof. (Dr.) Niranjan Mohanty

Director, International Study & Research Centre on Homoeopathy, Bhubaneswar, Odisha

Prof. (Dr.) Niranjan Mohanty is an internationally acclaimed Homoeopathic physician, researcher, academician, and administrator with over five decades of experience in clinical practice, teaching, and research. He is the Director of the International Study and Research Centre on Homoeopathy, Bhubaneswar, and has been actively involved with the Central Council for Research in Homoeopathy (CCRH) as Chairman of Human Pathogenic Trials, Project Advisor, and Research Guide. Beginning his career in 1975, he rose from Medical Officer to Principal and Dean of the Government Homoeopathic Medical College, Bhubaneswar, making significant contributions to homoeopathic education and institutional development.

Dr. Mohanty has written more than 12 textbooks widely used in undergraduate and postgraduate studies. He has presented numerous papers at National and International conferences and has over 86 scientific papers and 50 medical publications to his credit. Known for his clinical excellence, particularly in chronic and genetic disorders like sickle cell disease, he has earned multiple prestigious awards, including the Best Teacher Award (2018). His enduring commitment to compassionate care and continuous advancement of Homoeopathy highlights his dedication to both patients and the profession.

“Effects of Individualized Homoeopathic Medicaments in Psoriasis: A Single Blind, Randomized Placebo-Controlled Study”

This session explains the research study oriented role of Homoeopathy in treating Psoriasis. Specific medical signs used for diagnosis are Auspitz’s sign, Koebner phenomenon, Candle grease sign with itching, pain localized to papules and plaques. As it was understood to be a chronic, intractable & incurable disease, hence it was felt imperative to carry out a systematic constitutional treatment to validate the observations of earlier Homoeopaths and the subtle homoeopathic philosophy. Primary objectives were to observe the change in disease severity and change in quality of life of the people. Secondary objective was to ascertain the effect on frequency of relapse and recurrence interval. The presentation will emphasize the details of study carried out at International Study & Research Centre on Homoeopathy, Bhubaneswar. There were inclusion & exclusion criteria, treatment plan, follow up with Psoriasis Area Severity Index (PASI), Psoriasis Disability Index (PDI), Relapse and Recurrence Interval (RRI). The detailed statistical analysis will be explained with the concluding remarks that Constitutional Homoeopathic medicine is the first line of approach to treat Psoriasis.



Dr. Bipin Jethani

Professor, Organon of Medicine, Nehru Homoeopathy Medical College, New Delhi

Dr. Bipin Jethani, MD (Hom.), serves as Head of Office and Professor in Department of Organon of Medicine at Nehru Homoeopathic Medical College & Hospital, Government of NCT of Delhi. With extensive academic and clinical experience, he has delivered presentations at prestigious national and international platforms, including LMHI, AHML, and World Homoeopathy Day conferences. His scholarly work has been published in reputed peer-reviewed journals such as Homoeopathy, Homoeopathic Pulse, Hpathy etc

Dr. Jethani is a Co-Investigator in a multi-centric, double-blind, randomized research study evaluating the comparative effectiveness of high and low potencies of individualized homoeopathic medicines in pediatric URTI. He also serves as an expert reviewer for the Indian Journal of Research in Homoeopathy (IJRH) under CCRH.

In addition to his academic contributions, he has played a key administrative role as Nodal Officer in implementing major digital initiatives, including e-SPARROW, Ayushman Bharat Digital Mission, eHRMS, and eBhaivishya. He is actively involved in academic assessment as an examiner, guide, and moderator for undergraduate, postgraduate, AIAPGET, UPSC, and various Public Service Commission examinations. As a subject expert for the National Commission for Homoeopathy (NCH), he has developed competency-based Postgraduate curriculum in Organon of Medicine.

Dr. Jethani has been honored with the Dr. D.P. Rastogi Memorial Award, Special Appreciation Award from the Board of Homoeopathic System of Medicine, and Academic Certificates of Excellence by the Directorate of Ayush.

“Holistic Approach to Autoimmune disorders”

The presentation outlines a constitutional homoeopathic approach to autoimmune diseases, viewing them as expressions of altered cellular programming and impaired immune tolerance. It emphasizes the role of epigenetic influences in immune dysregulation and their relevance in individualized, patient-centric prescribing. From a holistic perspective, evaluation extends beyond pathology to include constitutional traits and miasmatic predispositions affecting self–nonself recognition. Special focus is given to underlying etiological factors, particularly emotional conflicts, as drivers of epigenetic modulation and disease evolution. The key objective is to present a structured method for individualizing homoeopathic prescriptions by integrating constitutional, epigenetic, and miasmatic understanding.



Prof. (Dr.) Rajat Chattopadhyay

President, Homoeopathy Education Board

Prof. (Dr.) Rajat Chattopadhyay is a senior academician, administrator, and researcher in Homoeopathy with nearly 30 years of professional experience. He has served as the Principal and Administrator of The Calcutta Homoeopathic Medical College & Hospital, the oldest homoeopathic institution in Asia. He was also the Head of the Department of Practice of Medicine at Mahesh Bhattacharya Homoeopathic Medical College & Hospital under the Government of West Bengal, and Former Officer-in-Charge of Homoeopathy at WBUHS.

An accomplished academic, he has worked as a Head Examiner, Moderator, and Adjudicator at undergraduate, postgraduate, and Ph.D. levels across various universities. He is the author of three books and has numerous publications in peer-reviewed journals. Dr. Chattopadhyay has presented scientific papers at both National and International forums and has served as Principal Investigator for a DST-funded research project. He has also contributed as a Resource Person for the Ministry of Ayush in various academic seminars, reflecting his dedication to advancing Homoeopathic education and research.

Homoeopathic Practice In Changing Paradigm

This session is curreted specifically for stressing on the Homoeopathy practice in today's dynamic healthcare scenario. Homoeopathy, since its inception by Samuel Hahnemann, has stood as a rational, patient-centric system of medicine grounded in the principle of individualization. Over the centuries, it has evolved through clinical experiences, philosophical interpretations, and scientific inquiries. Today, in the backdrop of rapidly transforming healthcare dynamics, Homoeopathic practice is witnessing a significant paradigm shift. The contemporary era is characterized by evidence-based medicine, digital health technologies, genomics, and integrative approaches. Homoeopathy, while rooted in its classical foundations, is increasingly aligning with these advancements. The traditional art of case-taking is now being complemented by digital repertorization tools, electronic health records, and telemedicine platforms, enabling wider accessibility and precision in prescription. One of the most notable transformations is the growing emphasis on evidence generation and research validation. Clinical verification, outcome-based studies, and interdisciplinary research are gradually strengthening the scientific acceptability of Homoeopathy. Emerging areas such as nano-pharmacology have opened new avenues to understand the ultra-diluted medicines at a molecular level, thereby bridging the gap between classical concepts and modern science. The changing paradigm also calls for a reorientation of clinical training and education. The integration of Homoeopathy with contemporary diagnostics, public health strategies, and national healthcare programs is essential. A competent Homoeopathic physician today is expected not only to be a skilled prescriber but also a sound clinician capable of handling diverse medical conditions with confidence and accountability. Since, patient expectations have evolved. Today's patients seek holistic, safe, and sustainable treatment options. This session will highlight the Institutional initiatives, particularly under the aegis of the National Commission for Homoeopathy, are playing a pivotal role in shaping this transformation. The establishment of Faculty Development Centres, structured training modules and competency-based education frameworks are steps towards strengthening the quality of Homoeopathic practice in the country. The need of the hour is collective commitment—by educators, practitioners, researchers, and policymakers—to elevate the standards of practice and to ensure that Homoeopathy reaches its fullest potential as a system of healing in the changing paradigm.

New Releases



LIST OF RELEASES

Central Council for Research in Homoeopathy

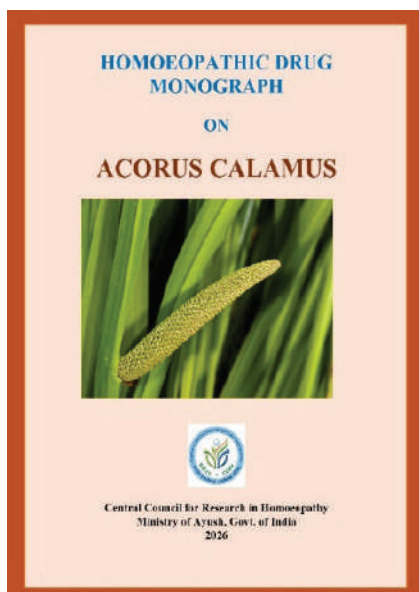
Logo of CCRH



The new logo of CCRH symbolises the harmony of science, nature, quantum energy and human well-being which collectively form the core of homoeopathic research. The elements of human figure, homoeopathic globule, nano quantum energy with a flowing tricolour, evokes vitality, progress and India identity. The logo is designed both in English and Hindi reflecting and has coloured, black and white and grey scale versions for dignified representation across different formats and applications.

CCRH Journey: Publication Outreach and Knowledge Dissemination (CCRH)

This work stands as a testament to the Central Council for Research in Homoeopathy's (CCRH) unwavering commitment to scientific research, effective communication, and meaningful dissemination of knowledge. Over the years, the Council has made sustained and dedicated efforts to systematically document and share its research outcomes with both the scientific community and the general public. CCRH has already published a book titled "CCRH: A journey through homoeopathic research publications" which includes compiled information about books published by CCRH up to 2022. This compilation presents a comprehensive catalogue of publications since 2022 with a glimpse of previous publications, encompassing diverse domains such as drug monographs, agro-homoeopathy, clinical research, and clinical verification. The publication also highlights key initiatives undertaken by the Council, including Materia Medica activities, notable achievements, and the development of Information, Education, and Communication (IEC) materials such as handouts, brochures, and e-portals. More than a mere record of accomplishments, this book reflects CCRH's vision of advancing homoeopathy through robust research, innovation, and widespread outreach, thereby contributing to its global acceptance and integration into healthcare.

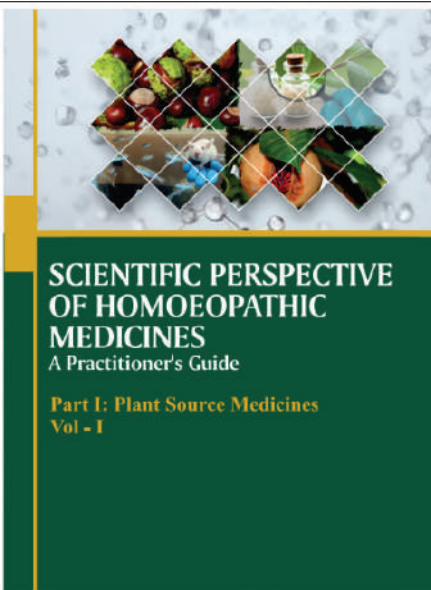


Monograph – Acorus calamus (CCRH)

This monograph presents a scientific evaluation of *Acorus calamus* as a homoeopathic medicine, based on research by the Central Council for Research in Homoeopathy (CCRH). It outlines the full drug development process, including pharmacognostical standardization, mother tincture preparation, pharmacological studies, homoeopathic pathogenetic trial (drug proving), and clinical verification.

Although widely used in Ayurveda for neurological and digestive disorders, *Acorus calamus* had limited homoeopathic exploration prior to this work. CCRH followed standard research protocols that established key quality parameters through macroscopic and microscopic analysis, HPTLC, and physicochemical testing. Pharmacological studies indicated mild analgesic and hypotensive effects with a favourable safety profile. Drug proving presented diverse spheres of action and symptoms generated across mental, head, respiratory, and musculoskeletal systems, were clinically verified. Clinical outcomes, assessed using MYMOP-2 and ORIDL scales, showed significant patient improvement. The monograph provides reliable

symptom profile to use of this remedy making it a valuable resource for homoeopathic practitioners.



Scientific Perspectives of Homoeopathic Medicines: A practitioners Guide Part – I, Volume I (CCRH)

This series book provides a comprehensive exploration of homoeopathic medicines, integrating traditional knowledge with modern scientific insights. The series of book will contain information based on origin and nature of drugs like Plants, chemicals, metals minerals etc. This Part-1: Plant Source Medicines, Volume 1, focuses on specific plant-derived homoeopathic medicines listed in the National List of Essential Ayush Medicines (NLEAM), providing a detailed account of their major active phytoconstituents, pharmacological effects, and potential risks. The inclusion of reported safety data of the mentioned plants makes this book an indispensable resource for homoeopathic practitioners, students, and researchers who seek to deepen their understanding of these remedies beyond their clinical applications. This work is the result of extensive literary research and analysis, bringing together classical homoeopathic knowledge with contemporary scientific evidence.

Revamped Newsletter of CCRH

To keep an old and valuable publication CCRH Newsletter, valid and significant, it's essential to regularly update and highlight its ongoing relevance while also maintaining the core principles and objective to disseminate the key activities and achievements of CCRH. The CCRH Newsletter is being revamped to ensure that it remains relevant, engaging, and aligned with the latest trends and readers' preferences and effectively highlights the achievements and research outcomes of our organization.



Indian Journal of Research in Homoeopathy Volume 20 Issue 1

Indian Journal of Research in Homoeopathy is a Scopus indexed, open access journal of CCRH focusing on high quality research publication. The journal follows a double-blind peer review process undertaken through a manuscript management system provided by digital commons. Though essentially published in English, the abstracts are published in Hindi, French, German, Japanese and Spanish.



Information, Education and Communication

Homoeopathy for Menstrual Health in Adolescent School-going Girls

Menstrual Health and Homoeopathy Menstrual morbidities are widely prevalent among adolescent girls in India, with over 80% of school-going girls reporting menstrual complaints that affect daily living. A substantial proportion of these girls continue to experience symptoms into adulthood due to underdiagnosis and inadequate intervention during early years. In response to this growing public health concern, CCRH has designed the public health programme “Homoeopathy for Menstrual Health in Adolescent School going Girls” to ascertain the prevalence of menstrual morbidities, enhance awareness regarding menstrual hygiene, and provide homoeopathic interventions to affected girls. Under this initiative, IEC materials in English, Hindi and regional languages have been developed for dissemination at the grassroots level, with the objective of increasing knowledge and awareness about menstrual hygiene and homoeopathy, promoting homoeopathic treatment as a therapeutic option, and reducing the burden of menstrual illhealth among India’s adolescent girls.





Management of Molluscum Contagiosum with Homoeopathy

The handout titled Management of Molluscum Contagiosum with Homoeopathy is being released in English, Hindi, and Telugu languages to disseminate information on the disease Molluscum Contagiosum and its homoeopathic management and to increase awareness about the disease among the general public and patients in the units where the study is currently underway across 10 units of the Central Council for Research



in Homoeopathy.

Prediabetes-

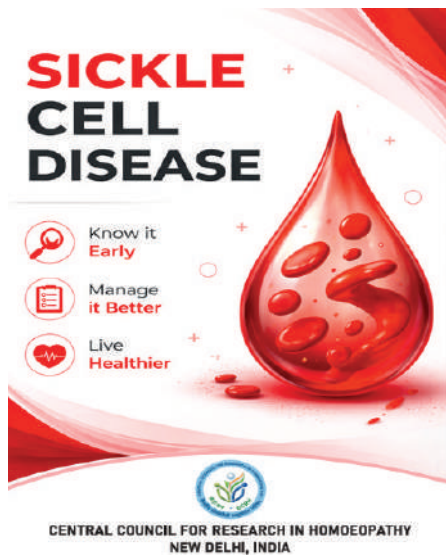
Several factors increase the risk of developing prediabetes. Understanding these factors is the first step towards a proactive approach to health. Recognizing these risk factors empowers individuals to make informed lifestyle choices and take proactive steps towards better health. Early detection and lifestyle modifications can significantly reduce the risk of progressing to type 2 diabetes.





Insomnia and Homoeopathy

The handout on Insomnia and Homoeopathy, provides simple and practical information on insomnia, including its common causes, symptoms, and impact on daily life. It introduces the role of homoeopathy in the management of sleep disturbances, highlighting its holistic approach that considers individual symptoms and overall well-being. The handout also outlines general lifestyle and sleep hygiene measures that can support healthy sleep. Designed as an easy-to-understand IEC resource for the general public, it aims to raise awareness about insomnia and inform readers about homoeopathy as a supportive option for improving sleep health.

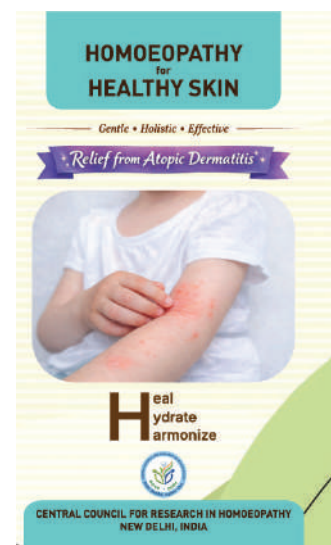


Sickle Cell Disease

The handout on Sickle Cell Disease provides basic information on Sickle Cell Disease, including its causes, common symptoms, and the challenges faced by individuals living with the condition. It introduces the role of homoeopathy as a supportive system of medicine that aims to address symptoms and improve overall well-being through an individualized approach. The handout also highlights the importance of regular medical care, healthy lifestyle practices, and early recognition of complications. Prepared as an IEC resource for the general public, it seeks to create awareness about Sickle Cell Disease and inform readers about supportive care options including homoeopathy.

Homoeopathy for Healthy skin

Homoeopathy for Healthy Skin Handout provides general information on maintaining healthy skin and the common factors that affect skin health, such as hygiene, nutrition, lifestyle, and environmental influences. It introduces the role of homoeopathy in supporting skin health through a holistic and individualized approach that considers a person's overall constitution and symptoms. The handout also highlights simple preventive measures and healthy habits that can help maintain skin vitality. Prepared as an IEC resource for the general public, it aims to promote awareness about skin care and inform readers about homoeopathy as a supportive approach for maintaining healthy skin.





Heat Wave

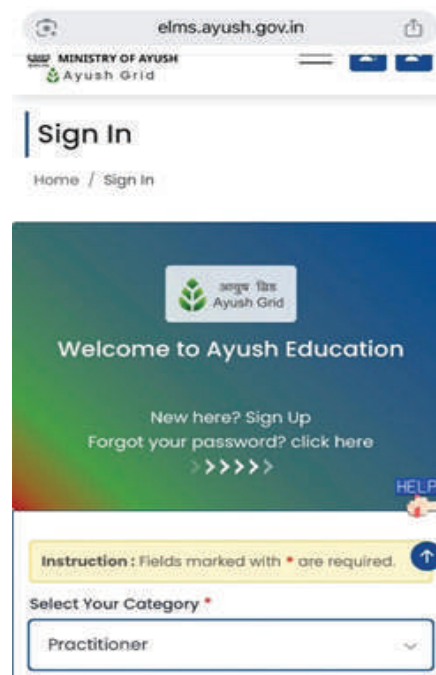
Heat Wave handout provides essential information about heat waves, their common health effects, and practical measures to stay safe during periods of extreme heat. It highlights early symptoms of heat-related illnesses and simple preventive steps such as adequate hydration, avoiding prolonged sun exposure, and maintaining a cool environment. The handout also introduces the role of homoeopathy as a supportive approach in managing symptoms associated with heat stress. Prepared as an IEC resource for the general public, it aims to promote awareness and encourage safe practices to protect health during heat wave conditions.



PORTALS

First Certification course for practitioners on Ayush Grid Portal under BERH (NCH)

A joint certification course developed in collaboration with CCRH on Good Clinical Practices Guidelines for Clinical Trials in Homoeopathy (GCP- H), which details the ethical and scientific principles, practices and guidelines that govern clinical research, ensuring protection of human participants and ensuring high-quality, credible, reliable data. National Commission for Homoeopathy under the AYUSH Grid has introduced a structured 8.00 hrs. duration online course for registered Homoeopathic practitioners for a nominal fee of Rs. 1000/-. It equips homoeopathic researchers, teachers, and practitioners with ethical insight, research methodology competence, regulatory knowledge and professional credibility, all of which further helps in clinical practice, contribute to research, or engage with institutional review or publication processes.



CCRH IRINS portal

The Central Council for Research in Homoeopathy (CCRH) is proud to announce the launch of its dedicated instance of IRINS (Indian Research Information Network System), a web-based Research Information Management service developed by the INFLIBNET Centre. This portal serves as a unified platform to collect, curate, and showcase the diverse scholarly activities of our scientists and researchers, fostering a robust scholarly network within the R&D community. By integrating seamlessly with academic identities such as ORCID, Scopus, and Google Scholar, as well as internal grant and HR management systems, the CCRH-IRINS portal ensures the automated ingestion and global visibility of our institutional research output.





AI native content on CCRH knowledge dissemination (CCRH)

A Short QR code-based content on air board technology providing a glimpse of research-based and IEC publications of the Council. The technology enhances public outreach where the content is played in the mixed reality mode through the QR code.

होम्योपैथी शब्दकोश

होम्योपैथी शब्दकोश एक डिजिटल प्रयास है, जिसका उद्देश्य होम्योपैथी चिकित्सा पद्धति में प्रयुक्त अंग्रेज़ी शब्दों के सटीक, सरल एवं प्रामाणिक हिन्दी अर्थ प्रदान करना है। यह केवल होम्योपैथी चिकित्सा पद्धति में प्रयुक्त जटिल अंग्रेज़ी शब्दावली को सरल हिन्दी में प्रस्तुत करने का माध्यम है, बल्कि यह राजभाषा के संवर्धन की दिशा में एक सार्थक कदम भी है। यह मंच विशेष रूप से उन पेशेवरों और विद्यार्थियों के लिए विकसित किया गया है, जो अपने कार्य में हिन्दी के प्रयोग को बढ़ावा देना चाहते हैं। यह पहल भाषा और चिकित्सा के समन्वय का एक सशक्त उदाहरण है, जहाँ ज्ञान के आदान-प्रदान को अधिक सुलभ और व्यापक बनाने पर बल दिया गया है।





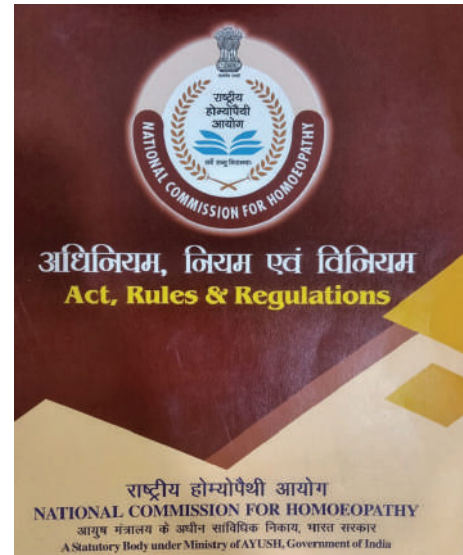
National Commission for Homoeopathy

Volume-2 of Act, Rules and Regulations by NCH

The compendium bearing ISBN no :978-93-7066-737-2 consists of Rules and Regulations notified under the NCH Act along with their Amendment. The regulations pertain to the recognition of BHMS and PG (MD) degree, MQRL Regulation, National Examination in Homoeopathy, Medical Research in Homoeopathy, Homoeopathy PG Degree Programme(M.D), Minimum essential standards for Homoeopathic colleges and attached hospitals, Assessment and Rating of Medical institutions, Code of Ethics and professional conduct for practitioners of Homoeopathy, Maintenance of National register for practitioner of Homoeopathy.

A-V compilation of activities happening across India in colleges and organised by State Councils Board under initiative of NCH to celebrate "Homoeopathic awareness week" from 1st to 7th April 2026.

Many interesting activities were conducted across India by colleges, various associations and State Councils/ Board under the directions of National Commission for Homoeopathy to celebrate "Homoeopathic awareness week" from 1st to 7th April 2026. Commission has taken the initiative to promote and encourage the celebration of World homoeopathy day for 2026 by homoeopathic fraternity all over the country by circulating directives for organizing "Homoeopathic awareness week" from 1st to 7th April 2026. All the activities shall be summarized in an AV/Presentation form and displayed during the WHD celebration on 10th April 2026.



Documentary

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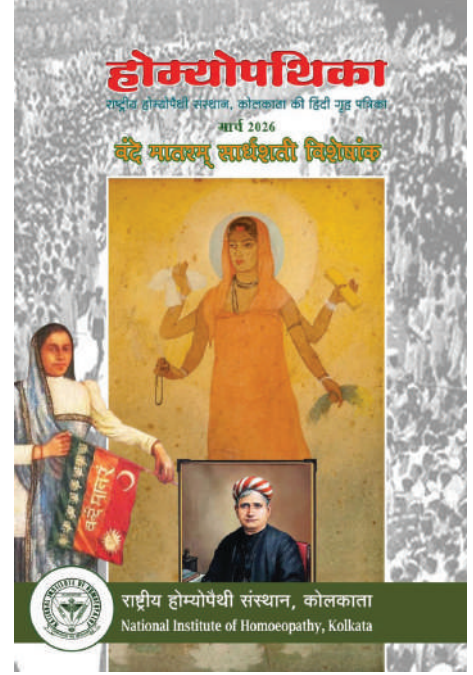
Many interesting activities were conducted across India by colleges, various associations and State Councils/ Board under the directions of National Commission for Homoeopathy to celebrate "Homoeopathic awareness week" from 1st to 7th April 2026. Commission has taken the initiative to promote and encourage the celebration of World homoeopathy day for 2026 by homoeopathic fraternity all over the country by circulating directives for organizing "Homoeopathic awareness week" from 1st to 7th April 2026. All the activities shall be summarized in an AV/Presentation form and displayed during the WHD celebration on 10th April 2026.



National Institute of Homoeopathy

पत्रिका 'होम्योपथिका'

विश्व होम्योपैथी दिवस 2026 के पावन अवसर पर, 10 अप्रैल 2026 को राष्ट्रीय होम्योपैथी संस्थान, कोलकाता द्वारा प्रकाशित अर्धवार्षिक पत्रिका 'होम्योपथिका' के द्वितीय अंक का लोकार्पण अत्यंत गौरव और हर्ष का विषय है। संस्थान के स्वर्णिम पचासवें वर्ष में प्रवेश तथा भारत के राष्ट्रीय गीत 'वंदे मातरम्' की रचना के 150 वर्ष पूर्ण होने के उपलक्ष्य में यह अंक 'वंदे मातरम् सार्धशती विशेषांक' के रूप में प्रकाशित हो रहा है, जो राष्ट्रभावना, चिकित्सा परंपरा और वैज्ञानिक ज्ञान के अद्वितीय समन्वय का सशक्त प्रतीक है। बंकिम चंद्र चट्टोपाध्याय द्वारा 7 नवंबर 1875 को रचित यह अमर गीत, उपन्यास 'आनंदमठ' से निकलकर स्वतंत्रता संग्राम का प्रेरणास्रोत बना, जिसे 1896 में रवींद्रनाथ टैगोर ने कांग्रेस अधिवेशन में स्वर दिया तथा 1950 में राष्ट्रपति डॉ. राजेंद्र प्रसाद द्वारा इसके प्रथम दो पदों को राष्ट्रीय गीत का दर्जा प्रदान किया गया। संस्थान के 50 गौरवशाली वर्षों ने होम्योपैथी को राष्ट्रव्यापी पहचान दिलाई है, और इसी परंपरा को आगे बढ़ाते हुए यह विशेषांक राष्ट्रप्रेम और चिकित्सा सेवा के समन्वय को नई दिशा प्रदान करता है। इस उत्कृष्ट प्रकाशन के संरक्षक डॉ. प्रलय शर्मा, मुख्य संपादक प्रो. (डॉ.) शिशिर कुमार सिंह, संपादक सोमनाथ कुंजर तथा संपादकीय सलाहकार अजयेंद्रनाथ त्रिवेदी के कुशल मार्गदर्शन में, साथ ही डॉ. चिंतामणि नायक, डॉ. स्वपन पॉल, राकेश तिवारी और चंदा चौधरी के समर्पित सहयोग से यह अंक न केवल संस्थान की उपलब्धियों का गौरवगान करता है, बल्कि 'वंदे मातरम्' की अमर भावना के साथ होम्योपैथी की सेवा-परंपरा को भी सशक्त एवं प्रेरणादायी रूप में प्रस्तुत करता है।





Students Corner



SHORT TERM STUDENTSHIP IN HOMOEOPATHY (STSH) 2024 AWARDEES

S.NO.	TITLE	NAME OF STUDENT	NAME OF COLLEGE
1	A CLINICAL TRIAL TO EVALUATE THE EFFICACY OF HOMEOPATHIC MEDICINE PHOSPHORUS VARIOUS POTENCIES ON THE GERMINATION AND EARLY GROWTH OF BRASSICA OLERACEA SEEDS	Dr. RAHUL L. PARMAR	RAJKOT HOMOEOPATHIC MEDICAL COLLEGE, PARUL UNIVERSITY, GUJARAT
2	EXPERIMENTAL STUDY TO UNDERSTAND THE POTENTIAL OF AMMONIUM PHOSPHORICUM 30 C IN THE GROWTH OF ABELMOSCHUS ESCULENTUS BY SEED PRIMING METHOD – CONTROLLED PARALLEL ARM STUDY	JİYABEN KALPESHKUMAR PATEL	SMT. A. J. SAVLA HOMOEOPATHIC MEDICAL COLLEGE AND RESEARCH INSTITUTE, MEHSANA, GUJARAT
3	A CROSS-SECTIONAL SURVEY TO UNDERSTAND THE REASON BEHIND DECLINE IN HOMEOPATHIC PRACTICE AMONG UNDERGRADUATE STUDENTS AND INTERNS AND THEIR PERSPECTIVES ON HOMEOPATHIC PRINCIPLES	CHAND KALPESHKUMAR PATEL	SMT. A. J. SAVLA HOMOEOPATHIC MEDICAL COLLEGE AND RESEARCH INSTITUTE, GUJARAT
4	INVESTIGATING THE EFFECT OF 50 MILLESIMAL POTENCY OF MANGANUM ACETICUM (0/1, 0/2, 0/3) ON THE GROWTH AND YIELD OF ARACHIS HYPOGAEA	SYED ABIDA ANJUM	AKULA SREE RAMULU HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, ANDHRA PRADESH
5	EVALUATING HOMOEOPATHIC REMEDIES FOR SUSTAINABLE PEST CONTROL IN TOMATO CULTIVATION	TANAYA RAMCHANDRA BHANDARE	LATE MRS. HOUSABAI HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, A/P NIMSHIRGAON, MAHARASHTRA
6	EFFICACY OF SILICEA 6C ON GERMINATION OF ABELMOSCHUS ESCULENTUS (OKRA) SEEDS, GROWTH AND ITS DEVELOPEMENT BY PRIMING METHOD-AN EXPERIMENTAL STUDY	MUDHALE SAKSHI DATTA	LATE MRS. HOUSABAI HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, NIMSHIRGAON, MAHARASHTRA
7	INVESTIGATING THE EFFECT OF 50 MILLESIMAL POTENCY OF KALIPHOS (0/1, 0/2, 0/3) ON THE GROWTH AND YIELD OF CORIANDRUM SATIVUM	MUNGAMURI ASWANTH	AKULA SREE RAMULU HOMOEOPATHIC MEDICAL COLLEGE, ANDHRA PRADESH
8	INVESTIGATION OF THE EFFECT OF 50 MILLESIMAL POTENCY OF CALCAREA CARBONICA (0/1, 0/2, 0/3) ON THE GROWTH AND YIELD OF SOYBEANS (GLYCINE MAX)	BANTUMILLI VAMSI PRABHAKAR	AKULA SREE RAMULU HOMOEOPATHIC MEDICAL COLLEGE, ANDHRA PRADESH
9	EFFICACY OF KALI SULPHURICUM 30X IN ALLEVIATING SIGATOKA DISEASE IN BANANA PLANT: AN EXPERIMENTAL UNCONTROLLED STUDY	VEERKUMAR RAVASAHEB PATIL	LATE MRS. HOUSABAI HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, NIMSHIRGAON, MAHARASHTRA
10	AN EXPERIMENTAL STUDY ON EFFICACY OF PHOSPHORUS 6C, 30C, 200C IN GERMINATION AND GROWTH PROMOTION OF CICER ARIETINUM SEEDS THROUGH HYDROPONICS	BIRUDURAJU CHANDANA	HAMSA Homoeopathy MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE, TELANGANA



SHORT TERM STUDENTSHIP IN HOMOEOPATHY (STSH) 2024 AWARDEES

S.NO.	TITLE	NAME OF STUDENT	NAME OF COLLEGE
11	AN EXPERIMENTAL IN-VITRO STUDY TO EVALUATE ANTI-NEOPLASTIC ACTION OF AEGLE MARMELOS VERSUS THUJA OCCIDENTALIS ON LEUKEMIA BY FLOW CYTOMETRY APOPTOSIS AND CELL CYCLE ASSAY	SOMAVATI SHRISHAIL HIREMATH	KLE HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, BELAGAVI, KARNATAKA
12	TO STUDY THE EFFICACY OF PHOSPHOROUS 30CH FOR THE MANAGEMENT OF SCLEROTINIA SCLEROTIORUM CAUSING WHITE MOLD DISEASE IN PHASEOLUS VULGARIS	SHAHLAH SYED	MNR HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, SANGAREDDY, TELANGANA
13	PERCEPTIONS AND ATTITUDES OF FIRST AND SECOND YEAR BHMS STUDENTS TOWARDS THE NEWLY IMPLEMENTED COMPETENCY-BASED DYNAMIC CURRICULUM: A CROSS-SECTIONAL STUDY	MANSOOR ANSARI	A.N.S.S. HOMOEOPATHIC MEDICAL COLLEGE, KERALA
14	A PROSPECTIVE EXPERIMENTAL STUDY TO INVESTIGATE THE EFFICACY OF BELLIS PERENNIS IN VARIOUS POTENCIES FOR THE TREATMENT OF POSTPARTUM CONSTIPATION	BILLA VAISHNAVI	MNR HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, TELANGANA
15	EVALUATION OF ION CHANNEL TRAFFICKING IN CARDIOVASCULAR DISEASE USING HOMOEOPATHIC MEDICINES AMYLENUM NITROSUM 30C AND DIGITALIS PURPUREA 30C IN HEK293 CELL LINE	S.B. ANANYAA	VENKATESWARA HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, TAMIL NADU
16	EFFICACY OF KALI NITRICUM 6C IN COMPARISON WITH NPK FERTILISER IN YIELD OF CORIANDER PLANT, LEAF AND SEEDS	DATTANI KHUSHI HITESHBHAI	PIONEER HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, VADODARA, GUJARAT
17	ELECTROMAGNETIC SPECTRAL ANALYSIS OF VARIOUS DILUTIONS OF HOMOEOPATHIC MEDICINES	JONITTA S	SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE, TAMIL NADU
18	ANTI-INFERTILITY EFFECT OF SABAL SERRULATA 3X IN ORNIDAZOLE INDUCED STERILE MALE RATS - IN VIVO STUDY	M. NIROSHINI MUTHU	SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE, TAMIL NADU
19	A PLACEBO CONTROLLED STUDY ON THE EFFICACY OF FERRUM MURIATICUM 6X IN THE TREATMENT OF IRON DEFICIENCY ANAEMIA IN FEMALES OF REPRODUCTIVE AGE	SREYA SANTOSH	SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE, TAMIL NADU.
20	AN INVITRO STUDY ON ANTIBACTERIAL ACTIVITY OF NATRUM MUR SEPIA AND NITRIC ACID AND THEIR DIFFERENT POTENCIES AGAINST STAPHYLOCOCCUS AUREUS IN VAGINITIS	MOHANA PRIYA I.	SARADA KRISHNA HOMEOPATHIC MEDICAL COLLEGE KULASEKHARAM, TAMIL NADU



SHORT TERM STUDENTSHIP IN HOMOEOPATHY (STSH) 2024 AWARDEES

S.NO.	TITLE	NAME OF STUDENT	NAME OF COLLEGE
21	AN IN VITRO PLANT TISSUE CULTURE STUDY ON EFFECT OF ZINCUM METALLICUM 30C, 200C AND 1M ON THE GROWTH AND OIL YIELD OF BACOPA MONNIERI	JEENA CATHERINE JOHN	SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE KULASEKHARAM, TAMIL NADU
22	A SINGLE BLIND CLINICAL STUDY ON EFFECTIVENESS OF BACILLUS DYSENTERIAE-30CH IN TREATING STAGE FEAR IN STUDENTS	ARIVUKKANI A P L	SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE, TAMIL NADU
23	A COMPARATIVE STUDY ON URANIUM NITRICUM 6X AND PHLORIZINUM 6X IN THE TREATMENT OF TYPE 2 DIABETES MELLITUS BASED ON HBA1C LEVEL	SHARMILA S	SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE KULASEKHARAM, KANYAKUMARI DISTRICT TAMIL NADU
24	IN VITRO STUDY OF THE ANTI DIABETIC EFFECT OF MOMORDICA CHARANTIA MOTHER TINCTURE	DHIVYA SRI P	SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE, KULASEKHARAM, TAMIL NADU
25	A STUDY TO ASSESS THE EFFECTIVENESS OF FOLIAR SPRAY OF ZINCUM METALLICUM 30CH IN THE MANAGEMENT OF LITTLE LEAF DISEASE AFFECTED SOLANUM MELONGENA	BASAVENI LIKHITHA	MNR HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, SANGAREDDY, TELANGANA
26	A PROSPECTIVE INTERVENTIONAL STUDY TO EVALUATE THE EFFECTIVENESS OF INDIVIDUALIZED HOMOEOPATHIC MEDICINES IN THE MANAGEMENT OF PREMENSTRUAL SYNDROME IN MENSTRUATING FEMALES OF AGE GROUP 18-45, USING PMSS SCALE	MANSURI SANIYA HAKIMBHAI	MERCHANT HOMEOPATHIC MEDICAL COLLEGE AND HOSPITAL, MEHSANA, GUJARAT
27	INVESTIGATION ON HISTOPATHOLOGICAL AND IMMUNE RESPONSE OF HOMOEOPATHIC MEDICINE SULPHIR 30C AGAINST DINOFLAGELLATE AMYLOODINIUM OCELLATUM INFECTION IN MARINE FISH SILVER POMPANO (TRACHINOTUS BLOCHII)	P S SUDARSHINI	RVS Homoeopathy MEDICAL COLLEGE AND HOSPITAL, TAMIL NADU
28	AN IN VITRO STUDY TO COMPARE THE ANTIFUNGAL ACTIVITY OF KREOSOTUM 3C, 6C AND 30C AGAINST PHYTOPHTHORA CAPSICI	CHETHANA P.L.	FATHER MULLER HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, KARNATAKA
29	A STUDY UPON THE EFFICACY OF HOMOEOPATHIC MEDICINES ON IMPROVING THE YIELD, BIOTIC AND ABIOTIC STRESS RESISTANCE OF SOLANUM MELONGENA (BRINJAL) PLANT	SARA NUWAIYA A	SHRI BARANI Homoeopathy MEDICAL COLLEGE AND HOSPITAL, NAMAKKAL, TAMIL NADU
30	QUANTIFICATION OF CAPSANTHIN IN CAPSICUM ANNUUM SUPPLEMENTED WITH ZINCUM METALLICUM (6X, 30C, 0/1 POTENCIES)	ARUN CHAVAN	JIMS HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, TELANGANA

**SHORT TERM STUDENTSHIP IN HOMOEOPATHY (STSH) 2024 AWARDEES**

S.NO.	TITLE	NAME OF STUDENT	NAME OF COLLEGE
31	ASSESSING THE EFFICACY OF DIFFERENT POTENCIES OF PSORINUM IN VARYING MACRO AND MICRO NUTRIENTS WITH FOCUS ON QUANTITATIVE MICROBIOTA IN BLACK SOIL	DURUGADDA SRAVANA KALYANI	JIMS Homoeopathy MEDICAL COLLEGE AND HOSPITAL, TELENGANA
32	A COMPARATIVE STUDY ON THE EFFICACY OF HOMOEOPATHIC MEDICINES SILICEA 30C VS CALCAREA PHOSPHORICA 30C TO CONTROL NILAPARVATA LUGENS IN ORYZA SATIVA - A RANDOMIZED, PLACEBO CONTROLLED TRIAL	SUMAIYA BEGUM T. I	RVS Homoeopathy MEDICAL COLLEGE AND HOSPITAL - TAMIL NADU
33	A COMPARATIVE STUDY ON THE EFFICACY OF KALIUM NITRICUM AND CALCAREA MURIATICUM AS SEED HALOPRIMERS ON THE GERMINATION PARAMETERS OF TRITICUM AESTIVUM	KRUTIKA NITIN BHANDARI	MOTIWALA (NATIONAL) HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL, NASHIK, MAHARASHTRA
34	COMPREHENSIVE FTIR SPECTROSCOPIC CHARACTERIZATION AND FUNCTIONAL GROUP PROFILING OF TWELVE HOMOEOPATHIC TISSUE REMEDIES AT 3X POTENCY: INSIGHTS INTO MOLECULAR STRUCTURE AND THERAPEUTIC MECHANISMS	SUJITHA.G	VINAYAKA MISSION HOMEOPATHIC MEDICAL COLLEGE AND HOSPITAL, SALEM, TAMIL NADU
35	THE EFFICACY OF LAC DEFLOMATUM 30C IN TREATMENT OF PRIMARY INSOMNIA IN POSTMENOPAUSAL WOMEN BY USING INSOMNIA SEVERITY INDEX AND MENOPAUSAL RATING SCALE IN 50 TO 55 YEARS	LAVANYA MILIND GUNDKAL	BHARATHESH HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, BELGAVI, KARNATAKA
36	α - GLUCOSIDASE INHIBITION AND PHYTOCHEMICAL ANALYSIS OF SWIETENIA MACROPHYLLA MOTHER TINCTURE: EXPLORING ITS ANTIDIABETIC POTENTIAL	GOKULA KRISHNAN. N	VINAYAKA MISSION'S HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, SALEM, TAMIL NADU
37	HEPG2 CELL LINE EVALUATION OF HOMOEOPATHIC ECLIPTA PROSTRATA TINCTURE: ANTICANCER ACTIVITY VIA MTT, FTIR, UV SPECTROSCOPY, PHYTOCHEMICAL SCREENING AND DPPH ASSAYS	VANDHANA MEENAKSHI H	VINAYAKA MISSIONS HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL SALEM TAMILNADU
38	COMPARATIVE STUDY OF ACTION OF HOMEOPATHIC MEDICINE BORAX (6C, 30C, 200C AND 1M) ON GROWTH AND YIELD OF ABELMOSCHUS ESCULENTUS AND RESISTANCE AGAINST VERTICILLIUM WILT	AYESHA RIFTA	YENEPOYA HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, KARNATAKA
39	EFFECT OF GALIUM APARINE AND SEMPERVIVUM TECTORUM IN VARIOUS POTENCIES ON THE MUCOUS MEMBRANE OF ORAL CANCER CELLS BY SCRATCH/ WOUND HEALING ASSAY- AN IN-VITRO STUDY	GAYATRI UCHAGAONKAR	KLE HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, BELAGAVI, KARNATAKA



SHORT TERM STUDENTSHIP IN HOMOEOPATHY (STSH) 2024 AWARDEES

S.NO.	TITLE	NAME OF STUDENT	NAME OF COLLEGE
40	AN APPROACH IN THE GROWTH OF SOLANUM LYCOPERSICUM BY HOMOEOPATHIC MEDICINE NATRIUM MURIATICUM 30CH UNDER THE STRESS OF SALINITY	GUNASHREE T	MARIA HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, TAMIL NADU
41	A STUDY TO ASSESS THE EFFECTIVENESS OF ACIDUM URICUM 3X IN THE TREATMENT OF SUBCUTANIOUS LIPOMA IN ADULTS - AN OBSERVATIONAL STUDY	PRANAVA M S	FATHER MULLER HOMOEOPATHIC MEDICAL COLLEGE, KARNATAKA
42	A PILOT STUDY TO ASSESS THE USEFULNESS OF HOMOEOPATHIC MEDICINE LUNA IN CASES OF MIGRAINE IN THE POPULATION OF GREATER NOIDA	ARYAN GUPTA	BAKSON HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, GREATER NOIDA, UTTAR PRADESH
43	TO STUDY THE EFFICACY OF HOMOEOPATHIC MEDICINE CALCAREA CARBONICA IN CENTESIMAL VERSUS 50 MILLESIMAL SCALE IN INCREASING THE YIELD OF MUNG BEAN - A COMPARATIVE STUDY	JOTHISH J	WHITE MEMORIAL HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL, TAMIL NADU
44	STUDY ON EFFECTIVENESS OF DIURETIC ACTION OF LOWER POTENCIES OF BOERHAAVIA DIFFUSA IN PATIENTS WITH SYSTEMIC HYPERTENSION	ANJU T B	GOVERNMENT HOMOEOPATHIC MEDICAL COLLEGE THIRUVANANTHAPURAM, KERALA
45	TO COMPARE THE ANTIMICROBIAL ACTIVITY OF DIFFERENT POTENCIES OF ECHINACEA AUGUSTIFOLIA AND BERBERIS VULGARIS IN ESCHERICHIA COLI BY AGAR WELL DIFFUSION METHOD	PV MEENAKSHI	RVS Homoeopathy MEDICAL COLLEGE AND HOSPITAL, TAMIL NADU
46	Homoeopathy IN THE DIGITAL AGE: TREATING NOMOPHOBIA WITH LM POTENCY	AIMAN SULTANA	DEVS HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, TELANGANA
47	STUDYING THE PREVALENCE & TYPE OF STRESS IN 1ST BHMS STUDENTS, AND ITS MANAGEMENT BY CONSTITUTIONAL INDIVIDUALISTIC HOMOEOPATHIC THERAPEUTIC USING THE PERCEIVED STRESS SCALE	DIVYANSH RAI	SHREE SWAMINARAYAN Homoeopathy COLLEGE, GUJARAT
48	EVALUATING THE EFFICACY OF PHOSPHORIC ACID 200C IN THE TREATMENT OF CANITIES: A COMPREHENSIVE STUDY ON HOMOEOPATHIC APPROACHES TO HAIR GRAYING AND RESTORATION USING GRAYING SEVERITY SCORE SCALE IN 50 YOUNG ADULTS AGED 18 TO 30 YEARS	ANUPAMA AMARDEV YADAV	Dr. G.D. POL FOUNDATION, YMT HOMOEOPATHIC MEDICAL COLLEGE AND CHARITABLE HOSPITAL- P.G. INSTITUTE, KHARGHAR, NAVI MUMBAI, MAHARASHTRA

**SHORT TERM STUDENTSHIP IN HOMOEOPATHY (STSH) 2024 AWARDEES**

S.NO.	TITLE	NAME OF STUDENT	NAME OF COLLEGE
49	AN INVITRO STUDY TO UNVEIL THE ONCOSTATIC POTENTIAL OF DIFFERENT POTENCIES OF HOMEOPATHIC MEDICINES POLYGALA SENEGA AND STICTA PULMONARIA ON CYTOTOXICITY, GENOTOXICITY AND OXIDATIVE STRESS IN LUNG CANCER CELL LINE(A549)	ATHITHI RAKSHANA NATARAJAN	WHITE MEMORIAL HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, TAMIL NADU
50	ROLE OF MAGNESIUM PHOSPHORICUM 30C AND 200C IN ENHANCING MACRONUTRIENTS OF SOIL EVALUATED BY OPTICAL EMISSION SPECTROSCOPY AND CHLOROPHYLL SPECTROPHOTOMETRY IN AMARANTHUS DUBIUS: A COMPARATIVE STUDY	RAMAGIRI NAGA CHARITH	JIMS HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL, TELANGANA
51	CLINICAL ASSESSMENT OF HELONIAS DIOICA HOMOEOPATHIC VAGINAL WASH IN TREATMENT OF VULVOVAGINAL CANDIDIASIS	YASANI ANUSHA REDDY	JIMS HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, TELANGANA
52	IN VIVO EVALUATION OF ANGIOGENIC EFFECTS OF SECALE CORNUTUM 30CH AND 200CH USING THE CHORIOALLANTOIC MEMBRANE	R. SUBHASRI	Dr. HAHNEMANN Homoeopathy MEDICAL COLLEGE AND RESEARCH CENTRE, RASIPURAM, NAMAKKAL, TAMIL NADU
53	PHYSICO-CHEMICAL CHARACTERIZATION OF DIFFERENT HOMOEOPATHIC POTENCIES OF SULPHUR USING DYNAMIC LIGHT SCATTERING AND ZETA POTENTIAL: AN ANALYTICAL STUDY	ALWIN CRASTA	ALVA'S HOMOEOPATHIC MEDICAL COLLEGE, KARNATAKA
54	AN EXPERIMENTAL STUDY TO INVESTIGATE THE EFFECTS OF HOMOEOPATHIC MEDICINE CALCAREA PHOSPHORICA 6X, 30C, 200C, IN GROWTH AND YIELD OF SOLANUM MELONGENA	MAHA SRI. R	Dr. HAHNEMANN Homoeopathy MEDICAL COLLEGE AND RESEARCH CENTER, RASIPURAM, NAMAKKAL, TAMIL NADU.
55	AN IN VITRO STUDY TO ASSESS THE CYTOTOXICITY AND HEPATOPROTECTIVE ACTION OF CARDUS MARIANUS 6C IN ALCOHOLIC AND NON -ALCOHOLIC LIVER CIRRHOTIC CELLS USING MTT ASSAY	SHIFA MOL J	WHITE MEMORIAL HOMOEOPATHIC MEDICAL COLLEGE, TAMIL NADU
56	A CLINICAL STUDY TO EVALUATE THE EFFICACY OF BOERHAVIA DIFFUSA 30C IN HYPERTENSION AMONG SMOKERS	D.MAHALAXMI	JIMS HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, TELANGANA
57	AN OPEN LABEL STUDY TO ASSESS THE EFFECTIVENESS OF SARSAPARILLA OFFICINALIS 3X IN URINARY TRACT INFECTION BY ESTIMATING PUS CELLS	SHREYA SHEE	METROPOLITAN HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL, WEST BENGAL



AWARDEES OF CCRH SCHOLARSHIP FOR “QUALITY MD DISSERTATION IN HOMOEOPATHY” 2025-2026

S.No	Name of the Awardee	Title of Dissertation	Name of the College
HOMOEOPATHIC MATERIA MEDICA			
1	Dr. DIVYA BABU	EFFECTIVENESS OF INDIVIDUALISED HOMOEOPATHIC MEDICINES IN CHRONIC RHINOSINUSITIS WITH NASAL POLYPOSIS - A PROSPECTIVE SINGLE ARM QUASI EXPERIMENTAL STUDY	GOVERNMENT HOMOEOPATHIC MEDICAL COLLEGE, KL
2	Dr. RUCHITA BIPINBHAI BAMBHANIYA	UTILITY OF HOMOEOPATHIC MEDICINES IN MANAGEMENT OF BEHAVIOURAL CHANGES IN CASES OF OBSESSIVE-COMPULSIVE DISORDER	ANAND HOMOEOPATHIC MEDICAL COLLEGE AND RESEARCH INSTITUTE, GJ
3	Dr. SAKSHI BHADANA	A RANDOMIZED CONTROLLED OPEN LABEL COMPARATIVE TRIAL TO ASSESS THE ROLE OF INDICATED HOMOEOPATHIC MEDICINE IN RESTORING REGULAR MENSTRUAL CYCLE IN CASES OF PCOD	Dr. MADAN PRATAP KHUNTETA HOMOEOPATHIC MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE, RJ
4	Dr. SHUBHAM GROVER	USEFULNESS OF INDIVIDUALIZED LM POTENCIES VS CENTESIMAL POTENCIES IN THE MANAGEMENT OF AUTISM SPECTRUM DISORDER: A RANDOMIZED ANALYTICAL STUDY	BAKSON HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL, UP
5	Dr. V. HARIPRIYA	STUDY OF HOMEOPATHIC REMEDY PROFILE IN THE MANAGEMENT OF POLYCYSTIC OVARIAN SYNDROME	JIMS HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL, TG
6	Dr. PRAGYA SRIVASTAVA	A PROSPECTIVE CLINICAL STUDY OF KALIUM MURIATICUM IN ALLERGIC RHINITIS BY ASSESSING ABSOLUTE EOSINOPHILIC COUNT	BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY) HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, MH
PRACTICE OF MEDICINE			
7	Dr. ATHIRA ANIL	HOMOEOPATHIC MEDICINES COMBINED WITH BEHAVIOUR THERAPY VIS-À-VIS BEHAVIOUR THERAPY IN CASES OF ATTENTION-DEFICIT/HYPERACTIVITY DISORDER (ADHD) - A RANDOMIZED COMPARATIVE DOUBLE-ARM TRIAL	BAKSON HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL, UP
8	Dr. PUJA KOTHARI ACHARYA	ANALYSING THE EFFECTIVENESS OF INDIVIDUALISED HOMOEOPATHIC POTENCIES IN QUIN/LM-VERSUS-CM IN THE TREATMENT OF CASES OF NON-SCARRING ALOPECIA-AN EVIDENCE BASED, RANDOMISED COMPARATIVE, EXPLORATORY CLINICAL TRIAL	BAKSON HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL, UP



S.No	Name of the Awardee	Title of Dissertation	Name of the College
9	Dr. RAYBA KHATOON	THE EFFICACY OF INDIVIDUALIZED HOMOEOPATHIC MEDICINES IN CENTESIMAL POTENCY IN THE TREATMENT OF CHRONIC FUNCTIONAL CONSTIPATION IN ADULTS: A DOUBLE-BLIND, RANDOMIZED, PLACEBO-CONTROLLED TRIAL	THE CALCUTTA HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, WB
10	Dr. RESHMA. P	EFFECTIVENESS OF INDIVIDUALISED HOMOEOPATHIC INTERVENTION IN CHRONIC IDIOPATHIC URTICARIA USING UAS7 SCORE	NATIONAL Homoeopathy RESEARCH INSTITUTE IN MENTAL HEALTH, KL
11	Dr. EKTA VIRANI	A PROSPECTIVE STUDY TO KNOW THE EFFECTIVENESS OF INDIVIDUALIZED HOMOEOPATHIC MEDICINE IN CASES OF RHEUMATOID ARTHRITIS	JAWAHARLAL NEHRU HOMOEOPATHIC MEDICAL COLLEGE, GJ
ORGANON OF MEDICINE AND HOMOEOPATHIC PHILOSOPHY			
12	Dr. AJAY KUMAR VERMA	A STUDY ON IMPORTANCE OF MENTAL PICTURE IN HOMOEOPATHIC TREATMENT OF CHRONIC PSORIASIS	GOVERNMENT HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL, MP
13	Dr. PREETI BHANDARI	A RANDOMIZED, DOUBLE-BLIND, PLACEBO-CONTROLLED TRIAL OF INDIVIDUALIZED HOMOEOPATHIC MEDICINES IN ADULTS WITH DYSLIPIDAEMIA	D.N. DE HOMOEOPAHTIC MEDICAL COLLEGE AND HOSPITAL, WB
14	Dr. PRITOM PATRA	ROLE OF INDIVIDUALIZED HOMOEOPATHIC MEDICINES IN IMPROVING THE SYMPTOMS OF ERECTILE DYSFUNCTION IN ADULTS: A SINGLE ARM TRIAL OF PRE-POST DESIGN	D.N. DE HOMOEOPAHTIC MEDICAL COLLEGE AND HOSPITAL, WB
15	Dr. S. NITHYAKALA	THE IMPORTANCE OF SECOND PRESCRIPTION IN Homoeopathy IN PATIENTS WITH LUMBAR SPONDYLOSIS	SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE, TN
16	Dr. TANIYA ISLAM	A MIXED-METHODS RESEARCH TO PREDICT HOMOEOPATHIC TREATMENT OUTCOMES IN CHRONIC DISEASES AND DIFFERENTIATE BETWEEN HOMOEOPATHIC AGGRAVATION, MEDICINAL AGGRAVATION AND DISEASE AGGRAVATION	D.N. DE HOMOEOPAHTIC MEDICAL COLLEGE AND HOSPITAL, WB
CASE TAKING & REPERTORY			
17	Dr. HEENA SIDDIQUI	EFFECTIVENESS OF HOMOEOPATHIC REMEDIES SELECTED BASED ON BOGER BOENNINGHAUSEN CHARACTERISTICS AND REPERTORY(BBCR) IN THE TREATMENT OF RHEUMATOID ARTHRITIS	NATIONAL INSTITUTE OF Homoeopathy, WB
18	Dr. T.R. KAVYA	CLINICAL UTILITY OF UTERINE THERAPEUTICS BY HENRY MINTON IN THE MANAGEMENT OF UTERINE FIBROIDS	Dr. ALLU RAMALINGAIAH GOVERNMENT HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, AP
19	Dr. PRIYA S	EFFECTIVENESS OF HOMOEOPATHIC MEDICINES IN THE TREATMENT OF MENOPAUSAL HOT FLUSHES SELECTED USING KENT'S REPERTORY: AN OPEN OBSERVATIONAL, PROSPECTIVE CLINICAL STUDY	NATIONAL INSTITUTE OF Homoeopathy, WB



S.No	Name of the Awardee	Title of Dissertation	Name of the College
20	Dr. SONALI MOHAN KOMPELLI	COMPARING THE SCOPE OF BOENNINGHAUSEN'S WITH KENT'S APPROACH FOR REPERTORIZATION IN MIGRAINE USING COMPLETE REPERTORY-OBSERVATIONAL CASE- CONTROL STUDY	Dr. M.L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, MH
21	Dr. SUMAN CHANDRA	INDIVIDUALIZED HOMOEOPATHIC MEDICINES AS ADJUNCTIVE TO STANDARD CARE FOR IMPROVING SYMPTOMS OF PERIPHERAL DIABETIC NEUROPATHY IN MIDDLE-AGED INDIVIDUALS: DOUBLE BLIND, RANDOMIZED, PLACEBO-CONTROLLED TRIAL	D.N. DE HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, WB
22	Dr. VINEETH S. NAIR	AN IN VITRO STUDY OF HYPOGLYCEMIC EFFECT OF HOMOEOPATHIC Drug PHOSPHORICUM ACIDUM 6C WITH IN VIVO EVALUATION OF THE SAME IN TYPE 2 DIABETES MELLITUS PATIENTS	GOVERNMENT HOMOEOPATHIC MEDICAL COLLEGE, KL
HOMOEOPATHIC PHARMACY			
23	Dr. RAGINI AJAY CHINTALWAR	EXPLORING POTENTIAL OF AGROHOMOEOPATHIC GACP FOR IMMUNOMODULATORY ACTION OF OCIMUM SANCTUM AND OCIMUM BASILICUM ON CHANNEL CATFISH	BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY) HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, MH
24	Dr. SIDDAVATAM SAISREE HARSHITHA	STANDARDIZATION OF THE HOMOEOPATHIC Drug PHYLLANTHUS NIRURI WITH THE HELP OF PHYSICOCHEMICAL ANALYSIS AND TLC, ITS COMPARISON WITH PHYLLANTHUS EMBILICA AND QUALITY ASSESSMENT OF THE MARKET PRODUCTS OF PHYLLANTHUS NIRURI	JIMS HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL, TG
25	Dr. SWETA SHIBANEE SAHOO	HOMOEOPATHIC MEDICINE CALCAREA PHOSPHORICA AS AN ELICITOR FOR SECONDARY METABOLITE BIOSYNTHESIS IN THE MICRO-PROPAGATION OF THE ENDANGERED MEDICINAL PLANT PSORALEA CORYLIFOLIA	BHARATI VIDYAPEETH (DEEMED TO BE UNIVERSITY) HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, MH
PSYCHIATRY			
26	Dr. CHINMAY KIRAN WALAVALKAR	THE EFFECTIVENESS OF Homoeopathy IN REDUCING THE BEHAVIOURAL SYMPTOMS OF OPPOSITIONAL DEFIANT DISORDER IN SCHOOL GOING CHILDREN	NATIONAL Homoeopathy RESEARCH INSTITUTE IN MENTAL HEALTH, KL
27	Dr. LALITHA K S	AN OPEN LABEL SINGLE ARM CLINICAL TRIAL TO EVALUATE THE EFFECTIVENESS OF INDIVIDUALISED HOMOEOPATHIC INTERVENTION IN INATTENTION SYMPTOMS OF ADHD PATIENTS	NATIONAL Homoeopathy RESEARCH INSTITUTE IN MENTAL HEALTH, KL
28	Dr. SHEETAL ANILKUMAR CHUDASAMA	UNDERSTANDING COPING MECHANISMS IN VARIOUS DERMATOLOGICAL CONDITIONS AND KNOWING THEIR CORRESPONDING REMEDIES: A CROSS-SECTIONAL SURVEY	Dr. M.L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, MH



S.No	Name of the Awardee	Title of Dissertation	Name of the College
PAEDIATRICS			
29	Dr. SHREYANK S KOTIAN	EVALUATING THE APPETITE STIMULATING ACTION OF HOMOEOPATHIC MEDICINE ALFALFA BY ASSESSING THE CHANGES IN SALIVARY GHRELIN CONCENTRATION AMONG PRE SCHOOL AGED CHILDREN WITH LOW APPETITE	FATHER MULLER HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL, KA
30	Dr. ACHREKAR VAISHNAVI AVDHUT	ROLE OF INDIVIDUALIZED HOMOEOPATHIC MEDICINE IN REDUCING SERUM IMMUNOGLOBULIN-E (S. Ig-E) IN CASES OF ATOPIC DERMATITIS IN PAEDIATRIC AGE GROUP: A SINGLE GROUP PRE-TEST POST-TEST INTERVENTIONAL TRIAL	NATIONAL INSTITUTE OF Homoeopathy, WB



ABSTRACTS OF SCHOLARSHIP AWARDEES OF “QUALITY MD DISSERTATION IN HOMOEOPATHY 2025-26”

Abstract-1

EFFECTIVENESS OF INDIVIDUALISED HOMOEOPATHIC MEDICINES IN CHRONIC RHINOSINUSITIS WITH NASAL POLYPOSIS - A PROSPECTIVE SINGLE ARM QUASI EXPERIMENTAL STUDY

Dr. Divya Babu

MD Scholarship Awardee, Government Homoeopathic Medical College, Kerala

Under the guidance of Dr. Thara K, Professor, Government Homoeopathic Medical College, Kerala

Background: The final stage of local expression of a chronic inflammatory disease of the sinonasal tract is represented by a nasal polyp. The ailment is a unique kind of chronic rhinosinusitis known as chronic rhinosinusitis with nasal polyps (CRSwNP). The findings of extensive research provide a better understanding of this illness, with evidence that allergens, superantigens, fungi, bacteria, and the pathophysiology of nasal polyps significantly impact it. However, the precise reason is still unclear.

Objective: The objective of the study was to assess the effectiveness of individualised homoeopathic medicines in symptomatic relief of CRSwNP by using SNOT-22 score and the peak nasal inspiratory flow meter.

Methods: After seeking written informed consent from 35 patients from OPD and IPD of the Government Homoeopathic Medical College, Kozhikode. Data collection was done after a detailed case-taking. Assessment was based on nasal endoscopy. The remedy was chosen according to the principles of Homoeopathy based on the totality of each case and was evaluated and repertorized as and whenever needed. Cases were followed up at 3–4-week intervals for 4 months. The outcome was assessed by considering the changes before and after treatment. Repetitions, change of potency and remedy were done according to the homoeopathic principles.

Results: The SNOT-22 scores and peak nasal inspiratory flow meter values before and after treatment indicate a significant difference in their mean values. In this study, the p-value is less than 0.05, thus leading to rejection of the null hypothesis. It suggests that the data collected before and after treatment differ significantly.

Conclusion: This study demonstrated statistically significant differences in changes in SNOT-22 scores and peak nasal inspiratory flow meter values before and after treatment with individualized homoeopathic medicines and are found effective in the symptomatic management of CRSwNP.

Abstract-2

UTILITY OF HOMOEOPATHIC MEDICINES IN MANAGEMENT OF BEHAVIOURAL CHANGES IN CASES OF OBSESSIVE-COMPULSIVE DISORDER

Dr. Ruchita Bipinbhai Bambhaniya

MD Scholarship Awardee, Anand Homoeopathic Medical College, and Research Institute, Gujarat

Under the guidance of Dr. Hetal Trivedi, Anand Homoeopathic Medical College, and Research Institute, Gujarat

Background: Obsessive-Compulsive Disorder (OCD) is a chronic and disabling psychiatric disorder characterized by intrusive obsessions and repetitive compulsions that significantly impair social, occupational, and emotional functioning. Despite established therapies, many patients seek complementary approaches. Homoeopathy, with its individualised constitutional prescribing, offers a holistic perspective in managing behavioural and emotional disturbances associated with OCD.

Objective: To evaluate the utility of individualised homoeopathic medicines in the management of behavioural changes in patients diagnosed with OCD.



Methods: A prospective, analytical clinical study was conducted at Anand Homoeopathic Hospital, Anand, Gujarat. Thirty cases fulfilling DSM-5 diagnostic criteria for OCD were selected through simple random sampling. Cases were managed with individualized constitutional remedies based on totality of symptoms following aphorisms 83–104 of the Organon of Medicine. Assessment was carried out using the Yale-Brown Obsessive Compulsive Scale (Y-BOCS) at baseline and during follow-ups (4, 8, and 12 weeks). Statistical analysis was performed using paired t-test.

Results: The mean pre-treatment Y-BOCS score was 32.93, which reduced to 17.96 post-treatment, showing a mean difference of 14.97 points. The calculated t-value (11.92) was significantly higher than the critical value (2.045, $df=29$, $p<0.05$), leading to rejection of the null hypothesis. Clinically, 73.33% cases showed significant improvement, 16.67% moderate improvement, and 10% mild improvement. Marked reduction was observed in obsessive thoughts (mean reduction $>50\%$) and compulsive behaviors ($\approx 55\%$ reduction). Improvements were also noted in avoidance behaviour and emotional-social functioning.

Conclusion: The study demonstrates statistically and clinically significant improvement in behavioural changes among OCD patients treated with individualized homoeopathic medicines. Constitutional prescribing showed potential benefit in reducing severity of obsessions and compulsions and improving overall emotional well-being. However, larger controlled trials with longer follow-up are recommended to validate these findings.

Abstract-3

A RANDOMIZED CONTROLLED OPEN LABEL COMPARATIVE TRIAL TO ASSESS THE ROLE OF INDICATED HOMOEOPATHIC MEDICINE IN RESTORING REGULAR MENSTRUAL CYCLE IN CASES OF PCOD

Dr. Sakshi Bhadana

MD Scholarship Awardee, Dr. M. P. K. Homoeopathic Medical College, Hospital & Research Centre, Rajasthan
Under the guidance of Dr. Vanija Sharma, Ph.D. (Hom.), Professor, Dr. M. P. K. Homoeopathic Medical College, Hospital & Research Centre, Rajasthan

Background: Polycystic ovarian disease (PCOD) is a highly prevalent, intricate, and varied endocrine disorder in women of reproductive age.

Objective: This study aims to see the role of indicated homoeopathic medicine in restoring regular menstrual cycle in cases of PCOD.

Methods: A total of 50 patients were enrolled, of which 33 were in the interventional group and 17 in the placebo group. Among these, 2 cases were dropped from each group. Cases were enrolled in the study for 7 months. They were followed up on every month for the next 7 months. Outcome measures included the appearance of menses and any changes in USG findings (size of ovary, number of cysts). Data analysis was done by using MedCalc Software Ltd. and MS Excel.

Results: In the intervention group, 71% cases restored regular menstrual cycle. Whereas in the placebo group, only 4 cases (27%) restored regular menstrual cycle. The odds ratio was used to analyse the data, Odds Ratio (OR) = 6.7222, 95% Confidence Interval (CI) = 1.6871 to 26.7850, Z Statistic = 2.701, Significance Level (P) = 0.0069. The odds ratio of 6.7222, with a 95% CI of 1.6871 to 26.7850, suggests a statistically significant positive association between exposure and the outcome. The Z statistic of 2.701 and the P-value of 0.0069 further support the association of indicated homoeopathic medicine in restoring regular menstrual cycle in cases of PCOD.

Conclusion: The result of the study shows significant improvement in restoring regular menstrual cycle in cases of PCOD with indicated Homoeopathic medicine. In practical terms, this means that the exposure is associated with a significantly increased risk of the outcome.



Abstract-4

USEFULNESS OF INDIVIDUALIZED LM POTENCIES VS CENTESIMAL POTENCIES IN THE MANAGEMENT OF AUTISM SPECTRUM DISORDER: A RANDOMIZED ANALYTICAL STUDY

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Under the guidance of Prof. (Dr.) Ashwini Nair, Bakson Homoeopathic Medical College and Hospital, Uttar Pradesh

Background: Autism spectrum disorder (ASD) is a heterogeneous neurodevelopmental disorder with widely varying degrees and manifestations that have genetic, epigenetic and environmental causes. An abundance of interventions is available for the management of symptoms of ASD, but no cure is currently available. The available research evidence on ASD treated with Homoeopathy has shown a positive effect by reducing the severity of ASD symptoms. Still, it is found that the quantum of research done in Homoeopathy in this area does not match the increasing need for the management of ASD cases.

Objective: To assess the usefulness of LM potencies versus centesimal potencies in reducing the symptom severity in cases of ASD using the ISAA scale (Indian Scale for Assessment of Autism).

Methods: A prospective comparative study to compare and evaluate the usefulness of individualized LM potencies versus centesimal potencies in the management of ASD at POPD of Bakson Homoeopathic Medical College and Hospital on children of 3-18 years. 86 out of 120 were enrolled and randomized [43 in each group] to receive individualized homoeopathic LM potency medicine (Group A) and individualized homoeopathic centesimal potency medicine (Group B). ISAA scale scoring was conducted at baseline, after 3rd and 6th months of the treatment. 8 cases were dropped out, only 78 cases were analysed (39 cases in each group).

Results: In Group B, 7 cases had moderate to mild autism, that improved ISAA scale scores to the “No Autism” category. In Group A, the “No Autism” category was reached by 3 patients. Independent t-test was applied. Group B was found more effective.

Conclusion: Both the homoeopathic potency show improvement in ISAA scale and symptomatology of ASD. However, centesimal scale was more effective than LM scale.

Abstract-5

STUDY OF HOMEOPATHIC REMEDY PROFILE IN THE MANAGEMENT OF POLYCYSTIC OVARIAN SYNDROME

Dr. V Haripriya

MD Scholarship Awardee, JIMS Homoeopathic Medical College, and Hospital, Telangana

Under the guidance of Dr. Bainu Sharma, MD (Hom.), Professor, JIMS Homoeopathic Medical College and Hospital, Telangana

Background: Polycystic Ovarian Syndrome (PCOS) is a prevalent endocrine disorder among young women, often leading to significant reproductive and psychological challenges. This study aimed to evaluate the efficacy of homoeopathic remedies in managing PCOS through a comprehensive analysis of patient demographics, treatment responses, and hormonal assays.

Objectives: The primary objectives include highlighting the use of homoeopathic medicine in PCOS management, deriving an optimal treatment protocol based on individualization, and observing progressive changes in patients over time.

Methods: A prospective observational study was conducted at JIMS Homoeopathic Medical College and Hospital, involving 30 patients aged 15-25 with ultrasonographically confirmed PCOS, adhering to the Rotterdam criteria. Patients were selected based on specific inclusion and exclusion criteria. Treatment involved individualized homeopathic remedies, and patients were monitored for changes in quality of life, hormonal levels, Body Mass Index (BMI), and ovarian volume. Each case was followed up for minimum period of 6 months.



Results: The demographic analysis revealed that most of the patients were aged 21-25 years (76%) and predominantly unmarried (73.3%). Pulsatilla and Lachesis were the commonest prescribed remedies. Statistically significant improvements in Quality of Life (QoL) scores were observed across all domains ($p < 0.0001$). Notable improvements in BMI and ovarian volume were recorded. Hormonal assays indicated significant changes in Thyroid-Stimulating Hormone (TSH) \times and Dehydroepiandrosterone (S-DHEA) levels, while other hormones showed limited effects. Two patients conceived during the study, indicating positive reproductive outcomes.

Conclusion: The study demonstrates that individualized homeopathic treatment can significantly improve the quality of life and certain physiological parameters in PCOS patients. While some hormonal changes were statistically significant, others were not, suggesting variability in treatment impact. These findings underscore the need for further research to refine homoeopathic treatment protocols for PCOS management.

Abstract-6

A PROSPECTIVE CLINICAL STUDY OF KALIUM MURIATICUM IN ALLERGIC RHINITIS BY ASSESSING ABSOLUTE EOSINOPHILIC COUNT

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Under the guidance of Dr. Sheetal Ajit Patil, Bharati Vidyapeeth Homoeopathic Medical College and Hospital, Maharashtra

Background: Allergic rhinitis (AR) is the most commonly seen disorder in OPD. Its rising prevalence and other IgE-mediated illnesses affect 20-30% of Indians, reducing patients' quality of life (QoL). Homoeopathy is a cost-effective method of therapy with high effectiveness in illness management and no known side effects. Kalium muriaticum is an underappreciated medicine that is extremely effective in managing allergic rhinitis and other allergic symptoms.

Objective: To ascertain the efficacy of Kalium muriaticum in AR by assessing AEC (absolute eosinophil count).

Methods: The outpatient clinic of Bharati Vidyapeeth, IPD, Peripheral OPDs, and Urban Camps (Deemed to be University) were the sites of this prospective clinical study. Sixty patients aged from 18 to 45 years were evaluated for inclusion and exclusion criteria. Thirty people with allergic rhinitis had their AEC measured at baseline and 3 months after the intervention.

Results: Significant subjective and objective improvements were seen in individuals treated with Kalium muriaticum. There was a higher frequency among men, as 56.6% of the participants were male. Patients in the 25-30 age group had the greatest prevalence of allergic rhinitis (60.00%). A substantial decline from 91.96 to 13.14 was seen in the mean AEC after the intervention. A determined t-value of 10.18 was used in the paired t-test, which yielded a significant result ($p < 0.00$). Following therapy, 86.67% of patients exhibited a significant improvement, indicating the therapeutic efficacy of Kalium Muriaticum.

Conclusion: Kalium muriaticum has shown an efficient treatment for allergic rhinitis, which aligns with the decrease in the count of AEC. Furthermore, the study adds to the data that supports the use of alternative treatments for this condition. To confirm these results and investigate the broader therapeutic use of Kalium muriaticum, more research and clinical studies are required.

Abstract-7

HOMOEOPATHIC MEDICINES COMBINED WITH BEHAVIOUR THERAPY VIS-À-VIS BEHAVIOUR THERAPY IN CASES OF ATTENTION-DEFICIT/HYPERACTIVITY DISORDER (ADHD) - A RANDOMIZED COMPARATIVE DOUBLE-ARM TRIAL

Dr. Athira Anil

MD Scholarship Awardee, Bakson Homoeopathic Medical College and Hospital, Uttar Pradesh

Under the guidance of Dr. Anamika Bakshi, Associate Professor, Bakson Homoeopathic Medical College and Hospital, Uttar Pradesh



Background: Attention-Deficit/Hyperactivity Disorder (ADHD) is a common neurodevelopmental condition characterized by inattention, hyperactivity, and impulsivity, affecting children's functioning. While pharmacotherapy is effective, concerns about side effects persist, and behaviour therapy is considered a safer alternative. However, no studies have evaluated the combined effect of homoeopathic medicines with behaviour therapy in ADHD management.

Objective: To assess changes in ADHD symptomatology using the SNAP-IV (Swanson, Nolan and Pelham) 26-item Teacher and Parent Rating Scale, and to identify frequently indicated homoeopathic medicines in ADHD management.

Methods: A randomized, comparative double-arm study was conducted over 15 months at three centres: Regional Centre of NIEPID, Noida; Bakson Homoeopathic Medical College and Hospital, Greater Noida; and Cornerstone India Foundation School, Greater Noida. Sixty-eight children aged 6–18 years diagnosed with ADHD were randomized into two groups: Group A received individualized homoeopathic medicines with behaviour therapy, while Group B received behaviour therapy alone. Participants with comorbidities were included, while those on psychotropic medication or with severe systemic illness were excluded. SNAP-IV scores were recorded at baseline and monthly for six months. Data were analyzed using repeated measures ANOVA in SPSS 29.

Results: Group A showed superior outcomes compared to Group B. Mild improvement was observed in 44.1% of Group B and 8.8% of Group A. Moderate improvement occurred in 35.3% of Group A versus 23.6% of Group B. Marked improvement was achieved in 50.0% of Group A compared to 8.8% of Group B. No improvement was seen only in Group B (17.6%). dropout rate was 5.9% in both groups.

Conclusion: Combining homoeopathic medicines with behaviour therapy resulted in significantly better outcomes than behaviour therapy alone, suggesting a promising integrative approach for ADHD management.

Abstract-8

ANALYSING THE EFFECTIVENESS OF INDIVIDUALISED HOMOEOPATHIC POTENCIES IN QUIN/LM-VERSUS-CM IN THE TREATMENT OF CASES OF NON-SCARRING ALOPECIA-AN EVIDENCE BASED, RANDOMISED COMPARATIVE, EXPLORATORY CLINICAL TRIAL

Dr. Puja Kothari Acharya

MD Scholarship Awardee, Bakson Homoeopathic Medical College and Hospital, Uttar Pradesh

Under the guidance of Dr. Vijaya Goswami, MD (Hom) Associate Professor, Bakson Homoeopathic Medical College and Hospital, Uttar Pradesh

Background: Hair play an important role in an individual's identity, and hair thinning or loss often leads to stress and low self-worth. Alopecia, derived from the Greek word *alopex* (fox), refers to hair loss affecting the scalp and can occur in all age groups. The exact cause is unclear, though alopecia areata is considered an autoimmune disorder. Stress, both chronic and acute, is also an important contributing factor.

Objective: To evaluate changes in scalp health, bald patches, hair fall, and quality of life (KAP score) in patients with non-scarring alopecia treated with centesimal (CH) and fifty millesimal (LM) potencies, using the Kingsley Alopecia Profile scale.

Methods: This comparative study was conducted at CRI Noida, Bakson Homoeopathic Medical College and Hospital, and outreach camps in Greater Noida. A total of 68 patients aged 12–45 years were included. Diagnosis was based on clinical presentation and trichoscopic evaluation. Patients received individualized homoeopathic treatment in CH and LM potencies. Outcomes were assessed using the Kingsley Alopecia Profile scale and trichoscopic findings at baseline, 3 months, and 6 months. Statistical analysis included paired and unpaired t-tests, and repeated measures ANOVA.

Results: Patients treated with LM potency showed earlier and more significant improvement compared to CH potency. The mean score for the CH group was 1.53 and for the LM group 2.47. Statistical analysis showed



a highly significant difference ($p < 0.05$), with the calculated t-value exceeding the critical value, indicating superiority of LM potency in treatment outcomes.

Conclusion: LM potency demonstrated better and faster clinical improvement compared to CH potency in non-scarring alopecia, suggesting its greater effectiveness in early treatment response.

Abstract-9

THE EFFICACY OF INDIVIDUALIZED HOMOEOPATHIC MEDICINES IN CENTESIMAL POTENCY IN THE TREATMENT OF CHRONIC FUNCTIONAL CONSTIPATION IN ADULTS: A DOUBLE-BLIND, RANDOMIZED, PLACEBO-CONTROLLED TRIAL

Dr. Rayba Khatoon

MD Scholarship Awardee, The Calcutta Homoeopathic Medical College and Hospital, West Bengal

Under the guidance of Prof. (Dr.) Himangsu Hait, HOD, The Calcutta Homoeopathic Medical College and Hospital, West Bengal

Background: Chronic functional constipation (CFC) is a common gastrointestinal disorder characterized by infrequent bowel movements, difficulty in stool passage, and a sensation of incomplete evacuation. Affecting up to 14% of adults worldwide, it significantly impairs quality of life, leading many patients to seek alternative treatments. Individualized homoeopathic medicines (IHMs) are a potential option, but their effectiveness remains uncertain.

Objective: To detect the difference between IHMs and placebo in Patient Assessment of Constipation Symptoms (PAC-SYM) scores in treatment of Chronic Functional Constipation after 3 months of intervention.

Methods: Of 344 screened patients, 106 eligible participants were randomized using permuted block randomization into IHMs ($n=53$) and placebo ($n=53$) groups. Baseline characteristics were comparable. Participants received individualized homoeopathic treatment or placebo for 3 months, with assessments at baseline and biweekly follow-ups. The primary outcome was measured using the Patient Assessment of Constipation-Symptoms (PAC-SYM) score, while the Patient Assessment of Constipation-Quality of Life (PAC-QOL) score was the secondary outcome. Statistical analysis included unpaired t-tests, chi-square tests, and effect size estimation (Cohen's d) on an intention-to-treat basis.

Results: Of 106 participants, 94 completed the study (47 per group). The IHMs group showed a greater reduction in PAC-SYM scores (mean difference: -1.3 ; effect size: 1.5926), indicating significant symptom improvement. PAC-QOL scores also improved significantly (mean difference: -1.31 ; effect size: 1.6182) compared to placebo. No significant differences were observed in baseline parameters such as blood pressure, weight, or sociodemographic factors. No adverse events were reported.

Conclusion: Individualized homoeopathic medicines demonstrated significant improvement in symptoms and quality of life compared to placebo in CFC patients, suggesting their potential as an effective treatment option.

Abstract-10

EFFECTIVENESS OF INDIVIDUALISED HOMOEOPATHIC INTERVENTION IN CHRONIC IDIOPATHIC URTICARIA USING UAS7 SCORE

Dr. Reshma. P

MD Scholarship Awardee, National Homoeopathy Research Institute in Mental Health, Kerala

Under the guidance of Dr. P. Dastagiri, Associate Professor, National Homoeopathy Research Institute in Mental Health, Kerala

Background: Chronic idiopathic urticaria is the most common type of chronic urticaria, in which symptoms last for more than six weeks without a specific etiological factor elicited. Due to its increased prevalence globally each year and its significant effect on the quality of life of patients, the importance of this disease is increasing day by day.



Objective: To evaluate the potential role of individualized homoeopathic treatment in the management of chronic idiopathic urticaria.

Methods: The prospective clinical interventional study was conducted in the outpatient department at NHRIMH, Kottayam. Forty diagnosed cases of CIU with increased IgE were enrolled, out of which 38 cases, were included in the analysis. Detailed case information was recorded using the case sheet format prepared for the study. Improvement was measured each month using the UAS7 score, serum IgE levels were measured every six months, and the quality of life of patients was assessed using the CUQ2oL score every three months. All the results were analyzed using the Friedman test.

Results: After analysis using the Friedman test, a statistically significant difference (Friedman $\chi^2 = 104.73$, $p = 0.001$) was observed, with the mean UAS7 score reduced from 28.0 to 0.0. A statistically significant reduction was also observed in CUQ2oL over one year of treatment, with the median score reduced from 67.5 at baseline to 23.0 at the 12th month. Serum IgE levels showed a statistically significant reduction in the median score over a period of one year (Friedman $\chi^2 = 9.08$, $p = 0.011$).

Conclusion: The study shows that homoeopathic medicine effectively reduces the symptoms, serum IgE levels, and Quality of life of patients through the judicious employment of individualized homoeopathic treatment.

Abstract-11

A PROSPECTIVE STUDY TO KNOW THE EFFECTIVENESS OF INDIVIDUALIZED HOMOEOPATHIC MEDICINE IN CASES OF RHEUMATOID ARTHRITIS

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Background: Rheumatoid Arthritis (RA) is a chronic, systemic, autoimmune inflammatory disorder affecting small and large joints symmetrically, leading to progressive disability and reduced quality of life. It has a global prevalence of about 1%, with higher incidence in females and individuals aged 30–50 years. Despite advances in conventional therapy, long-term management remains challenging. Homoeopathy offers an individualized approach aimed at modifying disease activity and improving overall well-being.

Objective: To evaluate the effectiveness of individualized homoeopathic medicines in Rheumatoid Arthritis and to assess quality of life using Steinbrocker's Classification; (2) To prepare a therapeutic compendium of homoeopathic medicines used in RA.

Methods: A prospective interventional study was conducted on 40 clinically diagnosed RA patients at Jawaharlal Nehru Homoeopathic Medical College and Hospital, Vadodara. Cases were selected based on predefined criteria. Individualized prescriptions were made using totality of symptoms with RADAR software. Disease activity was assessed using DAS-28 score, and quality of life was evaluated using Steinbrocker's Classification. Treatment duration was 7–8 months with regular follow-up. Statistical analysis included paired t-test and Wilcoxon test.

Results: Most cases were in the 31–40 years age group (42.5%), with female predominance (78%). Common features included pain and stiffness (100%), swelling (97.5%), and symmetrical involvement (92.5%). Post-treatment, significant reduction in DAS-28 scores was observed, with increased cases achieving low disease activity and remission. Improvement was marked in 3%, moderate in 25%, mild in 67%, and status quo in 5%, with no worsening. Quality of life improved with better functional grading. Statistical analysis showed highly significant results ($p=0.001$).

Conclusion: Individualized homoeopathic treatment significantly reduced disease activity and improved quality of life in RA patients. Larger, multicentric studies are recommended for further validation.



Abstract-12

A STUDY ON IMPORTANCE OF MENTAL PICTURE IN HOMOEOPATHIC TREATMENT OF CHRONIC PSORIASIS

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Background: Psoriasis is a chronic inflammatory skin disorder affecting the skin, nails, and joints. An in-depth exploration of the mental picture plays a significant role in homoeopathic management of chronic psoriasis. A holistic approach considering both mental and physical symptoms is essential for effective treatment.

Objective: To evaluate the importance of the mental picture in individualized homoeopathic treatment of chronic psoriasis and assess its impact on disease severity using the PASI score.

Methods: This prospective, open-label, observational study was conducted at Govt. Homoeopathic Medical College and Hospital, Bhopal (M.P.). Thirty clinically diagnosed psoriasis patients aged ≥ 18 years were enrolled and followed up. Case history was elicited as per aphorisms §83–104 of the 5th edition of *Organon of Medicine* by Dr. Samuel Hahnemann. Detailed recording of subjective and objective symptoms was performed. Individualized constitutional medicines were prescribed based on totality of symptoms using Kent's method, Synthesis repertory, and RADAR (version 9.1). Potencies ranged from LM 0/1 to 0/6 as per case requirement. Each patient was followed for a minimum of 4 months. PASI score was used to assess erythema, induration, scaling, and area affected at baseline and post-treatment. Data were analyzed using Student's paired t-test.

Results: All 30 cases were analyzed (intention-to-treat). Significant reduction in erythema, induration, scaling, and affected area was observed. Paired t-test showed statistically significant improvement. Eight cases (26.6%) showed marked improvement, 8 (26.6%) moderate, 6 (20%) mild, and 8 (26.6%) insignificant improvement.

Conclusion: Individualized homoeopathic treatment significantly reduced psoriasis severity based on PASI scores. The findings highlight the importance of the mental picture in improving clinical outcomes and overall well-being in chronic psoriasis management.

Abstract-13

A RANDOMIZED, DOUBLE-BLIND, PLACEBO-CONTROLLED TRIAL OF INDIVIDUALIZED HOMOEOPATHIC MEDICINES IN ADULTS WITH DYSLIPIDAEMIA

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Background: Dyslipidaemia is a major risk factor for cardiovascular diseases (CVD). Dietary and lifestyle modifications remain challenging due to low health awareness, especially in countries like India. In this context, the efficacy and safety of individualized homoeopathic medicines (IHMs) compared to placebo were evaluated.

Objective: To assess the treatment effect by comparing IHMs with placebo in adults with dyslipidaemia after 4 months of intervention.

Methods: This randomized, double-blind, placebo-controlled, parallel-arm trial included 94 newly diagnosed dyslipidaemia patients, randomized in a 2:1 ratio to IHMs or identical placebo along with concomitant care. Serum low-density lipoprotein cholesterol (LDL-C) was the primary outcome, while triglycerides (TGs), total cholesterol (TC), very low-density lipoprotein cholesterol (VLDL-C), and high-density lipoprotein cholesterol (HDL-C) were secondary outcomes. Measurements were taken at baseline, 2 months, and 4 months. The Measure Yourself Medical Outcome Profile (MYMOP-2) was assessed monthly, and the Modified Naranjo Criteria for Homoeopathy (MONARCH-2) was evaluated at 4 months. Intention-to-treat analysis was performed.



Results: Although the target sample size was 105, only 94 participants were enrolled. After 4 months, differences between groups were marginal and statistically non-significant for LDL-C, TC, TGs, HDL-C, and VLDL-C. MYMOP-2 showed significant improvement ($P=0.001$), while MONARCH-2 remained non-significant.

Conclusion: The trial was underpowered; therefore, findings should be interpreted cautiously. IHMs and placebo showed comparable effects, and no definitive conclusions could be Drawn. Larger, well-powered trials are required to establish efficacy.

Abstract-14

ROLE OF INDIVIDUALIZED HOMOEOPATHIC MEDICINES IN IMPROVING THE SYMPTOMS OF ERECTILE DYSFUNCTION IN ADULTS: A SINGLE ARM TRIAL OF PRE-POST DESIGN

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Background: Erectile Dysfunction (ED) is a prevalent sexual health issue significantly affects both sexual and overall quality of life. Studies indicate that conventional treatments can lead to side effects, so individuals are turning to complementary and alternative medicine. Homoeopathy offers a holistic approach by treating the patient as a whole. While case records and clinical experiences suggest benefits from homoeopathic treatments for ED, robust research is still lacking.

Objective: This trial attempted to detect any significant treatment effect in a single-arm clinical trial in the treatment of ED in adults over 3 months of intervention.

Methods: A prospective, non-randomized, non-controlled, single-arm, clinical study was conducted on 36 participants with ED at D. N. De Homoeopathic Medical College and Hospital to identify the intra group changes. The primary outcome measure was the International Index of Erectile Function (IIEF), measured at baseline, and thereafter every month up to 3 months. The secondary outcomes were the Male Sexual Health Questionnaire (MSHQ) and the Measure Yourself Medical Outcome Profile2 (MYMOP-2), measured at baseline and thereafter every month up to 3 months.

Results: After three months of intervention, intra-group changes were statistically significant. Twenty-four different homoeopathic medicines were prescribed; *Nux vomica* being the most common, followed by *Phosphoricum acidum*, *Sulphur*, and *Thuja occidentalis*.

Conclusion: In this prospective, non-randomised, non-controlled, single-arm, clinical study conducted on 36 patients with ED condition over 3 months of intervention, intra-group changes in IIEF, MSHQ and MYMOP-2 profile scores were statistically significant.

Abstract-15

THE IMPORTANCE OF SECOND PRESCRIPTION IN Homoeopathy IN PATIENTS WITH LUMBAR SPONDYLOSIS

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Background: Lumbar spondylosis is a degenerative condition of the lumbar spine. The proposed concept of a second prescription is novel in Homoeopathy, a discipline that receives little research. A small number of studies support the second prescription's general concept. Yet, the idea of a second prescription in connection with a sickness has not been thoroughly studied.

Objective: To verify the role of second prescription in Homoeopathy in patients with lumbar spondylosis.



Methods: Forty patients suffering from lumbar spondylosis were selected by purposive sampling for the study. The standard pre-structured case record format was utilised to keep track of the case details. Oswestry Disability index (VERSION 1.0) was used for outcome assessment. After analysis of the entire case, the totality of symptoms was established based on which a remedy was selected. Assessment was done at follow-ups, and changes observed in the patients were noted.

Results: 40 cases of lumbar spondylosis were enrolled in the study. 35% age group affected was between 41- 50 years, 62.5 % were males, 30% of the cases were housewives. Thirty per cent (12) cases underwent physiotherapy management along with homoeopathic medications and 70 % (28) instances were managed with homoeopathic medicines. Rhus toxicodendron was commonly used medicine as first prescription, provided to 35 % (14) of the participants. The most common potency used was 1 M. The most common form of second prescription used was repetition of first prescription followed by, placebo, change of remedy and change in the plan of treatment. All the patients have showed significant improvement in the symptoms of lumbar spondylosis.

Conclusion: The result of the study verifies the concept of second prescription in Homoeopathy in cases of lumbar spondylosis according to JT Kent we can observe symptomatic improvement in lumbar spondylosis.

Abstract-16

A MIXED-METHODS RESEARCH TO PREDICT HOMOEOPATHIC TREATMENT OUTCOMES IN CHRONIC DISEASES AND DIFFERENTIATE BETWEEN HOMOEOPATHIC AGGRAVATION, MEDICINAL AGGRAVATION AND DISEASE AGGRAVATION

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Background: Hearing's Law Assessment Tool (HELAT) and Patient Response Assessment Tool after Homoeopathic Treatment (PRATHoT) were initial attempts to categorize treatment outcomes following individualized homoeopathic prescriptions. The present study aimed to refine PRATHoT and differentiate between homoeopathic, medicinal, and disease aggravations.

Objective: To develop a statistically valid clinical predictive model to differentiate treatment outcomes, including three types of aggravations after individualized homoeopathic prescriptions.

Methods: An exploratory sequential qual→QUAN mixed-methods design was adopted, comprising qualitative and quantitative strands in three phases: Phase 1 (item development) and Phases 2–3 (scale development and validation). Items were generated through literature review, followed by in-depth interviews and iterative Delphi rounds with five purposively selected experts until data saturation. Delphi statistics (ACP, CVR, CVI) were calculated, followed by pilot testing among 15 end-users. In the quantitative phases, systematic sampling recorded responses from 604, 587, and 547 patients across three months using ORIDL, MYMOP-2, and PRATHoT v2.2 codes. A consensus-based conceptual framework for differentiating aggravations was developed. Data were analyzed using logistic regression, discriminant analysis, and decision tree models to assess predictive ability.

Results: The tool expanded from 57 to 75 items and was structured as PRATHoT v2.2. Medicinal, disease, and homoeopathic aggravations were coded as B, E, and K2, respectively. Five medicinal, four disease, and twenty-five homoeopathic aggravations were observed, with 56% occurring in the first month. Logistic regression and discriminant models showed statistical significance ($P < 0.001$), while decision tree models were also significant ($P < 0.05$). The AUC increased over time, indicating improved predictive precision from month 2 onward.

Conclusion: PRATHoT v2.2 effectively coded treatment outcomes, including aggravations and healing effects. All evaluation models were statistically significant; further validation across different disease conditions is recommended.



Abstract-17

EFFECTIVENESS OF HOMOEOPATHIC REMEDIES SELECTED BASED ON BOGER BOENNINGHAUSEN CHARACTERISTICS AND REPERTORY(BBCR) IN THE TREATMENT OF RHEUMATOID ARTHRITIS

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Background: Rheumatoid Arthritis (RA) is a chronic and debilitating autoimmune disorder. Despite the widespread use of homoeopathic treatments for RA, robust research evidence supporting their efficacy remains limited.

Objective: To investigate the therapeutic effectiveness of individualized homoeopathic medicines, selected using Boger Boenninghausen's Characteristics and Repertory (BBCR), in patients diagnosed with RA.

Methods: A prospective clinical study, conducted at the National Institute of Homoeopathy, enrolled 40 patients diagnosed with Rheumatoid Arthritis (RA) and administered individualized homoeopathic therapy selected based on Boger Boenninghausen's Characteristics and Repertory. To assess the therapeutic response, the Rheumatoid Arthritis Assessment Score (RAAS) was evaluated at two time points: upon enrollment (baseline) and after six months of treatment. A paired t-test statistical analysis was employed to examine the changes in RAAS values for each patient over the six-month study period, thereby determining the efficacy of the individualized homoeopathic intervention based on Boger Boenninghausen's Characteristics and Repertory.

Results: Among the 48 patients screened for the study, 8 were excluded, and 3 dropped out. However, the analysis was carried forward using Intention-to-Treat (ITT) methodology, resulting in a cohort of 40 patients who completed the study. Statistically significant improvement in RAAS score (i.e., $p < 0.05$) was observed from baseline to 6 months. Effectiveness of individualized homoeopathic medicines selected based on Boger Boenninghausen's Characteristics and Repertory (BBCR) in the management of Rheumatoid Arthritis.

Conclusion: This study reflects the scope of individualized homoeopathic medicines selected based on Boger Boenninghausen's Characteristics and Repertory (BBCR) in the treatment of Rheumatoid Arthritis.

Abstract-18

CLINICAL UTILITY OF UTERINE THERAPEUTICS BY HENRY MINTON IN THE MANAGEMENT OF UTERINE FIBROIDS

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Background: Uterine fibroids are among the most common benign tumors of the uterus, predominantly affecting women of reproductive age. They can significantly impair quality of life due to symptoms such as heavy menstrual bleeding, pelvic pain, and pressure effects. Conservative and individualized treatment approaches are essential for effective management.

Uterine fibroids commonly occur in women aged 35–45 years and often lead to hysterectomy due to severe symptoms. Homoeopathy, based on individualization and totality of symptoms, offers a non-invasive therapeutic approach. *Uterine Therapeutics* by Henry Minton, a regional repertory for uterine disorders, may serve as a valuable clinical tool in managing fibroids.

Objective: To study the clinical presentation of uterine fibroids and evaluate the clinical utility of *Uterine Therapeutics* by Henry Minton in their management.

Methods: A prospective, observational, non-controlled clinical study was conducted on 30 female patients aged 20–55 years diagnosed with uterine fibroids. Cases were selected from the outpatient department of



Dr. Allu Ramalingaiah Government Homoeo Medical College and Hospital (2022–2024). Detailed case taking, examination, and investigations were performed. Repertorization was done using *Uterine Therapeutics*, and the similimum was selected based on totality of symptoms. Patients were followed for 6–10 months. Outcomes were assessed based on symptomatic relief and reduction in fibroid size and number. Statistical analysis used paired t-test.

Results: Marked improvement was seen in 46.7% cases, partial in 36.7%, and no improvement in 16.7%. Fibroids <5 cm responded better than larger ones. Statistical analysis showed significant results ($p < 0.05$).

Conclusion: Homoeopathic management using *Uterine Therapeutics* showed significant clinical improvement. Larger studies are recommended for further validation.

Abstract-19

EFFECTIVENESS OF HOMOEOPATHIC MEDICINES IN THE TREATMENT OF MENOPAUSAL HOT FLASHES SELECTED USING KENT'S REPERTORY: AN OPEN OBSERVATIONAL, PROSPECTIVE CLINICAL STUDY

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Background: hot flashes are transient episodes of flushing, sweating, and heat sensation, often accompanied by palpitations, anxiety, and sometimes followed by chills. Approximately 85% of menopausal women experience hot flashes, significantly affecting quality of life.

Menopausal hot flashes remain a common concern with limited satisfactory long-term treatment options. Homoeopathy, based on individualization and totality of symptoms, may offer a promising alternative.

Objective: To evaluate the effectiveness of homeopathic medicines selected using Kent's repertory in women suffering from Menopausal Hot Flashes. Also, to estimate the result of clinical improvement by homoeopathic medicine in Menopausal Hot Flashes based on the scale – Hot Flash Related Daily Interference Scale with indicated for management of Menopausal Hot flashes.

Methods: An open-label prospective observational study was conducted on 46 patients at the National Institute of Homoeopathy, Kolkata. Medicines were prescribed based on individualization and repertorial totality using Kent's Repertory. The primary outcome was assessed using the Hot Flash Related Daily Interference Scale (HFRDIS) at baseline, 3 months, and 6 months. Statistical analysis was performed using Repeated Measures ANOVA.

Results: Of 59 screened patients, 46 were enrolled, and 40 completed the study. Significant reduction in HFRDIS scores was observed over time. Repeated Measures ANOVA demonstrated statistically significant improvement ($p < 0.001$), indicating effectiveness of individualized homoeopathic treatment. The null hypothesis was rejected in favor of the alternative hypothesis.

Conclusion: Individualized homoeopathic medicines selected through Kent's Repertory showed significant improvement in menopausal hot flashes. The findings suggest potential benefit; however, larger randomized controlled trials with longer duration and objective assessments are recommended for further validation.

Abstract-20

COMPARING THE SCOPE OF BOENNINGHAUSEN'S WITH KENT'S APPROACH FOR REPERTORIZATION IN MIGRAINE USING COMPLETE REPERTORY- OBSERVATIONAL CASE- CONTROL STUDY

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Background: Three major philosophical approaches to repertorization are Boenninghausen's, Kent's, and Boger's. Selection of an appropriate approach depends on the totality of symptoms, though reliance on a single method may lead to errors when another approach is more suitable. Migraine, with its varied presentations, modalities, and concomitants, provides an ideal condition to study these approaches. In cases with incomplete symptom expression, physicians often need to complete the symptom totality. The Complete Repertory, derived from Kent's work and expanded with multiple sources, was used to explore the applicability of Boenninghausen's and Kent's approaches in migraine cases.

Objective: To evaluate the applicability of Boenninghausen's and Kent's repertorial approaches in migraine cases where results may be obtained using either method.

Methods: Thirty-six migraine cases were selected using stratified sampling. Improvement was assessed using the ORIDL scale, and only cases scoring ≥ 3 were included. An observational case-control design was adopted. Cases were divided into two groups of 18 each based on primary approach. Each case was repertorized using both approaches through Complete Repertory (Zomeo v11). Comparative parameters included remedy grade, position, rubric coverage, and cross-references.

Results: In the Kent-primary group, both approaches were applicable in 3 cases, only Kent's in 9, and only Boenninghausen's in 4 cases. In the Boenninghausen-primary group, both approaches were applicable in 9 cases, only Kent's in 4, only Boenninghausen's in 3, and in 2 cases neither approach was applicable.

Conclusion: Kent's approach appeared more suitable for migraine cases due to its emphasis on characteristic symptoms and mental concomitants. Concepts such as RS and PDF provide a more reliable framework than numerical totality alone.

Abstract-21

INDIVIDUALIZED HOMOEOPATHIC MEDICINES AS ADJUNCTIVE TO STANDARD CARE FOR IMPROVING SYMPTOMS OF PERIPHERAL DIABETIC NEUROPATHY IN MIDDLE-AGED INDIVIDUALS: DOUBLE BLIND, RANDOMIZED, PLACEBO-CONTROLLED TRIAL

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Background: Peripheral diabetic neuropathy (PDN) is a common complication of diabetes mellitus, significantly affecting patients' quality of life due to chronic pain and neurological impairment. Effective and safe long-term management remains a clinical challenge.

PDN represents a heterogeneous spectrum of peripheral nervous system dysfunction, presenting with symptoms such as paresthesia, dysesthesia, analgesia, muscle weakness, and varying intensities of pain, often worse at night. Homoeopathy, based on individualized treatment, may offer a complementary therapeutic approach.

Objective: This trial is attempted to identify the treatment effect by detecting the difference between Gr.1 and Gr.2 in treatment of peripheral diabetic neuropathy after 3 months of intervention in middle aged diabetic individuals. Primarily to detect the difference between IHMs and placebo with standard care in NTSS6 total score in treatment of peripheral diabetic neuropathy after 3 months of intervention.

Methods: A 3-month randomized, double-blind, placebo-controlled trial was conducted on 116 participants at D.N. De Homoeopathic Medical College and Hospital. Participants were randomized into individualized homoeopathic medicinal products (IHMPs) (n=58) or placebo (n=58) groups along with standard diabetic care. The primary outcome was Neuropathy Total Symptom Score (NTSS-6), while secondary outcomes included DN4, SF-MPQ, DNE score, and HbA1c%. Assessments were conducted at baseline and monthly up to 3 months (HbA1c at baseline and 3 months). Intention-to-treat analysis was performed.



Results: Significant improvements favoring IHMPs were observed across all outcomes: NTSS-6, DN4, SF-MPQ, DNE, and HbA1c ($p < 0.001$). Commonly prescribed remedies included Sulphur, Natrum muriaticum, Lycopodium, Medorrhinum, Pulsatilla, Thuja, and Calcarea carbonica. No adverse events were reported.

Conclusion: Individualized homoeopathic treatment significantly improved symptoms and glycemic parameters in PDN compared to placebo. Further multicentric studies with larger samples are recommended for validation.

Abstract-22

AN IN VITRO STUDY OF HYPOGLYCEMIC EFFECT OF HOMOEOPATHIC Drug PHOSPHORICUM ACIDUM 6C WITH IN VIVO EVALUATION OF THE SAME IN TYPE 2 DIABETES MELLITUS PATIENTS

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Background: Type 2 Diabetes Mellitus (T2DM) is increasing globally, posing a major public health challenge. Although several anti-diabetic Drugs are available, their adverse effects necessitate exploration of safer alternatives. Homoeopathic medicines have been reported to show potential benefits in diabetes management.

Objective: To determine the in vitro and in vivo effectiveness of homoeopathic Drugs *Phosphoricum acidum* 6C and *Syzygium jambolanum* Q in patients with T2DM.

Methods: The in vitro study was conducted using hyperglycemic blood samples and standard glucose solutions treated with *Phosphoricum acidum* 6C, *Syzygium jambolanum* Q, controls, and distilled water. Fasting plasma glucose (FPG) levels were estimated using the GOD-POD method and analyzed using paired t-test. The in vivo study was a comparative, non-randomized, controlled parallel-group clinical trial conducted at Government Homoeopathic Medical College, Kozhikode. Fifty patients (30–70 years) were selected by purposive sampling. Individualized case taking and repertorization were performed. Patients matching *Phosphoricum acidum* received it, while others received *Syzygium jambolanum* Q. FPG levels were assessed at baseline, 1 week, 6 weeks, and 3 months. Data were analyzed using repeated measures ANOVA, independent t-test, and Cohen's d.

Results: In vitro, both medicines showed significant hypoglycemic effects. In vivo, both groups demonstrated significant reductions in FPG over time. Greater and faster reduction was observed in the *Syzygium jambolanum* Q group.

Conclusion: Both *Phosphoricum acidum* 6C and *Syzygium jambolanum* Q exhibited hypoglycemic effects. Constitutional and organopathic homoeopathic medicines may be beneficial in T2DM management, though further controlled studies are recommended.

Abstract-23

EXPLORING POTENTIAL OF AGROHOMOEOPATHIC GACP PRACTICES FOR IMMUNOMODULATORY ACTION OF OCIMUM SANCTUM AND OCIMUM BASILICUM ON CHANNEL CATFISH

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Background: *Ocimum sanctum* (OS) and *Ocimum basilicum* (OB) are in high demand due to their medicinal properties. Cultivation using agrohomoeopathic Good Agricultural and Collection Practices (GACP) is important for obtaining high-quality crude Drugs. Preclinical studies are essential in early Drug development, and channel catfish serve as a suitable model for immunomodulatory research due to their advanced immune system.



Objective: To develop agrohomoepathic GACP for the cultivation of OS and OB and its comparative immunomodulatory study on the channel catfish model.

Methods: OS and OB were cultivated under three treatment conditions, and mother tinctures were prepared (AOS, GOS, WOS, AOB, GOB, WOB) and evaluated qualitatively and quantitatively. An in-vivo study was conducted to assess the immunomodulatory effects of AOS, WOS, AOB, WOB, and control groups in channel catfish using ELISA for IL-1 β and IL-6 estimation.

Results: Germination was highest in AOB (90%), followed by AOS (85%), with improved plant height, stem diameter (0.6 cm), leaf length, and biomass. AOS showed superior plant height and internode growth for OS. In-vitro assays (phenolic, flavonoid content, ABTS, FRAP, total antioxidant capacity) were highest in AOB, followed by AOS. HPLC analysis revealed higher eugenol (0.21% w/w) and gallic acid (0.28% w/w) in AOB, followed by AOS (0.19% and 0.22%). In-vivo results showed the highest increase in IL-1 β and IL-6 levels in AOB, followed by AOS.

Conclusion: Agrohomoepathic GACP significantly enhanced growth and secondary metabolite production in OS and OB. AOB showed superior germination, growth parameters, phenolic content, and immunomodulatory activity. HPLC proved effective for quantitative analysis of phenols. Channel catfish was found to be a suitable preclinical model for immunomodulatory studies.

Abstract-24

STANDARDIZATION OF THE HOMOEOPATHIC Drug PHYLLANTHUS NIRURI WITH THE HELP OF PHYSICOCHEMICAL ANALYSIS AND TLC, ITS COMPARISON WITH PHYLLANTHUS EMBLICA AND QUALITY ASSESSMENT OF THE MARKET PRODUCTS OF PHYLLANTHUS NIRURI

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Background: *Phyllanthus niruri* is a widely used medicinal plant in Homoeopathy for its hepatoprotective properties. Variations in sourcing, processing, and manufacturing can influence the phytochemical profile and quality of mother tinctures. Therefore, standardization is essential to ensure identity, purity, and consistency.

Objective: To standardize *Phyllanthus niruri* using pharmacognostical, physicochemical, chromatographic, and spectroscopic methods, and to compare an in-house mother tincture with commercial samples.

Methods: The raw Drug was authenticated by qualified botanists. Standardization included macroscopic and microscopic evaluation, powder microscopy, extractive values, physical parameters (specific gravity, weight per ml, colour), phytochemical screening, Thin Layer Chromatography (TLC), High Performance Thin Layer Chromatography (HPTLC), and UV-Visible spectroscopy. An in-house mother tincture (Sample A) was prepared as per Homoeopathic Pharmacopoeia of India guidelines and compared with five GMP-certified commercial samples (B–F). Comparative TLC with *Phyllanthus emblica* was also performed.

Results: Botanical identity was confirmed, and no adulteration was detected. Alcohol (6% w/w) and water extractive values (14% w/w) complied with standards. Variations were observed in specific gravity (0.853–0.952) and weight per ml (1.27–1.37 g/ml) among samples. Phytochemical screening showed variability in flavonoids, glycosides, tannins, and other constituents. TLC and HPTLC revealed multiple R_f values corresponding to key compounds, with samples C, D, and F aligning closely with reference standards. UV-Visible spectra showed strong absorbance at 200–280 nm, while Sample D showed an additional peak at 391.6 nm. Comparative TLC confirmed distinction from *Phyllanthus emblica*.

Conclusion: Standardization parameters for *Phyllanthus niruri* were established. The in-house sample showed consistency, while commercial samples varied, highlighting the need for stricter quality control.



Abstract-25

HOMEOPATHIC MEDICINE CALCAREA PHOSPHORICA AS AN ELICITOR FOR SECONDARY METABOLITE BIOSYNTHESIS IN THE MICRO-PROPAGATION OF THE ENDANGERED MEDICINAL PLANT PSORALEA CORYLIFOLIA

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Background: *Psoralea corylifolia* (L.) Medik. (Babchi), a member of the Fabaceae family, is widely used in traditional medicine for dermatological conditions such as psoriasis, leprosy, and vitiligo. It also exhibits antioxidant, anticancer, hepatoprotective, antimycobacterial, antidiabetic, anthelmintic, and anti-inflammatory properties due to bioactive compounds like furanocoumarins and isoflavonoids. However, unsustainable harvesting threatens its survival. Tissue culture offers a sustainable approach for producing valuable metabolites, and emerging evidence suggests homoeopathic medicines may enhance secondary metabolite biosynthesis.

Objectives: To investigate the effect of homoeopathic remedy *Calcarea phosphorica* on growth, callus induction, and secondary metabolite (psoralen) production in *Psoralea corylifolia* using tissue culture techniques.

Methods: Various potencies of *Calcarea phosphorica* (6CH, 12CH, 30CH, 200CH, 1M) were tested alone and in combination with plant growth regulators. The experimental protocol included callus induction, shoot regeneration, multiplication, rooting, and hardening. Psoralen content was quantified using High Performance Liquid Chromatography (HPLC).

Results: Maximum callus fresh weight was observed with 0.5 mL/L *Calcarea phosphorica* 1M. The combination of 0.5 mL/L *Calcarea phosphorica* 1M with 1.0 mg/L 2,4-D and 0.5 mg/L kinetin (KN) yielded the highest fresh and dry callus weights. Increasing potency enhanced psoralen content, with the highest (2481.4 µg/g fresh weight) recorded at 1.0 mL/L 1M potency. The same combination with growth regulators produced maximum psoralen levels.

Conclusion: *Calcarea phosphorica* demonstrated potential in enhancing growth and secondary metabolite production in *Psoralea corylifolia*. Homoeopathic interventions in tissue culture may offer a promising strategy for improving yield and phytochemical composition of medicinal plants.

Abstract-26

THE EFFECTIVENESS OF Homoeopathy IN REDUCING THE BEHAVIOURAL SYMPTOMS OF OPPOSITIONAL DEFIANT DISORDER IN SCHOOL GOING CHILDREN

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Under the guidance of Dr. R. Bhuvaneshwari, Professor, National Homoeopathy Research Institute in Mental Health, Kerala

Background: Oppositional Defiant Disorder (ODD) is characterized by persistent defiant, disobedient, and vindictive behaviour in children, affecting academic, social, familial, and individual functioning. It may predispose to conduct disorders and delinquency. Due to limited effective conventional treatment options, complementary approaches are being explored. Homoeopathy, with its holistic approach, may offer potential benefits.

Objective: To evaluate the effectiveness of individualized homoeopathic medicines in reducing behavioural symptoms of ODD.



Methods: This prospective clinical study was conducted at the psychiatric outpatient and peripheral centres of the National Homoeopathy Research Institute in Mental Health, Kottayam. Thirty-three patients diagnosed with ODD based on DSM-5 criteria were enrolled after psychiatric consultation. Assessments were conducted at baseline and every 3 months up to 12 months using the Oppositional Defiant Disorder Rating Scale (ODDRS) and Clinician-Rated Severity scale. Statistical analysis was performed using Friedman's test with JAMOVI (version 2.3.28).

Results: Of 33 enrolled cases, 30 were analyzed. Friedman's test showed a significant reduction in ODDRS scores across five time points ($\chi^2 = 102, p < 0.001$). Median ODDRS scores decreased from 18.5 at baseline to 5.0 at 12 months. All domains of ODDRS demonstrated improvement. Clinician-rated severity showed that 90% of patients improved from moderate/severe to mild severity. Frequently indicated medicines included Tuberculinum, Silicea terra, Pulsatilla pratensis, Medorrhinum, Phosphorus, and Tarentula hispanica.

Conclusion: Individualized homoeopathic treatment demonstrated significant reduction in behavioural symptoms of ODD. Larger randomized controlled studies are recommended to further validate these findings and refine treatment protocols.

Abstract-27

AN OPEN LABEL SINGLE ARM CLINICAL TRIAL TO EVALUATE THE EFFECTIVENESS OF INDIVIDUALISED HOMOEOPATHIC INTERVENTION IN INATTENTION SYMPTOMS OF ADHD PATIENTS

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Under the guidance of Dr. M. Gnanaprakasham, Associate Professor, National Homoeopathy Research Institute in Mental Health, Kerala

Background: Attention Deficit Hyperactivity Disorder (ADHD) is a chronic neurodevelopmental disorder characterized by inattention and hyperactivity/impulsivity, affecting 2.2%–17.8% of school-age children. Inattentive type is most common. ADHD is often associated with comorbidities such as autism, conduct disorder, oppositional defiant disorder, and mood disorders, increasing the risk of antisocial behavior and substance abuse. Conventional treatments have limitations and potential side effects, while behavioural therapy may not ensure sustained improvement. Homoeopathy offers a holistic approach addressing physical, mental, and social aspects.

Objectives: To evaluate the effectiveness of individualized homoeopathic medicines in managing inattention symptoms in ADHD.

Methods: A prospective interventional study was conducted at NHRIMH, Kottayam, after ethical approval (CTRI/2022/03/040872). Forty ADHD patients diagnosed using DSM-5 criteria were enrolled; 36 were analyzed after dropouts. Individualized medicines were prescribed following repertorization using Synthesis repertory and RADAR software. Assessments were done over 1 year using DSM-5 Level-1 and Level-2 scales, Letter Cancellation Test (LCT), Clinical Global Impression-Improvement (CGI-I) scale, and Strengths and Difficulties Questionnaire (SDQ). Statistical analysis was performed using Jamovi with repeated measures ANOVA, Friedman test, and Wilcoxon signed-rank test.

Results: Significant improvement was observed across all parameters. Level-2 scores showed a highly significant reduction ($F=396, ES=0.919, p < 0.001$). LCT scores improved significantly ($F=25.5, p < 0.001, ES=0.422$), indicating enhanced attention span. CGI-I and SDQ scores also showed significant improvement, reflecting better quality of life. Commonly indicated medicines included Phosphorus, Lycopodium, and Sulphur.

Conclusion: Individualized homoeopathic treatment significantly improved inattention symptoms, attention span, and quality of life in ADHD patients, demonstrating its potential as an effective holistic management approach.



Abstract-28

UNDERSTANDING COPING MECHANISMS IN VARIOUS DERMATOLOGICAL CONDITIONS AND KNOWING THEIR CORRESPONDING REMEDIES: A CROSS-SECTIONAL SURVEY

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Under the guidance of Dr. Rajesh Yadav, Dr. M.L. Dhawale Memorial Homoeopathic Institute, Maharashtra

Background: Dermatological conditions often have a significant psychological impact, influencing patients' coping mechanisms and overall quality of life. Understanding them is essential for holistic patient management, especially within Homoeopathy, which considers both mental and physical aspects.

Objectives: To identify coping mechanisms used by patients with dermatological conditions and to explore corresponding homoeopathic remedies.

Methods: A cross-sectional survey was conducted on 100 patients with various dermatological conditions attending a homoeopathic institute. Participants were selected based on inclusion criteria and assessed using the Brief COPE Inventory to evaluate coping mechanisms. Coping strategies were categorized as problem-focused, emotion-focused, and avoidant. Data were stratified based on various attributes, homoeopathic constitutional remedies, potency groups, and miasmatic classification.

Results: predominant coping strategy was Problem-focused, in autoimmune and inflammatory disorders while Emotion-focused autoimmune conditions, reflecting psychological burden, while avoidant coping was least utilized. Higher prevalence in males of autoimmune disorders with problem-focused coping, while emotion-focused strategies in females. Adults (25–64 years) show problem-focused coping, younger individuals used mixed strategies, and elderly patients showed lower active coping. most frequent was religious coping indicating the role of faith. Maladaptive strategies like denial and disengagement in some cases. Homoeopathic analysis showed Mineral Kingdom remedies; Calcarea types favored problem-focused coping, while Natrum types used mixed strategies. Miasmatic analysis indicated structured coping in sycotic, mixed patterns in tubercular, and minimal coping in syphilitic miasm.

Conclusion: The study highlights the need for an interdisciplinary approach integrating psychological and homoeopathic care. Patient education, counselling, and support should be emphasized. Further longitudinal studies are required to explore coping evolution and its relationship with homoeopathic treatment.

Abstract-29

EVALUATING THE APPETITE STIMULATING ACTION OF HOMOEOPATHIC MEDICINE ALFALFA BY ASSESSING THE CHANGES IN SALIVARY GHRELIN CONCENTRATION AMONG PRE SCHOOL AGED CHILDREN WITH LOW APPETITE

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Background: Low appetite or picky eating is a common concern among parents of otherwise healthy children. Existing appetite assessment tools are largely subjective and influenced by parental perception. Alfalfa is considered a clinically useful remedy for stimulating appetite, though its mechanism remains unclear. This study aimed to evaluate its appetite-enhancing effects by measuring salivary ghrelin levels in children.

Objectives: (1) To determine changes in salivary ghrelin concentration in children with low appetite after treatment with Alfalfa; (2) To evaluate improvement in appetite using the Early Childhood Appetite and Satiety Tool (ECAST) questionnaire.

Methods: Twenty-eight children with poor appetite were enrolled after obtaining informed parental consent. Symptoms were documented using a standardized case record. Unstimulated whole saliva (5 ml) was collected under standardized conditions and analyzed for ghrelin levels using ELISA in a NABL-accredited laboratory.



ECAST questionnaire was administered before and after a one-week intervention with Alfalfa 6C (4 globules, thrice daily). Post-intervention saliva samples were collected similarly. Statistical analysis included paired t-test, Spearman's correlation, and chi-square test using SPSS v25.0 ($p < 0.05$ significant).

Results: Of 28 children, 61% were male and 39% female; 71% were non-vegetarian. Significant improvement in ECAST scores was observed ($p = 0.000$), with 85.7% parental confirmation of improved appetite. Salivary ghrelin levels increased significantly (647.22 to 1445.88 pg/ml; $p = 0.000$). Weight and BMI also showed significant increases ($p < 0.05$). A moderate negative correlation was found between ghrelin levels and ECAST scores ($r = -0.437$, $p = 0.020$), suggesting appetite improvement was not directly proportional to ghrelin levels.

Conclusion: Alfalfa showed significant improvement in appetite and salivary ghrelin levels. However, the negative correlation suggests ghrelin may not directly mediate appetite enhancement. Further studies are needed to elucidate the underlying mechanisms.

Abstract-30

ROLE OF INDIVIDUALIZED HOMOEOPATHIC MEDICINE IN REDUCING SERUM IMMUNOGLOBULIN-E (S. Ig-E) IN CASES OF ATOPIC DERMATITIS IN PAEDIATRIC AGE GROUP: A SINGLE GROUP PRE-TEST POST-TEST INTERVENTIONAL TRIAL

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Background: Atopic dermatitis (ICD-10 L20.9) is a chronic, non-communicable, relapsing skin disorder, more common in infants and children but affecting all age groups. In India, approximately 8.6 million individuals are affected. The disease significantly impacts the quality of life of patients and their families and is often associated with a family history of atopic conditions. This study aimed to evaluate the usefulness of homoeopathic medicines in reducing Serum Immunoglobulin E (S. Ig-E), a key indicator of atopy.

Objectives: To demonstrate the reduction of S. Ig-E levels in cases of atopic dermatitis in paediatric age groups with the use of Individualized Homoeopathic medicine after 6 months of treatment.

Methods: A prospective, single-group, pre-test and post-test clinical study was conducted at the National Institute of Homoeopathy, Kolkata. Sixty-five patients were screened using the Hannifin and Rajka criteria, of which 50 eligible patients were enrolled. Individualized homoeopathic medicines were prescribed, and patients were followed up for 6 months. Outcomes were assessed using Serum IgE levels, Scoring for Atopic Dermatitis (SCORAD), and Children's Dermatology Life Quality Index (CDLQI) at baseline and after treatment. Modified Naranjo Criteria for Homoeopathy (MONARCH) were applied at the end of the study. Statistical analysis was performed using paired t-test.

Results: Significant improvement ($p < 0.05$) was observed in all outcome measures, including Serum IgE, SCORAD, and CDLQI. However, the effect size was small (0.3). Findings supported the alternative hypothesis, indicating a beneficial effect of individualized homoeopathic treatment in reducing S. Ig-E and managing atopic dermatitis. MONARCH scores suggested a probable causal relationship between treatment and clinical improvement.

Conclusion: Homoeopathic treatment demonstrated utility in managing atopic dermatitis and improving quality of life in affected children. Further large-scale studies are recommended to validate these findings.



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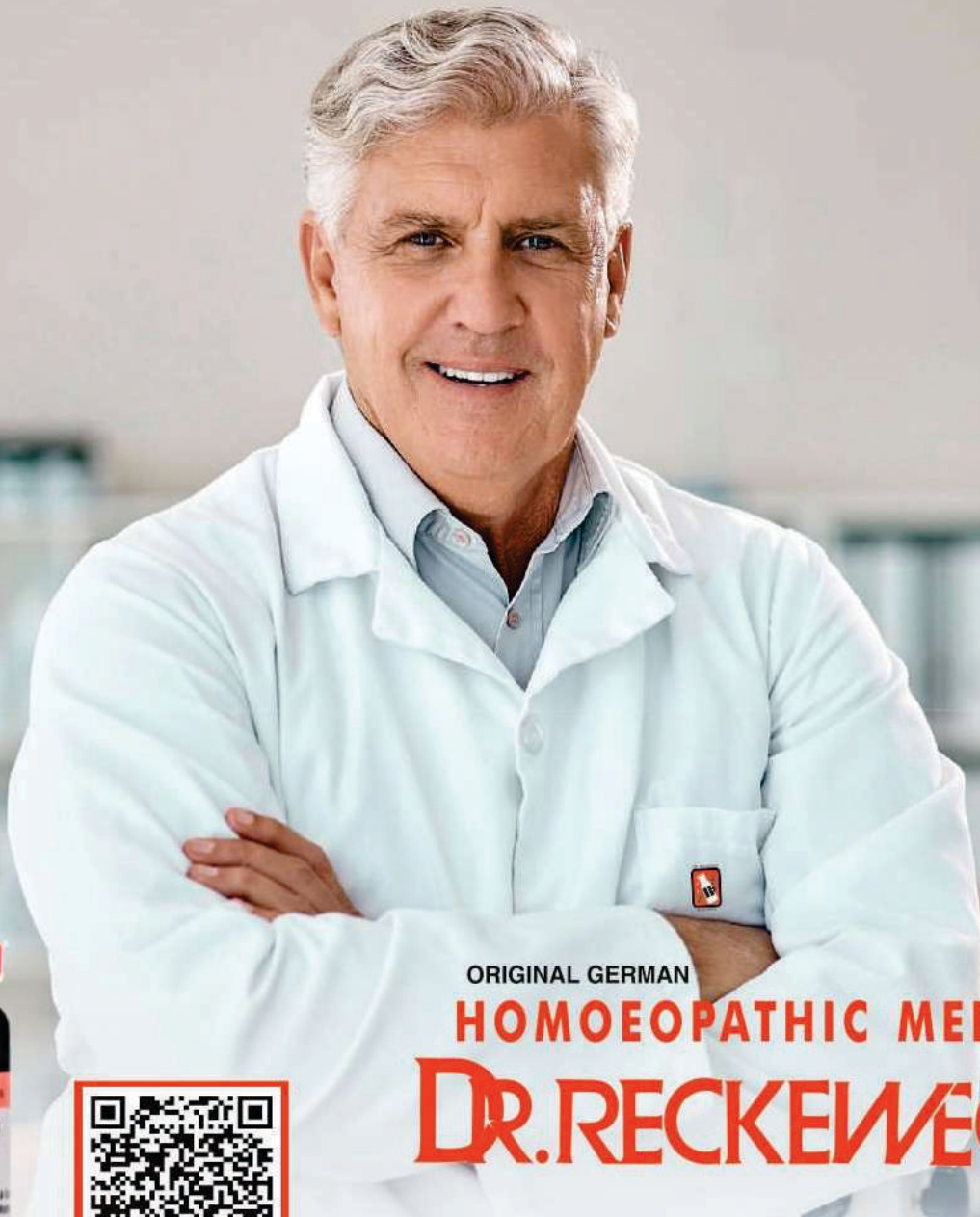
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